

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE A	XR	LE B	XR	XR	XR	LE B	XR	LE A	XR	XR	XR	LE C	XR	XR	XR	XR	LE D
Reading (RDG)	7	d																
Twyford (TWY)	3	d																
Maidenhead (MAI)	3	d										0513					0527	
Taplow (TAP)		d										0516					0530	
Burnham (BNM)		d										0519					0533	
Slough (SLO)	3	d										0523					0538	
Langley (LNY)		d										0526					0542	
Iver (IVR)		d										0529					0544	
West Drayton (WDT)		d										0531					0547	
Heathrow Terminal 5 (HWV)	7	d						0515										
Heathrow Terminal 4 (HAF)	7	d											0530					
Heathrow Terminals 2 & 3 (HXX)	7	d						0521					0536					
Hayes & Harlington (HAY)	3	d						0527				0536				0552		
Southall (STL)		d						0530				0540				0556		
Hanwell (HAN)		d						0533								0548		
West Ealing (WEA)	3	d						0535								0550		
Ealing Broadway (EAL)	3	d						0538				0546				0552		0601
Acton Main Line (AML)		d						0540								0555		
London Paddington EL (PAD)	15	d					0545	0549	0552	0556	0600		0604	0607	0610	0613		
Bond Street (BDS)		d					0548	0552	0555	0559	0603		0607	0610	0613	0616		
Tottenham Court Road (TCR)		d					0550	0554	0557	0601	0605		0609	0612	0615	0618		
Farringdon (ZFD)	3	d					0553	0557	0600	0604	0608		0612	0615	0618	0621		
London Liverpool Street EL (LST)	4	d					0556	0600	0603	0607	0611		0615	0618	0621	0624		
London Liverpool Street (LST)	15	d	0523	0524	0536	0539	0554	0600	0602			0617						0630
Whitechapel (ZLW)		d					0558	0602	0605	0609	0613		0617	0620	0623	0626		
Canary Wharf (CWX)	DLR	d					0602	0606			0613		0621	0624	0627			
Custom House (CUS)		d					0606	0610			0617		0625	0628	0631			
Woolwich (WWC)		d					0610	0615			0622		0629	0632	0636			
Abbey Wood (ABW)		a					0616	0620			0627		0635	0638	0641			
Stratford (SRA)	DLR 7	d	0530	0531	0543	0546	0601	0607	0609	0611		0619	0624		0626		0632	0637
Maryland (MYL)		d		0533		0548	0603			0613		0621			0628		0634	
Forest Gate (FOG)		d		0535		0550	0605			0615		0623			0630		0636	
Manor Park (MNP)		d		0538		0553	0608			0618		0626			0633		0639	
Ilford (IFD)	2	d		0540		0555	0610			0620		0628			0635		0641	
Seven Kings (SVK)		d		0543		0558	0613			0623		0631			0638		0644	
Goodmayes (GMY)		d		0545		0600	0615			0625		0633			0640		0646	
Chadwell Heath (CTH)		d		0547		0602	0617			0627		0635			0642		0648	
Romford (RMF)		d	0538	0551		0606	0621			0631		0639			0646		0652	
Gidea Park (GDP)	2	d		0554		0609	0624			0634		0642			0649		0655	
Harold Wood (HRO)		d		0557		0612	0627			0637		0645			0652		0658	
Brentwood (BRE)		d		0601		0616	0631			0641		0649			0656		0702	
Shenfield (SNF)	3	a	0547	0607	0601	0622	0637	0623	0625	0647		0655	0639		0702		0708	0652

Times shown at London Paddington EL and London Liverpool Street EL are at the Elizabeth Line lower level platforms. All other times are from the Mainline platforms

For the complete service between Reading, Heathrow Airport and London Paddington, see table 116

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- C To Braintree
- D To Harwich Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	LE B	XR	XR	XR	XR	LE E	XR	XR	LE B	XR	XR	XR	XR	LE F	XR	XR	XR		
Reading (RDG)	7	d									0545									
Twyford (TWY)	3	d									0551									
Maidenhead (MAI)	3	d				0543					0558							0613		
Taplow (TAP)		d				0546					0601							0616		
Burnham (BNM)		d				0549					0604							0619		
Slough (SLO)	3	d				0553					0608							0623		
Langley (LNY)		d				0556					0612							0626		
Iver (IVR)		d				0559					0614							0629		
West Drayton (WDT)		d				0602					0617							0633		
Heathrow Terminal 5 (HWV)	7	d		0546														0620		
Heathrow Terminal 4 (HAF)	7	d						0600								0615				
Heathrow Terminals 2 & 3 (HXX)	7	d		0551				0606							0621	0625				
Hayes & Harlington (HAY)	3	d		0557		0607		0612			0621				0628	0632		0638		
Southall (STL)		d		0600		0610		0615			0625				0631			0642		
Hanwell (HAN)		d		0603				0618							0634					
West Ealing (WEA)	3	d		0605				0620							0636			0639		
Ealing Broadway (EAL)	3	d		0607		0616		0622			0629				0639	0642		0647		
Acton Main Line (AML)		d		0610				0625							0641					
London Paddington EL (PAD)	15	d	0616		0619	0623	0626	0630		0633	0636		0639	0642	0645	0648		0651	0654	0657
Bond Street (BDS)	15	d	0619		0622	0626	0629	0633		0636	0639		0642	0645	0648	0651		0654	0657	0700
Tottenham Court Road (TCR)	15	d	0621		0624	0628	0631	0635		0638	0641		0644	0647	0650	0653		0656	0659	0702
Farringdon (ZFD)	3	d	0624		0627	0631	0634	0638		0641	0644		0647	0650	0653	0656		0659	0702	0705
London Liverpool Street EL (LST)	4	d	0627		0630	0634	0637	0641		0644	0647		0650	0653	0656	0659		0702	0705	0708
London Liverpool Street (LST)	15	d		0635				0644			0650				0704					
Whitechapel (ZLW)	15	d	0629		0632	0636	0639	0643		0646	0649		0652	0655	0658	0701		0704	0707	0710
Canary Wharf (CWX)	DLR	d		0636		0643			0650				0656		0702			0708		0714
Custom House (CUS)		d		0641		0647			0654				0700		0706			0712		0718
Woolwich (WWC)		d		0646		0652			0658				0704		0710			0716		0722
Abbey Wood (ABW)		a		0650		0657			0704				0710		0716			0722		0728
Stratford (SRA)	DLR 7	d	0637c	0642		0642		0649	0651		0655	0657		0701		0707	0711			0713
Maryland (MYL)		d	0639			0645		0651			0657			0703		0709				0715
Forest Gate (FOG)		d	0641			0647		0653			0659			0705		0711				0717
Manor Park (MNP)		d	0644			0649		0656			0702			0708		0714				0720
Ilford (IFD)	2	d	0646			0652		0658			0704			0710		0716				0722
Seven Kings (SVK)		d	0649			0655		0701			0707			0713		0719				0725
Goodmayes (GMY)		d	0651			0657		0703			0709			0715		0721				0727
Chadwell Heath (CTH)		d	0653			0659		0705			0711			0717		0723				0729
Romford (RMF)		d	0657	0650		0702		0709	0659		0715			0721		0727				0733
Gidea Park (GDP)	2	d	0700			0705		0712			0718			0724		0730				0736
Harold Wood (HRO)		d	0703			0708		0715			0721			0727		0733				0739
Brentwood (BRE)		d	0707			0712		0719			0725			0731		0737				0743
Shenfield (SNF)	3	a	0713	0659		0718		0725	0708		0731	0713		0737		0743	0726			0749

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 3 minutes earlier

- B To Southend Victoria
- E To Witham
- F To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	LE B	LE A	XR	XR	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR		
Reading (RDG)	7	d					0614		0624										
Twyford (TWY)	3	d					0619		0629										
Maidenhead (MAI)	3	d					0626		0636					0643					
Taplow (TAP)		d					0629							0646					
Burnham (BNM)		d					0632		0641					0649					
Slough (SLO)	3	d					0636		0645					0653					
Langley (LNY)		d					0640							0656					
Iver (IVR)		d					0642							0659					
West Drayton (WDT)		d					0645		0651					0702					
Heathrow Terminal 5 (HWV)	7	d											0650						
Heathrow Terminal 4 (HAF)	7	d			0630						0645						0700		
Heathrow Terminals 2 & 3 (HXX)	7	d			0636						0651	0655					0706		
Hayes & Harlington (HAY)	3	d			0642		0650				0657	0702		0707			0712		
Southall (STL)		d			0645		0654				0700			0710			0715		
Hanwell (HAN)		d			0648						0703						0718		
West Ealing (WEA)	3	d			0650						0705	0710					0720		
Ealing Broadway (EAL)	3	d			0652		0659		0704		0707	0713		0716			0722		
Acton Main Line (AML)		d			0655						0710						0725		
London Paddington EL (PAD)	15	d	0700		0703	0706	0709	0712	0715	0718		0721	0724		0727	0730	0733	0736	
Bond Street (BDS)	15	d	0703		0706	0709	0712	0715	0718	0721		0724	0727		0730	0733	0736	0739	
Tottenham Court Road (TCR)	15	d	0705		0708	0711	0714	0717	0720	0723		0726	0729		0732	0735	0738	0741	
Farringdon (ZFD)	15	d	0708		0711	0714	0717	0720	0723	0726		0729	0732		0735	0738	0741	0744	
London Liverpool Street EL (LST)	15	d	0711		0714	0717	0720	0723	0726	0729		0732	0735		0738	0741	0744	0747	
London Liverpool Street (LST)	15	d		0713	0716					0733			0736			0746			
Whitechapel (ZLW)	15	d	0713		0716	0719	0722	0725	0728	0731		0734	0737		0740	0743	0746	0749	
Canary Wharf (CWX)	DLR	d			0720		0726		0732			0738			0744		0750		
Custom House (CUS)		d			0724		0731		0737			0742			0748		0754		
Woolwich (WWC)		d			0728		0737		0742			0747			0752		0758		
Abbey Wood (ABW)		a			0734		0741		0746			0752			0758		0804		
Stratford (SRA)	DLR 7	d	0719	0720	0724		0725		0731		0737	0741		0743	0745		0749	0754	0755
Maryland (MYL)		d	0721				0727		0733		0739			0745			0751		0757
Forest Gate (FOG)		d	0723				0729		0735		0741			0747			0753		0759
Manor Park (MNP)		d	0726				0732		0738		0744			0750			0756		0802
Ilford (IFD)	2	d	0728				0734		0740		0746			0752			0758		0804
Seven Kings (SVK)		d	0731				0737		0743		0749			0755			0801		0807
Goodmayes (GMY)		d	0733				0739		0745		0751			0757			0803		0809
Chadwell Heath (CTH)		d	0735				0741		0747		0753			0759			0805		0811
Romford (RMF)		d	0739				0745		0751		0757			0803			0809		0815
Gidea Park (GDP)	2	d	0742				0748		0754		0800			0806			0813		0818
Harold Wood (HRO)		d	0745				0751		0757		0803			0809			0816		0821
Brentwood (BRE)		d	0749				0755		0801		0807			0813			0820		0825
Shenfield (SNF)	3	a	0757	0735	0740		0803		0809		0815	0756		0821	0800		0826	0810	0831

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- C To Braintree
- G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator	XR	XR	LE B	XR	XR	LE F	XR	XR	XR	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	
Days of operation/Notes																			
Reading (RDG)	7 d	0644		0654															0714
Twyford (TWY)	3 d	0649		0659															0719
Maidenhead (MAI)	3 d	0657		0706								0713							0726
Taplow (TAP)	d	0700										0716							0729
Burnham (BNM)	d	0703		0711								0719							0732
Slough (SLO)	3 d	0707		0715								0723							0736
Langley (LNY)	d	0710										0726							0740
Iver (IVR)	d	0713										0729							0742
West Drayton (WDT)	d	0717		0721								0732							0745
Heathrow Terminal 5 (HWV)	← d							0720											
Heathrow Terminal 4 (HAF)	← d					0715									0730				
Heathrow Terminals 2 & 3 (HXX)	← d					0721	0725								0736				
Hayes & Harlington (HAY)	3 d	0721				0727	0732					0737			0742				0750
Southall (STL)	d	0725				0730						0742			0745				0754
Hanwell (HAN)	d					0733									0748				
West Ealing (WEA)	3 d					0735	0738								0750				
Ealing Broadway (EAL)	3 d	0729		0734		0738	0741					0748			0752				0759
Acton Main Line (AML)	d					0740									0755				
London Paddington EL (PAD)	15 d	0739	0741		0744	0746	0749	0751	0754	0756	0759	0801			0804	0806	0809	0811	
Bond Street (BDS)	d	0742	0744		0747	0749	0752	0754	0757	0759	0802	0804			0807	0809	0812	0814	
Tottenham Court Road (TCR)	d	0744	0747		0749	0752	0754	0757	0759	0802	0804	0807			0809	0812	0814	0817	
Farringdon (ZFD)	3 d	0747	0749		0752	0754	0757	0759	0802	0804	0807	0809			0812	0814	0817	0819	
London Liverpool Street EL (LST)	4 d	0749	0752		0754	0757	0759	0802	0804	0807	0809	0812			0814	0817	0819	0822	
London Liverpool Street (LST)	15 d		0753			0802							0812	0816					
Whitechapel (ZLW)	d	0752	0754		0757	0759		0802	0804	0807	0809	0812	0814			0817	0819	0822	0824
Canary Wharf (CWX)	DLR d	0756		0801		0806		0811		0816					0821				0826
Custom House (CUS)	d	0759		0804		0809		0814		0819					0824				0829
Woolwich (WWC)	d	0803		0808		0813		0818		0823					0828				0833
Abbey Wood (ABW)	a	0809		0814		0819		0824		0829					0834				0839
Stratford (SRA)	DLR 7 d		0800	0801		0805	0810		0810		0815		0820	0821	0824				0825
Maryland (MYL)	d		0802			0807			0812		0817		0822						0827
Forest Gate (FOG)	d		0804			0809			0814		0819		0824						0829
Manor Park (MNP)	d		0807			0812			0817		0822		0827						0832
Ilford (IFD)	2 d		0809			0814			0819		0824		0829						0834
Seven Kings (SVK)	d		0812			0817			0822		0827		0832						0837
Goodmayes (GMY)	d		0814			0819			0824		0829		0834						0839
Chadwell Heath (CTH)	d		0816			0821			0826		0831		0836						0841
Romford (RMF)	d		0820			0825			0830		0835		0840						0845
Gidea Park (GDP)	2 d		0823			0828			0833		0838		0843						0848
Harold Wood (HRO)	d		0826			0831			0836		0841		0846						0851
Brentwood (BRE)	d		0830			0835			0840		0845		0850						0855
Shenfield (SNF)	3 a		0836	0817		0841	0826		0848		0851		0856	0837	0840				0901

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- F To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	XR	LE B	LE G	XR	XR	XR	XR	LE C	XR	XR	LE B	XR	XR	XR	XR	
Reading (RDG)	7 d	0724																0745	0754
Twyford (TWY)	3 d	0729																0750	0759
Maidenhead (MAI)	3 d	0737																0757	0806
Taplow (TAP)	d																	0800	
Burnham (BNM)	d	0741																0803	0811
Slough (SLO)	3 d	0745																0807	0815
Langley (LNY)	d																	0811	
Iver (IVR)	d																	0813	
West Drayton (WDT)	d	0751																0816	0821
Heathrow Terminal 5 (HWV)	7 d				0750														
Heathrow Terminal 4 (HAF)	7 d			0745									0800						
Heathrow Terminals 2 & 3 (HXX)	7 d			0751	0755								0806						
Hayes & Harlington (HAY)	3 d			0757	0802								0812			0820			
Southall (STL)	d			0800									0810			0815		0824	
Hanwell (HAN)	d			0803									0818						
West Ealing (WEA)	3 d			0805	0809								0820						
Ealing Broadway (EAL)	3 d	0802		0808	0811								0815				0822		0828
Acton Main Line (AML)	d	0804		0810									0825						0832
London Paddington EL (PAD)	15 d	0814	0816	0819	0821			0824	0826	0829	0831		0834	0836		0839	0841	0844	0846
Bond Street (BDS)	d	0817	0819	0822	0824			0827	0829	0832	0834		0837	0839		0842	0844	0847	0849
Tottenham Court Road (TCR)	d	0819	0822	0824	0827			0829	0832	0834	0837		0839	0842		0844	0847	0849	0852
Farringdon (ZFD)	3 d	0822	0824	0827	0829			0832	0834	0837	0839		0842	0844		0847	0849	0852	0854
London Liverpool Street EL (LST)	4 d	0824	0827	0829	0832			0834	0837	0839	0842		0844	0847		0849	0852	0854	0857
London Liverpool Street (LST)	15 d					0833	0836					0846			0853				
Whitechapel (ZLW)	d	0827	0829	0832	0834			0837	0839	0842	0844		0847	0849		0852	0854	0857	0859
Canary Wharf (CWX)	DLR d	0831		0836				0841		0846			0851			0856		0901	
Custom House (CUS)	d	0834		0839				0844		0849			0854			0859		0904	
Woolwich (WWC)	d	0838		0843				0848		0853			0858			0904		0909	
Abbey Wood (ABW)	a	0844		0849				0854		0859			0904			0910		0915	
Stratford (SRA)	DLR 7 d		0835		0840	0841	0844		0845		0850	0854		0855	0900		0900		0905
Maryland (MYL)	d		0837		0842			0847		0852			0857			0902		0907	
Forest Gate (FOG)	d		0839		0844			0849		0854			0859			0904		0909	
Manor Park (MNP)	d		0842		0847			0852		0857			0902			0907		0912	
Ilford (IFD)	2 d		0844		0849			0854		0859			0904			0909		0914	
Seven Kings (SVK)	d		0847		0852			0857		0902			0907			0912		0917	
Goodmayes (GMY)	d		0849		0854			0859		0904			0909			0914		0919	
Chadwell Heath (CTH)	d		0851		0856			0901		0906			0911			0916		0921	
Romford (RMF)	d		0855		0900			0905		0910			0915			0920		0925	
Gidea Park (GDP)	2 d		0858		0903			0908		0913			0918			0923		0928	
Harold Wood (HRO)	d		0901		0906			0911		0916			0921			0926		0931	
Brentwood (BRE)	d		0905		0910			0915		0920			0925			0930		0935	
Shenfield (SNF)	3 a		0911		0918	0857	0900		0921		0926	0910		0931	0915		0936		0941

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Braintree
- G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE F	XR	XR	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	XR	XR	LE B	LE G	XR							
Reading (RDG)	7	d												0813				0824							
Twyford (TWY)	3	d												0818				0829							
Maidenhead (MAI)	3	d						0813						0825				0836							
Taplow (TAP)		d						0816						0828											
Burnham (BNM)		d						0819						0831				0841							
Slough (SLO)	3	d						0823						0836				0845							
Langley (LNY)		d						0826						0840											
Iver (IVR)		d						0829						0842											
West Drayton (WDT)		d						0831						0845				0851							
Heathrow Terminal 5 (HWV)	←	d			0820																				
Heathrow Terminal 4 (HAF)	←	d			0815						0830							0845							
Heathrow Terminals 2 & 3 (HXX)	←	d			0821	0825					0836							0851							
Hayes & Harlington (HAY)	3	d			0827	0832					0842			0850				0857							
Southall (STL)		d			0830						0845			0854				0900							
Hanwell (HAN)		d			0833						0848							0903							
West Ealing (WEA)	3	d			0835	0838					0850							0905							
Ealing Broadway (EAL)	←	d			0837	0841					0852			0858				0907							
Acton Main Line (AML)		d			0840						0855							0910							
London Paddington EL (PAD)	←	d			0849	0851	0854	0856		0859	0901			0904	0906	0909	0912	0915	0918			0921			
Bond Street (BDS)	←	d			0852	0854	0857	0859		0902	0904			0907	0909	0912	0915	0918	0921			0924			
Tottenham Court Road (TCR)	←	d			0854	0857	0859	0902		0904	0907			0909	0912	0914	0917	0920	0923			0926			
Farringdon (ZFD)	←	d			0857	0859	0902	0904		0907	0909			0912	0914	0917	0920	0923	0926			0929			
London Liverpool Street EL (LST)	←	d			0859	0902	0904	0907		0909	0912			0914	0917	0920	0923	0926	0929			0932			
London Liverpool Street (LST)	←	d	0902					0913			0918									0933	0936				
Whitechapel (ZLW)	←	d			0902	0904	0907	0909			0912	0914			0917	0919	0922	0925	0928	0931			0934		
Canary Wharf (CWX)	←	d			0906						0916			0921					0932				0938		
Custom House (CUS)		d			0909						0919			0924					0936				0942		
Woolwich (WWC)		d			0913						0923			0928					0940				0946		
Abbey Wood (ABW)		a			0919						0929			0934					0946				0952		
Stratford (SRA)	←	d	0909			0910		0915	0920		0920	0925			0925				0931			0937	0940	0943	
Maryland (MYL)		d				0912		0917			0922			0927					0933				0939		
Forest Gate (FOG)		d				0914		0919			0924			0929					0935				0941		
Manor Park (MNP)		d				0917		0922			0927			0932					0938				0944		
Ilford (IFD)	2	d				0919		0924			0929			0934					0940				0946		
Seven Kings (SVK)		d				0922		0927			0932			0937					0943				0949		
Goodmayes (GMY)		d				0924		0929			0934			0939					0945				0951		
Chadwell Heath (CTH)		d				0926		0931			0936			0941					0947				0953		
Romford (RMF)		d				0930		0935	0928		0940			0945					0951				0957	0951	
Gidea Park (GDP)	2	d				0933		0938			0943			0948					0954				1000		
Harold Wood (HRO)		d				0936		0941			0946			0951					0957				1003		
Brentwood (BRE)		d				0940		0945			0950			0955					1001				1007		
Shenfield (SNF)	3	a	0924			0946		0953	0937		0957	0941			1001				1008				1013	0955	1000

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
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A To Clacton-on-Sea
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Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	LE C	XR	XR	LE B	XR	XR	XR	XR	LE F	XR	XR	XR	XR	LE B	LE A	
Reading (RDG)	7 d							0845								0858			
Twyford (TWY)	3 d							0850								0904			
Maidenhead (MAI)	3 d		0843					0857								0914			
Taplow (TAP)	d		0846					0901								0917			
Burnham (BNM)	d		0849					0904								0920			
Slough (SLO)	3 d		0853					0908								0924			
Langley (LNY)	d		0856					0912								0927			
Iver (IVR)	d		0859					0914								0930			
West Drayton (WDT)	d		0902					0917								0933			
Heathrow Terminal 5 (HWV)	7 d	0850												0920					
Heathrow Terminal 4 (HAF)	7 d				0900								0915						
Heathrow Terminals 2 & 3 (HXX)	7 d	0855			0906								0921	0925					
Hayes & Harlington (HAY)	3 d	0902	0907		0912			0922					0927	0932	0939				
Southall (STL)	d		0910		0915			0925					0930		0942				
Hanwell (HAN)	d				0918								0933						
West Ealing (WEA)	3 d	0909			0920								0935	0939					
Ealing Broadway (EAL)	3 d	0911	0917		0922			0930					0937	0941	0947				
Acton Main Line (AML)	d				0925								0940						
London Paddington EL (PAD)	15 d	0924	0927	0930		0933	0936		0939	0942	0945	0948		0951	0954	0957	1000		
Bond Street (BDS)	d	0927	0930	0933		0936	0939		0942	0945	0948	0951		0954	0957	1000	1003		
Tottenham Court Road (TCR)	d	0929	0932	0935		0938	0941		0944	0947	0950	0953		0956	0959	1002	1005		
Farringdon (ZFD)	3 d	0932	0935	0938		0941	0944		0947	0950	0953	0956		0959	1002	1005	1008		
London Liverpool Street EL (LST)	4 d	0935	0938	0941		0944	0947		0950	0953	0956	0959		1002	1005	1008	1011		
London Liverpool Street (LST)	15 d			0948			0950						1002				1013	1018	
Whitechapel (ZLW)	d	0937	0940	0943		0946	0949		0952	0955	0958	1001		1004	1007	1010	1013		
Canary Wharf (CWX)	DLR d		0944		0950			0956			1002			1008		1014			
Custom House (CUS)	d		0948		0955			1000			1006			1012		1018			
Woolwich (WWC)	d		0952		1000			1004			1010			1016		1022			
Abbey Wood (ABW)	a		0958		1004			1010			1016			1022		1028			
Stratford (SRA)	DLR 7 d	0943		0949	0955		0955	0958		1001		1007	1009		1013		1019	1020	1025
Maryland (MYL)	d	0945		0951			0957			1003		1009			1015		1021		
Forest Gate (FOG)	d	0947		0953			0959			1005		1011			1017		1023		
Manor Park (MNP)	d	0950		0956			1002			1008		1014			1020		1026		
Ilford (IFD)	2 d	0952		0958			1004			1010		1016			1022		1028		
Seven Kings (SVK)	d	0955		1001			1007			1013		1019			1025		1031		
Goodmayes (GMY)	d	0957		1003			1009			1015		1021			1027		1033		
Chadwell Heath (CTH)	d	0959		1005			1011			1017		1023			1029		1035		
Romford (RMF)	d	1003		1009			1015			1021		1027			1033		1039	1028	
Gidea Park (GDP)	2 d	1006		1012			1018			1024		1030			1036		1042		
Harold Wood (HRO)	d	1009		1015			1021			1027		1033			1039		1045		
Brentwood (BRE)	d	1013		1019			1025			1031		1037			1043		1049		
Shenfield (SNF)	3 a	1019		1025	1011		1031	1014		1038		1045	1024		1049		1055	1039	1041

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Mondays to Fridays

Operator	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR	XR	LE B	XR	XR	LE F	XR		
Days of operation/Notes																				
Reading (RDG)	7	d							0928											
Twyford (TWY)	3	d							0933											
Maidenhead (MAI)	3	d							0928						0959					
Taplow (TAP)		d							0931											
Burnham (BNM)		d							0934						1004					
Slough (SLO)	3	d							0938						1008					
Langley (LNY)		d							0942						1012					
Iver (IVR)		d							0944						1014					
West Drayton (WDT)		d							0947						1017					
Heathrow Terminal 5 (HWV)	7	d						0950												
Heathrow Terminal 4 (HAF)	7	d	0930					0945					1000					1015		
Heathrow Terminals 2 & 3 (HXX)	7	d	0936					0951	0955				1006					1021		
Hayes & Harlington (HAY)	3	d	0942					0958	1002				1012			1022		1027		
Southall (STL)		d	0945					1001					1015			1025		1030		
Hanwell (HAN)		d	0948					1004					1018					1033		
West Ealing (WEA)	3	d	0950					1006	1009				1020					1035		
Ealing Broadway (EAL)	3	d	0952					1008	1011				1022			1030		1037		
Acton Main Line (AML)		d	0955					1011					1025					1040		
London Paddington EL (PAD)	15	d	1004	1007	1011	1015		1019	1022			1026	1030		1034	1037		1041	1045	1049
Bond Street (BDS)	15	d	1007	1010	1014	1018		1022	1025			1029	1033		1037	1040		1044	1048	1052
Tottenham Court Road (TCR)	15	d	1009	1012	1016	1020		1024	1027			1031	1035		1039	1042		1046	1050	1054
Farringdon (ZFD)	15	d	1012	1015	1019	1023		1027	1030			1034	1038		1042	1045		1049	1053	1057
London Liverpool Street EL (LST)	15	d	1015	1018	1022	1026		1030	1033			1037	1041		1045	1048		1052	1056	1100
London Liverpool Street (LST)	15	d				1033			1036				1048			1050			1102	
Whitechapel (ZLW)	15	d	1017	1020	1024	1028		1032	1035			1039	1043		1047	1050		1054	1058	1102
Canary Wharf (CWX)	DLR	d	1021		1028			1036				1043			1051			1058		1106
Custom House (CUS)	DLR	d	1025		1032			1040				1047			1055			1102		1110
Woolwich (WWC)	DLR	d	1030		1037			1045				1052			1100			1107		1115
Abbey Wood (ABW)	DLR	a	1035		1042			1050				1057			1105			1112		1120
Stratford (SRA)	DLR	7	d		1026		1034	1040				1049	1055		1056	1058		1104	1109	
Maryland (MYL)	DLR	d			1028		1036					1051			1058			1106		
Forest Gate (FOG)	DLR	d			1030		1038					1053			1100			1108		
Manor Park (MNP)	DLR	d			1033		1041					1056			1103			1111		
Ilford (IFD)	2	d			1035		1043					1058			1105			1113		
Seven Kings (SVK)	2	d			1038		1046					1101			1108			1116		
Goodmayes (GMY)	2	d			1040		1048					1103			1110			1118		
Chadwell Heath (CTH)	2	d			1042		1050					1105			1112			1120		
Romford (RMF)	2	d			1046		1054					1109			1116			1124		
Gidea Park (GDP)	2	d			1049		1057					1112			1119			1127		
Harold Wood (HRO)	2	d			1052		1100					1115			1122			1130		
Brentwood (BRE)	2	d			1056		1104					1119			1126			1134		
Shenfield (SNF)	3	a			1102		1110	1055		1117	1100		1125	1111		1132	1114		1140	1124

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Mondays to Fridays

Operator	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR	XR
Days of operation/Notes																		
Reading (RDG)	7 d	0958												1029				
Twyford (TWY)	3 d	1003												1034				
Maidenhead (MAI)	3 d	1010						1030						1041				
Taplow (TAP)	d	1013												1044				
Burnham (BNM)	d	1016						1035						1047				
Slough (SLO)	3 d	1020						1039						1051				
Langley (LNY)	d	1024						1043						1055				
Iver (IVR)	d							1045										
West Drayton (WDT)	d	1029						1048						1100				
Heathrow Terminal 5 (HWV)	← d	1020											1050					
Heathrow Terminal 4 (HAF)	← d					1030						1045					1100	
Heathrow Terminals 2 & 3 (HXX)	← d	1025				1036					1051	1055					1106	
Hayes & Harlington (HAY)	3 d	1032	1035			1042		1052			1057	1102		1105			1112	
Southall (STL)	d		1038			1045		1055			1100			1108			1115	
Hanwell (HAN)	d					1048					1103						1118	
West Ealing (WEA)	3 d	1039				1050					1105	1109					1120	
Ealing Broadway (EAL)	← 3 d	1041	1045			1052		1101			1107	1111		1115			1122	
Acton Main Line (AML)	d					1055					1110						1125	
London Paddington EL (PAD)	← 15 d	1052	1056	1100		1104	1107	1111	1115		1119	1122		1126	1130		1134	1137
Bond Street (BDS)	← d	1055	1059	1103		1107	1110	1114	1118		1122	1125		1129	1133		1137	1140
Tottenham Court Road (TCR)	← d	1057	1101	1105		1109	1112	1116	1120		1124	1127		1131	1135		1139	1142
Farringdon (ZFD)	← 3 d	1100	1104	1108		1112	1115	1119	1123		1127	1130		1134	1138		1142	1145
London Liverpool Street EL (LST)	← 4 d	1103	1107	1111		1115	1118	1122	1126		1130	1133		1137	1141		1145	1148
London Liverpool Street (LST)	← 15 d				1113	1118				1133			1136			1148		
Whitechapel (ZLW)	← d	1105	1109	1113		1117	1120	1124	1128		1132	1135		1139	1143		1147	1150
Canary Wharf (CWX)	← d		1113			1121		1128			1136			1143			1151	
Custom House (CUS)	d		1117			1125		1132			1140			1147			1155	
Woolwich (WWC)	d		1122			1130		1137			1145			1152			1200	
Abbey Wood (ABW)	a		1127			1135		1142			1150			1157			1205	
Stratford (SRA)	← 7 d	1111		1119	1120	1125		1126		1134	1140		1141	1143		1149	1155	1156
Maryland (MYL)	d	1113		1121				1128		1136			1143			1151		1158
Forest Gate (FOG)	d	1115		1123				1130		1138			1145			1153		1200
Manor Park (MNP)	d	1118		1126				1133		1141			1148			1156		1203
Ilford (IFD)	2 d	1120		1128				1135		1143			1150			1158		1205
Seven Kings (SVK)	d	1123		1131				1138		1146			1153			1201		1208
Goodmayes (GMY)	d	1125		1133				1140		1148			1155			1203		1210
Chadwell Heath (CTH)	d	1127		1135				1142		1150			1157			1205		1212
Romford (RMF)	d	1131		1139	1128			1146		1154			1201	1151		1209		1216
Gidea Park (GDP)	2 d	1134		1142				1149		1157			1204			1212		1219
Harold Wood (HRO)	d	1137		1145				1152		1200			1207			1215		1222
Brentwood (BRE)	d	1141		1149				1156		1204			1211			1219		1226
Shenfield (SNF)	3 a	1147		1155	1139	1141		1202		1210	1155		1217	1200		1225	1211	1232

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Mondays to Fridays

Operator Days of operation/Notes	LE B	XR	XR	LE F	XR	XR	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	LE B	XR	XR	LE G
Reading (RDG)	7 d							1059											
Twyford (TWY)	3 d							1104											
Maidenhead (MAI)	3 d		1059					1111						1129					
Taplow (TAP)	d							1114											
Burnham (BNM)	d		1103					1117						1133					
Slough (SLO)	3 d		1107					1121						1137					
Langley (LNY)	d		1111					1125						1141					
Iver (IVR)	d		1113											1143					
West Drayton (WDT)	d		1116					1130						1146					
Heathrow Terminal 5 (HWV)	← d						1120												1150
Heathrow Terminal 4 (HAF)	← d					1115						1130						1145	
Heathrow Terminals 2 & 3 (HXX)	← d					1121	1125					1136						1151	1155
Hayes & Harlington (HAY)	3 d		1121			1127	1132	1135				1142		1150				1157	1202
Southall (STL)	d		1124			1131		1138				1145		1153				1200	
Hanwell (HAN)	d					1134						1148						1203	
West Ealing (WEA)	3 d					1136	1139					1150						1205	1209
Ealing Broadway (EAL)	← 3 d		1131			1138	1141	1144				1152		1158				1207	1211
Acton Main Line (AML)	d					1141						1155						1210	
London Paddington EL (PAD)	← 15 d		1141	1145		1149	1152	1156	1200			1204	1207	1211	1215			1219	1222
Bond Street (BDS)	← d		1144	1148		1152	1155	1159	1203			1207	1210	1214	1218			1222	1225
Tottenham Court Road (TCR)	← d		1146	1150		1154	1157	1201	1205			1209	1212	1216	1220			1224	1227
Farringdon (ZFD)	← 3 d		1149	1153		1157	1200	1204	1208			1212	1215	1219	1223			1227	1230
London Liverpool Street EL (LST)	← 4 d		1152	1156		1200	1203	1207	1211			1215	1218	1222	1226			1230	1233
London Liverpool Street (LST)	← 15 d	1150		1202						1213	1218					1233			1236
Whitechapel (ZLW)	← d		1154	1158		1202	1205	1209	1213			1217	1220	1224	1228			1232	1235
Canary Wharf (CWX)	← DLR d		1158			1206		1213				1221		1228				1236	
Custom House (CUS)	d		1202			1210		1217				1225		1232				1240	
Woolwich (WWC)	d		1207			1215		1222				1230		1237				1245	
Abbey Wood (ABW)	a		1212			1220		1227				1235		1242				1250	
Stratford (SRA)	← DLR 7 d	1158		1204	1209		1211		1219	1220	1225		1226		1234	1240		1241	1243
Maryland (MYL)	d		1206			1213		1221				1228		1236				1243	
Forest Gate (FOG)	d		1208			1215		1223				1230		1238				1245	
Manor Park (MNP)	d		1211			1218		1226				1233		1241				1248	
Ilford (IFD)	2 d		1213			1221		1228				1235		1243				1250	
Seven Kings (SVK)	d		1216			1224		1231				1238		1246				1253	
Goodmayes (GMY)	d		1218			1226		1233				1240		1248				1255	
Chadwell Heath (CTH)	d		1220			1228		1235				1242		1250				1257	
Romford (RMF)	d		1224			1231		1239	1228			1246		1254				1301	1251
Gidea Park (GDP)	2 d		1227			1234		1242				1249		1257				1304	
Harold Wood (HRO)	d		1230			1237		1245				1252		1300				1307	
Brentwood (BRE)	d		1234			1241		1249				1256		1304				1311	
Shenfield (SNF)	3 a	1215		1240	1224		1247		1255	1239	1241		1302		1310	1255		1317	1300

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- A To Clacton-on-Sea
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE C	XR	XR	LE B	XR	XR	LE F	XR	XR	XR	XR	LE B	LE A	XR	XR	XR			
Reading (RDG)	7	d																			
Twyford (TWY)	3	d																			
Maidenhead (MAI)	3	d						1159											1229		
Taplow (TAP)		d																			
Burnham (BNM)		d						1204											1233		
Slough (SLO)	3	d						1208											1237		
Langley (LNY)		d						1212											1242		
Iver (IVR)		d						1214											1244		
West Drayton (WDT)		d						1217											1247		
Heathrow Terminal 5 (HWV)	7	d											1220								
Heathrow Terminal 4 (HAF)	7	d			1200					1215						1230					
Heathrow Terminals 2 & 3 (HXX)	7	d			1206					1221	1225					1236					
Hayes & Harlington (HAY)	3	d			1212			1223		1227	1232	1235				1242			1251		
Southall (STL)		d			1215			1227		1230		1239				1245			1254		
Hanwell (HAN)		d			1218					1233						1248					
West Ealing (WEA)	3	d			1220					1235	1238					1250					
Ealing Broadway (EAL)	3	d			1222			1232		1237	1240	1243				1252			1259		
Acton Main Line (AML)		d			1225					1240						1255					
London Paddington EL (PAD)	15	d			1226	1230		1234	1237		1241	1245		1249	1252	1256	1300		1304	1307	1311
Bond Street (BDS)	15	d			1229	1233		1237	1240		1244	1248		1252	1255	1259	1303		1307	1310	1314
Tottenham Court Road (TCR)	15	d			1231	1235		1239	1242		1246	1250		1254	1257	1301	1305		1309	1312	1316
Farringdon (ZFD)	15	d			1234	1238		1242	1245		1249	1253		1257	1300	1304	1308		1312	1315	1319
London Liverpool Street EL (LST)	15	d			1237	1241		1245	1248		1252	1256		1300	1303	1307	1311		1315	1318	1322
London Liverpool Street (LST)	15	d				1248			1250			1302				1313	1318				
Whitechapel (ZLW)	15	d			1239	1243		1247	1250		1254	1258		1302	1305	1309	1313		1317	1320	1324
Canary Wharf (CWX)	DLR	d			1243			1251			1258			1306		1313			1321	1328	
Custom House (CUS)		d			1247			1255			1302			1310		1317			1325	1332	
Woolwich (WWC)		d			1252			1300			1307			1315		1322			1330	1337	
Abbey Wood (ABW)		a			1257			1305			1312			1320		1327			1335		1342
Stratford (SRA)	DLR 7	d			1249	1255		1256	1258		1304	1309		1311		1319	1320	1325		1326	
Maryland (MYL)		d			1251			1258			1306			1313		1321				1328	
Forest Gate (FOG)		d			1253			1300			1308			1315		1323				1330	
Manor Park (MNP)		d			1256			1303			1311			1318		1326				1333	
Ilford (IFD)	2	d			1258			1305			1313			1320		1328				1335	
Seven Kings (SVK)		d			1301			1308			1316			1323		1331				1338	
Goodmayes (GMY)		d			1303			1310			1318			1325		1333				1340	
Chadwell Heath (CTH)		d			1305			1312			1320			1327		1335				1342	
Romford (RMF)		d			1309			1316			1324			1331		1339	1328			1346	
Gidea Park (GDP)	2	d			1312			1319			1327			1334		1342				1349	
Harold Wood (HRO)		d			1315			1322			1330			1337		1345				1352	
Brentwood (BRE)		d			1319			1326			1334			1341		1349				1356	
Shenfield (SNF)	3	a			1325	1312		1332	1314		1340	1324		1347		1355	1339	1341		1402	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Mondays to Fridays

Operator Days of operation/Notes	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR	XR	LE B	XR	XR	LE F	XR	XR	XR	XR		
Reading (RDG)	7	d				1229												1259		
Twyford (TWY)	3	d				1234												1304		
Maidenhead (MAI)	3	d				1241						1259						1311		
Taplow (TAP)		d				1244												1314		
Burnham (BNM)		d				1247						1304						1317		
Slough (SLO)	3	d				1251						1308						1321		
Langley (LNY)		d				1255						1312						1325		
Iver (IVR)		d										1314								
West Drayton (WDT)		d				1259						1317						1330		
Heathrow Terminal 5 (HWV)	7	d			1250												1320			
Heathrow Terminal 4 (HAF)	7	d		1245					1300						1315					
Heathrow Terminals 2 & 3 (HXX)	7	d		1251	1255				1306						1321	1325				
Hayes & Harlington (HAY)	3	d		1257	1302		1305		1312			1323			1327	1332	1335			
Southall (STL)		d		1300		1309			1315			1326			1331		1339			
Hanwell (HAN)		d		1303					1318						1334					
West Ealing (WEA)	3	d		1305	1309				1320						1336	1339				
Ealing Broadway (EAL)	3	d		1307	1311	1315			1323			1331			1338	1341	1345			
Acton Main Line (AML)		d		1310					1325						1341					
London Paddington EL (PAD)	15	d	1315		1319	1322		1326	1330		1334	1337		1341	1345		1349	1352	1356	1400
Bond Street (BDS)	15	d	1318		1322	1325		1329	1333		1337	1340		1344	1348		1352	1355	1359	1403
Tottenham Court Road (TCR)	15	d	1320		1324	1327		1331	1335		1339	1342		1346	1350		1354	1357	1401	1405
Farringdon (ZFD)	3	d	1323		1327	1330		1334	1338		1342	1345		1349	1353		1357	1400	1404	1408
London Liverpool Street EL (LST)	4	d	1326		1330	1333		1337	1341		1345	1348		1352	1356		1400	1403	1407	1411
London Liverpool Street (LST)	15	d		1333		1336		1348			1350			1402						
Whitechapel (ZLW)	15	d	1328		1332	1335		1339	1343		1347	1350		1354	1358		1402	1405	1409	1413
Canary Wharf (CWX)	DLR	d			1336		1343				1351			1358			1406		1413	
Custom House (CUS)		d			1340		1347				1355			1402			1410		1417	
Woolwich (WWC)		d			1345		1352				1400			1407			1415		1422	
Abbey Wood (ABW)		a			1350		1357				1405			1412			1420		1427	
Stratford (SRA)	DLR 7	d	1334	1340		1341	1343		1349	1355		1356	1358		1404	1409		1411		1419
Maryland (MYL)		d	1336			1343			1351			1358			1406			1413		1421
Forest Gate (FOG)		d	1338			1345			1353			1400			1408			1415		1423
Manor Park (MNP)		d	1341			1348			1356			1403			1411			1418		1426
Ilford (IFD)	2	d	1343			1350			1358			1405			1413			1420		1428
Seven Kings (SVK)		d	1346			1353			1401			1408			1416			1423		1431
Goodmayes (GMY)		d	1348			1355			1403			1410			1418			1425		1433
Chadwell Heath (CTH)		d	1350			1357			1405			1412			1420			1427		1435
Romford (RMF)		d	1354			1401	1351		1409			1416			1424			1431		1439
Gidea Park (GDP)	2	d	1357			1404			1412			1419			1427			1434		1442
Harold Wood (HRO)		d	1400			1407			1415			1422			1430			1437		1445
Brentwood (BRE)		d	1404			1411			1419			1426			1434			1441		1449
Shenfield (SNF)	3	a	1410	1355		1417	1400		1425	1411		1432	1414		1440	1424		1447		1455

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE B	LE A	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C	XR	XR	LE B	XR	XR	
Reading (RDG)	7	d																	1329
Twyford (TWY)	3	d																	1334
Maidenhead (MAI)	3	d				1330													1341
Taplow (TAP)		d																	1344
Burnham (BNM)		d				1334													1347
Slough (SLO)	3	d				1339													1351
Langley (LNY)		d				1343													1355
Iver (IVR)		d				1345													1413
West Drayton (WDT)		d				1348													1416
Heathrow Terminal 5 (HWV)	7	d								1350									
Heathrow Terminal 4 (HAF)	7	d		1330					1345					1400					
Heathrow Terminals 2 & 3 (HXX)	7	d		1336					1351	1355				1406					
Hayes & Harlington (HAY)	3	d		1342		1354			1357	1402			1405	1412				1420	
Southall (STL)		d		1345		1357			1400				1409	1415				1423	
Hanwell (HAN)		d		1348					1403					1418					
West Ealing (WEA)	3	d		1350					1405	1409				1421					
Ealing Broadway (EAL)	3	d		1352		1402			1408	1411			1414	1423				1429	
Acton Main Line (AML)		d		1355					1410					1426					
London Paddington EL (PAD)	15	d		1404	1407	1411	1415		1419	1422			1426	1430	1434	1437		1441	1445
Bond Street (BDS)		d		1407	1410	1414	1418		1422	1425			1429	1433	1437	1440		1444	1448
Tottenham Court Road (TCR)		d		1409	1412	1416	1420		1424	1427			1431	1435	1439	1442		1446	1450
Farringdon (ZFD)	3	d		1412	1415	1419	1423		1427	1430			1434	1438	1442	1445		1449	1453
London Liverpool Street EL (LST)	4	d		1415	1418	1422	1426		1430	1433			1437	1441	1445	1448		1452	1456
London Liverpool Street (LST)	15	d	1413	1418			1433		1436				1448			1450			
Whitechapel (ZLW)		d		1417	1420	1424	1428		1432	1435			1439	1443	1447	1450		1454	1458
Canary Wharf (CWX)	DLR	d		1421		1428			1436				1443		1451			1458	
Custom House (CUS)		d		1425		1432			1440				1447		1455			1502	
Woolwich (WWC)		d		1430		1437			1445				1452		1500			1507	
Abbey Wood (ABW)		a		1435		1442			1450				1457		1505			1512	
Stratford (SRA)	DLR 7	d	1420	1425		1426		1434	1440		1441	1443		1449	1455		1456	1458	1504
Maryland (MYL)		d				1428		1436			1443			1451			1458		1506
Forest Gate (FOG)		d				1430		1438			1445			1453			1500		1508
Manor Park (MNP)		d				1433		1441			1448			1456			1503		1511
Ilford (IFD)	2	d				1435		1443			1451			1458			1505		1513
Seven Kings (SVK)		d				1438		1446			1454			1501			1508		1516
Goodmayes (GMY)		d				1440		1448			1456			1503			1510		1518
Chadwell Heath (CTH)		d				1442		1450			1458			1505			1512		1520
Romford (RMF)		d	1428			1446		1454			1501	1451		1509			1516		1524
Gidea Park (GDP)	2	d				1449		1457			1504			1512			1519		1527
Harold Wood (HRO)		d				1452		1500			1507			1515			1522		1530
Brentwood (BRE)		d				1456		1504			1511			1519			1526		1534
Shenfield (SNF)	3	a	1439	1441		1502		1510	1455		1517	1500		1525	1511		1532	1514	1540

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE F	XR	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE C		
Reading (RDG)	7	d			1359													1429		
Twyford (TWY)	3	d			1404													1434		
Maidenhead (MAI)	3	d			1411						1429							1441		
Taplow (TAP)		d			1414													1444		
Burnham (BNM)		d			1417						1434							1447		
Slough (SLO)	3	d			1421						1438							1451		
Langley (LNY)		d			1425						1442							1455		
Iver (IVR)		d									1444									
West Drayton (WDT)		d			1430						1447							1459		
Heathrow Terminal 5 (HWV)	7	d		1420											1450					
Heathrow Terminal 4 (HAF)	7	d		1415					1430					1445						
Heathrow Terminals 2 & 3 (HXX)	7	d		1421	1425				1436					1451	1455					
Hayes & Harlington (HAY)	3	d		1427	1432	1435			1442		1452			1457	1502			1505		
Southall (STL)		d		1430		1439			1445		1455			1500				1508		
Hanwell (HAN)		d		1433					1448					1503						
West Ealing (WEA)	3	d		1435	1439				1450					1505	1509					
Ealing Broadway (EAL)	3	d		1438	1441	1445			1453		1459			1507	1511			1515		
Acton Main Line (AML)		d		1440					1455					1510						
London Paddington EL (PAD)	15	d		1449	1452	1456	1500		1504	1507	1511	1515		1519	1522		1526	1530		
Bond Street (BDS)		d		1452	1455	1459	1503		1507	1510	1514	1518		1522	1525		1529	1533		
Tottenham Court Road (TCR)		d		1454	1457	1501	1505		1509	1512	1516	1520		1524	1527		1531	1535		
Farringdon (ZFD)	3	d		1457	1500	1504	1508		1512	1515	1519	1523		1527	1530		1534	1538		
London Liverpool Street EL (LST)	4	d		1500	1503	1507	1511		1515	1518	1522	1526		1530	1533		1537	1541		
London Liverpool Street (LST)	15	d	1502				1513	1518					1533		1536				1548	
Whitechapel (ZLW)		d		1502	1505	1509	1513		1517	1520	1524	1528		1532	1535		1539	1543		
Canary Wharf (CWX)	DLR	d		1506		1513			1521		1528			1536			1543			
Custom House (CUS)		d		1510		1517			1525		1532			1540			1547			
Woolwich (WWC)		d		1515		1522			1530		1537			1545			1552			
Abbey Wood (ABW)		a		1520		1527			1535		1542			1550			1557			
Stratford (SRA)	DLR 7	d	1509		1511		1519	1520	1525		1526		1534	1540		1541	1543		1549	1555
Maryland (MYL)		d			1513		1521				1528		1536			1543			1551	
Forest Gate (FOG)		d			1515		1523				1530		1538			1545			1553	
Manor Park (MNP)		d			1518		1526				1533		1541			1548			1556	
Ilford (IFD)	2	d			1521		1528				1535		1543			1550			1558	
Seven Kings (SVK)		d			1524		1531				1538		1546			1554			1601	
Goodmayes (GMY)		d			1526		1533				1540		1548			1556			1603	
Chadwell Heath (CTH)		d			1528		1535				1542		1550			1558			1605	
Romford (RMF)		d			1531		1539	1528			1546		1554			1602	1551		1609	
Gidea Park (GDP)	2	d			1534		1542				1549		1557			1605			1612	
Harold Wood (HRO)		d			1537		1545				1552		1600			1608			1615	
Brentwood (BRE)		d			1541		1549				1556		1604			1612			1619	
Shenfield (SNF)	3	a	1524		1547		1555	1539	1541		1602		1610	1555		1617	1600		1625	1611

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Mondays to Fridays

Operator	XR	XR	LE B	XR	XR	LE F	XR	XR	LE B	XR	XR	XR	LE A	XR	XR	XR	XR	LE B		
Days of operation/Notes																				
Reading (RDG) 7 d																				
Twyford (TWY) 3 d																				
Maidenhead (MAI) 3 d				1459													1529			
Taplow (TAP) d																				
Burnham (BNM) d				1504													1534			
Slough (SLO) 3 d				1508													1538			
Langley (LNY) d				1512													1542			
Iver (IVR) d				1514													1544			
West Drayton (WDT) d				1519													1547			
Heathrow Terminal 5 (HWV) 7 d								1520												
Heathrow Terminal 4 (HAF) 7 d	1500						1515							1530						
Heathrow Terminals 2 & 3 (HXX) 7 d	1506						1521	1525						1536						
Hayes & Harlington (HAY) 3 d	1512			1523			1527	1532						1542			1552			
Southall (STL) d	1515			1526			1530							1545			1555			
Hanwell (HAN) d	1518						1533							1548						
West Ealing (WEA) 3 d	1520						1535	1539						1550						
Ealing Broadway (EAL) 3 d	1523			1530			1537	1541						1552			1600			
Acton Main Line (AML) d	1525						1540							1555						
London Paddington EL (PAD) 15 d	1534	1537		1541	1545		1549	1552					1556	1600		1603	1606	1609	1612	
Bond Street (BDS) 15 d	1537	1540		1544	1548		1552	1555					1559	1603		1606	1609	1612	1615	
Tottenham Court Road (TCR) 15 d	1539	1542		1546	1550		1554	1557					1601	1605		1608	1611	1614	1617	
Farringdon (ZFD) 3 d	1542	1545		1549	1553		1557	1600					1604	1608		1611	1614	1617	1620	
London Liverpool Street EL (LST) 4 d	1545	1548		1552	1556		1600	1603					1607	1611		1614	1617	1620	1623	
London Liverpool Street (LST) 15 d	1548		1550			1602			1608				1610		1614				1622	
Whitechapel (ZLW) 15 d	1547	1550		1554	1558		1602	1605					1609	1613		1616	1619	1622	1625	
Canary Wharf (CWX) DLR d	1551			1558			1606						1613			1620	1626			
Custom House (CUS) d	1555			1602			1611						1617			1624	1630			
Woolwich (WWC) d	1600			1607			1616						1622			1628	1634			
Abbey Wood (ABW) a	1605			1612			1620						1627			1634	1640			
Stratford (SRA) 7 d		1556	1558		1604	1610		1611	1617				1617	1621	1622		1626		1631	1632
Maryland (MYL) d		1558			1606			1613					1619	1623			1628		1633	
Forest Gate (FOG) d		1600			1608			1615					1621	1625			1630		1635	
Manor Park (MNP) d		1603			1611			1618					1624	1628			1633		1638	
Ilford (IFD) 2 d		1605			1613			1620					1626	1630			1636		1640	
Seven Kings (SVK) d		1608			1616			1623					1629	1633			1639		1643	
Goodmayes (GMY) d		1610			1618			1625					1631	1635			1641		1645	
Chadwell Heath (CTH) d		1612			1620			1627					1633	1637			1643		1647	
Romford (RMF) d		1616			1624			1631					1637	1641			1646		1651	
Gidea Park (GDP) 2 d		1619			1627			1634					1641a	1644			1649		1654	
Harold Wood (HRO) d		1622			1630			1637					1647				1652		1657	
Brentwood (BRE) d		1626			1634			1641					1651				1656		1701	
Shenfield (SNF) 3 a		1632	1614		1640	1625		1647	1632				1657	1637			1703		1708	1647

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- F To Ipswich

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE C	XR	XR	LE B	XR	XR	LE H	XR	XR	XR	XR	XR	LE B	XR	XR	XR	
Reading (RDG)	7	d					1529												
Twyford (TWY)	3	d					1534												
Maidenhead (MAI)	3	d					1541							1601					
Taplow (TAP)		d					1544												
Burnham (BNM)		d					1547							1605					
Slough (SLO)	3	d					1551							1609					
Langley (LNY)		d					1555							1613					
Iver (IVR)		d												1615					
West Drayton (WDT)		d					1600							1618					
Heathrow Terminal 5 (HWV)	⊖←	d				1550													
Heathrow Terminal 4 (HAF)	⊖←	d		1545							1600							1615	
Heathrow Terminals 2 & 3 (HXX)	⊖←	d		1551	1555						1606							1621	
Hayes & Harlington (HAY)	3	d		1557	1602		1605				1612			1622				1627	
Southall (STL)		d		1600			1608				1615			1625				1630	
Hanwell (HAN)		d		1603							1618							1633	
West Ealing (WEA)	3	d		1605	1608						1620							1635	
Ealing Broadway (EAL)	⊖3	d		1607	1610		1614				1622			1629				1637	
Acton Main Line (AML)		d		1610							1625							1640	
London Paddington EL (PAD)	⊖15	d	1615	1618		1621	1624				1630	1633	1636	1639	1642		1645	1648	1651
Bond Street (BDS)	⊖	d	1618	1621		1624	1627				1633	1636	1639	1642	1645		1648	1651	1654
Tottenham Court Road (TCR)	⊖	d	1620	1623		1626	1629				1635	1638	1641	1644	1647		1650	1653	1656
Farringdon (ZFD)	⊖3	d	1623	1626		1629	1632				1638	1641	1644	1647	1650		1653	1656	1659
London Liverpool Street EL (LST)	⊖4	d	1626	1629		1632	1635				1641	1644	1647	1650	1653		1656	1659	1701
London Liverpool Street (LST)	⊖15	d		1635			1639		1640	1642					1654				
Whitechapel (ZLW)	⊖	d	1628	1631		1634	1637				1643	1646	1649	1652	1655		1658	1701	1704
Canary Wharf (CWX)	DLR	d	1632			1638					1644			1650	1656		1702		1708
Custom House (CUS)		d	1636			1643					1649			1654	1700		1706		1711
Woolwich (WWC)		d	1640			1649					1654			1659	1704		1710		1715
Abbey Wood (ABW)	a	d	1646			1653					1658			1704			1716		1721
Stratford (SRA)	⊖DLR 7	d		1637	1643		1643	1647		1647	1650	1651		1656		1701	1702		1707
Maryland (MYL)		d		1639			1645			1649		1653		1658		1703			1709
Forest Gate (FOG)		d		1641			1647			1651		1655		1700		1705			1711
Manor Park (MNP)		d		1644			1650			1654		1658		1703		1708			1714
Ilford (IFD)	2	d		1646			1652			1656		1700		1705		1711			1716
Seven Kings (SVK)		d		1649			1655			1659		1703		1708		1714			1719
Goodmayes (GMY)		d		1651			1657			1701		1705		1710		1716			1721
Chadwell Heath (CTH)		d		1653			1659			1703		1707		1712		1718			1723
Romford (RMF)		d		1657			1703			1707		1711		1716		1721			1727
Gidea Park (GDP)	2	d		1700			1706			1711a		1714		1719		1724			1730
Harold Wood (HRO)		d		1703			1709			1717		1721		1722		1727			1733
Brentwood (BRE)		d		1707			1713			1721		1726		1731		1737			1743
Shenfield (SNF)	3	a		1713	1658		1719	1702		1727		1733		1738	1717				1743

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Braintree
- H To Clacton-on-Sea/Harwich Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	LE E	XR	XR	LE B	XR	LE J	XR	XR	XR	XR	LE C	LE B	XR	XR	XR	XR	LE G	
Reading (RDG)	7	d	1559											1616					
Twyford (TWY)	3	d	1604											1621					
Maidenhead (MAI)	3	d	1611											1628					
Taplow (TAP)		d	1614											1631					
Burnham (BNM)		d	1617											1634					
Slough (SLO)	3	d	1621											1639					
Langley (LNY)		d	1627											1643					
Iver (IVR)		d	1630											1645					
West Drayton (WDT)		d	1632											1648					
Heathrow Terminal 5 (HWV)	7	d	1620																
Heathrow Terminal 4 (HAF)	7	d								1630									
Heathrow Terminals 2 & 3 (HXX)	7	d	1625							1636									
Hayes & Harlington (HAY)	3	d	1632							1642				1652					
Southall (STL)		d								1645				1655					
Hanwell (HAN)		d								1648									
West Ealing (WEA)	3	d	1639							1650									
Ealing Broadway (EAL)	3	d	1641							1652				1659					
Acton Main Line (AML)		d								1655									
London Paddington EL (PAD)	15	d	1653			1658		1701	1703	1706	1708			1711	1713	1716	1718		
Bond Street (BDS)	15	d	1656			1701		1704	1706	1709	1711			1714	1716	1719	1721		
Tottenham Court Road (TCR)	15	d	1659			1704		1706	1709	1711	1714			1716	1719	1721	1724		
Farringdon (ZFD)	3	d	1701			1706		1709	1711	1714	1716			1719	1721	1724	1726		
London Liverpool Street EL (LST)	4	d	1704			1709		1711	1714	1716	1719			1721	1724	1726	1729		
London Liverpool Street (LST)	15	d		1706		1709	1709	1714				1720	1723					1732	
Whitechapel (ZLW)	15	d	1706			1709		1711						1724	1726	1729	1731		
Canary Wharf (CWX)	DLR	d								1718				1728		1733			
Custom House (CUS)		d								1721				1731		1736			
Woolwich (WWC)		d								1725				1735		1740			
Abbey Wood (ABW)		a								1731				1741		1746			
Stratford (SRA)	DLR 7	d	1712	1714		1716	1717	1720	1722			1724		1728	1729	1732		1737	
Maryland (MYL)		d	1714			1718		1722				1726		1730		1734		1739	
Forest Gate (FOG)		d	1716			1720		1724				1728		1732		1736		1741	
Manor Park (MNP)		d	1719			1723		1727				1731		1735		1739		1744	
Ilford (IFD)	2	d	1721			1725		1729				1733		1737		1741		1746	
Seven Kings (SVK)		d	1724			1728		1732				1736		1740		1744		1749	
Goodmayes (GMY)		d	1726			1730		1734				1738		1742		1746		1751	
Chadwell Heath (CTH)		d	1728			1732		1736				1740		1744		1748		1753	
Romford (RMF)		d	1732			1736		1740				1744		1748		1752		1757	
Gidea Park (GDP)	2	d	1735			1740a		1743				1747		1751		1755		1800	
Harold Wood (HRO)		d	1738					1746				1750		1754		1758		1803	
Brentwood (BRE)		d	1742					1750				1754		1758		1802		1807	
Shenfield (SNF)	3	a	1749	1729			1732	1755	1737			1800		1805	1744	1748	1809	1813	1756

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
C To Braintree
E To Witham
G To Colchester Town
J To Southminster

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator	XR	XR	LE B	XR	XR	XR	LE B	XR	XR	XR	XR	LE E	LE B	XR	XR	LE J	XR	
Days of operation/Notes																		
Reading (RDG)	7	d		1631										1647				
Twyford (TWY)	3	d		1636										1652				
Maidenhead (MAI)	3	d		1643										1659				
Taplow (TAP)		d		1646										1702				
Burnham (BNM)		d		1649										1705				
Slough (SLO)	3	d		1653										1709				
Langley (LNY)		d		1658										1713				
Iver (IVR)		d		1700										1715				
West Drayton (WDT)		d		1703										1718				
Heathrow Terminal 5 (HWV)	⊖←	d	1650															
Heathrow Terminal 4 (HAF)	⊖←	d	1645							1700								
Heathrow Terminals 2 & 3 (HXX)	⊖←	d	1651	1655						1706								
Hayes & Harlington (HAY)	3	d	1659	1702		1708				1712				1723				
Southall (STL)		d	1702			1711				1715				1726				
Hanwell (HAN)		d	1705							1718								
West Ealing (WEA)	3	d	1707	1710						1720								
Ealing Broadway (EAL)	⊖←	3	d	1709	1712		1716			1722				1730				
Acton Main Line (AML)		d	1712							1725								
London Paddington EL (PAD)	⊖←	15	d	1721	1723		1726		1728	1731	1733	1736	1738	1741	1743		1746	1748
Bond Street (BDS)	⊖←	d	1724	1726		1729		1731		1734	1736	1739	1741	1744	1746	1749	1751	1754
Tottenham Court Road (TCR)	⊖←	d	1726	1729		1731		1734		1736	1739	1741	1744	1746	1749	1751	1754	1756
Farringdon (ZFD)	⊖←	3	d	1729	1731		1734		1736	1739	1741	1744	1746	1749	1751	1754	1756	1759
London Liverpool Street EL (LST)	⊖←	4	d	1731	1734		1736		1739	1741	1744	1746	1749	1751	1754	1756	1759	1762
London Liverpool Street (LST)	⊖←	15	d		1736		1739		1745			1750	1752		1756			
Whitechapel (ZLW)	⊖←	d	1734	1736		1739		1741		1744	1746	1749	1751	1754	1756	1759	1801	
Canary Wharf (CWX)	DLR	d	1738			1743				1748		1753		1758		1803		
Custom House (CUS)		d	1741			1746				1751		1756		1801		1806		
Woolwich (WWC)		d	1745			1750				1755		1800		1805		1810		
Abbey Wood (ABW)	a	1751				1756				1801		1806		1811		1816		
Stratford (SRA)	⊖←	DLR	7	d	1742	1744		1746	1750	1753		1754		1758	1759	1801	1802	1804
Maryland (MYL)		d	1744			1748	1752			1756		1800		1804		1806		1809
Forest Gate (FOG)		d	1746			1750	1754			1758		1802		1806		1810		1813
Manor Park (MNP)		d	1749			1753	1757			1801		1805		1809		1813		1816
Ilford (IFD)	2	d	1751			1755	1759			1803		1807		1811		1815		1818
Seven Kings (SVK)		d	1754			1758	1802			1806		1810		1814		1818		1821
Goodmayes (GMY)		d	1756			1800	1804			1808		1812		1816		1820		1823
Chadwell Heath (CTH)		d	1758			1802	1806			1810		1814		1818		1822		1825
Romford (RMF)		d	1802			1806	1810			1814		1818		1822		1826		1829
Gidea Park (GDP)	2	d	1805			1810a	1813			1817		1821		1825		1829		1832
Harold Wood (HRO)		d	1808			1816				1820		1824		1828		1832		1835
Brentwood (BRE)		d	1812			1820				1824		1828		1832		1836		1839
Shenfield (SNF)	3	a	1819	1759		1825	1808			1830		1835	1814	1817	1839	1820		1843

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
E To Witham
J To Southminster

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE F	XR	XR	LE B	XR	XR	XR	XR	XR	XR	XR	LE A	XR	LE E	LE B	XR	XR	XR	XR
Reading (RDG)	7	d			1701											1715			
Twyford (TWY)	3	d			1707											1720			
Maidenhead (MAI)	3	d			1714											1728			
Taplow (TAP)		d			1717											1731			
Burnham (BNM)		d			1720											1734			
Slough (SLO)	3	d			1724											1738			
Langley (LNY)		d			1728											1741			
Iver (IVR)		d			1730											1744			
West Drayton (WDT)		d			1733											1746			
Heathrow Terminal 5 (HWV)	7	d		1720															
Heathrow Terminal 4 (HAF)	7	d	1715								1730								
Heathrow Terminals 2 & 3 (HXX)	7	d	1721	1725							1736								
Hayes & Harlington (HAY)	3	d	1727	1734		1738					1742				1751				
Southall (STL)		d	1730		1741						1745				1755				
Hanwell (HAN)		d	1733								1748								
West Ealing (WEA)	3	d	1735	1740							1750								
Ealing Broadway (EAL)	3	d	1737	1743		1746					1752				1800				
Acton Main Line (AML)		d	1740								1755								
London Paddington EL (PAD)	15	d	1751	1753	1756		1758	1801	1803	1806		1808				1811	1813	1816	1818
Bond Street (BDS)		d	1754	1756	1759		1801	1804	1806	1809		1811				1814	1816	1819	1821
Tottenham Court Road (TCR)		d	1756	1759	1801		1804	1806	1809	1811		1814				1816	1819	1821	1824
Farringdon (ZFD)	3	d	1759	1801	1804		1806	1809	1811	1814		1816				1819	1821	1824	1826
London Liverpool Street EL (LST)	4	d	1801	1804	1806		1809	1811	1814	1816		1819				1821	1824	1826	1829
London Liverpool Street (LST)	15	d	1802		1807		1809				1816		1820	1822					
Whitechapel (ZLW)		d	1804	1806	1809		1811	1814	1816	1819		1821				1824	1826	1829	1831
Canary Wharf (CWX)	DLR	d	1808		1813		1818	1823								1828		1833	
Custom House (CUS)		d	1811		1816		1821	1826								1831		1836	
Woolwich (WWC)		d	1815		1820		1825	1830								1835		1840	
Abbey Wood (ABW)		a	1821		1826		1831	1836								1841		1846	
Stratford (SRA)	DLR 7	d	1811	1812	1815	1816	1820		1824		1824	1828	1829	1831		1832		1837	
Maryland (MYL)		d		1814		1818	1822		1826			1830				1834		1839	
Forest Gate (FOG)		d		1816		1820	1824		1828			1832				1836		1841	
Manor Park (MNP)		d		1819		1823	1827		1831			1835				1839		1844	
Ilford (IFD)	2	d		1821		1825	1829		1833			1837				1841		1846	
Seven Kings (SVK)		d		1824		1828	1832		1836			1840				1844		1849	
Goodmayes (GMY)		d		1826		1830	1834		1838			1842				1846		1851	
Chadwell Heath (CTH)		d		1828		1832	1836		1840			1844				1848		1853	
Romford (RMF)		d		1832		1836	1840		1844			1848				1852		1857	
Gidea Park (GDP)	2	d		1835		1840a	1843		1847			1851				1855		1900	
Harold Wood (HRO)		d		1838		1846	1850		1854			1858				1858		1903	
Brentwood (BRE)		d		1842		1850	1854		1858			1858				1902		1907	
Shenfield (SNF)	3	a	1826	1849	1830		1855		1900			1904	1844	1847		1908		1913	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- A To Clacton-on-Sea
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	LE G	XR	XR	LE B	XR	XR	XR	XR	XR	XR	LE C	LE B	XR	XR	XR	XR	LE F	XR	XR	
Reading (RDG)	7	d			1732								1746							
Twyford (TWY)	3	d			1737								1751							
Maidenhead (MAI)	3	d			1744								1758							
Taplow (TAP)		d			1747								1801							
Burnham (BNM)		d			1750								1804							
Slough (SLO)	3	d			1754								1808							
Langley (LNY)		d			1758								1812							
Iver (IVR)		d			1800								1814							
West Drayton (WDT)		d			1803								1817							
Heathrow Terminal 5 (HWV)	7	d		1750																1820
Heathrow Terminal 4 (HAF)	7	d	1745						1800										1815	
Heathrow Terminals 2 & 3 (HXX)	7	d	1751	1755					1806										1821	1825
Hayes & Harlington (HAY)	3	d	1758	1802		1809			1812				1821						1828	1832
Southall (STL)		d	1801			1812			1815				1825						1831	
Hanwell (HAN)		d	1804						1818										1834	
West Ealing (WEA)	3	d	1806	1809					1820										1836	1839
Ealing Broadway (EAL)	3	d	1808	1811		1818			1822				1830						1838	1841
Acton Main Line (AML)		d	1811						1825										1841	
London Paddington EL (PAD)	15	d	1821	1824		1827		1830	1833	1836			1839	1842	1845	1848			1851	1854
Bond Street (BDS)		d	1824	1827		1830		1833	1836	1839			1842	1845	1848	1851			1854	1857
Tottenham Court Road (TCR)		d	1826	1829		1832		1835	1838	1841			1844	1847	1850	1853			1856	1859
Farringdon (ZFD)	3	d	1829	1832		1835		1838	1841	1844			1847	1850	1853	1856			1859	1902
London Liverpool Street EL (LST)	4	d	1832	1835		1838		1841	1844	1847			1850	1853	1856	1859			1902	1905
London Liverpool Street (LST)	15	d	1832		1837		1840		1843	1846	1849	1848	1851				1902			
Whitechapel (ZLW)		d	1834	1837		1840		1843	1846	1849			1852	1855	1858	1901			1904	1907
Canary Wharf (CWX)	DLR	d	1838			1844			1850				1856		1902				1908	
Custom House (CUS)		d	1842			1848			1854				1900		1906				1912	
Woolwich (WWC)		d	1846			1852			1858				1904		1910				1916	
Abbey Wood (ABW)		a	1852			1858			1904				1910		1916				1922	
Stratford (SRA)	7	d	1841		1843	1845		1847	1851		1855	1856	1900		1901		1907	1909		1913
Maryland (MYL)		d			1845			1849	1853		1857				1903		1909			1915
Forest Gate (FOG)		d			1847			1851	1855		1859				1905		1911			1917
Manor Park (MNP)		d			1850			1854	1858		1902				1908		1914			1920
Ilford (IFD)	2	d			1852			1856	1900		1904				1910		1916			1922
Seven Kings (SVK)		d			1855			1859	1903		1907				1913		1919			1925
Goodmayes (GMY)		d			1857			1901	1905		1909				1915		1921			1927
Chadwell Heath (CTH)		d			1859			1903	1907		1911				1917		1923			1929
Romford (RMF)		d			1903			1907	1911		1915				1921		1927			1933
Gidea Park (GDP)	2	d			1906		1911a	1914		1918					1924		1930			1936
Harold Wood (HRO)		d			1909			1917		1921					1927		1933			1939
Brentwood (BRE)		d			1913			1921		1925					1931		1937			1943
Shenfield (SNF)	3	a	1857		1919	1900			1927		1931	1911	1916		1938		1943	1924		1949

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Braintree
- F To Ipswich
- G To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE B	LE A	XR	XR	XR	XR	XR	XR	LE B	LE K	XR	XR	XR	XR	LE C	XR	
Reading (RDG)	7	d	1759							1815								1828	
Twyford (TWY)	3	d	1804							1820								1834	
Maidenhead (MAI)	3	d	1811							1828								1841	
Taplow (TAP)		d	1814							1831								1844	
Burnham (BNM)		d	1817							1834								1847	
Slough (SLO)	3	d	1821							1838								1851	
Langley (LNY)		d	1825							1841								1855	
Iver (IVR)		d	1827							1844								1857	
West Drayton (WDT)		d	1830							1846								1900	
Heathrow Terminal 5 (HWV)	7	d																1850	
Heathrow Terminal 4 (HAF)	7	d				1830								1845					1900
Heathrow Terminals 2 & 3 (HXX)	7	d				1836								1851	1855				1906
Hayes & Harlington (HAY)	3	d	1835			1842		1851						1857	1902	1905			1912
Southall (STL)		d	1838			1845		1855						1900		1908			1915
Hanwell (HAN)		d				1848								1903					1918
West Ealing (WEA)	3	d				1850								1905	1909				1920
Ealing Broadway (EAL)	3	d	1845			1852		1900						1908	1911	1915			1922
Acton Main Line (AML)		d				1855								1910					1925
London Paddington EL (PAD)	15	d	1857	1900		1903	1906	1909	1912	1915	1918			1921	1924	1927	1930		1934
Bond Street (BDS)	15	d	1900	1903		1906	1909	1912	1915	1918	1921			1924	1927	1930	1933		1937
Tottenham Court Road (TCR)	15	d	1902	1905		1908	1911	1914	1917	1920	1923			1926	1929	1932	1935		1939
Farringdon (ZFD)	3	d	1905	1908		1911	1914	1917	1920	1923	1926			1929	1932	1935	1938		1942
London Liverpool Street EL (LST)	4	d	1908	1911		1914	1917	1920	1923	1926	1929			1932	1935	1938	1941		1945
London Liverpool Street (LST)	15	d			1913	1918						1933	1936					1948	
Whitechapel (ZLW)	15	d	1910	1913		1916	1919	1922	1925	1928	1931			1934	1937	1940	1943		1947
Canary Wharf (CWX)	DLR	d	1914			1920		1926		1932				1938		1944			1951
Custom House (CUS)		d	1918			1924		1930		1936				1942		1948			1955
Woolwich (WWC)		d	1922			1928		1934		1940				1946		1952			2000
Abbey Wood (ABW)		a	1928			1934		1940		1946				1952		1958			2005
Stratford (SRA)	DLR 7	d		1919	1920	1925		1925		1931		1937	1940	1943		1943		1949	1955
Maryland (MYL)		d		1921				1927		1933		1939				1945		1951	
Forest Gate (FOG)		d		1923				1929		1935		1941				1947		1953	
Manor Park (MNP)		d		1926				1932		1938		1944				1950		1956	
Ilford (IFD)	2	d		1928				1934		1940		1946				1952		1958	
Seven Kings (SVK)		d		1931				1937		1943		1949				1955		2001	
Goodmayes (GMY)		d		1933				1939		1945		1951				1957		2003	
Chadwell Heath (CTH)		d		1935				1941		1947		1953				1959		2005	
Romford (RMF)		d		1939				1945		1951		1957				2003		2009	
Gidea Park (GDP)	2	d		1942				1948		1954		2000				2006		2012	
Harold Wood (HRO)		d		1945				1951		1957		2003				2009		2015	
Brentwood (BRE)		d		1949				1955		2001		2007				2013		2019	
Shenfield (SNF)	3	a		1955	1935	1941		2001		2007		2013	1955	1958		2019		2025	2011

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	LE B	XR	XR	LE F	XR	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	LE B	XR	XR			
Reading (RDG)	7	d	1845						1859												
Twyford (TWY)	3	d	1850						1904												
Maidenhead (MAI)	3	d	1858						1912					1930							
Taplow (TAP)		d	1901						1915												
Burnham (BNM)		d	1904						1918					1934							
Slough (SLO)	3	d	1908						1922					1938							
Langley (LNY)		d	1911						1925					1942							
Iver (IVR)		d	1914						1928					1944							
West Drayton (WDT)		d	1916						1930					1947							
Heathrow Terminal 5 (HWV)	←	d						1920											1950		
Heathrow Terminal 4 (HAF)	←	d				1915						1930						1945			
Heathrow Terminals 2 & 3 (HXX)	←	d				1921	1925					1936						1951	1955		
Hayes & Harlington (HAY)	3	d	1920			1927	1932	1935				1942		1951				1957	2002		
Southall (STL)		d	1925			1930		1940				1945		1954				2000			
Hanwell (HAN)		d				1933						1948						2003			
West Ealing (WEA)	3	d				1935	1938					1950						2005	2009		
Ealing Broadway (EAL)	←	3	d	1930		1937	1941	1946				1952		1959				2007	2011		
Acton Main Line (AML)		d				1940						1955						2010			
London Paddington EL (PAD)	←	15	d	1937		1941	1945	1949	1952	1956	2000			2004	2007	2011	2015		2019	2022	
Bond Street (BDS)	←	d	1940		1944	1948		1952	1955	1959	2003			2007	2010	2014	2018		2022	2025	
Tottenham Court Road (TCR)	←	d	1942		1946	1950		1954	1957	2001	2005			2009	2012	2016	2020		2024	2027	
Farringdon (ZFD)	←	3	d	1945		1949	1953		1957	2000	2004	2008		2012	2015	2019	2023		2027	2030	
London Liverpool Street EL (LST)	←	4	d	1948		1952	1956		2000	2003	2007	2011		2015	2018	2022	2026		2030	2033	
London Liverpool Street (LST)	←	15	d		1950			2002				2013	2018					2033			
Whitechapel (ZLW)	←	d	1950		1954	1958		2002	2005	2009	2013			2017	2020	2024	2028		2032	2035	
Canary Wharf (CWX)	DLR	d			1958			2006		2013				2021		2028			2036		
Custom House (CUS)		d			2002			2010		2017				2025		2032			2040		
Woolwich (WWC)		d			2007			2015		2022				2030		2037			2045		
Abbey Wood (ABW)	a				2012			2020		2027				2035		2042			2050		
Stratford (SRA)	←	DLR	7	d	1956	1958		2004	2009		2011		2019	2020	2025		2026		2034	2040	2041
Maryland (MYL)		d	1958			2006			2013		2021					2028		2036		2043	
Forest Gate (FOG)		d	2000			2008			2015		2023					2030		2038		2045	
Manor Park (MNP)		d	2003			2011			2018		2026					2033		2041		2048	
Ilford (IFD)	2	d	2006			2013			2021		2028					2036		2043		2050	
Seven Kings (SVK)		d	2009			2016			2024		2031					2039		2046		2053	
Goodmayes (GMY)		d	2011			2018			2026		2033					2041		2048		2055	
Chadwell Heath (CTH)		d	2013			2020			2028		2035					2043		2050		2057	
Romford (RMF)		d	2016			2024			2031		2039	2028				2046		2054		2101	
Gidea Park (GDP)	2	d	2019			2027			2034		2042					2049		2057		2104	
Harold Wood (HRO)		d	2022			2030			2037		2045					2052		2100		2107	
Brentwood (BRE)		d	2026			2034			2041		2049					2056		2104		2111	
Shenfield (SNF)	3	a	2032	2015		2040	2024		2047		2055	2039	2041		2102		2110	2055		2117	

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Mondays to Fridays

Operator Days of operation/Notes	LE K	XR	XR	LE C	XR	XR	LE B	XR	XR	LE G	XR	XR	XR	XR	LE B	LE A	XR	XR			
Reading (RDG)	7	d	1930												2000						
Twyford (TWY)	3	d	1935												2005						
Maidenhead (MAI)	3	d	1942						2000						2012						
Taplow (TAP)		d	1945												2015						
Burnham (BNM)		d	1948						2004						2018						
Slough (SLO)	3	d	1952						2008						2022						
Langley (LNY)		d	1956						2012						2026						
Iver (IVR)		d							2014												
West Drayton (WDT)		d	2000						2017						2030						
Heathrow Terminal 5 (HWV)	⊖←	d												2020							
Heathrow Terminal 4 (HAF)	⊖←	d				2000							2015					2030			
Heathrow Terminals 2 & 3 (HXX)	⊖←	d				2006							2021	2025				2036			
Hayes & Harlington (HAY)	3	d	2005			2012			2021				2027	2032	2035			2042			
Southall (STL)		d	2008			2015			2025				2030		2039			2045			
Hanwell (HAN)		d				2018							2033					2048			
West Ealing (WEA)	3	d				2020							2035	2039				2050			
Ealing Broadway (EAL)	⊖←	d	2016			2022			2030				2038	2041	2045			2052			
Acton Main Line (AML)		d				2025							2040					2055			
London Paddington EL (PAD)	⊖←	15	d		2026	2030		2034	2037		2041	2045		2049	2052	2056	2100		2104	2107	
Bond Street (BDS)	⊖←	d			2029	2033		2037	2040		2044	2048		2052	2055	2059	2103		2107	2110	
Tottenham Court Road (TCR)	⊖←	d			2031	2035		2039	2042		2046	2050		2054	2057	2101	2105		2109	2112	
Farringdon (ZFD)	⊖←	3	d		2034	2038		2042	2045		2049	2053		2057	2100	2104	2108		2112	2115	
London Liverpool Street EL (LST)	⊖←	4	d		2037	2041		2045	2048		2052	2056		2100	2103	2107	2111		2115	2118	
London Liverpool Street (LST)	⊖←	15	d	2036			2047			2050			2102				2113	2118			
Whitechapel (ZLW)	⊖←	d			2039	2043		2047	2050		2054	2058		2102	2105	2109	2113		2117	2120	
Canary Wharf (CWX)	DLR	d			2043			2051			2058			2106	2113				2121		
Custom House (CUS)		d			2047			2055			2102			2110	2117				2125		
Woolwich (WWC)		d			2052			2100			2107			2115	2122				2130		
Abbey Wood (ABW)		a			2057			2105			2112			2120	2127				2135		
Stratford (SRA)	⊖←	DLR	7	d	2043		2049	2055		2056	2058		2104	2109		2111		2119	2120	2125	2126
Maryland (MYL)		d					2051			2058			2106			2113		2121			2128
Forest Gate (FOG)		d					2053			2100			2108			2115		2123			2130
Manor Park (MNP)		d					2056			2103			2111			2118		2126			2133
Ilford (IFD)	2	d					2058			2105			2113			2120		2128			2135
Seven Kings (SVK)		d					2101			2108			2116			2123		2131			2138
Goodmayes (GMY)		d					2103			2110			2118			2125		2133			2140
Chadwell Heath (CTH)		d					2105			2112			2120			2127		2135			2142
Romford (RMF)		d					2109			2116	2107		2124			2131		2139	2128		2146
Gidea Park (GDP)	2	d					2112			2119			2127			2134		2142			2149
Harold Wood (HRO)		d					2115			2122			2130			2137		2145			2152
Brentwood (BRE)		d					2119			2126			2134			2141		2149			2156
Shenfield (SNF)	3	a	2058			2125	2111			2132	2116		2140	2124		2147		2155	2139	2141	2202

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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator	XR	XR	LE	XR	XR	LE	XR	XR	LE	XR	XR	LE	XR	XR	LE	XR	XR
Days of operation/Notes			B			G			E			B			L		
Reading (RDG)	7	d					2030										2100
Twyford (TWY)	3	d					2035										2105
Maidenhead (MAI)	3	d	2030				2042					2059					2112
Taplow (TAP)		d					2045										2115
Burnham (BNM)		d	2034				2048					2103					2118
Slough (SLO)	3	d	2038				2052					2107					2122
Langley (LNY)		d	2042				2056					2111					2126
Iver (IVR)		d	2044									2113					
West Drayton (WDT)		d	2047				2100					2116					2130
Heathrow Terminal 5 (HWV)	7	d				2050											2120
Heathrow Terminal 4 (HAF)	7	d			2045				2100							2115	
Heathrow Terminals 2 & 3 (HXX)	7	d			2051	2055			2106							2121	2125
Hayes & Harlington (HAY)	3	d	2052		2057	2103		2106	2112			2120				2127	2134
Southall (STL)		d	2055		2100		2110		2115			2123				2130	2141
Hanwell (HAN)		d			2103				2118							2133	
West Ealing (WEA)	3	d			2105	2110			2120							2135	2139
Ealing Broadway (EAL)	3	d	2101		2108	2113	2116		2122			2128				2138	2142
Acton Main Line (AML)		d			2110				2125							2140	
London Paddington EL (PAD)	15	d	2111	2115		2119	2122		2126	2130		2134	2137		2141	2145	2149
Bond Street (BDS)	15	d	2114	2118		2122	2125		2129	2133		2137	2140		2144	2148	2152
Tottenham Court Road (TCR)	15	d	2116	2120		2124	2127		2131	2135		2139	2142		2146	2150	2154
Farringdon (ZFD)	3	d	2119	2123		2127	2130		2134	2138		2142	2145		2149	2153	2157
London Liverpool Street EL (LST)	4	d	2122	2126		2130	2133		2137	2141		2145	2148		2152	2156	2200
London Liverpool Street (LST)	15	d			2133		2136		2148			2150			2202		2203
Whitechapel (ZLW)	15	d	2124	2128		2132	2135		2139	2143		2147	2150		2154	2158	2202
Canary Wharf (CWX)	DLR	d	2128			2136			2143			2151			2158		2206
Custom House (CUS)		d	2132			2140			2147			2155			2202		2210
Woolwich (WWC)		d	2137			2145			2152			2200			2207		2215
Abbey Wood (ABW)		a	2142			2150			2157			2205			2212		2220
Stratford (SRA)	DLR 7	d	2134	2140		2141	2143		2149	2155		2156	2158		2204	2209	2211
Maryland (MYL)		d	2136			2143			2151			2158			2206		2213
Forest Gate (FOG)		d	2138			2145			2153			2200			2208		2215
Manor Park (MNP)		d	2141			2148			2156			2203			2211		2218
Ilford (IFD)	2	d	2143			2150			2158			2206			2213		2221
Seven Kings (SVK)		d	2146			2153			2201			2209			2216		2224
Goodmayes (GMY)		d	2148			2155			2203			2211			2218		2226
Chadwell Heath (CTH)		d	2150			2157			2205			2213			2220		2228
Romford (RMF)		d	2154			2201	2151		2209			2216			2224		2231
Gidea Park (GDP)	2	d	2157			2204			2212			2219			2227		2234
Harold Wood (HRO)		d	2200			2207			2215			2222			2230		2237
Brentwood (BRE)		d	2204			2211			2219			2226			2234		2241
Shenfield (SNF)	3	a	2210	2155		2217	2200		2225	2211		2232	2214		2240	2224	2247

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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- d Departure time
- B To Southend Victoria
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Mondays to Fridays

Operator Days of operation/Notes	XR	LE B	LE A	XR	XR	XR	XR	XR	XR	XR	LE L	XR	XR	LE B	XR	XR	XR	XR	LE F	
Reading (RDG)	7	d										2130								
Twyford (TWY)	3	d										2135								
Maidenhead (MAI)	3	d					2130					2142					2159			
Taplow (TAP)		d										2145								
Burnham (BNM)		d						2134				2148						2204		
Slough (SLO)	3	d						2138				2152						2208		
Langley (LNY)		d						2142				2156						2211		
Iver (IVR)		d						2144										2214		
West Drayton (WDT)		d						2147				2200						2216		
Heathrow Terminal 5 (HWV)	7	d									2150									
Heathrow Terminal 4 (HAF)	7	d			2130					2145					2200					
Heathrow Terminals 2 & 3 (HXX)	7	d			2136					2151	2155				2206					
Hayes & Harlington (HAY)	3	d			2142		2152			2157	2202			2205			2212		2220	
Southall (STL)		d			2145		2155			2200			2208			2215		2224		
Hanwell (HAN)		d			2148					2203						2218				
West Ealing (WEA)	3	d			2150					2205	2209					2220				
Ealing Broadway (EAL)	3	d			2152		2200			2208	2211		2215			2222		2230		
Acton Main Line (AML)		d			2155					2210						2225				
London Paddington EL (PAD)	15	d	2200		2204	2207	2211	2215	2219	2222		2226	2230		2234	2237	2241	2245		
Bond Street (BDS)	15	d	2203		2207	2210	2214	2218	2222	2225		2229	2233		2237	2240	2244	2248		
Tottenham Court Road (TCR)	15	d	2205		2209	2212	2216	2220	2224	2227		2231	2235		2239	2242	2246	2250		
Farringdon (ZFD)	15	d	2208		2212	2215	2219	2223	2227	2230		2234	2238		2242	2245	2249	2253		
London Liverpool Street EL (LST)	15	d	2211		2215	2218	2222	2226	2230	2233		2237	2241		2245	2248	2252	2256		
London Liverpool Street (LST)	15	d		2213	2218					2236				2245					2302	
Whitechapel (ZLW)	15	d	2213		2217	2220	2224	2228	2232	2235		2239	2243		2247	2250	2254	2258		
Canary Wharf (CWX)	DLR	d			2221		2228		2236			2243			2251		2258			
Custom House (CUS)		d			2225		2232		2240			2247			2255		2302			
Woolwich (WWC)		d			2230		2237		2245			2252			2259		2307			
Abbey Wood (ABW)		a			2235		2242		2250			2257			2305		2312			
Stratford (SRA)	DLR 7	d	2219	2220	2225		2226		2234		2241	2243		2249	2252		2256		2304	2309
Maryland (MYL)		d	2221				2228		2236		2243			2251			2258		2306	
Forest Gate (FOG)		d	2223				2230		2238		2245			2253			2300		2308	
Manor Park (MNP)		d	2226				2233		2241		2248			2256			2303		2312	
Ilford (IFD)	2	d	2230				2235		2243		2251			2258			2305		2314	
Seven Kings (SVK)		d	2232				2238		2246		2254			2301			2308		2317	
Goodmayes (GMY)		d	2234				2240		2248		2256			2303			2310		2319	
Chadwell Heath (CTH)		d	2236				2242		2250		2258			2305			2312		2321	
Romford (RMF)		d	2240	2228			2246		2254		2301			2309			2316		2325	
Gidea Park (GDP)	2	d	2243				2249		2257		2304			2312			2319		2328	
Harold Wood (HRO)		d	2246				2252		2300		2307			2315			2322		2331	
Brentwood (BRE)		d	2250				2256		2304		2311			2319			2326		2335	
Shenfield (SNF)	3	a	2255	2239	2241		2302		2310		2317	2258		2325	2307		2332		2340	2324

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Clacton-on-Sea
- B To Southend Victoria
- F To Ipswich
- L To Colchester

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator	XR	XR	XR	XR	LE B	LE A	XR	XR	XR	XR	XR	XR	XR	LE B	LE L	XR	XR	XR	
Days of operation/Notes																			
Reading (RDG)	7 d			2159									2228						
Twyford (TWY)	3 d			2204									2233						
Maidenhead (MAI)	3 d			2212									2240						
Taplow (TAP)	d			2215									2243						
Burnham (BNM)	d			2218									2246						
Slough (SLO)	3 d			2222									2250						
Langley (LNY)	d			2225									2254						
Iver (IVR)	d												2256						
West Drayton (WDT)	d			2229									2259						
Heathrow Terminal 5 (HWV)	7 d		2220													2300			
Heathrow Terminal 4 (HAF)	7 d	2215					2230				2245							2315	
Heathrow Terminals 2 & 3 (HXX)	7 d	2221	2225				2236				2251					2306		2321	
Hayes & Harlington (HAY)	3 d	2227	2232	2235			2242				2257	2305				2312		2327	
Southall (STL)	d	2230		2238			2245				2300	2309				2315		2330	
Hanwell (HAN)	d	2233					2250				2303					2318		2333	
West Ealing (WEA)	3 d	2235	2239				2252				2305					2320		2335	
Ealing Broadway (EAL)	3 d	2238	2241	2245			2254				2307	2315				2322		2338	
Acton Main Line (AML)	d	2240					2257				2310					2325		2340	
London Paddington EL (PAD)	15 d	2249	2252	2257	2302		2307	2312	2317	2322	2327	2332				2337	2342	2347	2351
Bond Street (BDS)	d	2252	2255	2300	2305		2310	2315	2320	2325	2330	2335				2340	2345	2350	2354
Tottenham Court Road (TCR)	d	2254	2257	2302	2307		2312	2317	2322	2327	2332	2337				2342	2347	2352	2356
Farringdon (ZFD)	3 d	2257	2300	2305	2310		2315	2320	2325	2330	2335	2340				2345	2350	2355	2359
London Liverpool Street EL (LST)	4 d	2300	2303	2308	2313		2318	2323	2328	2333	2338	2343				2348	2353	2358	0002
London Liverpool Street (LST)	15 d				2315	2318								2345	2348				
Whitechapel (ZLW)	d	2302	2305	2310	2315		2320	2325	2330	2335	2340	2345				2350	2355	0001	0004
Canary Wharf (CWX)	DLR d	2306		2314			2324		2334		2344					2354		0005	
Custom House (CUS)	d	2310		2318			2328		2339		2348					2358		0008	
Woolwich (WWC)	d	2314		2322			2332		2344		2352					0002		0012	
Abbey Wood (ABW)	a	2320		2328			2338		2348		2358					0008		0018	
Stratford (SRA)	DLR 7 d		2311		2321	2322	2325		2331		2341		2351	2352	2355			0001	0010
Maryland (MYL)	d		2313		2323				2333		2343		2353					0003	0012
Forest Gate (FOG)	d		2315		2325				2335		2345		2355					0005	0014
Manor Park (MNP)	d		2318		2328				2338		2348		2358					0008	0016
Ilford (IFD)	2 d		2320		2330				2340		2351		0001					0010	0019
Seven Kings (SVK)	d		2323		2333				2343		2354		0003					0013	0022
Goodmayes (GMY)	d		2325		2335				2345		2356		0005					0015	0024
Chadwell Heath (CTH)	d		2327		2337				2347		2358		0007					0017	0026
Romford (RMF)	d		2331		2341				2351		0001		0011					0021	0029
Gidea Park (GDP)	2 d		2335		2344				2354		0004		0014					0024	0032
Harold Wood (HRO)	d		2338		2347				2357		0007		0017					0027	0035
Brentwood (BRE)	d		2343		2351				0001		0011		0021					0031	0039
Shenfield (SNF)	3 a		2348		2357	2337	2340		0007		0017		0027	0007	0010			0037	0045

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Clacton-on-Sea
B To Southend Victoria
L To Colchester

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Mondays to Fridays

Operator Days of operation/Notes	XR	LE TSM B	LE TSM L	XR	XR TSM	XR TSM	LE TSM L	LE TSM B	XR TSM		
Reading (RDG)	7	d	2258								
Twyford (TWY)	3	d	2303								
Maidenhead (MAI)	3	d	2310								
Taplow (TAP)		d	2313								
Burnham (BNM)		d	2316								
Slough (SLO)	3	d	2321								
Langley (LNY)		d	2324								
Iver (IVR)		d	2327								
West Drayton (WDT)		d	2329								
Heathrow Terminal 5 (HWV)	←	d			2330						
Heathrow Terminal 4 (HAF)	←	d									
Heathrow Terminals 2 & 3 (HXX)	←	d			2336						
Hayes & Harlington (HAY)	3	d	2334		2343						
Southall (STL)		d	2339		2346						
Hanwell (HAN)		d			2349						
West Ealing (WEA)	3	d			2351						
Ealing Broadway (EAL)	← 3	d	2345		2353						
Acton Main Line (AML)		d			2356						
London Paddington EL (PAD)	← 15	d	2359		0007	0014	0022				
Bond Street (BDS)	←	d	0002		0010	0017	0025				
Tottenham Court Road (TCR)	←	d	0004		0012	0019	0027				
Farringdon (ZFD)	← 3	d	0007		0015	0022	0030				
London Liverpool Street EL (LST)	← 4	d	0010		0018	0025	0033				
London Liverpool Street (LST)	← 15	d		0015	0018			0046	0050	0055	
Whitechapel (ZLW)	←	d	0012		0020	0027a	0035				
Canary Wharf (CWX)	DLR	d	0016								
Custom House (CUS)		d	0020								
Woolwich (WWC)		d	0024								
Abbey Wood (ABW)		a	0030								
Stratford (SRA)	← DLR 7	d		0022	0025	0026		0041	0053	0057	0102
Maryland (MYL)		d				0028		0043			0104
Forest Gate (FOG)		d				0030		0045			0106
Manor Park (MNP)		d				0033		0047			0109
Ilford (IFD)	2	d				0035		0050			0112
Seven Kings (SVK)		d				0038		0052			0114
Goodmayes (GMY)		d				0040		0054			0116
Chadwell Heath (CTH)		d				0042		0056			0118
Romford (RMF)		d		0033		0046		0100		0108	0122
Gidea Park (GDP)	2	d				0049		0102			0125
Harold Wood (HRO)		d				0052		0105			0128
Brentwood (BRE)		d				0056		0109			0132
Shenfield (SNF)	3	a		0045	0048	0102		0115	0115	0120	0138

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

B To Southend Victoria
L To Colchester

TSM Tuesday to Saturday mornings

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	LE A	LE B	XR	XR	XR	XR	LE A	XR	LE B	XR	XR	LE C	XR	XR	XR	XR	LE B					
Reading (RDG)	7	d																					
Twyford (TWY)	3	d																					
Maidenhead (MAI)	3	d									0512												
Taplow (TAP)		d									0515												
Burnham (BNM)		d									0518												
Slough (SLO)	3	d									0522												
Langley (LNY)		d									0525												
Iver (IVR)		d									0528												
West Drayton (WDT)		d									0530												
Heathrow Terminal 5 (HWV)	←	d						0515															
Heathrow Terminal 4 (HAF)	←	d											0530										
Heathrow Terminals 2 & 3 (HXX)	←	d						0521					0536										
Hayes & Harlington (HAY)	3	d						0527			0535		0542										
Southall (STL)		d						0530			0538		0545										
Hanwell (HAN)		d						0533					0548										
West Ealing (WEA)	3	d						0535					0550										
Ealing Broadway (EAL)	←	3	d					0537			0545		0552										
Acton Main Line (AML)		d						0540					0555										
London Paddington EL (PAD)	←	15	d					0545	0549		0552		0556	0600		0604	0607	0611	0615				
Bond Street (BDS)	←	d						0548	0552		0555		0559	0603		0607	0610	0614	0618				
Tottenham Court Road (TCR)	←	d						0550	0554		0557		0601	0605		0609	0612	0616	0620				
Farringdon (ZFD)	←	3	d					0553	0557		0600		0604	0608		0612	0615	0619	0623				
London Liverpool Street EL (LST)	←	4	d					0556	0600		0603		0607	0611		0615	0618	0622	0626				
London Liverpool Street (LST)	←	15	d	0524	0534	0537	0539	0554		0602		0605		0618					0633				
Whitechapel (ZLW)	←	d						0558	0602						0617	0620	0624	0628					
Canary Wharf (CWX)	DLR	d						0602	0606						0621		0628						
Custom House (CUS)		d						0606	0610						0625		0632						
Woolwich (WWC)		d						0610	0615						0630		0637						
Abbey Wood (ABW)		a						0614	0619						0634		0641						
Stratford (SRA)	←	DLR	7	d	0531	0541	0544	0546	0601				0609	0611	0612		0619	0625		0626		0634	0640
Maryland (MYL)		d			0533			0548	0603					0613						0628		0636	
Forest Gate (FOG)		d			0535			0550	0605					0615						0630		0638	
Manor Park (MNP)		d			0538			0553	0608					0618						0633		0641	
Ilford (IFD)	2	d			0540			0555	0610					0620						0635		0643	
Seven Kings (SVK)		d			0543			0558	0613					0623						0638		0646	
Goodmayes (GMY)		d			0545			0600	0615					0625						0640		0648	
Chadwell Heath (CTH)		d			0547			0602	0617					0627						0642		0650	
Romford (RMF)		d			0551	0549		0606	0621					0631	0620					0646		0654	
Gidea Park (GDP)	2	d			0554			0609	0624					0634						0649		0657	
Harold Wood (HRO)		d			0557			0612	0627					0637						0652		0700	
Brentwood (BRE)		d			0601			0616	0631					0641						0656		0704	
Shenfield (SNF)	3	a			0607	0558	0600	0622	0637				0624	0647	0629		0655	0640		0702		0710	0655

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Ipswich
- B To Southend Victoria
- C To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	LE D	XR	XR	LE E	XR	XR	XR	XR	LE A	XR	XR	LE B	XR	XR	LE C	XR		
Reading (RDG)	7	d													0559					
Twyford (TWY)	3	d													0604					
Maidenhead (MAI)	3	d			0542										0611					
Taplow (TAP)		d			0545										0614					
Burnham (BNM)		d			0548										0617					
Slough (SLO)	3	d			0552										0621					
Langley (LNY)		d			0555										0625					
Iver (IVR)		d			0558										0627					
West Drayton (WDT)		d			0600										0630					
Heathrow Terminal 5 (HWV)	7	d										0615								
Heathrow Terminal 4 (HAF)	7	d					0600											0630		
Heathrow Terminals 2 & 3 (HXX)	7	d					0606						0621					0636		
Hayes & Harlington (HAY)	3	d			0605		0612						0627		0634			0642		
Southall (STL)		d			0608		0615						0630		0638			0645		
Hanwell (HAN)		d					0618						0633					0648		
West Ealing (WEA)	3	d					0620						0635					0650		
Ealing Broadway (EAL)	3	d			0615		0622						0637		0645			0652		
Acton Main Line (AML)		d					0625						0640					0655		
London Paddington EL (PAD)	15	d		0619	0622		0626	0630		0634	0637	0641	0645		0649	0652		0656	0700	0704
Bond Street (BDS)		d		0622	0625		0629	0633		0637	0640	0644	0648		0652	0655		0659	0703	0707
Tottenham Court Road (TCR)		d		0624	0627		0631	0635		0639	0642	0646	0650		0654	0657		0701	0705	0709
Farringdon (ZFD)	3	d		0627	0630		0634	0638		0642	0645	0649	0653		0657	0700		0704	0708	0712
London Liverpool Street EL (LST)	4	d		0630	0633		0637	0641		0645	0648	0652	0656		0700	0703		0707	0711	0715
London Liverpool Street (LST)	15	d			0636			0648				0702			0705				0718	
Whitechapel (ZLW)		d		0632	0635		0639	0643		0647	0650	0654	0658		0702	0705		0709	0713	0717
Canary Wharf (CWX)	DLR	d		0636			0643			0651		0658			0706			0713		0721
Custom House (CUS)		d		0640			0647			0655		0702			0710			0717		0725
Woolwich (WWC)		d		0645			0652			0700		0707			0715			0722		0730
Abbey Wood (ABW)		a		0649			0656			0704		0711			0719			0726		0734
Stratford (SRA)	DLR 7	d		0641	0643		0649	0655		0656		0704	0709		0711	0712		0719	0725	
Maryland (MYL)		d		0643			0651			0658		0706			0713			0721		
Forest Gate (FOG)		d		0645			0653			0700		0708			0715			0723		
Manor Park (MNP)		d		0648			0656			0703		0711			0718			0726		
Ilford (IFD)	2	d		0650			0658			0705		0713			0720			0728		
Seven Kings (SVK)		d		0653			0701			0708		0716			0723			0731		
Goodmayes (GMY)		d		0655			0703			0710		0718			0725			0733		
Chadwell Heath (CTH)		d		0657			0705			0712		0720			0727			0735		
Romford (RMF)		d		0701	0651		0709			0716		0724			0731	0720		0739		
Gidea Park (GDP)	2	d		0704			0712			0719		0727			0734			0742		
Harold Wood (HRO)		d		0707			0715			0722		0730			0737			0745		
Brentwood (BRE)		d		0711			0719			0726		0734			0741			0749		
Shenfield (SNF)	3	a		0717	0700		0725	0711		0732		0740	0724		0747	0729		0755	0741	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Ipswich
- B To Southend Victoria
- C To Clacton-on-Sea
- D To Harwich International
- E To Braintree

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR		
Reading (RDG)	7	d						0629												
Twyford (TWY)	3	d						0634												
Maidenhead (MAI)	3	d						0641												
Taplow (TAP)		d						0644												
Burnham (BNM)		d						0647												
Slough (SLO)	3	d						0651												
Langley (LNY)		d						0655												
Iver (IVR)		d						0657												
West Drayton (WDT)		d						0700												
Heathrow Terminal 5 (HWV)	7	d				0645													0715	
Heathrow Terminal 4 (HAF)	7	d								0700										
Heathrow Terminals 2 & 3 (HXX)	7	d				0651				0706									0721	
Hayes & Harlington (HAY)	3	d				0657			0705										0728	
Southall (STL)		d				0700			0708										0731	
Hanwell (HAN)		d				0703													0734	
West Ealing (WEA)	3	d				0706													0736	
Ealing Broadway (EAL)	3	d				0708			0715										0738	
Acton Main Line (AML)		d				0711													0741	
London Paddington EL (PAD)	15	d	0707	0711	0715		0719	0722		0726	0730		0734	0737		0741	0745		0749	0752
Bond Street (BDS)	15	d	0710	0714	0718		0722	0725		0729	0733		0737	0740		0744	0748		0752	0755
Tottenham Court Road (TCR)	15	d	0712	0716	0720		0724	0727		0731	0735		0739	0742		0746	0750		0754	0757
Farringdon (ZFD)	15	d	0715	0719	0723		0727	0730		0734	0738		0742	0745		0749	0753		0757	0800
London Liverpool Street EL (LST)	15	d	0718	0722	0726		0730	0733		0737	0741		0745	0748		0752	0756		0800	0803
London Liverpool Street (LST)	15	d				0733			0736			0748			0750			0802		
Whitechapel (ZLW)	15	d	0720	0724	0728		0732	0735		0739	0743		0747	0750		0754	0758		0802	0805
Canary Wharf (CWX)	DLR	d		0728			0736			0743			0751			0758			0806	
Custom House (CUS)		d		0732			0740			0747			0755			0802			0810	
Woolwich (WWC)		d		0737			0745			0752			0800			0807			0815	
Abbey Wood (ABW)		a		0741			0749			0756			0804			0811			0819	
Stratford (SRA)	DLR 7	d	0726		0734	0740		0741	0743		0749	0755		0756	0758		0804	0809		0811
Maryland (MYL)		d	0728		0736			0743			0751			0758			0806			0813
Forest Gate (FOG)		d	0730		0738			0745			0753			0800			0808			0815
Manor Park (MNP)		d	0733		0741			0748			0756			0803			0811			0818
Ilford (IFD)	2	d	0735		0743			0750			0758			0805			0813			0820
Seven Kings (SVK)		d	0738		0746			0753			0801			0808			0816			0823
Goodmayes (GMY)		d	0740		0748			0755			0803			0810			0818			0825
Chadwell Heath (CTH)		d	0742		0750			0757			0805			0812			0820			0827
Romford (RMF)		d	0746		0754			0801	0751		0809			0816			0824			0831
Gidea Park (GDP)	2	d	0749		0757			0804			0812			0819			0827			0834
Harold Wood (HRO)		d	0752		0800			0807			0815			0822			0830			0837
Brentwood (BRE)		d	0756		0804			0811			0819			0826			0834			0841
Shenfield (SNF)	3	a	0802		0810	0755		0817	0800		0825	0811		0832	0814		0840	0824		0847

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A To Ipswich
- B To Southend Victoria
- E To Braintree
- F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	
Reading (RDG)	7	d	0659										0729						
Twyford (TWY)	3	d	0704										0734						
Maidenhead (MAI)	3	d	0711										0741						
Taplow (TAP)		d	0714										0744						
Burnham (BNM)		d	0717										0747						
Slough (SLO)	3	d	0721										0751						
Langley (LNY)		d	0725										0755						
Iver (IVR)		d	0727										0757						
West Drayton (WDT)		d	0730										0800						
Heathrow Terminal 5 (HWV)	7	d								0745									
Heathrow Terminal 4 (HAF)	7	d			0730											0800			
Heathrow Terminals 2 & 3 (HXX)	7	d			0736					0751					0806				
Hayes & Harlington (HAY)	3	d	0735		0742					0757			0805		0812				
Southall (STL)		d	0738		0745					0800			0808		0815				
Hanwell (HAN)		d			0748					0803					0818				
West Ealing (WEA)	3	d			0750					0805					0820				
Ealing Broadway (EAL)	3	d	0745		0752					0807			0815		0822				
Acton Main Line (AML)		d			0755					0810					0825				
London Paddington EL (PAD)	15	d	0756	0800		0804	0807	0811	0815		0819	0822		0826	0830		0834	0837	
Bond Street (BDS)	15	d	0759	0803		0807	0810	0814	0818		0822	0825		0829	0833		0837	0840	
Tottenham Court Road (TCR)	15	d	0801	0805		0809	0812	0816	0820		0824	0827		0831	0835		0839	0842	
Farringdon (ZFD)	15	d	0804	0808		0812	0815	0819	0823		0827	0830		0834	0838		0842	0845	
London Liverpool Street EL (LST)	15	d	0807	0811		0815	0818	0822	0826		0830	0833		0837	0841		0845	0848	
London Liverpool Street (LST)	15	d		0813	0818					0833			0836		0848			0850	
Whitechapel (ZLW)	15	d	0809	0813		0817	0820	0824	0828		0832	0835		0839	0843		0847	0850	
Canary Wharf (CWX)	DLR	d	0813			0821		0828			0836			0843			0851		
Custom House (CUS)		d	0817			0825		0832			0840			0847			0855		
Woolwich (WWC)		d	0822			0830		0837			0845			0852			0900		
Abbey Wood (ABW)		a	0826			0834		0841			0849			0856			0904		
Stratford (SRA)	DLR 7	d		0819	0820	0825		0826		0834	0840		0841	0843		0849	0855	0856	0858
Maryland (MYL)		d		0821				0828		0836			0843		0851			0858	
Forest Gate (FOG)		d		0823				0830		0838			0845		0853			0900	
Manor Park (MNP)		d		0826				0833		0841			0848		0856			0903	
Ilford (IFD)	2	d		0828				0835		0843			0850		0858			0905	
Seven Kings (SVK)		d		0831				0838		0846			0853		0901			0908	
Goodmayes (GMY)		d		0833				0840		0848			0855		0903			0910	
Chadwell Heath (CTH)		d		0835				0842		0850			0857		0905			0912	
Romford (RMF)		d		0839	0828			0846		0854			0901	0851	0909			0916	
Gidea Park (GDP)	2	d		0842				0849		0857			0904		0912			0919	
Harold Wood (HRO)		d		0845				0852		0900			0907		0915			0922	
Brentwood (BRE)		d		0849				0856		0904			0911		0919			0926	
Shenfield (SNF)	3	a		0855	0839	0841		0902		0910	0855		0917	0900	0925	0911		0932	0914

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Clacton-on-Sea
- E To Braintree
- F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR
Days of operation/Notes																		
Reading (RDG)	7	d				0759												0829
Twyford (TWY)	3	d				0804												0834
Maidenhead (MAI)	3	d	0800			0811					0830							0841
Taplow (TAP)		d				0814												0844
Burnham (BNM)		d	0804			0817					0834							0847
Slough (SLO)	3	d	0808			0821					0838							0851
Langley (LNY)		d	0812			0825					0842							0855
Iver (IVR)		d	0814								0844							
West Drayton (WDT)		d	0817			0830					0847							0900
Heathrow Terminal 5 (HWV)	7	d				0820										0850		
Heathrow Terminal 4 (HAF)	7	d			0815					0830					0845			
Heathrow Terminals 2 & 3 (HXX)	7	d			0821	0825				0836					0851	0855		
Hayes & Harlington (HAY)	3	d	0822		0827	0832	0835			0842		0852			0857	0902		0905
Southall (STL)		d	0825		0830		0838			0845		0855			0900			0908
Hanwell (HAN)		d			0833					0848					0903			
West Ealing (WEA)	3	d			0835	0839				0850					0905	0909		
Ealing Broadway (EAL)	3	d	0829		0837	0841	0845			0852		0859			0907	0911		0915
Acton Main Line (AML)		d			0840					0855					0910			
London Paddington EL (PAD)	15	d	0841	0845	0849	0852	0856	0900		0904	0907	0911	0915		0919	0922		0926
Bond Street (BDS)	15	d	0844	0848	0852	0855	0859	0903		0907	0910	0914	0918		0922	0925		0929
Tottenham Court Road (TCR)	15	d	0846	0850	0854	0857	0901	0905		0909	0912	0916	0920		0924	0927		0931
Farringdon (ZFD)	15	d	0849	0853	0857	0900	0904	0908		0912	0915	0919	0923		0927	0930		0934
London Liverpool Street EL (LST)	4	d	0852	0856	0900	0903	0907	0911		0915	0918	0922	0926		0930	0933		0937
London Liverpool Street (LST)	15	d		0902					0913	0918				0933			0936	
Whitechapel (ZLW)	15	d	0854	0858	0902	0905	0909	0913		0917	0920	0924	0928		0932	0935		0939
Canary Wharf (CWX)	DLR	d	0858		0906		0913			0921		0928			0936			0943
Custom House (CUS)		d	0902		0910		0917			0925		0932			0940			0947
Woolwich (WWC)		d	0907		0915		0922			0930		0937			0945			0952
Abbey Wood (ABW)		a	0911		0919		0926			0934		0941			0949			0956
Stratford (SRA)	DLR 7	d	0904	0909		0911		0919	0920	0925		0926		0934	0940		0941	0943
Maryland (MYL)		d	0906			0913		0921				0928		0936			0943	
Forest Gate (FOG)		d	0908			0915		0923				0930		0938			0945	
Manor Park (MNP)		d	0911			0918		0926				0933		0941			0948	
Ilford (IFD)	2	d	0913			0920		0928				0935		0943			0950	
Seven Kings (SVK)		d	0916			0923		0931				0938		0946			0953	
Goodmayes (GMY)		d	0918			0925		0933				0940		0948			0955	
Chadwell Heath (CTH)		d	0920			0927		0935				0942		0950			0957	
Romford (RMF)		d	0924			0931		0939	0928			0946		0954		1001	0951	
Gidea Park (GDP)	2	d	0927			0934		0942				0949		0957		1004		
Harold Wood (HRO)		d	0930			0937		0945				0952		1000		1007		
Brentwood (BRE)		d	0934			0941		0949				0956		1004		1011		
Shenfield (SNF)	3	a	0940	0924		0947		0955	0939	0941		1002		1010	0955	1017	1000	

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Saturdays

Operator Days of operation/Notes	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR		
Reading (RDG)	7	d																		
Twyford (TWY)	3	d																		
Maidenhead (MAI)	3	d					0900											0930		
Taplow (TAP)		d																		
Burnham (BNM)		d					0904												0934	
Slough (SLO)	3	d					0908												0938	
Langley (LNY)		d					0912												0942	
Iver (IVR)		d					0914												0944	
West Drayton (WDT)		d					0917												0947	
Heathrow Terminal 5 (HWV)	7	d										0920								
Heathrow Terminal 4 (HAF)	7	d			0900						0915						0930			
Heathrow Terminals 2 & 3 (HXX)	7	d			0906						0921	0925					0936			
Hayes & Harlington (HAY)	3	d			0912			0922			0927	0932					0942		0952	
Southall (STL)		d			0915			0925			0930						0945		0955	
Hanwell (HAN)		d			0918						0933						0948			
West Ealing (WEA)	3	d			0920						0935	0938					0950			
Ealing Broadway (EAL)	3	d			0922			0929			0937	0940					0953		1002	
Acton Main Line (AML)		d			0925						0940						0955			
London Paddington EL (PAD)	15	d	0930		0934	0937		0941	0945		0949	0952	0956	1000			1004	1007	1011	1015
Bond Street (BDS)	15	d	0933		0937	0940		0944	0948		0952	0955	0959	1003			1007	1010	1014	1018
Tottenham Court Road (TCR)	15	d	0935		0939	0942		0946	0950		0954	0957	1001	1005			1009	1012	1016	1020
Farringdon (ZFD)	15	d	0938		0942	0945		0949	0953		0957	1000	1004	1008			1012	1015	1019	1023
London Liverpool Street EL (LST)	15	d	0941		0945	0948		0952	0956		1000	1003	1007	1011			1015	1018	1022	1026
London Liverpool Street (LST)	15	d		0948			0950			1002					1013	1018				
Whitechapel (ZLW)	15	d	0943		0947	0950		0954	0958		1002	1005	1009	1013			1017	1020	1024	1028
Canary Wharf (CWX)	DLR	d			0951			0958			1006		1013				1021		1028	
Custom House (CUS)		d			0955			1002			1010		1017				1025		1032	
Woolwich (WWC)		d			1000			1007			1015		1022				1030		1037	
Abbey Wood (ABW)		a			1004			1011			1019		1026				1034		1041	
Stratford (SRA)	DLR 7	d	0949	0955		0956	0958		1004	1009		1011		1019	1020	1025		1026		1034
Maryland (MYL)		d	0951			0958			1006			1013		1021				1028		1036
Forest Gate (FOG)		d	0953			1000			1008			1015		1023				1030		1038
Manor Park (MNP)		d	0956			1003			1011			1018		1026				1033		1041
Ilford (IFD)	2	d	0958			1005			1013			1020		1028				1035		1043
Seven Kings (SVK)		d	1001			1008			1016			1023		1031				1038		1046
Goodmayes (GMY)		d	1003			1010			1018			1025		1033				1040		1048
Chadwell Heath (CTH)		d	1005			1012			1020			1027		1035				1042		1050
Romford (RMF)		d	1009			1016			1024			1031		1039	1028			1046		1054
Gidea Park (GDP)	2	d	1012			1019			1027			1034		1042				1049		1057
Harold Wood (HRO)		d	1015			1022			1030			1037		1045				1052		1100
Brentwood (BRE)		d	1019			1026			1034			1041		1049				1056		1104
Shenfield (SNF)	3	a	1025	1011		1032	1014		1040	1024		1047		1055	1039	1041		1102		1110

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Saturdays

Operator Days of operation/Notes	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B		
Reading (RDG)	7	d			0929												0959			
Twyford (TWY)	3	d			0934												1004			
Maidenhead (MAI)	3	d			0941					1000							1011			
Taplow (TAP)		d			0944												1014			
Burnham (BNM)		d			0947					1004							1017			
Slough (SLO)	3	d			0951					1008							1021			
Langley (LNY)		d			0955					1012							1025			
Iver (IVR)		d								1014										
West Drayton (WDT)		d			1000					1017							1030			
Heathrow Terminal 5 (HWV)	7	d		0950												1020				
Heathrow Terminal 4 (HAF)	7	d	0945						1000					1015						
Heathrow Terminals 2 & 3 (HXX)	7	d	0951	0955					1006					1021	1025					
Hayes & Harlington (HAY)	3	d	0957	1002		1005			1012		1022			1027	1032	1035				
Southall (STL)		d	1000			1008			1015		1025			1030		1038				
Hanwell (HAN)		d	1003						1018					1033						
West Ealing (WEA)	3	d	1005	1009					1020					1035	1039					
Ealing Broadway (EAL)	3	d	1008	1011		1015			1022		1029			1037	1041	1045				
Acton Main Line (AML)		d	1010						1025					1040						
London Paddington EL (PAD)	15	d	1019	1022		1026	1030		1034	1037		1041	1045	1049	1052	1056	1100			
Bond Street (BDS)		d	1022	1025		1029	1033		1037	1040		1044	1048	1052	1055	1059	1103			
Tottenham Court Road (TCR)		d	1024	1027		1031	1035		1039	1042		1046	1050	1054	1057	1101	1105			
Farringdon (ZFD)	3	d	1027	1030		1034	1038		1042	1045		1049	1053	1057	1100	1104	1108			
London Liverpool Street EL (LST)	4	d	1030	1033		1037	1041		1045	1048		1052	1056	1100	1103	1107	1111			
London Liverpool Street (LST)	15	d	1033		1036		1048			1050			1102					1113		
Whitechapel (ZLW)		d	1032	1035		1039	1043		1047	1050		1054	1058		1102	1105	1109	1113		
Canary Wharf (CWX)	DLR	d	1036			1043			1051			1058			1106		1113			
Custom House (CUS)		d	1040			1047			1055			1102			1110		1117			
Woolwich (WWC)		d	1045			1052			1100			1107			1115		1122			
Abbey Wood (ABW)		a	1049			1056			1104			1111			1119		1126			
Stratford (SRA)	DLR 7	d	1040		1041	1043		1049	1055		1056	1058		1104	1109		1111	1119	1120	
Maryland (MYL)		d			1043			1051			1058			1106			1113		1121	
Forest Gate (FOG)		d			1045			1053			1100			1108			1115		1123	
Manor Park (MNP)		d			1048			1056			1103			1111			1118		1126	
Ilford (IFD)	2	d			1050			1058			1105			1113			1120		1128	
Seven Kings (SVK)		d			1053			1101			1108			1116			1123		1131	
Goodmayes (GMY)		d			1055			1103			1110			1118			1125		1133	
Chadwell Heath (CTH)		d			1057			1105			1112			1120			1127		1135	
Romford (RMF)		d			1101	1051		1109			1116			1124			1131		1139	1128
Gidea Park (GDP)	2	d			1104			1112			1119			1127			1134		1142	
Harold Wood (HRO)		d			1107			1115			1122			1130			1137		1145	
Brentwood (BRE)		d			1111			1119			1126			1134			1141		1149	
Shenfield (SNF)	3	a	1055		1117	1100		1125	1111		1132	1114		1140	1124		1147		1155	1139

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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE A	
Reading (RDG)	7 d									1029									
Twyford (TWY)	3 d									1034									
Maidenhead (MAI)	3 d				1030					1041						1100			
Taplow (TAP)	d									1044									
Burnham (BNM)	d				1034					1047							1104		
Slough (SLO)	3 d				1038					1051							1108		
Langley (LNY)	d				1042					1055							1112		
Iver (IVR)	d				1044												1114		
West Drayton (WDT)	d				1047					1100							1117		
Heathrow Terminal 5 (HWV)	7 d							1050											
Heathrow Terminal 4 (HAF)	7 d		1030				1045					1100							
Heathrow Terminals 2 & 3 (HXX)	7 d		1036				1051	1055				1106							
Hayes & Harlington (HAY)	3 d		1042		1052		1057	1102		1105		1112				1122			
Southall (STL)	d		1045		1055		1100			1108		1115				1125			
Hanwell (HAN)	d		1048				1103					1118							
West Ealing (WEA)	3 d		1050				1105	1109				1120							
Ealing Broadway (EAL)	3 d		1052		1059		1107	1111		1115		1122				1129			
Acton Main Line (AML)	d		1055				1110					1125							
London Paddington EL (PAD)	15 d		1104	1107	1111	1115	1119	1122		1126	1130	1134	1137		1141	1145			
Bond Street (BDS)	d		1107	1110	1114	1118	1122	1125		1129	1133	1137	1140		1144	1148			
Tottenham Court Road (TCR)	d		1109	1112	1116	1120	1124	1127		1131	1135	1139	1142		1146	1150			
Farringdon (ZFD)	3 d		1112	1115	1119	1123	1127	1130		1134	1138	1142	1145		1149	1153			
London Liverpool Street EL (LST)	4 d		1115	1118	1122	1126	1130	1133		1137	1141	1145	1148		1152	1156			
London Liverpool Street (LST)	15 d	1118				1133		1136		1148		1150		1150				1202	
Whitechapel (ZLW)	d		1117	1120	1124	1128	1132	1135		1139	1143	1147	1150		1154	1158			
Canary Wharf (CWX)	DLR d		1121		1128		1136			1143		1151			1158				
Custom House (CUS)	d		1125		1132		1140			1147		1155			1202				
Woolwich (WWC)	d		1130		1137		1145			1152		1200			1207				
Abbey Wood (ABW)	a		1134		1141		1149			1156		1204			1211				
Stratford (SRA)	DLR 7 d	1125		1126		1134	1140		1141	1143		1149	1155		1156	1158		1204	1209
Maryland (MYL)	d			1128		1136			1143			1151			1158			1206	
Forest Gate (FOG)	d			1130		1138			1145			1153			1200			1208	
Manor Park (MNP)	d			1133		1141			1148			1156			1203			1211	
Ilford (IFD)	2 d			1135		1143			1150			1158			1205			1213	
Seven Kings (SVK)	d			1138		1146			1153			1201			1208			1216	
Goodmayes (GMY)	d			1140		1148			1155			1203			1210			1218	
Chadwell Heath (CTH)	d			1142		1150			1157			1205			1212			1220	
Romford (RMF)	d			1146		1154			1201	1151		1209			1216			1224	
Gidea Park (GDP)	2 d			1149		1157			1204			1212			1219			1227	
Harold Wood (HRO)	d			1152		1200			1207			1215			1222			1230	
Brentwood (BRE)	d			1156		1204			1211			1219			1226			1234	
Shenfield (SNF)	3 a	1141		1202		1210	1155		1217	1200		1225	1211		1232	1214		1240	1224

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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- d Departure time
- A To Ipswich
- B To Southend Victoria
- C To Clacton-on-Sea
- E To Braintree
- F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR
Days of operation/Notes																		
Reading (RDG) 7 d			1059												1129			
Twyford (TWY) 3 d			1104												1134			
Maidenhead (MAI) 3 d			1111						1130						1141			
Taplow (TAP) d			1114												1144			
Burnham (BNM) d			1117						1134						1147			
Slough (SLO) 3 d			1121						1138						1151			
Langley (LNY) d			1125						1142						1155			
Iver (IVR) d									1144									
West Drayton (WDT) d			1130						1147						1200			
Heathrow Terminal 5 (HWV) 7 d		1120											1150					
Heathrow Terminal 4 (HAF) 7 d	1115						1130						1145					1200
Heathrow Terminals 2 & 3 (HXX) 7 d	1121	1125					1136						1151	1155				1206
Hayes & Harlington (HAY) 3 d	1127	1132	1135				1142		1152				1157	1202		1205		1212
Southall (STL) d	1130		1138				1145		1155				1200		1208			1215
Hanwell (HAN) d	1133						1148						1203					1218
West Ealing (WEA) 3 d	1135	1139					1150						1205	1209				1220
Ealing Broadway (EAL) 3 d	1137	1141	1145				1152		1159				1207	1211		1215		1222
Acton Main Line (AML) d	1140						1155						1210					1225
London Paddington EL (PAD) 15 d	1149	1152	1156	1200			1204	1207	1211	1215		1219	1222		1226	1230		1234
Bond Street (BDS) 15 d	1152	1155	1159	1203			1207	1210	1214	1218		1222	1225		1229	1233		1237
Tottenham Court Road (TCR) 15 d	1154	1157	1201	1205			1209	1212	1216	1220		1224	1227		1231	1235		1239
Farringdon (ZFD) 15 d	1157	1200	1204	1208			1212	1215	1219	1223		1227	1230		1234	1238		1242
London Liverpool Street EL (LST) 15 d	1200	1203	1207	1211			1215	1218	1222	1226		1230	1233		1237	1241		1245
London Liverpool Street (LST) 15 d					1213	1218					1233			1236			1248	
Whitechapel (ZLW) 15 d	1202	1205	1209	1213			1217	1220	1224	1228		1232	1235		1239	1243		1247
Canary Wharf (CWX) DLR d	1206		1213				1221		1228			1236			1243			1251
Custom House (CUS) d	1210		1217				1225		1232			1240			1247			1255
Woolwich (WWC) d	1215		1222				1230		1237			1245			1252			1300
Abbey Wood (ABW) a	1219		1226				1234		1241			1249			1256			1304
Stratford (SRA) 7 d		1211		1219	1220	1225		1226		1234	1240		1241	1243		1249	1255	
Maryland (MYL) d		1213		1221				1228		1236			1243			1251		
Forest Gate (FOG) d		1215		1223				1230		1238			1245			1253		
Manor Park (MNP) d		1218		1226				1233		1241			1248			1256		
Ilford (IFD) 2 d		1220		1228				1235		1243			1250			1258		
Seven Kings (SVK) d		1223		1231				1238		1246			1253			1301		
Goodmayes (GMY) d		1225		1233				1240		1248			1255			1303		
Chadwell Heath (CTH) d		1227		1235				1242		1250			1257			1305		
Romford (RMF) d		1231		1239	1228			1246		1254			1301	1251		1309		
Gidea Park (GDP) 2 d		1234		1242				1249		1257			1304			1312		
Harold Wood (HRO) d		1237		1245				1252		1300			1307			1315		
Brentwood (BRE) d		1241		1249				1256		1304			1311			1319		
Shenfield (SNF) 3 a		1247		1255	1239	1241		1302		1310	1255		1317	1300		1325	1311	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

B To Southend Victoria
C To Clacton-on-Sea
E To Braintree
F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	
Days of operation/Notes																			
Reading (RDG)	7 d								1159										
Twyford (TWY)	3 d								1204										
Maidenhead (MAI)	3 d			1200					1211					1230					
Taplow (TAP)	d								1214										
Burnham (BNM)	d			1204					1217					1234					
Slough (SLO)	3 d			1208					1221					1238					
Langley (LNY)	d			1212					1225					1242					
Iver (IVR)	d			1214										1244					
West Drayton (WDT)	d			1217					1230					1247					
Heathrow Terminal 5 (HWV)	7 d							1220											1250
Heathrow Terminal 4 (HAF)	7 d						1215					1230							1245
Heathrow Terminals 2 & 3 (HXX)	7 d						1221	1225				1236							1251 1255
Hayes & Harlington (HAY)	3 d			1222			1227	1232	1235			1242		1252					1257 1302
Southall (STL)	d			1225			1230		1238			1245		1255					1300
Hanwell (HAN)	d						1233					1248							1303
West Ealing (WEA)	3 d						1235	1239				1250							1305 1309
Ealing Broadway (EAL)	3 d			1229			1237	1241	1245			1252		1259					1307 1311
Acton Main Line (AML)	d						1240					1255							1310
London Paddington EL (PAD)	15 d	1237		1241	1245		1249	1252	1256	1300			1304	1307	1311	1315			1319 1322
Bond Street (BDS)	d	1240		1244	1248		1252	1255	1259	1303			1307	1310	1314	1318			1322 1325
Tottenham Court Road (TCR)	d	1242		1246	1250		1254	1257	1301	1305			1309	1312	1316	1320			1324 1327
Farringdon (ZFD)	3 d	1245		1249	1253		1257	1300	1304	1308			1312	1315	1319	1323			1327 1330
London Liverpool Street EL (LST)	4 d	1248		1252	1256		1300	1303	1307	1311			1315	1318	1322	1326			1330 1333
London Liverpool Street (LST)	15 d		1250			1302					1313	1318							1333
Whitechapel (ZLW)	d	1250		1254	1258		1302	1305	1309	1313			1317	1320	1324	1328			1332 1335
Canary Wharf (CWX)	d			1258			1306		1313				1321		1328				1336
Custom House (CUS)	d			1302			1310		1317				1325		1332				1340
Woolwich (WWC)	d			1307			1315		1322				1330		1337				1345
Abbey Wood (ABW)	a			1311			1319		1326				1334		1341				1349
Stratford (SRA)	7 d	1256	1258		1304	1309		1311		1319	1320	1325		1326		1334	1340		1341
Maryland (MYL)	d	1258			1306			1313		1321				1328		1336			1343
Forest Gate (FOG)	d	1300			1308			1315		1323				1330		1338			1345
Manor Park (MNP)	d	1303			1311			1318		1326				1333		1341			1348
Ilford (IFD)	2 d	1305			1313			1320		1328				1335		1343			1350
Seven Kings (SVK)	d	1308			1316			1323		1331				1338		1346			1353
Goodmayes (GMY)	d	1310			1318			1325		1333				1340		1348			1355
Chadwell Heath (CTH)	d	1312			1320			1327		1335				1342		1350			1357
Romford (RMF)	d	1316			1324			1331		1339	1328			1346		1354			1401
Gidea Park (GDP)	2 d	1319			1327			1334		1342				1349		1357			1404
Harold Wood (HRO)	d	1322			1330			1337		1345				1352		1400			1407
Brentwood (BRE)	d	1326			1334			1341		1349				1356		1404			1411
Shenfield (SNF)	3 a	1332	1314		1340	1324		1347		1355	1339	1341		1402		1410	1355		1417

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- A To Ipswich
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	
Reading (RDG)	7	d	1229											1259					
Twyford (TWY)	3	d	1234											1304					
Maidenhead (MAI)	3	d	1241						1300					1311					
Taplow (TAP)		d	1244											1314					
Burnham (BNM)		d	1247						1304					1317					
Slough (SLO)	3	d	1251						1308					1321					
Langley (LNY)		d	1255						1312					1325					
Iver (IVR)		d							1314										
West Drayton (WDT)		d	1300						1317					1330					
Heathrow Terminal 5 (HWV)	7	d											1320						
Heathrow Terminal 4 (HAF)	7	d				1300					1315						1330		
Heathrow Terminals 2 & 3 (HXX)	7	d				1306					1321	1325					1336		
Hayes & Harlington (HAY)	3	d	1305			1312			1323		1327	1332	1335				1342		
Southall (STL)		d	1308			1315			1326		1330		1338				1345		
Hanwell (HAN)		d				1318					1333						1348		
West Ealing (WEA)	3	d				1320					1335	1339					1350		
Ealing Broadway (EAL)	3	d	1315			1322			1330		1337	1341	1345				1352		
Acton Main Line (AML)		d				1325					1340						1355		
London Paddington EL (PAD)	15	d	1326	1330		1334	1337		1341	1345	1349	1352	1356	1400			1404	1407	
Bond Street (BDS)		d	1329	1333		1337	1340		1344	1348	1352	1355	1359	1403			1407	1410	
Tottenham Court Road (TCR)		d	1331	1335		1339	1342		1346	1350	1354	1357	1401	1405			1409	1412	
Farringdon (ZFD)	3	d	1334	1338		1342	1345		1349	1353	1357	1400	1404	1408			1412	1415	
London Liverpool Street EL (LST)	4	d	1337	1341		1345	1348		1352	1356	1400	1403	1407	1411			1415	1418	
London Liverpool Street (LST)	15	d	1336		1348		1350			1402					1413	1418			
Whitechapel (ZLW)		d	1339	1343		1347	1350		1354	1358	1402	1405	1409	1413			1417	1420	
Canary Wharf (CWX)	DLR	d	1343			1351			1358		1406	1409	1413				1421		
Custom House (CUS)		d	1347			1355			1402		1410	1413	1417				1425		
Woolwich (WWC)		d	1352			1400			1407		1415	1418	1422				1430		
Abbey Wood (ABW)		a	1356			1404			1411		1419	1422	1426				1434		
Stratford (SRA)	DLR 7	d	1343		1349	1355		1356	1358		1404	1409		1411		1419	1420	1425	1426
Maryland (MYL)		d			1351			1358			1406			1413		1421			1428
Forest Gate (FOG)		d			1353			1400			1408			1415		1423			1430
Manor Park (MNP)		d			1356			1403			1411			1418		1426			1433
Ilford (IFD)	2	d			1358			1405			1413			1420		1428			1435
Seven Kings (SVK)		d			1401			1408			1416			1423		1431			1438
Goodmayes (GMY)		d			1403			1410			1418			1425		1433			1440
Chadwell Heath (CTH)		d			1405			1412			1420			1427		1435			1442
Romford (RMF)		d	1351		1409			1416			1424			1431		1439	1428		1446
Gidea Park (GDP)	2	d			1412			1419			1427			1434		1442			1449
Harold Wood (HRO)		d			1415			1422			1430			1437		1445			1452
Brentwood (BRE)		d			1419			1426			1434			1441		1449			1456
Shenfield (SNF)	3	a	1400		1425	1412		1432	1414		1440	1424		1447		1455	1439	1441	1502

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- A To Ipswich
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR
Days of operation/Notes																	
Reading (RDG) 7 d							1329										1359
Twyford (TWY) 3 d							1334										1404
Maidenhead (MAI) 3 d	1330						1341					1400					1411
Taplow (TAP) d							1344										1414
Burnham (BNM) d	1334						1347					1404					1417
Slough (SLO) 3 d	1338						1351					1408					1421
Langley (LNY) d	1342						1355					1412					1425
Iver (IVR) d	1344											1414					
West Drayton (WDT) d	1347						1400					1417					1430
Heathrow Terminal 5 (HWV) 7 d					1350												1420
Heathrow Terminal 4 (HAF) 7 d				1345					1400							1415	
Heathrow Terminals 2 & 3 (HXX) 7 d				1351	1355				1406							1421	1425
Hayes & Harlington (HAY) 3 d	1351			1358	1402		1405		1412			1422				1427	1432
Southall (STL) d	1354			1401			1408		1415			1425				1430	1438
Hanwell (HAN) d				1404					1418							1433	
West Ealing (WEA) 3 d				1406	1409				1420							1435	1439
Ealing Broadway (EAL) 3 d	1359			1408	1411		1415		1422			1429				1437	1441
Acton Main Line (AML) d				1411					1425							1440	
London Paddington EL (PAD) 15 d	1411	1415		1419	1422		1426	1430	1434	1437		1441	1445		1449	1452	1456
Bond Street (BDS) 15 d	1414	1418		1422	1425		1429	1433	1437	1440		1444	1448		1452	1455	1459
Tottenham Court Road (TCR) 15 d	1416	1420		1424	1427		1431	1435	1439	1442		1446	1450		1454	1457	1501
Farringdon (ZFD) 15 d	1419	1423		1427	1430		1434	1438	1442	1445		1449	1453		1457	1500	1504
London Liverpool Street EL (LST) 15 d	1422	1426		1430	1433		1437	1441	1445	1448		1452	1456		1500	1503	1507
London Liverpool Street (LST) 15 d			1433			1436			1448		1450			1502			
Whitechapel (ZLW) 15 d	1424	1428		1432	1435		1439	1443	1447	1450		1454	1458		1502	1505	1509
Canary Wharf (CWX) 15 d	1428			1436			1443		1451			1458			1506		1513
Custom House (CUS) d	1432			1440			1447		1455			1502			1510		1517
Woolwich (WWC) d	1437			1445			1452		1500			1507			1515		1522
Abbey Wood (ABW) a	1441			1449			1456		1504			1511			1519		1526
Stratford (SRA) 7 d		1434	1440		1441	1443		1449	1455		1456	1458		1504	1509		1511
Maryland (MYL) d		1436			1443			1451			1458			1506			1513
Forest Gate (FOG) d		1438			1445			1453			1500			1508			1515
Manor Park (MNP) d		1441			1448			1456			1503			1511			1518
Ilford (IFD) 2 d		1443			1450			1458			1505			1513			1520
Seven Kings (SVK) d		1446			1453			1501			1508			1516			1523
Goodmayes (GMY) d		1448			1455			1503			1510			1518			1525
Chadwell Heath (CTH) d		1450			1457			1505			1512			1520			1527
Romford (RMF) d		1454			1501	1451		1509			1516			1524			1531
Gidea Park (GDP) 2 d		1457			1504			1512			1519			1527			1534
Harold Wood (HRO) d		1500			1507			1515			1522			1530			1537
Brentwood (BRE) d		1504			1511			1519			1526			1534			1541
Shenfield (SNF) 3 a		1510	1455		1517	1500		1525	1511		1532	1514		1540	1524		1547

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
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A To Ipswich
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR
Days of operation/Notes																		
Reading (RDG)	7	d																1429
Twyford (TWY)	3	d																1434
Maidenhead (MAI)	3	d					1430											1441
Taplow (TAP)		d																1444
Burnham (BNM)		d																1447
Slough (SLO)	3	d					1434											1451
Langley (LNY)		d					1438											1442
Iver (IVR)		d					1442											1444
West Drayton (WDT)		d					1444											1447
Heathrow Terminal 5 (HWV)	⊖←	d									1450							
Heathrow Terminal 4 (HAF)	⊖←	d				1430					1445							1500
Heathrow Terminals 2 & 3 (HXX)	⊖←	d				1436					1451	1455						1506
Hayes & Harlington (HAY)	3	d				1442			1452		1457	1502			1505			1512
Southall (STL)		d				1445			1455		1500				1508			1515
Hanwell (HAN)		d				1448					1503							1518
West Ealing (WEA)	3	d				1450					1505	1509						1520
Ealing Broadway (EAL)	⊖←	d				1452			1459		1507	1511			1515			1522
Acton Main Line (AML)		d				1455					1510							1525
London Paddington EL (PAD)	⊖←	d	1500			1504	1507	1511	1515		1519	1522		1526	1530		1534	1537
Bond Street (BDS)	⊖	d	1503			1507	1510	1514	1518		1522	1525		1529	1533		1537	1540
Tottenham Court Road (TCR)	⊖	d	1505			1509	1512	1516	1520		1524	1527		1531	1535		1539	1542
Farringdon (ZFD)	⊖←	d	1508			1512	1515	1519	1523		1527	1530		1534	1538		1542	1545
London Liverpool Street EL (LST)	⊖←	d	1511			1515	1518	1522	1526		1530	1533		1537	1541		1545	1548
London Liverpool Street (LST)	⊖←	d		1513	1518					1533		1536			1548			1550
Whitechapel (ZLW)	⊖	d	1513			1517	1520	1524	1528		1532	1535		1539	1543		1547	1550
Canary Wharf (CWX)	DLR	d				1521		1528			1536			1543			1551	1558
Custom House (CUS)		d				1525		1532			1540			1547			1555	1602
Woolwich (WWC)		d				1530		1537			1545			1552			1600	1607
Abbey Wood (ABW)	a					1534		1541			1549			1556			1604	1611
Stratford (SRA)	⊖ DLR 7	d	1519	1520	1525		1526		1534	1540		1541	1543		1549	1555		1556
Maryland (MYL)		d	1521				1528		1536			1543			1551			1558
Forest Gate (FOG)		d	1523				1530		1538			1545			1553			1600
Manor Park (MNP)		d	1526				1533		1541			1548			1556			1603
Ilford (IFD)	2	d	1528				1535		1543			1550			1558			1605
Seven Kings (SVK)		d	1531				1538		1546			1553			1601			1608
Goodmayes (GMY)		d	1533				1540		1548			1555			1603			1610
Chadwell Heath (CTH)		d	1535				1542		1550			1557			1605			1612
Romford (RMF)		d	1539	1528			1546		1554			1601	1551		1609			1616
Gidea Park (GDP)	2	d	1542				1549		1557			1604			1612			1619
Harold Wood (HRO)		d	1545				1552		1600			1607			1615			1622
Brentwood (BRE)		d	1549				1556		1604			1611			1619			1626
Shenfield (SNF)	3 a		1555	1539	1541		1602		1610	1555		1617	1600		1625	1611		1632

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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- E To Braintree
- F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR		
Reading (RDG)	7	d				1459													1529	
Twyford (TWY)	3	d				1504													1534	
Maidenhead (MAI)	3	d				1511						1530							1541	
Taplow (TAP)		d				1514													1544	
Burnham (BNM)		d				1517								1534					1547	
Slough (SLO)	3	d				1521								1538					1551	
Langley (LNY)		d				1525								1542					1555	
Iver (IVR)		d												1544						
West Drayton (WDT)		d				1530								1547					1600	
Heathrow Terminal 5 (HWV)	7	d			1520											1550				
Heathrow Terminal 4 (HAF)	7	d		1515						1530				1545						
Heathrow Terminals 2 & 3 (HXX)	7	d		1521	1525					1536				1551	1555					
Hayes & Harlington (HAY)	3	d		1527	1532	1535				1542		1552		1557	1602				1605	
Southall (STL)		d		1530		1538				1545		1555		1600					1608	
Hanwell (HAN)		d		1533						1548				1603						
West Ealing (WEA)	3	d		1535	1539					1550				1605	1609					
Ealing Broadway (EAL)	3	d		1537	1541	1545				1552		1559		1607	1611				1615	
Acton Main Line (AML)		d		1540						1555				1610						
London Paddington EL (PAD)	15	d	1545		1549	1552	1556	1600		1604	1607	1611	1615		1619	1622			1626	1630
Bond Street (BDS)	15	d	1548		1552	1555	1559	1603		1607	1610	1614	1618		1622	1625			1629	1633
Tottenham Court Road (TCR)	15	d	1550		1554	1557	1601	1605		1609	1612	1616	1620		1624	1627			1631	1635
Farringdon (ZFD)	3	d	1553		1557	1600	1604	1608		1612	1615	1619	1623		1627	1630			1634	1638
London Liverpool Street EL (LST)	4	d	1556		1600	1603	1607	1611		1615	1618	1622	1626		1630	1633			1637	1641
London Liverpool Street (LST)	15	d		1602				1613	1618				1633			1636				
Whitechapel (ZLW)	15	d	1558		1602	1605	1609	1613		1617	1620	1624	1628		1632	1635			1639	1643
Canary Wharf (CWX)	DLR	d		1606		1613				1621		1628		1636					1643	
Custom House (CUS)		d		1610		1617				1625		1632		1640					1647	
Woolwich (WWC)		d		1615		1622				1630		1637		1645					1652	
Abbey Wood (ABW)		a		1619		1626				1634		1641		1649					1656	
Stratford (SRA)	DLR 7	d	1604	1609		1611		1619	1620	1625		1626		1634	1640			1641	1643	1649
Maryland (MYL)		d	1606			1613		1621				1628		1636				1643		1651
Forest Gate (FOG)		d	1608			1615		1623				1630		1638				1645		1653
Manor Park (MNP)		d	1611			1618		1626				1633		1641				1648		1656
Ilford (IFD)	2	d	1613			1620		1628				1635		1643				1650		1658
Seven Kings (SVK)		d	1616			1623		1631				1638		1646				1653		1701
Goodmayes (GMY)		d	1618			1625		1633				1640		1648				1655		1703
Chadwell Heath (CTH)		d	1620			1627		1635				1642		1650				1657		1705
Romford (RMF)		d	1624			1631		1639	1628			1646		1654				1701	1651	1709
Gidea Park (GDP)	2	d	1627			1634		1642				1649		1657				1704		1712
Harold Wood (HRO)		d	1630			1637		1645				1652		1700				1707		1715
Brentwood (BRE)		d	1634			1641		1649				1656		1704				1711		1719
Shenfield (SNF)	3	a	1640	1624		1647		1655	1639	1641		1702		1710	1655			1717	1700	1725

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- A To Ipswich
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B					
Reading (RDG)	7	d									1559												
Twyford (TWY)	3	d									1604												
Maidenhead (MAI)	3	d				1600					1611						1630						
Taplow (TAP)		d									1614												
Burnham (BNM)		d				1604					1617						1634						
Slough (SLO)	3	d				1608					1621						1638						
Langley (LNY)		d				1612					1625						1642						
Iver (IVR)		d				1614											1644						
West Drayton (WDT)		d				1617					1630						1647						
Heathrow Terminal 5 (HWV)	7	d									1620												
Heathrow Terminal 4 (HAF)	7	d				1600				1615							1630						
Heathrow Terminals 2 & 3 (HXX)	7	d				1606				1621	1625						1636						
Hayes & Harlington (HAY)	3	d				1612				1622	1632						1642		1652				
Southall (STL)		d				1615				1625	1630						1645		1655				
Hanwell (HAN)		d				1618					1633						1648						
West Ealing (WEA)	3	d				1620					1635	1639					1650						
Ealing Broadway (EAL)	3	d				1622				1629	1637	1641	1645				1652		1659				
Acton Main Line (AML)		d				1625					1640						1655						
London Paddington EL (PAD)	15	d				1634	1637			1641	1645	1649	1652	1656	1700		1704	1707	1711	1715			
Bond Street (BDS)		d				1637	1640			1644	1648	1652	1655	1659	1703		1707	1710	1714	1718			
Tottenham Court Road (TCR)		d				1639	1642			1646	1650	1654	1657	1701	1705		1709	1712	1716	1720			
Farringdon (ZFD)	3	d				1642	1645			1649	1653	1657	1700	1704	1708		1712	1715	1719	1723			
London Liverpool Street EL (LST)	4	d				1645	1648			1652	1656	1700	1703	1707	1711		1715	1718	1722	1726			
London Liverpool Street (LST)	15	d	1648			1650			1702					1713	1718					1733			
Whitechapel (ZLW)		d				1647	1650			1654	1658			1702	1705	1709	1713						
Canary Wharf (CWX)	DLR	d				1651				1658				1706	1713		1721			1728			
Custom House (CUS)		d				1655				1702				1710	1717		1725			1732			
Woolwich (WWC)		d				1700				1707				1715	1722		1730			1737			
Abbey Wood (ABW)		a				1704				1711				1719	1726		1734			1741			
Stratford (SRA)	DLR 7	d	1655			1656	1658			1704	1709			1711			1719	1720	1725	1726	1734	1740	
Maryland (MYL)		d				1658				1706				1713			1721			1728		1736	
Forest Gate (FOG)		d				1700				1708				1715			1723			1730		1738	
Manor Park (MNP)		d				1703				1711				1718			1726			1733		1741	
Ilford (IFD)	2	d				1705				1713				1720			1728			1735		1743	
Seven Kings (SVK)		d				1708				1716				1723			1731			1738		1746	
Goodmayes (GMY)		d				1710				1718				1725			1733			1740		1748	
Chadwell Heath (CTH)		d				1712				1720				1727			1735			1742		1750	
Romford (RMF)		d				1716				1724				1731		1728	1739			1746		1754	
Gidea Park (GDP)	2	d				1719				1727				1734			1742			1749		1757	
Harold Wood (HRO)		d				1722				1730				1737			1745			1752		1800	
Brentwood (BRE)		d				1726				1734				1741			1749			1756		1804	
Shenfield (SNF)	3	a	1711			1732	1714			1740	1724			1747			1755	1739	1741	1802		1810	1755

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C
Days of operation/Notes																		
Reading (RDG) 7 d				1629												1659		
Twyford (TWY) 3 d				1634												1704		
Maidenhead (MAI) 3 d				1641					1700							1711		
Taplow (TAP) d				1644												1714		
Burnham (BNM) d				1647					1704							1717		
Slough (SLO) 3 d				1651					1708							1721		
Langley (LNY) d				1655					1712							1725		
Iver (IVR) d									1714									
West Drayton (WDT) d				1700					1717							1730		
Heathrow Terminal 5 (HWV) 7 d		1650													1720			
Heathrow Terminal 4 (HAF) 7 d	1645						1700						1715					
Heathrow Terminals 2 & 3 (HXX) 7 d	1651	1655					1706						1721	1725				
Hayes & Harlington (HAY) 3 d	1657	1702		1705			1712			1721			1727	1732		1735		
Southall (STL) d	1700			1708			1715			1724			1730			1738		
Hanwell (HAN) d	1703						1718						1733					
West Ealing (WEA) 3 d	1705	1709					1720						1735	1739				
Ealing Broadway (EAL) 3 d	1707	1711		1715			1722			1729			1737	1741		1745		
Acton Main Line (AML) d	1710						1725						1740					
London Paddington EL (PAD) 15 d	1719	1722		1726	1730		1734	1737		1741	1745		1749	1752	1756	1800		
Bond Street (BDS) 7 d	1722	1725		1729	1733		1737	1740		1744	1748		1752	1755	1759	1803		
Tottenham Court Road (TCR) 7 d	1724	1727		1731	1735		1739	1742		1746	1750		1754	1757	1801	1805		
Farringdon (ZFD) 3 d	1727	1730		1734	1738		1742	1745		1749	1753		1757	1800	1804	1808		
London Liverpool Street EL (LST) 4 d	1730	1733		1737	1741		1745	1748		1752	1756		1800	1803	1807	1811		
London Liverpool Street (LST) 15 d			1736			1748			1750			1802					1813	1818
Whitechapel (ZLW) 7 d	1732	1735		1739	1743		1747	1750		1754	1758		1802	1805	1809	1813		
Canary Wharf (CWX) DLR d	1736			1743			1751			1758			1806		1813			
Custom House (CUS) d	1740			1747			1755			1802			1810		1817			
Woolwich (WWC) d	1745			1752			1800			1807			1815		1822			
Abbey Wood (ABW) a	1749			1756			1804			1811			1819		1826			
Stratford (SRA) 7 d		1741	1743		1749	1755		1756	1758		1804	1809		1811		1819	1820	1825
Maryland (MYL) d		1743			1751			1758			1806			1813		1821		
Forest Gate (FOG) d		1745			1753			1800			1808			1815		1823		
Manor Park (MNP) d		1748			1756			1803			1811			1818		1826		
Ilford (IFD) 2 d		1750			1758			1805			1813			1820		1828		
Seven Kings (SVK) d		1753			1801			1808			1816			1823		1831		
Goodmayes (GMY) d		1755			1803			1810			1818			1825		1833		
Chadwell Heath (CTH) d		1757			1805			1812			1820			1827		1835		
Romford (RMF) d		1801	1751		1809			1816			1824			1831		1839	1828	
Gidea Park (GDP) 2 d		1804			1812			1819			1827			1834		1842		
Harold Wood (HRO) d		1807			1815			1822			1830			1837		1845		
Brentwood (BRE) d		1811			1819			1826			1834			1841		1849		
Shenfield (SNF) 3 a		1817	1800		1825	1811		1832	1814		1840	1824		1847		1855	1839	1841

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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- A To Ipswich
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	LE B	XR	XR	LE D	XR	
Reading (RDG)	7	d							1729										
Twyford (TWY)	3	d							1734										
Maidenhead (MAI)	3	d		1730					1741					1800					
Taplow (TAP)		d							1744										
Burnham (BNM)		d		1734					1747					1804					
Slough (SLO)	3	d		1738					1751					1808					
Langley (LNY)		d		1742					1755					1812					
Iver (IVR)		d		1744										1814					
West Drayton (WDT)		d		1747					1800					1817					
Heathrow Terminal 5 (HWV)	7	d					1750												
Heathrow Terminal 4 (HAF)	7	d	1730			1745					1800							1815	
Heathrow Terminals 2 & 3 (HXX)	7	d	1736			1751	1755				1806							1821	
Hayes & Harlington (HAY)	3	d	1742	1752		1757	1802		1805		1812			1822				1827	
Southall (STL)		d	1745	1755		1800			1808		1815			1825				1830	
Hanwell (HAN)		d	1748			1803					1818							1833	
West Ealing (WEA)	3	d	1750			1805	1809				1820							1835	
Ealing Broadway (EAL)	3	d	1752	1759		1807	1811		1815		1822			1829				1837	
Acton Main Line (AML)		d	1755			1810					1825							1840	
London Paddington EL (PAD)	15	d	1804	1807	1811	1815	1819	1822	1826	1830	1834	1837	1841	1845	1849			1854	1858
Bond Street (BDS)	15	d	1807	1810	1814	1818	1822	1825	1829	1833	1837	1840	1844	1848	1852			1857	1901
Tottenham Court Road (TCR)	15	d	1809	1812	1816	1820	1824	1827	1831	1835	1839	1842	1846	1850	1854			1859	1903
Farringdon (ZFD)	15	d	1812	1815	1819	1823	1827	1830	1834	1838	1842	1845	1849	1853	1857			1862	1907
London Liverpool Street EL (LST)	15	d	1815	1818	1822	1826	1830	1833	1837	1841	1845	1848	1852	1856	1900			1865	1911
London Liverpool Street (LST)	15	d			1833			1836			1846		1850		1904			1869	1915
Whitechapel (ZLW)	15	d	1817	1820	1824	1828	1832	1835	1839	1843	1847	1850	1854	1858	1902			1873	1917
Canary Wharf (CWX)	DLR	d	1821		1828		1836		1843		1851		1858		1906			1877	1919
Custom House (CUS)		d	1825		1832		1840		1847		1855		1902		1910			1881	1923
Woolwich (WWC)		d	1830		1837		1845		1852		1900		1907		1915			1885	1927
Abbey Wood (ABW)		a	1834		1841		1849		1856		1904		1911		1919			1889	1931
Stratford (SRA)	DLR 7	d		1826	1840		1841	1843		1849	1853		1856	1858	1904	1911		1893	1935
Maryland (MYL)		d		1828	1836		1843			1851			1858		1906			1897	1939
Forest Gate (FOG)		d		1830	1838		1845			1853			1900		1908			1901	1943
Manor Park (MNP)		d		1833	1841		1848			1856			1903		1911			1905	1947
Ilford (IFD)	2	d		1835	1843		1850			1858			1905		1913			1909	1951
Seven Kings (SVK)		d		1838	1846		1853			1901			1908		1916			1913	1955
Goodmayes (GMY)		d		1840	1848		1855			1903			1910		1918			1917	1959
Chadwell Heath (CTH)		d		1842	1850		1857			1905			1912		1920			1921	1963
Romford (RMF)		d		1846	1854		1901	1851		1909			1916		1924			1925	1967
Gidea Park (GDP)	2	d		1849	1857		1904			1912			1919		1927			1929	1971
Harold Wood (HRO)		d		1852	1900		1907			1915			1922		1930			1931	1975
Brentwood (BRE)		d		1856	1904		1911			1919			1926		1934			1935	1979
Shenfield (SNF)	3	a		1902	1855		1917	1900		1925	1908		1932	1914	1940	1926		1941	1983

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

B To Southend Victoria
D To Harwich International
E To Braintree
F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	LE B	XR	XR	LE F	XR	XR	LE E	XR	XR	
Reading (RDG)	7 d	1759												1829					
Twyford (TWY)	3 d	1804												1834					
Maidenhead (MAI)	3 d	1811						1830						1841					
Taplow (TAP)	d	1814												1844					
Burnham (BNM)	d	1817						1834						1847					
Slough (SLO)	3 d	1821						1838						1851					
Langley (LNY)	d	1825						1842						1855					
Iver (IVR)	d							1844											
West Drayton (WDT)	d	1830						1847						1900					
Heathrow Terminal 5 (HWV)	← d	1820											1850						
Heathrow Terminal 4 (HAF)	← d					1830						1845						1900	
Heathrow Terminals 2 & 3 (HXX)	← d	1825				1836						1851	1855					1906	
Hayes & Harlington (HAY)	3 d	1832	1835			1842		1852				1857	1902		1905			1912	
Southall (STL)	d		1838			1845		1855				1900			1908			1915	
Hanwell (HAN)	d					1848						1903						1918	
West Ealing (WEA)	3 d	1839				1850						1905	1909					1920	
Ealing Broadway (EAL)	← 3 d	1841	1845			1852		1859				1907	1911		1915			1922	
Acton Main Line (AML)	d					1855						1910						1925	
London Paddington EL (PAD)	← 15 d	1852	1856	1900			1904	1907	1911	1915		1919	1922		1926	1930		1934	1937
Bond Street (BDS)	← d	1855	1859	1903			1907	1910	1914	1918		1922	1925		1929	1933		1937	1940
Tottenham Court Road (TCR)	← d	1857	1901	1905			1909	1912	1916	1920		1924	1927		1931	1935		1939	1942
Farringdon (ZFD)	← 3 d	1900	1904	1908			1912	1915	1919	1923		1927	1930		1934	1938		1942	1945
London Liverpool Street EL (LST)	← 4 d	1903	1907	1911			1915	1918	1922	1926		1930	1933		1937	1941		1945	1948
London Liverpool Street (LST)	← 15 d				1913	1918					1933			1936			1948		
Whitechapel (ZLW)	← d	1905	1909	1913			1917	1920	1924	1928		1932	1935		1939	1943		1947	1950
Canary Wharf (CWX)	← d		1913				1921		1928			1936			1943			1951	
Custom House (CUS)	d		1917				1925		1932			1940			1947			1955	
Woolwich (WWC)	d		1922				1930		1937			1945			1952			2000	
Abbey Wood (ABW)	a		1926				1934		1941			1949			1956			2004	
Stratford (SRA)	← 7 d	1911		1919	1920	1925		1926		1934	1940		1941	1943		1949	1955		1956
Maryland (MYL)	d	1913		1921				1928		1936			1943			1951			1958
Forest Gate (FOG)	d	1915		1923				1930		1938			1945			1953			2000
Manor Park (MNP)	d	1918		1926				1933		1941			1948			1956			2003
Ilford (IFD)	2 d	1920		1928				1935		1943			1950			1958			2005
Seven Kings (SVK)	d	1923		1931				1938		1946			1953			2001			2008
Goodmayes (GMY)	d	1925		1933				1940		1948			1955			2003			2010
Chadwell Heath (CTH)	d	1927		1935				1942		1950			1957			2005			2012
Romford (RMF)	d	1931		1939	1928			1946		1954			2001	1951		2009			2016
Gidea Park (GDP)	2 d	1934		1942				1949		1957			2004			2012			2019
Harold Wood (HRO)	d	1937		1945				1952		2000			2007			2015			2022
Brentwood (BRE)	d	1941		1949				1956		2004			2011			2019			2026
Shenfield (SNF)	3 a	1947		1955	1939	1941		2002		2010	1955		2017	2000		2025	2011		2032

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Clacton-on-Sea
- E To Braintree
- F To Colchester Town

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE B	XR	XR	LE A	XR	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	XR	XR	XR	LE D		
Reading (RDG)	7	d						1859												
Twyford (TWY)	3	d						1904												
Maidenhead (MAI)	3	d	1900					1911						1930						
Taplow (TAP)		d						1914												
Burnham (BNM)		d	1904					1917						1934						
Slough (SLO)	3	d	1908					1921						1938						
Langley (LNY)		d	1912					1925						1942						
Iver (IVR)		d	1914											1944						
West Drayton (WDT)		d	1917					1930						1947						
Heathrow Terminal 5 (HWV)	←	d					1920											1950		
Heathrow Terminal 4 (HAF)	←	d				1915						1930					1945			
Heathrow Terminals 2 & 3 (HXX)	←	d				1921	1925					1936					1951	1955		
Hayes & Harlington (HAY)	3	d	1922			1927	1932	1935				1942		1952			1957	2002		
Southall (STL)		d	1925			1930		1938				1945		1955			2000			
Hanwell (HAN)		d				1933						1948					2003			
West Ealing (WEA)	3	d				1935	1939					1950					2005	2009		
Ealing Broadway (EAL)	←	d	1929			1937	1941	1945				1952		1959			2007	2011		
Acton Main Line (AML)		d				1940						1955					2010			
London Paddington EL (PAD)	←	d	1941	1945		1949	1952	1956	2000			2004	2007	2011	2015		2019	2022		
Bond Street (BDS)	←	d	1944	1948		1952	1955	1959	2003			2007	2010	2014	2018		2022	2025		
Tottenham Court Road (TCR)	←	d	1946	1950		1954	1957	2001	2005			2009	2012	2016	2020		2024	2027		
Farringdon (ZFD)	←	d	1949	1953		1957	2000	2004	2008			2012	2015	2019	2023		2027	2030		
London Liverpool Street EL (LST)	←	d	1952	1956		2000	2003	2007	2011			2015	2018	2022	2026		2030	2033		
London Liverpool Street (LST)	←	d	1950		2002					2013	2018					2033			2036	
Whitechapel (ZLW)	←	d		1954	1958		2002	2005	2009	2013		2017	2020	2024	2028		2032	2035		
Canary Wharf (CWX)	DLR	d		1958			2006	2013				2021	2020	2028			2036			
Custom House (CUS)		d		2002			2010	2017				2025	2020	2032			2040			
Woolwich (WWC)		d		2007			2015	2022				2030	2020	2037			2045			
Abbey Wood (ABW)		a		2011			2019	2026				2034	2020	2041			2049			
Stratford (SRA)	←	d	1958		2004	2009		2011		2019	2020	2025		2026		2034	2040		2041	2043
Maryland (MYL)		d			2006			2013		2021				2028		2036			2043	
Forest Gate (FOG)		d			2008			2015		2023				2030		2038			2045	
Manor Park (MNP)		d			2011			2018		2026				2033		2041			2048	
Ilford (IFD)	2	d			2013			2020		2028				2035		2043			2050	
Seven Kings (SVK)		d			2016			2023		2031				2038		2046			2053	
Goodmayes (GMY)		d			2018			2025		2033				2040		2048			2055	
Chadwell Heath (CTH)		d			2020			2027		2035				2042		2050			2057	
Romford (RMF)		d			2024			2031		2039	2028			2046		2054			2101	2051
Gidea Park (GDP)	2	d			2027			2034		2042				2049		2057			2104	
Harold Wood (HRO)		d			2030			2037		2045				2052		2100			2107	
Brentwood (BRE)		d			2034			2041		2049				2056		2104			2111	
Shenfield (SNF)	3	a	2014		2040	2024		2047		2055	2039	2041		2102		2110	2055		2117	2100

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- A To Ipswich
- B To Southend Victoria
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- D To Harwich International

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	LE E	XR	XR	LE B	XR	XR	LE F	XR	XR	XR	XR	LE B	LE C	XR	XR	XR	
Reading (RDG)	7	d	1929															1959	
Twyford (TWY)	3	d	1934															2004	
Maidenhead (MAI)	3	d	1941					2000										2011	
Taplow (TAP)		d	1944															2014	
Burnham (BNM)		d	1947					2004										2017	
Slough (SLO)	3	d	1951					2008										2021	
Langley (LNY)		d	1955					2012										2025	
Iver (IVR)		d						2014											2044
West Drayton (WDT)		d	2000					2017										2030	
Heathrow Terminal 5 (HWV)	←	d											2020						
Heathrow Terminal 4 (HAF)	←	d			2000					2015								2030	
Heathrow Terminals 2 & 3 (HXX)	←	d			2006					2021	2025							2036	
Hayes & Harlington (HAY)	3	d	2005		2012			2022		2027	2032							2035	2042
Southall (STL)		d	2008		2015			2025		2030								2038	2045
Hanwell (HAN)		d			2018					2033									2048
West Ealing (WEA)	3	d			2020					2035	2039								2050
Ealing Broadway (EAL)	3	d	2015		2022			2029		2037	2041							2045	2052
Acton Main Line (AML)		d			2025					2040									2055
London Paddington EL (PAD)	15	d	2026	2030		2034	2037		2041	2045		2049	2052	2056	2100			2104	2107
Bond Street (BDS)		d	2029	2033		2037	2040		2044	2048		2052	2055	2059	2103			2107	2110
Tottenham Court Road (TCR)		d	2031	2035		2039	2042		2046	2050		2054	2057	2101	2105			2109	2112
Farringdon (ZFD)	3	d	2034	2038		2042	2045		2049	2053		2057	2100	2104	2108			2112	2115
London Liverpool Street EL (LST)	4	d	2037	2041		2045	2048		2052	2056		2100	2103	2107	2111			2115	2118
London Liverpool Street (LST)	15	d			2048			2050		2102					2113	2118			
Whitechapel (ZLW)		d	2039	2043		2047	2050		2054	2058		2102	2105	2109	2113			2117	2120
Canary Wharf (CWX)	DLR	d	2043			2051			2058			2106		2113				2121	2128
Custom House (CUS)		d	2047			2055			2102			2110		2117				2125	2132
Woolwich (WWC)		d	2052			2100			2107			2115		2122				2130	2137
Abbey Wood (ABW)		a	2056			2104			2111			2119		2126				2134	2141
Stratford (SRA)	DLR 7	d		2049	2055		2056	2058		2104	2109		2111		2119	2120	2125		2126
Maryland (MYL)		d		2051			2058			2106			2113		2121				2128
Forest Gate (FOG)		d		2053			2100			2108			2115		2123				2130
Manor Park (MNP)		d		2056			2103			2111			2118		2126				2133
Ilford (IFD)	2	d		2058			2105			2113			2120		2128				2135
Seven Kings (SVK)		d		2101			2108			2116			2123		2131				2138
Goodmayes (GMY)		d		2103			2110			2118			2125		2133				2140
Chadwell Heath (CTH)		d		2105			2112			2120			2127		2135				2142
Romford (RMF)		d		2109			2116			2124			2131		2139	2128			2146
Gidea Park (GDP)	2	d		2112			2119			2127			2134		2142				2149
Harold Wood (HRO)		d		2115			2122			2130			2137		2145				2152
Brentwood (BRE)		d		2119			2126			2134			2141		2149				2156
Shenfield (SNF)	3	a		2125	2111		2132	2114		2140	2124		2147		2155	2139	2141		2202

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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- B To Southend Victoria
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator	XR	LE B	XR	XR	LE F	XR	XR	XR	XR	LE B	XR	XR	LE G	XR	XR	LE B	XR	XR			
Days of operation/Notes																					
Reading (RDG)	7	d				2029												2059			
Twyford (TWY)	3	d				2034												2104			
Maidenhead (MAI)	3	d				2041					2100							2111			
Taplow (TAP)		d				2044												2114			
Burnham (BNM)		d				2047					2104							2117			
Slough (SLO)	3	d				2051					2108							2121			
Langley (LNY)		d				2055					2112							2125			
Iver (IVR)		d									2114										
West Drayton (WDT)		d				2100					2117							2130			
Heathrow Terminal 5 (HWV)	7	d			2050												2120				
Heathrow Terminal 4 (HAF)	7	d		2045					2100					2115							
Heathrow Terminals 2 & 3 (HXX)	7	d		2051	2055				2106					2121	2125						
Hayes & Harlington (HAY)	3	d		2057	2102		2105		2112		2122			2127	2132			2135			
Southall (STL)		d		2100			2108		2115		2125			2130				2138			
Hanwell (HAN)		d		2103					2118					2133							
West Ealing (WEA)	3	d		2105	2109				2120					2135	2139						
Ealing Broadway (EAL)	3	d		2107	2111		2115		2122		2129			2137	2141			2145			
Acton Main Line (AML)		d		2110					2125					2140							
London Paddington EL (PAD)	15	d	2115		2119	2122		2126	2130	2134	2137		2141	2145		2149	2152		2156	2202	
Bond Street (BDS)	15	d	2118		2122	2125		2129	2133	2137	2140		2144	2148		2152	2155		2159	2205	
Tottenham Court Road (TCR)	15	d	2120		2124	2127		2131	2135	2139	2142		2146	2150		2154	2157		2201	2207	
Farringdon (ZFD)	15	d	2123		2127	2130		2134	2138	2142	2145		2149	2153		2157	2200		2204	2210	
London Liverpool Street EL (LST)	15	d	2126		2130	2133		2137	2141	2145	2148		2152	2156		2200	2203		2207	2213	
London Liverpool Street (LST)	15	d		2133		2136				2150			2202				2213				
Whitechapel (ZLW)	15	d	2128		2132	2135		2139	2143	2147	2150		2154	2158		2202	2205		2209	2215	
Canary Wharf (CWX)	DLR	d			2136			2143		2151			2158			2206			2213		
Custom House (CUS)		d			2140			2147		2155			2202			2210			2218		
Woolwich (WWC)		d			2145			2152		2200			2207			2215			2224		
Abbey Wood (ABW)		a			2149			2156		2204			2211			2219			2228		
Stratford (SRA)	DLR 7	d	2134	2140		2141	2143		2149		2156	2158		2204	2209			2211	2220		2221
Maryland (MYL)		d	2136			2143			2151		2158			2206				2213			2223
Forest Gate (FOG)		d	2138			2145			2153		2200			2208				2215			2225
Manor Park (MNP)		d	2141			2148			2156		2203			2211				2218			2228
Ilford (IFD)	2	d	2143			2150			2158		2205			2213				2220			2231
Seven Kings (SVK)		d	2146			2153			2201		2208			2216				2223			2234
Goodmayes (GMY)		d	2148			2155			2203		2210			2218				2225			2236
Chadwell Heath (CTH)		d	2150			2157			2205		2212			2220				2227			2238
Romford (RMF)		d	2154			2201			2209		2216			2224				2231	2228		2241
Gidea Park (GDP)	2	d	2157			2204			2212		2219			2227				2234			2244
Harold Wood (HRO)		d	2200			2207			2215		2222			2230				2237			2247
Brentwood (BRE)		d	2204			2211			2219		2226			2234				2241			2251
Shenfield (SNF)	3	a	2210	2155		2217	2158		2225		2232	2214		2240	2224			2247	2239		2257

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- F To Colchester Town
- G To Colchester

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	LE G	XR	XR	LE B	XR	XR	LE A	XR	XR	XR	XR	LE B	LE C	
Reading (RDG)	7 d						2129									2159			
Twyford (TWY)	3 d						2134									2204			
Maidenhead (MAI)	3 d						2141									2211			
Taplow (TAP)	d						2144									2214			
Burnham (BNM)	d						2147									2217			
Slough (SLO)	3 d						2151									2221			
Langley (LNY)	d						2155									2225			
Iver (IVR)	d						2157									2227			
West Drayton (WDT)	d						2200									2230			
Heathrow Terminal 5 (HWV)	7 d					2150									2220				
Heathrow Terminal 4 (HAF)	7 d		2130		2145					2200			2215						
Heathrow Terminals 2 & 3 (HXX)	7 d		2136		2151	2155				2206			2221	2225					
Hayes & Harlington (HAY)	3 d		2142		2157	2202				2212			2227	2232		2235			
Southall (STL)	d		2145		2200		2208			2215			2230			2238			
Hanwell (HAN)	d		2148		2203					2218			2233						
West Ealing (WEA)	3 d		2150		2205	2209				2220			2235	2239					
Ealing Broadway (EAL)	3 d		2152		2207	2211	2214			2222			2237	2241	2245				
Acton Main Line (AML)	d		2155		2210					2225			2240						
London Paddington EL (PAD)	15 d		2207	2212	2218	2222		2227	2232		2237	2242		2248	2252	2257	2302		
Bond Street (BDS)	d		2210	2215	2221	2225		2230	2235		2240	2245		2251	2255	2300	2305		
Tottenham Court Road (TCR)	d		2212	2217	2223	2227		2232	2237		2242	2247		2253	2257	2302	2307		
Farringdon (ZFD)	3 d		2215	2220	2226	2230		2235	2240		2245	2250		2256	2300	2305	2310		
London Liverpool Street EL (LST)	4 d		2218	2223	2229	2233		2238	2243		2248	2253		2259	2303	2308	2313		
London Liverpool Street (LST)	15 d	2218				2236			2245			2302					2315	2318	
Whitechapel (ZLW)	d		2220	2225	2231	2235		2240	2245		2250	2255		2301	2305	2310	2315		
Canary Wharf (CWX)	DLR d		2224		2235		2244			2254			2305		2314				
Custom House (CUS)	d		2228		2239		2248			2259			2309		2318				
Woolwich (WWC)	d		2232		2244		2252			2304			2313		2322				
Abbey Wood (ABW)	a		2236		2248		2256			2308			2317		2326				
Stratford (SRA)	DLR 7 d	2225		2231		2241	2243		2251	2252		2301	2309		2311		2321	2322	2325
Maryland (MYL)	d			2233		2243			2253			2303			2313		2323		
Forest Gate (FOG)	d			2235		2245			2255			2305			2315		2325		
Manor Park (MNP)	d			2238		2248			2258			2308			2318		2328		
Ilford (IFD)	2 d			2240		2250			2300			2310			2320		2330		
Seven Kings (SVK)	d			2243		2253			2303			2313			2323		2333		
Goodmayes (GMY)	d			2245		2255			2305			2315			2325		2335		
Chadwell Heath (CTH)	d			2247		2257			2307			2317			2327		2337		
Romford (RMF)	d			2251		2301			2311			2321			2331		2341		
Gidea Park (GDP)	2 d			2254		2304			2314			2324			2334		2344		
Harold Wood (HRO)	d			2257		2307			2317			2327			2337		2347		
Brentwood (BRE)	d			2301		2311			2321			2331			2341		2351		
Shenfield (SNF)	3 a	2241		2307		2317	2258		2327	2307		2337	2324		2347		2357	2337	2340

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	XR	XR	XR	XR	XR	XR	LE B	LE G	XR	XR	XR	XR	XR	LE SUM B	LE SUM G	XR	XR SUM	XR SUM
Reading (RDG) 7 d					2229									2257				
Twyford (TWY) 3 d					2234									2302				
Maidenhead (MAI) 3 d					2242									2309				
Taplow (TAP) d					2245									2312				
Burnham (BNM) d					2248									2315				
Slough (SLO) 3 d					2252									2319				
Langley (LNY) d					2256									2325				
Iver (IVR) d					2258									2327				
West Drayton (WDT) d					2301									2330				
Heathrow Terminal 5 (HWV) 7 d									2300							2330		
Heathrow Terminal 4 (HAF) 7 d	2230			2245									2315					
Heathrow Terminals 2 & 3 (HXX) 7 d	2236			2251					2306				2321			2336		
Hayes & Harlington (HAY) 3 d	2242			2257	2305				2312				2327	2335		2342		
Southall (STL) d	2245			2300	2308				2315				2330	2338		2345		
Hanwell (HAN) d	2248			2303					2318				2333			2348		
West Ealing (WEA) 3 d	2250			2305					2320				2335			2350		
Ealing Broadway (EAL) 3 d	2252			2307	2315				2322				2337	2345		2352		
Acton Main Line (AML) d	2255			2310					2325				2340			2355		
London Paddington EL (PAD) 15 d	2307	2312	2317	2322	2327	2332			2337	2342	2347	2352	2359			0007	0014	0022
Bond Street (BDS) 7 d	2310	2315	2320	2325	2330	2335			2340	2345	2350	2355	0002			0010	0017	0025
Tottenham Court Road (TCR) 7 d	2312	2317	2322	2327	2332	2337			2342	2347	2352	2357	0004			0012	0019	0027
Farringdon (ZFD) 3 d	2315	2320	2325	2330	2335	2340			2345	2350	2355	0001	0007			0015	0022	0030
London Liverpool Street EL (LST) 4 d	2318	2323	2328	2333	2338	2343			2348	2353	2358	0003	0010			0018	0025	0033
London Liverpool Street (LST) 15 d							2345	2348						0015	0018			
Whitechapel (ZLW) 7 d	2320	2325	2330	2335	2340	2345			2350	2355	0001	0005	0012			0020	0027a	0035
Canary Wharf (CWX) DLR d	2324		2334	2344					2354		0005	0016						
Custom House (CUS) d	2328		2339	2348					2358		0008	0020						
Woolwich (WWC) d	2332		2344	2353					0002		0012	0024						
Abbey Wood (ABW) a	2336		2348	2357					0006		0016	0028						
Stratford (SRA) 7 d		2331		2341		2351	2352	2355		0001		0011		0022	0025	0028		0041
Maryland (MYL) d		2333		2343		2353				0003		0013				0030		0043
Forest Gate (FOG) d		2335		2345		2355				0005		0015				0032		0045
Manor Park (MNP) d		2338		2348		2358				0008		0017				0035		0048
Ilford (IFD) 2 d		2340		2350		0001				0010		0020				0037		0050
Seven Kings (SVK) d		2343		2353		0003				0013		0023				0040		0053
Goodmayes (GMY) d		2345		2355		0005				0015		0025				0042		0055
Chadwell Heath (CTH) d		2347		2357		0007				0017		0027				0044		0057
Romford (RMF) d		2351		0001		0011				0021		0030		0033		0047		0101
Gidea Park (GDP) 2 d		2354		0004		0014				0024		0033				0050		0104
Harold Wood (HRO) d		2357		0007		0017				0027		0036				0053		0107
Brentwood (BRE) d		0001		0011		0021				0031		0040				0057		0111
Shenfield (SNF) 3 a		0007		0017		0027	0007	0010		0037		0046		0046	0048	0102		0117

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- G To Colchester
- SUM Sunday mornings

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Saturdays

Operator Days of operation/Notes	LE SUM B	XR SUM
Reading (RDG)	7 d	
Twyford (TWY)	3 d	
Maidenhead (MAI)	3 d	
Taplow (TAP)	d	
Burnham (BNM)	d	
Slough (SLO)	3 d	
Langley (LNY)	d	
Iver (IVR)	d	
West Drayton (WDT)	d	
Heathrow Terminal 5 (HWV)	⊖← d	
Heathrow Terminal 4 (HAF)	⊖← d	
Heathrow Terminals 2 & 3 (HXX)	⊖← d	
Hayes & Harlington (HAY)	3 d	
Southall (STL)	d	
Hanwell (HAN)	d	
West Ealing (WEA)	3 d	
Ealing Broadway (EAL)	⊖ 3 d	
Acton Main Line (AML)	d	
London Paddington EL (PAD)	⊖ 15 d	
Bond Street (BDS)	⊖ d	
Tottenham Court Road (TCR)	⊖ d	
Farringdon (ZFD)	⊖ 3 d	
London Liverpool Street EL (LST)	⊖ 4 d	
London Liverpool Street (LST)	⊖ 15 d	0050 0055
Whitechapel (ZLW)	⊖ d	
Canary Wharf (CWX)	DLR d	
Custom House (CUS)	d	
Woolwich (WWC)	d	
Abbey Wood (ABW)	a	
Stratford (SRA)	⊖ DLR 7 d	0057 0102
Maryland (MYL)	d	0104
Forest Gate (FOG)	d	0106
Manor Park (MNP)	d	0109
Ilford (IFD)	2 d	0112
Seven Kings (SVK)	d	0114
Goodmayes (GMY)	d	0116
Chadwell Heath (CTH)	d	0118
Romford (RMF)	d	0108 0122
Gidea Park (GDP)	2 d	0125
Harold Wood (HRO)	d	0128
Brentwood (BRE)	d	0132
Shenfield (SNF)	3 a	0120 0138

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- SUM Sunday mornings

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE A	XR	XR	LE B	XR	XR	LE B	XR	XR	LE C	XR	LE B	XR	XR	XR	LE D	XR		
Reading (RDG)	7	d																		
Twyford (TWY)	3	d																		
Maidenhead (MAI)	3	d															0739			
Taplow (TAP)		d																		
Burnham (BNM)		d																		
Slough (SLO)	3	d															0745			
Langley (LNY)		d															0749			
Iver (IVR)		d															0751			
West Drayton (WDT)		d															0754			
Heathrow Terminal 5 (HWV)	←	d																		
Heathrow Terminal 4 (HAF)	←	d														0733				
Heathrow Terminals 2 & 3 (HXX)	←	d														0739				
Hayes & Harlington (HAY)	3	d														0746	0758			
Southall (STL)		d														0749	0801			
Hanwell (HAN)		d																		
West Ealing (WEA)	3	d																		
Ealing Broadway (EAL)	←	3	d													0753	0806			
Acton Main Line (AML)		d																		
London Paddington EL (PAD)	←	15	d								0744		0752		0759	0807	0815	0822		
Bond Street (BDS)	←	d									0747		0755		0802	0810	0818	0825		
Tottenham Court Road (TCR)	←	d									0749		0757		0804	0812	0820	0827		
Farringdon (ZFD)	←	3	d								0752		0800		0807	0815	0823	0830		
London Liverpool Street EL (LST)	←	4	d								0755		0803		0810	0818	0826	0833		
London Liverpool Street (LST)	←	15	d	0632	0645	0649	0702	0715	0719	0732	0745	0748		0800		0810		0830		
Whitechapel (ZLW)	←	d																		
Canary Wharf (CWX)	DLR	d																		
Custom House (CUS)		d																		
Woolwich (WWC)		d																		
Abbey Wood (ABW)		a																		
Stratford (SRA)	←	DLR	7	d	0639	0652	0656	0709	0722	0726	0739	0752	0755		0807	0811	0817	0826	0837	0841
Maryland (MYL)		d			0641		0658	0711		0728	0741		0757		0813			0828		0843
Forest Gate (FOG)		d			0643		0700	0713		0730	0743		0759		0815			0830		0845
Manor Park (MNP)		d			0646		0703	0716		0733	0746		0802		0818			0833		0848
Ilford (IFD)	2	d			0648		0705	0718		0735	0748		0804		0820			0835		0850
Seven Kings (SVK)		d			0651		0708	0721		0738	0751		0807		0823			0838		0853
Goodmayes (GMY)		d			0653		0710	0723		0740	0753		0809		0825			0840		0855
Chadwell Heath (CTH)		d			0655		0712	0725		0742	0755		0811		0827			0842		0857
Romford (RMF)		d			0659	0703	0716	0729	0733	0746	0759	0803	0815		0818	0831	0834	0846		0901
Gidea Park (GDP)	2	d			0702		0719	0732		0749	0802		0818		0834			0849		0904
Harold Wood (HRO)		d			0705		0722	0735		0752	0805		0821		0837			0852		0907
Brentwood (BRE)		d			0709		0726	0739		0756	0809		0825		0841			0856		0911
Shenfield (SNF)	3	a	0715	0715	0732	0745	0745	0802	0815	0831			0831	0847	0847			0902		0917

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- A To Harwich International
B To Southend Victoria
C To Ipswich
D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator	XR	LE B	XR	XR	XR	LE C	XR	XR	LE B	XR	XR	LE D	XR	XR	XR	LE B	XR	XR
Days of operation/Notes																		
Reading (RDG)	7 d			0753						0823								0853
Twyford (TWY)	3 d			0758						0828								0858
Maidenhead (MAI)	3 d			0805						0835								0906
Taplow (TAP)	d			0808						0838								0909
Burnham (BNM)	d			0811						0841								0912
Slough (SLO)	3 d			0815						0845								0916
Langley (LNY)	d			0819						0849								0919
Iver (IVR)	d			0821						0851								0922
West Drayton (WDT)	d			0824						0854								0925
Heathrow Terminal 5 (HWV)	← d	0749					0819						0849					
Heathrow Terminal 4 (HAF)	← d		0803					0834							0904			
Heathrow Terminals 2 & 3 (HXX)	← d	0754	0809				0824	0839					0854	0909				
Hayes & Harlington (HAY)	3 d	0804	0816	0828			0833	0846		0858			0903	0916				0930
Southall (STL)	d	0807	0819	0831			0836	0849		0901			0906	0919				0933
Hanwell (HAN)	d	0810	0822				0839	0852					0909	0922				
West Ealing (WEA)	3 d	0812	0824				0841	0854					0911	0924				
Ealing Broadway (EAL)	3 d	0814	0826	0836			0844	0856		0906			0914	0926				0937
Acton Main Line (AML)	d	0817	0829				0846	0859					0916	0929				
London Paddington EL (PAD)	← 15 d	0829	0837	0845	0852		0859	0907		0915	0922		0927	0932	0937			0942
Bond Street (BDS)	← d	0832	0840	0848	0855		0902	0910		0918	0925		0930	0935	0940			0945
Tottenham Court Road (TCR)	← d	0834	0842	0850	0857		0904	0912		0920	0927		0932	0937	0942			0947
Farringdon (ZFD)	← 3 d	0837	0845	0853	0900		0907	0915		0923	0930		0935	0940	0945			0950
London Liverpool Street EL (LST)	← 4 d	0840	0848	0856	0903		0910	0918		0926	0933		0938	0943	0948			0953
London Liverpool Street (LST)	← 15 d		0846			0908			0923			0938				0953		
Whitechapel (ZLW)	← d	0842	0850	0858	0905		0912	0920		0928	0935		0940	0945	0950			0955
Canary Wharf (CWX)	← d	0846		0902			0916			0932			0944	0949				0959
Custom House (CUS)	d	0850		0907			0920			0937			0948	0953				1003
Woolwich (WWC)	d	0854		0912			0924			0942			0952	0958				1008
Abbey Wood (ABW)	a	0859		0916			0929			0946			0957	1003				1019
Stratford (SRA)	← 7 d		0853	0856		0911	0915		0926	0930		0941	0945		0956	1000		
Maryland (MYL)	d			0858		0913			0928			0943			0958			
Forest Gate (FOG)	d			0900		0915			0930			0945			1000			
Manor Park (MNP)	d			0903		0918			0933			0948			1003			
Ilford (IFD)	2 d			0905		0920			0935			0950			1005			
Seven Kings (SVK)	d			0908		0923			0938			0953			1008			
Goodmayes (GMY)	d			0910		0925			0940			0955			1010			
Chadwell Heath (CTH)	d			0912		0927			0942			0957			1012			
Romford (RMF)	d		0904	0916		0931		0946	0938		1001			1016	1008			
Gidea Park (GDP)	2 d			0919		0934		0949			1004			1019				
Harold Wood (HRO)	d			0922		0937		0952			1007			1022				
Brentwood (BRE)	d			0926		0941		0956			1011			1026				
Shenfield (SNF)	3 a		0917	0932		0947	0930	1002	0947		1017	1000		1032	1017			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
C To Ipswich
D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE C	XR	XR	XR	LE B	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	XR	XR		
Reading (RDG)	7	d									0924									
Twyford (TWY)	3	d									0929									
Maidenhead (MAI)	3	d									0936					1000				
Taplow (TAP)		d									0939									
Burnham (BNM)		d									0942					1004				
Slough (SLO)	3	d									0946					1008				
Langley (LNY)		d									0950					1012				
Iver (IVR)		d									0952					1014				
West Drayton (WDT)		d									0955					1017				
Heathrow Terminal 5 (HWV)	7	d		0919							0949									
Heathrow Terminal 4 (HAF)	7	d				0934							1000					1015		
Heathrow Terminals 2 & 3 (HXX)	7	d		0924		0939					0954		1006					1021		
Hayes & Harlington (HAY)	3	d		0933		0946			1000		1003		1012			1022		1027		
Southall (STL)		d		0936		0949			1003		1006		1015			1025		1030		
Hanwell (HAN)		d		0939		0952					1009		1018					1033		
West Ealing (WEA)	3	d		0941		0954					1011		1020					1035		
Ealing Broadway (EAL)	3	d		0944		0956			1007		1014		1022			1029		1037		
Acton Main Line (AML)		d		0946		0959					1016		1025					1040		
London Paddington EL (PAD)	15	d	0952		0957	1002	1007		1012	1017	1022		1026	1030	1034	1037		1041	1045	1049
Bond Street (BDS)	15	d	0955		1000	1005	1010		1015	1020	1025		1029	1033	1037	1040		1044	1048	1052
Tottenham Court Road (TCR)	15	d	0957		1002	1007	1012		1017	1022	1027		1031	1035	1039	1042		1046	1050	1054
Farringdon (ZFD)	3	d	1000		1005	1010	1015		1020	1025	1030		1034	1038	1042	1045		1049	1053	1057
London Liverpool Street EL (LST)	4	d	1003		1008	1013	1018		1023	1028	1033		1037	1041	1045	1048		1052	1056	1100
London Liverpool Street (LST)	15	d		1008			1023				1038					1053				
Whitechapel (ZLW)	15	d	1005		1010	1015	1020		1025	1030	1035		1039	1043	1047	1050		1054	1058	1102
Canary Wharf (CWX)	DLR	d			1014	1021			1029	1036			1043		1051			1058		1106
Custom House (CUS)		d			1018	1025			1033	1040			1047		1055			1102		1110
Woolwich (WWC)		d			1022	1030			1037	1045			1052		1100			1107		1115
Abbey Wood (ABW)		a			1026	1034			1041	1049			1056		1104			1111		1119
Stratford (SRA)	DLR 7	d	1011	1015			1026	1030			1041	1045		1049		1056	1100			1104
Maryland (MYL)		d	1013				1028				1043			1051		1058				1106
Forest Gate (FOG)		d	1015				1030				1045			1053		1100				1108
Manor Park (MNP)		d	1018				1033				1048			1056		1103				1111
Ilford (IFD)	2	d	1020				1035				1050			1058		1105				1113
Seven Kings (SVK)		d	1023				1038				1053			1101		1108				1116
Goodmayes (GMY)		d	1025				1040				1055			1103		1110				1118
Chadwell Heath (CTH)		d	1027				1042				1057			1105		1112				1120
Romford (RMF)		d	1031				1046	1038			1101			1109		1116	1108			1124
Gidea Park (GDP)	2	d	1034				1049				1104			1113a		1119				1128a
Harold Wood (HRO)		d	1037				1052				1107					1122				
Brentwood (BRE)		d	1041				1056				1111					1126				
Shenfield (SNF)	3	a	1047	1030			1102	1047			1117	1100				1132	1117			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
- B To Southend Victoria
C To Ipswich
D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE C	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	
Reading (RDG)	7	d			0959														1029
Twyford (TWY)	3	d			1004														1034
Maidenhead (MAI)	3	d			1011					1030									1041
Taplow (TAP)		d			1014														1044
Burnham (BNM)		d			1017					1034									1047
Slough (SLO)	3	d			1021					1038									1051
Langley (LNY)		d			1025					1042									1055
Iver (IVR)		d								1044									1114
West Drayton (WDT)		d			1030					1047									1117
Heathrow Terminal 5 (HWV)	7	d	1020									1050							
Heathrow Terminal 4 (HAF)	7	d					1030				1045					1100			
Heathrow Terminals 2 & 3 (HXX)	7	d	1025				1036				1051	1055				1106			
Hayes & Harlington (HAY)	3	d	1032		1035		1042			1052	1057	1102			1105	1112			1122
Southall (STL)		d			1038		1045			1055	1100				1108	1115			1125
Hanwell (HAN)		d					1048				1103					1118			
West Ealing (WEA)	3	d	1039				1050				1105	1109				1120			
Ealing Broadway (EAL)	3	d	1041		1045		1052			1059	1107	1111			1115	1122			1129
Acton Main Line (AML)		d					1055				1110					1125			
London Paddington EL (PAD)	15	d	1052		1056	1100	1104	1107		1111	1115	1119	1122		1126	1130	1134	1137	1141
Bond Street (BDS)	15	d	1055		1059	1103	1107	1110		1114	1118	1122	1125		1129	1133	1137	1140	1144
Tottenham Court Road (TCR)	15	d	1057		1101	1105	1109	1112		1116	1120	1124	1127		1131	1135	1139	1142	1146
Farringdon (ZFD)	3	d	1100		1104	1108	1112	1115		1119	1123	1127	1130		1134	1138	1142	1145	1149
London Liverpool Street EL (LST)	4	d	1103		1107	1111	1115	1118		1122	1126	1130	1133		1137	1141	1145	1148	1152
London Liverpool Street (LST)	15	d		1108				1123					1138						1153
Whitechapel (ZLW)	15	d	1105		1109	1113	1117	1120		1124	1128	1132	1135		1139	1143	1147	1150	1154
Canary Wharf (CWX)	DLR	d			1113		1121			1128		1136			1143		1151		1158
Custom House (CUS)		d			1117		1125			1132		1140			1147		1155		1202
Woolwich (WWC)		d			1122		1130			1137		1145			1152		1200		1207
Abbey Wood (ABW)		a			1126		1134			1141		1149			1156		1204		1211
Stratford (SRA)	DLR 7	d	1111	1115		1119		1126	1130		1134		1141	1145		1149		1156	1200
Maryland (MYL)		d	1113			1121		1128			1136		1143			1151		1158	
Forest Gate (FOG)		d	1115			1123		1130			1138		1145			1153		1200	
Manor Park (MNP)		d	1118			1126		1133			1141		1148			1156		1203	
Ilford (IFD)	2	d	1120			1128		1135			1143		1150			1158		1205	
Seven Kings (SVK)		d	1123			1131		1138			1146		1153			1201		1208	
Goodmayes (GMY)		d	1125			1133		1140			1148		1155			1203		1210	
Chadwell Heath (CTH)		d	1127			1135		1142			1150		1157			1205		1212	
Romford (RMF)		d	1131			1139		1146	1138		1154		1201			1209		1216	1208
Gidea Park (GDP)	2	d	1134			1143a		1149			1158a		1204			1213a		1219	
Harold Wood (HRO)		d	1137					1152					1207					1222	
Brentwood (BRE)		d	1141					1156					1211					1226	
Shenfield (SNF)	3	a	1147	1130				1202	1147				1217	1200				1232	1217

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Ipswich
- D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	XR	XR	LE C	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR		
Reading (RDG)	7	d			1059										1129					
Twyford (TWY)	3	d			1104										1134					
Maidenhead (MAI)	3	d			1111					1130					1141					
Taplow (TAP)		d			1114										1144					
Burnham (BNM)		d			1117					1134					1147					
Slough (SLO)	3	d			1121					1138					1151					
Langley (LNY)		d			1125					1142					1155					
Iver (IVR)		d								1144										
West Drayton (WDT)		d			1130					1147					1200					
Heathrow Terminal 5 (HWV)	7	d		1120									1150							
Heathrow Terminal 4 (HAF)	7	d		1115				1130					1145				1200			
Heathrow Terminals 2 & 3 (HXX)	7	d		1121	1125			1136					1151	1155			1206			
Hayes & Harlington (HAY)	3	d		1127	1132			1142			1152		1157	1202		1205		1212		
Southall (STL)		d		1130				1145			1155		1200			1208		1215		
Hanwell (HAN)		d		1133				1148					1203					1218		
West Ealing (WEA)	3	d		1135	1139			1150					1205	1209				1220		
Ealing Broadway (EAL)	3	d		1137	1141			1145			1159		1207	1211			1215	1222		
Acton Main Line (AML)		d		1140				1155					1210					1225		
London Paddington EL (PAD)	15	d	1145	1149	1152		1156	1200	1204	1207		1211	1215	1219	1222		1226	1230	1234	1237
Bond Street (BDS)	15	d	1148	1152	1155		1159	1203	1207	1210		1214	1218	1222	1225		1229	1233	1237	1240
Tottenham Court Road (TCR)	15	d	1150	1154	1157		1201	1205	1209	1212		1216	1220	1224	1227		1231	1235	1239	1242
Farringdon (ZFD)	15	d	1153	1157	1200		1204	1208	1212	1215		1219	1223	1227	1230		1234	1238	1242	1245
London Liverpool Street EL (LST)	15	d	1156	1200	1203		1207	1211	1215	1218		1222	1226	1230	1233		1237	1241	1245	1248
London Liverpool Street (LST)	15	d			1208					1223					1238					
Whitechapel (ZLW)	15	d	1158	1202	1205		1209	1213	1217	1220		1224	1228	1232	1235		1239	1243	1247	1250
Canary Wharf (CWX)	DLR	d		1206			1213		1221			1228		1236			1243		1251	
Custom House (CUS)		d		1210			1217		1225			1232		1240			1247		1255	
Woolwich (WWC)		d		1215			1222		1230			1237		1245			1252		1300	
Abbey Wood (ABW)		a		1219			1226		1234			1241		1249			1256		1304	
Stratford (SRA)	DLR 7	d	1204		1211	1215		1219		1226	1230		1234		1241	1245		1249		1256
Maryland (MYL)		d	1206		1213			1221		1228			1236		1243			1251		1258
Forest Gate (FOG)		d	1208		1215			1223		1230			1238		1245			1253		1300
Manor Park (MNP)		d	1211		1218			1226		1233			1241		1248			1256		1303
Ilford (IFD)	2	d	1213		1220			1228		1235			1243		1250			1258		1305
Seven Kings (SVK)		d	1216		1223			1231		1238			1246		1253			1301		1308
Goodmayes (GMY)		d	1218		1225			1233		1240			1248		1255			1303		1310
Chadwell Heath (CTH)		d	1220		1227			1235		1242			1250		1257			1305		1312
Romford (RMF)		d	1224		1231			1239		1246	1238		1254		1301			1309		1316
Gidea Park (GDP)	2	d	1228a		1234			1243a		1249			1258a		1304			1313a		1319
Harold Wood (HRO)		d			1237					1252					1307					1322
Brentwood (BRE)		d			1241					1256					1311					1326
Shenfield (SNF)	3	a			1247	1230				1302	1247				1317	1300				1332

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Sundays

Operator Days of operation/Notes	LE B	XR	XR	XR	XR	LE C	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR		
Reading (RDG)	7 d						1159											1229		
Twyford (TWY)	3 d						1204											1234		
Maidenhead (MAI)	3 d		1200				1211					1230						1241		
Taplow (TAP)	d						1214											1244		
Burnham (BNM)	d		1204				1217					1234						1247		
Slough (SLO)	3 d		1208				1221					1238						1251		
Langley (LNY)	d		1212				1225					1242						1255		
Iver (IVR)	d		1214									1244								
West Drayton (WDT)	d		1217				1230					1247						1300		
Heathrow Terminal 5 (HWV)	← d					1220										1250				
Heathrow Terminal 4 (HAF)	← d				1215					1230					1245					
Heathrow Terminals 2 & 3 (HXX)	← d				1221	1225				1236					1251	1255				
Hayes & Harlington (HAY)	3 d		1222		1227	1232			1235	1242				1252	1257	1302		1305		
Southall (STL)	d		1225		1230				1238	1245				1255	1300			1308		
Hanwell (HAN)	d				1233					1248					1303					
West Ealing (WEA)	3 d				1235	1239				1250					1305	1309				
Ealing Broadway (EAL)	← 3 d		1229		1237	1241			1245	1252				1259	1307	1311		1315		
Acton Main Line (AML)	d				1240					1255					1310					
London Paddington EL (PAD)	← 15 d		1241	1245	1249	1252			1256	1300	1304	1307		1311	1315	1319	1322		1326	1330
Bond Street (BDS)	← d		1244	1248	1252	1255			1259	1303	1307	1310		1314	1318	1322	1325		1329	1333
Tottenham Court Road (TCR)	← d		1246	1250	1254	1257			1301	1305	1309	1312		1316	1320	1324	1327		1331	1335
Farringdon (ZFD)	← 3 d		1249	1253	1257	1300			1304	1308	1312	1315		1319	1323	1327	1330		1334	1338
London Liverpool Street EL (LST)	← 4 d		1252	1256	1300	1303			1307	1311	1315	1318		1322	1326	1330	1333		1337	1341
London Liverpool Street (LST)	← 15 d	1253				1308						1323					1338			
Whitechapel (ZLW)	← d		1254	1258	1302	1305			1309	1313	1317	1320		1324	1328	1332	1335		1339	1343
Canary Wharf (CWX)	← d		1258		1306				1313		1321			1328		1336			1343	
Custom House (CUS)	d		1302		1310				1317		1325			1332		1340			1347	
Woolwich (WWC)	d		1307		1315				1322		1330			1337		1345			1352	
Abbey Wood (ABW)	a		1311		1319				1326		1334			1341		1349			1356	
Stratford (SRA)	← 7 d	1300		1304		1311	1315		1319		1326	1330		1334		1341	1345		1349	
Maryland (MYL)	d			1306		1313			1321		1328			1336		1343			1351	
Forest Gate (FOG)	d			1308		1315			1323		1330			1338		1345			1353	
Manor Park (MNP)	d			1311		1318			1326		1333			1341		1348			1356	
Ilford (IFD)	2 d			1313		1320			1328		1335			1343		1350			1358	
Seven Kings (SVK)	d			1316		1323			1331		1338			1346		1353			1401	
Goodmayes (GMY)	d			1318		1325			1333		1340			1348		1355			1403	
Chadwell Heath (CTH)	d			1320		1327			1335		1342			1350		1357			1405	
Romford (RMF)	d	1308		1324		1331			1339		1346	1338		1354		1401			1409	
Gidea Park (GDP)	2 d			1328a		1334			1343a		1349			1358a		1404			1413a	
Harold Wood (HRO)	d					1337					1352					1407				
Brentwood (BRE)	d					1341					1356					1411				
Shenfield (SNF)	3 a	1317				1347	1330				1402	1347				1417	1400			

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Operator Days of operation/Notes	XR	XR	LE B	XR	XR	XR	XR	LE C	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D
Reading (RDG) 7 d									1259									
Twyford (TWY) 3 d									1304									
Maidenhead (MAI) 3 d				1300					1311				1330					
Taplow (TAP) d									1314									
Burnham (BNM) d				1304					1317				1334					
Slough (SLO) 3 d				1308					1321				1338					
Langley (LNY) d				1312					1325				1342					
Iver (IVR) d				1314									1344					
West Drayton (WDT) d				1317					1330				1347					
Heathrow Terminal 5 (HWV) 7 d							1320											1350
Heathrow Terminal 4 (HAF) 7 d	1300						1315					1330					1345	
Heathrow Terminals 2 & 3 (HXX) 7 d	1306						1321	1325				1336					1351	1355
Hayes & Harlington (HAY) 3 d	1312			1322			1327	1332			1335	1342		1352			1357	1402
Southall (STL) d	1315			1325			1330			1338		1345		1355			1400	
Hanwell (HAN) d	1318						1333					1348					1403	
West Ealing (WEA) 3 d	1320						1335	1339				1350					1405	1409
Ealing Broadway (EAL) 3 d	1322			1329			1337	1341		1345		1352		1359			1407	1411
Acton Main Line (AML) d	1325						1340					1355					1410	
London Paddington EL (PAD) 15 d	1334	1337		1341	1345	1349	1352		1356	1400	1404	1407		1411	1415	1419	1422	
Bond Street (BDS) d	1337	1340		1344	1348	1352	1355		1359	1403	1407	1410		1414	1418	1422	1425	
Tottenham Court Road (TCR) d	1339	1342		1346	1350	1354	1357		1401	1405	1409	1412		1416	1420	1424	1427	
Farringdon (ZFD) 3 d	1342	1345		1349	1353	1357	1400		1404	1408	1412	1415		1419	1423	1427	1430	
London Liverpool Street EL (LST) 4 d	1345	1348		1352	1356	1400	1403		1407	1411	1415	1418		1422	1426	1430	1433	
London Liverpool Street (LST) 15 d			1353					1408					1423					1438
Whitechapel (ZLW) d	1347	1350		1354	1358	1402	1405		1409	1413	1417	1420		1424	1428	1432	1435	
Canary Wharf (CWX) DLR d	1351			1358		1406			1413		1421			1428		1436		
Custom House (CUS) d	1355			1402		1410			1417		1425			1432		1440		
Woolwich (WWC) d	1400			1407		1415			1422		1430			1437		1445		
Abbey Wood (ABW) a	1404			1411		1419			1426		1434			1441		1449		
Stratford (SRA) 7 d		1356	1400		1404		1411	1415		1419		1426	1430		1434		1441	1445
Maryland (MYL) d		1358			1406		1413			1421		1428			1436		1443	
Forest Gate (FOG) d		1400			1408		1415			1423		1430			1438		1445	
Manor Park (MNP) d		1403			1411		1418			1426		1433			1441		1448	
Ilford (IFD) 2 d		1405			1413		1420			1428		1435			1443		1450	
Seven Kings (SVK) d		1408			1416		1423			1431		1438			1446		1453	
Goodmayes (GMY) d		1410			1418		1425			1433		1440			1448		1455	
Chadwell Heath (CTH) d		1412			1420		1427			1435		1442			1450		1457	
Romford (RMF) d		1416	1408		1424		1431			1439		1446	1438		1454		1501	
Gidea Park (GDP) 2 d		1419			1428a		1434			1443a		1449			1458a		1504	
Harold Wood (HRO) d		1422					1437					1452					1507	
Brentwood (BRE) d		1426					1441					1456					1511	
Shenfield (SNF) 3 a		1432	1417				1447	1430				1502	1447				1517	1500

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Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE C	XR	XR	XR	XR	LE B	XR	XR	XR
Reading (RDG) 7 d	1329										1359							
Twyford (TWY) 3 d	1334										1404							
Maidenhead (MAI) 3 d	1341					1400					1411				1430			
Taplow (TAP) d	1344										1414							
Burnham (BNM) d	1347					1404					1417				1434			
Slough (SLO) 3 d	1351					1408					1421				1438			
Langley (LNY) d	1355					1412					1425				1442			
Iver (IVR) d						1414									1444			
West Drayton (WDT) d	1400					1417					1430				1447			
Heathrow Terminal 5 (HWV) 7 d										1420								
Heathrow Terminal 4 (HAF) 7 d			1400						1415				1430					1445
Heathrow Terminals 2 & 3 (HXX) 7 d			1406						1421	1425			1436					1451
Hayes & Harlington (HAY) 3 d	1405		1412			1422			1427	1432			1435		1442			1452
Southall (STL) d	1408		1415			1425			1430				1438		1445			1455
Hanwell (HAN) d			1418						1433				1448					1503
West Ealing (WEA) 3 d			1420						1435	1439			1450					1505
Ealing Broadway (EAL) 3 d	1415		1422			1429			1437	1441			1445		1452			1459
Acton Main Line (AML) d			1425						1440				1455					1510
London Paddington EL (PAD) 15 d	1426	1430	1434	1437		1441	1445	1449	1452		1456	1500	1504	1507		1511	1515	1519
Bond Street (BDS) 15 d	1429	1433	1437	1440		1444	1448	1452	1455		1459	1503	1507	1510		1514	1518	1522
Tottenham Court Road (TCR) 15 d	1431	1435	1439	1442		1446	1450	1454	1457		1501	1505	1509	1512		1516	1520	1524
Farringdon (ZFD) 15 d	1434	1438	1442	1445		1449	1453	1457	1500		1504	1508	1512	1515		1519	1523	1527
London Liverpool Street EL (LST) 15 d	1437	1441	1445	1448		1452	1456	1500	1503		1507	1511	1515	1518		1522	1526	1530
London Liverpool Street (LST) 15 d					1453					1508					1523			
Whitechapel (ZLW) 15 d	1439	1443	1447	1450		1454	1458	1502	1505		1509	1513	1517	1520		1524	1528	1532
Canary Wharf (CWX) 15 d	1443		1451			1458		1506			1513		1521		1528		1536	
Custom House (CUS) 15 d	1447		1455			1502		1510			1517		1525		1532		1540	
Woolwich (WWC) 15 d	1452		1500			1507		1515			1522		1530		1537		1545	
Abbey Wood (ABW) 15 a	1456		1504			1511		1519			1526		1534		1541		1549	
Stratford (SRA) 7 d		1449		1456	1500			1504		1511	1515		1519		1526	1530		1534
Maryland (MYL) d		1451		1458				1506		1513			1521		1528			1536
Forest Gate (FOG) d		1453		1500				1508		1515			1523		1530			1538
Manor Park (MNP) d		1456		1503				1511		1518			1526		1533			1541
Ilford (IFD) 2 d		1458		1505				1513		1520			1528		1535			1543
Seven Kings (SVK) d		1501		1508				1516		1523			1531		1538			1546
Goodmayes (GMY) d		1503		1510				1518		1525			1533		1540			1548
Chadwell Heath (CTH) d		1505		1512				1520		1527			1535		1542			1550
Romford (RMF) d		1509		1516	1508			1524		1531			1539		1546	1538		1554
Gidea Park (GDP) 2 d		1513a		1519				1528a		1534			1543a		1549			1558a
Harold Wood (HRO) d				1522						1537					1552			
Brentwood (BRE) d				1526						1541					1556			
Shenfield (SNF) 3 a				1532	1517					1547	1530				1602	1547		

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Reading (RDG)	7	d			1429														1459
Twyford (TWY)	3	d			1434														1504
Maidenhead (MAI)	3	d			1441					1500									1511
Taplow (TAP)		d			1444														1514
Burnham (BNM)		d			1447					1504									1517
Slough (SLO)	3	d			1451					1508									1521
Langley (LNY)		d			1455					1512									1525
Iver (IVR)		d								1514									1544
West Drayton (WDT)		d			1500					1517									1547
Heathrow Terminal 5 (HWV)	7	d	1450									1520							
Heathrow Terminal 4 (HAF)	7	d					1500					1515							1530
Heathrow Terminals 2 & 3 (HXX)	7	d	1455				1506					1521	1525						1536
Hayes & Harlington (HAY)	3	d	1502		1505		1512			1522		1527	1532						1542
Southall (STL)		d			1508		1515			1525		1530							1545
Hanwell (HAN)		d					1518					1533							1548
West Ealing (WEA)	3	d	1509				1520					1535	1539						1550
Ealing Broadway (EAL)	3	d	1511		1515		1522			1529		1537	1541						1552
Acton Main Line (AML)		d					1525					1540							1555
London Paddington EL (PAD)	15	d	1522		1526	1530	1534	1537		1541	1545	1549	1552						1556
Bond Street (BDS)	15	d	1525		1529	1533	1537	1540		1544	1548	1552	1555						1559
Tottenham Court Road (TCR)	15	d	1527		1531	1535	1539	1542		1546	1550	1554	1557						1601
Farringdon (ZFD)	3	d	1530		1534	1538	1542	1545		1549	1553	1557	1600						1604
London Liverpool Street EL (LST)	4	d	1533		1537	1541	1545	1548		1552	1556	1600	1603						1607
London Liverpool Street (LST)	15	d		1538				1553						1608					1623
Whitechapel (ZLW)	15	d	1535		1539	1543	1547	1550		1554	1558	1602	1605						1609
Canary Wharf (CWX)	DLR	d			1543		1551			1558		1606							1613
Custom House (CUS)		d			1547		1555			1602		1610							1617
Woolwich (WWC)		d			1552		1600			1607		1615							1622
Abbey Wood (ABW)		a			1556		1604			1611		1619							1626
Stratford (SRA)	DLR 7	d	1541	1545		1549		1556	1600		1604		1611	1615					1619
Maryland (MYL)		d	1543			1551		1558			1606		1613						1621
Forest Gate (FOG)		d	1545			1553		1600			1608		1615						1623
Manor Park (MNP)		d	1548			1556		1603			1611		1618						1626
Ilford (IFD)	2	d	1550			1558		1605			1613		1620						1628
Seven Kings (SVK)		d	1553			1601		1608			1616		1623						1631
Goodmayes (GMY)		d	1555			1603		1610			1618		1625						1633
Chadwell Heath (CTH)		d	1557			1605		1612			1620		1627						1635
Romford (RMF)		d	1601			1609		1616	1608		1624		1631						1639
Gidea Park (GDP)	2	d	1604			1613a		1619			1628a		1634						1643a
Harold Wood (HRO)		d	1607					1622					1637						1649
Brentwood (BRE)		d	1611					1626					1641						1652
Shenfield (SNF)	3	a	1617	1600				1632	1617				1647	1630					1656
																			1702
																			1647

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Reading (RDG)	7	d			1529										1559					
Twyford (TWY)	3	d			1534										1604					
Maidenhead (MAI)	3	d			1541					1600					1611					
Taplow (TAP)		d			1544										1614					
Burnham (BNM)		d			1547					1604					1617					
Slough (SLO)	3	d			1551					1608					1621					
Langley (LNY)		d			1555					1612					1625					
Iver (IVR)		d								1614										
West Drayton (WDT)		d			1600					1617					1630					
Heathrow Terminal 5 (HWV)	7	d		1550									1620							
Heathrow Terminal 4 (HAF)	7	d	1545					1600					1615					1630		
Heathrow Terminals 2 & 3 (HXX)	7	d	1551	1555				1606					1621	1625				1636		
Hayes & Harlington (HAY)	3	d	1557	1602		1605	1612			1622	1627	1632			1635			1642		
Southall (STL)		d	1600			1608	1615			1625	1630				1638			1645		
Hanwell (HAN)		d	1603				1618				1633							1648		
West Ealing (WEA)	3	d	1605	1609			1620					1635	1639					1650		
Ealing Broadway (EAL)	3	d	1607	1611		1615	1622			1629	1637	1641			1645			1652		
Acton Main Line (AML)		d	1610				1625					1640						1655		
London Paddington EL (PAD)	15	d	1615	1619	1622		1626	1630	1634	1637		1641	1645	1649	1652		1656	1700	1704	1707
Bond Street (BDS)	15	d	1618	1622	1625		1629	1633	1637	1640		1644	1648	1652	1655		1659	1703	1707	1710
Tottenham Court Road (TCR)	15	d	1620	1624	1627		1631	1635	1639	1642		1646	1650	1654	1657		1701	1705	1709	1712
Farringdon (ZFD)	3	d	1623	1627	1630		1634	1638	1642	1645		1649	1653	1657	1700		1704	1708	1712	1715
London Liverpool Street EL (LST)	4	d	1626	1630	1633		1637	1641	1645	1648		1652	1656	1700	1703		1707	1711	1715	1718
London Liverpool Street (LST)	15	d			1638					1653					1708					
Whitechapel (ZLW)	15	d	1628	1632	1635		1639	1643	1647	1650		1654	1658	1702	1705		1709	1713	1717	1720
Canary Wharf (CWX)	DLR	d		1636			1643	1651				1658	1706				1713	1721		
Custom House (CUS)		d		1640			1647	1655				1702	1710				1717	1725		
Woolwich (WWC)		d		1645			1652	1700				1707	1715				1722	1730		
Abbey Wood (ABW)		a		1649			1656	1704				1711	1719				1726	1734		
Stratford (SRA)	DLR 7	d	1634		1641	1645		1649		1656	1700		1704		1711	1715		1719		1726
Maryland (MYL)		d	1636		1643			1651		1658			1706		1713			1721		1728
Forest Gate (FOG)		d	1638		1645			1653		1700			1708		1715			1723		1730
Manor Park (MNP)		d	1641		1648			1656		1703			1711		1718			1726		1733
Ilford (IFD)	2	d	1643		1650			1658		1705			1713		1720			1728		1735
Seven Kings (SVK)		d	1646		1653			1701		1708			1716		1723			1731		1738
Goodmayes (GMY)		d	1648		1655			1703		1710			1718		1725			1733		1740
Chadwell Heath (CTH)		d	1650		1657			1705		1712			1720		1727			1735		1742
Romford (RMF)		d	1654		1701			1709		1716	1708		1724		1731			1739		1746
Gidea Park (GDP)	2	d	1658a		1704			1713a		1719			1728a		1734			1743a		1749
Harold Wood (HRO)		d			1707			1722							1737					1752
Brentwood (BRE)		d			1711			1726							1741					1756
Shenfield (SNF)	3	a			1717	1700				1732	1717				1747	1730				1802

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- B To Southend Victoria
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE C	XR	XR	
Reading (RDG)	7	d					1629											1659	
Twyford (TWY)	3	d					1634											1704	
Maidenhead (MAI)	3	d	1630				1641				1700							1711	
Taplow (TAP)		d					1644											1714	
Burnham (BNM)		d	1634				1647				1704							1717	
Slough (SLO)	3	d	1638				1651				1708							1721	
Langley (LNY)		d	1642				1655				1712							1725	
Iver (IVR)		d	1644								1714								
West Drayton (WDT)		d	1647				1700				1717							1730	
Heathrow Terminal 5 (HWV)	7	d				1650										1720			
Heathrow Terminal 4 (HAF)	7	d			1645				1700						1715				
Heathrow Terminals 2 & 3 (HXX)	7	d			1651	1655			1706						1721	1725			
Hayes & Harlington (HAY)	3	d	1652	1657	1702		1705		1712		1722				1727	1732		1735	
Southall (STL)		d	1655		1700		1708		1715		1725				1730			1738	
Hanwell (HAN)		d			1703				1718						1733				
West Ealing (WEA)	3	d			1705	1709			1720						1735	1739			
Ealing Broadway (EAL)	3	d	1659		1707	1711	1715		1722		1729				1737	1741		1745	
Acton Main Line (AML)		d			1710				1725						1740				
London Paddington EL (PAD)	15	d	1711	1715	1719	1722	1726	1730	1734	1737	1741	1745	1749	1752	1756	1800		1756	1800
Bond Street (BDS)		d	1714	1718	1722	1725	1729	1733	1737	1740	1744	1748	1752	1755	1759	1803		1759	1803
Tottenham Court Road (TCR)		d	1716	1720	1724	1727	1731	1735	1739	1742	1746	1750	1754	1757	1801	1805		1801	1805
Farringdon (ZFD)	3	d	1719	1723	1727	1730	1734	1738	1742	1745	1749	1753	1757	1800	1804	1808		1804	1808
London Liverpool Street EL (LST)	4	d	1722	1726	1730	1733	1737	1741	1745	1748	1752	1756	1800	1803	1807	1811		1807	1811
London Liverpool Street (LST)	15	d	1723			1738					1753				1808				
Whitechapel (ZLW)		d	1724	1728	1732	1735	1739	1743	1747	1750	1754	1758	1802	1805	1809	1813		1809	1813
Canary Wharf (CWX)	DLR	d	1728		1736		1743		1751		1758		1806		1813			1813	
Custom House (CUS)		d	1732		1740		1747		1755		1802		1810		1817			1817	
Woolwich (WWC)		d	1737		1745		1752		1800		1807		1815		1822			1822	
Abbey Wood (ABW)		a	1741		1749		1756		1804		1811		1819		1826			1826	
Stratford (SRA)	DLR 7	d	1730		1734	1741	1745	1749	1756	1800	1804	1811	1815	1819	1826	1830		1819	
Maryland (MYL)		d			1736	1743		1751	1758		1806	1813		1821				1821	
Forest Gate (FOG)		d			1738	1745		1753	1800		1808	1815		1823				1823	
Manor Park (MNP)		d			1741	1748		1756	1803		1811	1818		1826				1826	
Ilford (IFD)	2	d			1743	1750		1758	1805		1813	1820		1828				1828	
Seven Kings (SVK)		d			1746	1753		1801	1808		1816	1823		1831				1831	
Goodmayes (GMY)		d			1748	1755		1803	1810		1818	1825		1833				1833	
Chadwell Heath (CTH)		d			1750	1757		1805	1812		1820	1827		1835				1835	
Romford (RMF)		d	1738		1754	1801		1809	1816	1808	1824	1831		1839				1839	
Gidea Park (GDP)	2	d			1758a	1804		1813a	1819		1828a	1834		1843a				1843a	
Harold Wood (HRO)		d				1807			1822			1837							
Brentwood (BRE)		d				1811			1826			1841							
Shenfield (SNF)	3	a	1747			1817	1800		1832	1817		1847	1830						

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE C		
Reading (RDG)	7	d							1729											
Twyford (TWY)	3	d							1734											
Maidenhead (MAI)	3	d		1730					1741				1800							
Taplow (TAP)		d							1744											
Burnham (BNM)		d		1734					1747				1804							
Slough (SLO)	3	d		1738					1751				1808							
Langley (LNY)		d		1742					1755				1812							
Iver (IVR)		d		1744									1814							
West Drayton (WDT)		d		1747					1800				1817							
Heathrow Terminal 5 (HWV)	7	d					1750											1820		
Heathrow Terminal 4 (HAF)	7	d	1730				1745				1800						1815			
Heathrow Terminals 2 & 3 (HXX)	7	d	1736				1751	1755			1806						1821	1825		
Hayes & Harlington (HAY)	3	d	1742		1752		1757	1802		1805	1812			1822			1827	1832		
Southall (STL)		d	1745		1755		1800			1808	1815			1825			1830			
Hanwell (HAN)		d	1748				1803				1818						1833			
West Ealing (WEA)	3	d	1750				1805	1809			1820						1835	1839		
Ealing Broadway (EAL)	3	d	1752		1759		1807	1811		1815	1822			1829			1837	1841		
Acton Main Line (AML)		d	1755				1810				1825						1840			
London Paddington EL (PAD)	15	d	1804	1807		1811	1815	1819	1822		1826	1830	1834	1837		1841	1845	1849	1852	
Bond Street (BDS)	15	d	1807	1810		1814	1818	1822	1825		1829	1833	1837	1840		1844	1848	1852	1855	
Tottenham Court Road (TCR)	15	d	1809	1812		1816	1820	1824	1827		1831	1835	1839	1842		1846	1850	1854	1857	
Farringdon (ZFD)	3	d	1812	1815		1819	1823	1827	1830		1834	1838	1842	1845		1849	1853	1857	1900	
London Liverpool Street EL (LST)	4	d	1815	1818		1822	1826	1830	1833		1837	1841	1845	1848		1852	1856	1900	1903	
London Liverpool Street (LST)	15	d		1823					1838					1853					1908	
Whitechapel (ZLW)	15	d	1817	1820		1824	1828	1832	1835		1839	1843	1847	1850		1854	1858	1902	1905	
Canary Wharf (CWX)	DLR	d	1821			1828		1836			1843		1851			1858		1906		
Custom House (CUS)		d	1825			1832		1840			1847		1855			1902		1910		
Woolwich (WWC)		d	1830			1837		1845			1852		1900			1907		1915		
Abbey Wood (ABW)		a	1834			1841		1849			1856		1904			1911		1919		
Stratford (SRA)	DLR 7	d		1826	1830		1834		1841	1845		1849		1856	1900		1904		1911	1915
Maryland (MYL)		d		1828			1836		1843			1851		1858			1906		1913	
Forest Gate (FOG)		d		1830			1838		1845			1853		1900			1908		1915	
Manor Park (MNP)		d		1833			1841		1848			1856		1903			1911		1918	
Ilford (IFD)	2	d		1835			1843		1850			1858		1905			1913		1920	
Seven Kings (SVK)		d		1838			1846		1853			1901		1908			1916		1923	
Goodmayes (GMY)		d		1840			1848		1855			1903		1910			1918		1925	
Chadwell Heath (CTH)		d		1842			1850		1857			1905		1912			1920		1927	
Romford (RMF)		d		1846	1838		1854		1901			1909		1916	1908		1924		1931	
Gidea Park (GDP)	2	d		1849			1858a		1904			1913a		1919			1928a		1934	
Harold Wood (HRO)		d		1852					1907					1922					1937	
Brentwood (BRE)		d		1856					1911					1926					1941	
Shenfield (SNF)	3	a		1902	1847				1917	1900				1932	1917				1947	1930

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- B To Southend Victoria
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE B	XR	XR	LE A		
Reading (RDG)	7	d	1759								1829									
Twyford (TWY)	3	d	1804								1834									
Maidenhead (MAI)	3	d	1811			1830					1841					1900				
Taplow (TAP)		d	1814								1844									
Burnham (BNM)		d	1817			1834					1847					1904				
Slough (SLO)	3	d	1821			1838					1851					1908				
Langley (LNY)		d	1825			1842					1855					1912				
Iver (IVR)		d				1844										1914				
West Drayton (WDT)		d	1830			1847					1900					1917				
Heathrow Terminal 5 (HWV)	⊖←	d								1850										
Heathrow Terminal 4 (HAF)	⊖←	d			1830				1845				1900							
Heathrow Terminals 2 & 3 (HXX)	⊖←	d			1836				1851	1855			1906							
Hayes & Harlington (HAY)	3	d	1835		1842		1852		1857	1902			1905			1912		1922		
Southall (STL)		d	1838		1845		1855		1900				1908			1915		1925		
Hanwell (HAN)		d			1848				1903				1918							
West Ealing (WEA)	3	d			1850				1905	1909						1920				
Ealing Broadway (EAL)	⊖3	d	1845		1852		1859		1907	1911			1915			1922		1929		
Acton Main Line (AML)		d			1855				1910				1925							
London Paddington EL (PAD)	⊖15	d	1856	1900	1904	1907		1911	1915	1919	1922		1926	1930	1934	1937		1941	1945	
Bond Street (BDS)	⊖	d	1859	1903	1907	1910		1914	1918	1922	1925		1929	1933	1937	1940		1944	1948	
Tottenham Court Road (TCR)	⊖	d	1901	1905	1909	1912		1916	1920	1924	1927		1931	1935	1939	1942		1946	1950	
Farringdon (ZFD)	⊖3	d	1904	1908	1912	1915		1919	1923	1927	1930		1934	1938	1942	1945		1949	1953	
London Liverpool Street EL (LST)	⊖4	d	1907	1911	1915	1918		1922	1926	1930	1933		1937	1941	1945	1948		1952	1956	
London Liverpool Street (LST)	⊖15	d				1923						1938				1953			2000	
Whitechapel (ZLW)	⊖	d	1909	1913	1917	1920		1924	1928	1932	1935		1939	1943	1947	1950		1954	1958	
Canary Wharf (CWX)	DLR	d	1913		1921			1928		1936			1943		1951			1958		
Custom House (CUS)		d	1917		1925			1932		1940			1947		1955			2002		
Woolwich (WWC)		d	1922		1930			1937		1945			1952		2000			2007		
Abbey Wood (ABW)		a	1926		1934			1941		1949			1956		2004			2011		
Stratford (SRA)	⊖DLR 7	d		1919		1926	1930		1934		1941	1945		1949		1956	2000		2004	2007
Maryland (MYL)		d		1921		1928			1936		1943			1951		1958			2006	
Forest Gate (FOG)		d		1923		1930			1938		1945			1953		2000			2008	
Manor Park (MNP)		d		1926		1933			1941		1948			1956		2003			2011	
Ilford (IFD)	2	d		1928		1935			1943		1950			1958		2005			2013	
Seven Kings (SVK)		d		1931		1938			1946		1953			2001		2008			2016	
Goodmayes (GMY)		d		1933		1940			1948		1955			2003		2010			2018	
Chadwell Heath (CTH)		d		1935		1942			1950		1957			2005		2012			2020	
Romford (RMF)		d		1939		1946	1938		1954		2001			2009		2016	2008		2024	
Gidea Park (GDP)	2	d		1943a		1949			1958a		2004			2013a		2019			2028a	
Harold Wood (HRO)		d				1952					2007					2022				
Brentwood (BRE)		d				1956					2011					2026				
Shenfield (SNF)	3	a				2002	1947				2017	2000				2032	2017			2022

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- A To Harwich International
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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	XR	LE C	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR	XR	LE B		
Reading (RDG)	7	d		1859										1929						
Twyford (TWY)	3	d		1904										1934						
Maidenhead (MAI)	3	d		1911					1930					1941						
Taplow (TAP)		d		1914										1944						
Burnham (BNM)		d		1917					1934					1947						
Slough (SLO)	3	d		1921					1938					1951						
Langley (LNY)		d		1925					1942					1955						
Iver (IVR)		d							1944											
West Drayton (WDT)		d		1930					1947					2000						
Heathrow Terminal 5 (HWV)	7	d		1920									1950							
Heathrow Terminal 4 (HAF)	7	d	1915				1930					1945				2000				
Heathrow Terminals 2 & 3 (HXX)	7	d	1921	1925			1936					1951	1955			2006				
Hayes & Harlington (HAY)	3	d	1927	1932		1935	1942		1952	1957	2002			2005		2012				
Southall (STL)		d	1930			1938	1945		1955			2000		2008		2015				
Hanwell (HAN)		d	1933				1948					2003				2018				
West Ealing (WEA)	3	d	1935	1939			1950					2005	2009			2020				
Ealing Broadway (EAL)	3	d	1937	1941		1945	1952		1959			2007	2011		2015			2022		
Acton Main Line (AML)		d	1940				1955					2010				2025				
London Paddington EL (PAD)	15	d	1949	1952		1956	2000	2004	2007		2011	2015	2019	2022		2026	2030	2034	2037	
Bond Street (BDS)	15	d	1952	1955		1959	2003	2007	2010		2014	2018	2022	2025		2029	2033	2037	2040	
Tottenham Court Road (TCR)	15	d	1954	1957		2001	2005	2009	2012		2016	2020	2024	2027		2031	2035	2039	2042	
Farringdon (ZFD)	15	d	1957	2000		2004	2008	2012	2015		2019	2023	2027	2030		2034	2038	2042	2045	
London Liverpool Street EL (LST)	15	d	2000	2003		2007	2011	2015	2018		2022	2026	2030	2033		2037	2041	2045	2048	
London Liverpool Street (LST)	15	d			2008					2023				2038					2053	
Whitechapel (ZLW)	15	d	2002	2005		2009	2013	2017	2020		2024	2028	2032	2035		2039	2043	2047	2050	
Canary Wharf (CWX)	DLR	d	2006			2013		2021			2028		2036			2043		2051		
Custom House (CUS)		d	2010			2017		2025			2032		2040			2047		2055		
Woolwich (WWC)		d	2015			2022		2030			2037		2045			2052		2100		
Abbey Wood (ABW)		a	2019			2026		2034			2041		2049			2056		2104		
Stratford (SRA)	DLR 7	d		2011	2015		2019		2026	2030		2034		2041	2045		2049		2056	2100
Maryland (MYL)		d		2013			2021		2028			2036		2043			2051		2058	
Forest Gate (FOG)		d		2015			2023		2030			2038		2045			2053		2100	
Manor Park (MNP)		d		2018			2026		2033			2041		2048			2056		2103	
Ilford (IFD)	2	d		2020			2028		2035			2043		2050			2058		2105	
Seven Kings (SVK)		d		2023			2031		2038			2046		2053			2101		2108	
Goodmayes (GMY)		d		2025			2033		2040			2048		2055			2103		2110	
Chadwell Heath (CTH)		d		2027			2035		2042			2050		2057			2105		2112	
Romford (RMF)		d		2031			2039		2046	2038		2054		2101			2109		2116	2108
Gidea Park (GDP)	2	d		2034			2043a		2049			2058a		2104			2113a		2119	
Harold Wood (HRO)		d		2037					2052					2107					2122	
Brentwood (BRE)		d		2041					2056					2111					2126	
Shenfield (SNF)	3	a		2047	2030				2102	2047				2117	2100				2132	2117

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator	XR	XR	XR	XR	LE C	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE D	XR	XR	XR
Days of operation/Notes																		
Reading (RDG) 7 d						1959												2029
Twyford (TWY) 3 d						2004												2034
Maidenhead (MAI) 3 d	2000					2011				2030								2041
Taplow (TAP) d						2014												2044
Burnham (BNM) d	2004					2017				2034								2047
Slough (SLO) 3 d	2008					2021				2038								2051
Langley (LNY) d	2012					2025				2042								2055
Iver (IVR) d	2014									2044								
West Drayton (WDT) d	2017					2030				2047								2100
Heathrow Terminal 5 (HWV) 7 d				2020											2050			
Heathrow Terminal 4 (HAF) 7 d			2015					2030					2045					2100
Heathrow Terminals 2 & 3 (HXX) 7 d			2021	2025				2036				2051	2055					2106
Hayes & Harlington (HAY) 3 d	2022		2027	2032		2035		2042		2052		2057	2102			2105		2112
Southall (STL) d	2025		2030			2038		2045		2055		2100				2108		2115
Hanwell (HAN) d			2033					2048				2103						2118
West Ealing (WEA) 3 d			2035	2039				2050				2105	2109					2120
Ealing Broadway (EAL) 3 d	2029		2037	2041		2045		2052		2059		2107	2111			2115		2122
Acton Main Line (AML) d			2040					2055				2110						2125
London Paddington EL (PAD) 15 d	2041	2045	2049	2052		2056	2100	2104	2107		2111	2115	2119	2122		2126	2130	2134
Bond Street (BDS) 15 d	2044	2048	2052	2055		2059	2103	2107	2110		2114	2118	2122	2125		2129	2133	2137
Tottenham Court Road (TCR) 15 d	2046	2050	2054	2057		2101	2105	2109	2112		2116	2120	2124	2127		2131	2135	2139
Farringdon (ZFD) 15 d	2049	2053	2057	2100		2104	2108	2112	2115		2119	2123	2127	2130		2134	2138	2142
London Liverpool Street EL (LST) 15 d	2052	2056	2100	2103		2107	2111	2115	2118		2122	2126	2130	2133		2137	2141	2145
London Liverpool Street (LST) 15 d					2108					2123					2138			
Whitechapel (ZLW) 15 d	2054	2058	2102	2105		2109	2113	2117	2120		2124	2128	2132	2135		2139	2143	2147
Canary Wharf (CWX) 15 d	2058		2106			2113		2121			2128	2136				2143		2151
Custom House (CUS) 15 d	2102		2110			2117		2125			2132	2140				2147		2155
Woolwich (WWC) 15 d	2107		2115			2122		2130			2137	2145				2152		2200
Abbey Wood (ABW) 15 a	2111		2119			2126		2134			2141	2149				2156		2204
Stratford (SRA) 7 d		2104		2111	2115		2119		2126	2130		2134		2141	2145			2149
Maryland (MYL) d		2106		2113			2121		2128			2136		2143				2151
Forest Gate (FOG) d		2108		2115			2123		2130			2138		2145				2153
Manor Park (MNP) d		2111		2118			2126		2133			2141		2148				2156
Ilford (IFD) 2 d		2113		2120			2128		2135			2143		2150				2158
Seven Kings (SVK) d		2116		2123			2131		2138			2146		2153				2201
Goodmayes (GMY) d		2118		2125			2133		2140			2148		2155				2203
Chadwell Heath (CTH) d		2120		2127			2135		2142			2150		2157				2205
Romford (RMF) d		2124		2131			2139		2146	2138		2154		2201				2209
Gidea Park (GDP) 2 d		2128a		2134			2143a		2149			2158a		2204				2213a
Harold Wood (HRO) d				2137					2152					2207				
Brentwood (BRE) d				2141					2156					2211				
Shenfield (SNF) 3 a				2147	2130				2202	2147				2217	2200			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Ipswich
- D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE B	XR	XR	XR	XR	LE C	XR	XR	XR	LE B	XR	XR	LE D	XR	XR	LE B	XR	
Reading (RDG)	7	d						2059							2129				
Twyford (TWY)	3	d						2104							2134				
Maidenhead (MAI)	3	d		2100				2111				2130			2141				
Taplow (TAP)		d						2114							2144				
Burnham (BNM)		d		2104				2117				2134			2147				
Slough (SLO)	3	d		2108				2121				2138			2151				
Langley (LNY)		d		2112				2125				2142			2155				
Iver (IVR)		d		2114								2144			2157				
West Drayton (WDT)		d		2117				2131				2147			2201				
Heathrow Terminal 5 (HWV)	7	d					2120							2150					
Heathrow Terminal 4 (HAF)	7	d				2115					2130							2200	
Heathrow Terminals 2 & 3 (HXX)	7	d				2121	2125				2136			2155				2206	
Hayes & Harlington (HAY)	3	d		2122		2127	2132			2136	2142			2152	2202			2206	2212
Southall (STL)		d		2125		2130				2139	2145			2155				2209	2215
Hanwell (HAN)		d				2133					2148								2218
West Ealing (WEA)	3	d				2135	2139				2150			2209					2220
Ealing Broadway (EAL)	3	d		2129		2137	2141			2145	2152			2159	2211			2215	2222
Acton Main Line (AML)		d				2140					2155								2225
London Paddington EL (PAD)	15	d	2137		2141	2145	2149	2152		2156	2200	2207		2214	2222			2229	2237
Bond Street (BDS)	15	d	2140		2144	2148	2152	2155		2159	2203	2210		2217	2225			2232	2240
Tottenham Court Road (TCR)	15	d	2142		2146	2150	2154	2157		2201	2205	2212		2219	2227			2234	2242
Farringdon (ZFD)	15	d	2145		2149	2153	2157	2200		2204	2208	2215		2222	2230			2237	2245
London Liverpool Street EL (LST)	15	d	2148		2152	2156	2200	2203		2207	2211	2218		2225	2233			2240	2248
London Liverpool Street (LST)	15	d		2153				2208					2223			2238			2253
Whitechapel (ZLW)	15	d	2150		2154	2158	2202	2205		2209	2213	2220		2227	2235			2242	2250
Canary Wharf (CWX)	DLR	d			2158		2206			2216c				2231				2246	2301
Custom House (CUS)		d			2202		2210			2220				2235				2250	2305
Woolwich (WWC)		d			2207		2215			2224				2239				2254	2309
Abbey Wood (ABW)		a			2211		2219			2228				2243				2258	2313
Stratford (SRA)	DLR 7	d	2156	2200		2204		2211	2215		2219	2226	2230		2241	2245		2256	2300
Maryland (MYL)		d	2158			2206		2213			2221	2228			2243			2258	
Forest Gate (FOG)		d	2200			2208		2215			2223	2230			2245			2300	
Manor Park (MNP)		d	2203			2211		2218			2226	2233			2248			2303	
Ilford (IFD)	2	d	2205			2213		2220			2228	2235			2250			2305	
Seven Kings (SVK)		d	2208			2216		2223			2231	2238			2253			2309	
Goodmayes (GMY)		d	2210			2218		2225			2233	2240			2255			2311	
Chadwell Heath (CTH)		d	2212			2220		2227			2235	2242			2257			2313	
Romford (RMF)		d	2216	2208		2224		2231			2239	2246	2238		2301			2316	2308
Gidea Park (GDP)	2	d	2219			2228a		2234			2243a	2249			2304			2319	
Harold Wood (HRO)		d	2222					2237				2252			2307			2322	
Brentwood (BRE)		d	2226					2241				2256			2311			2326	
Shenfield (SNF)	3	a	2232	2217				2247	2230			2302	2247		2317	2300		2332	2317

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 3 minutes earlier

- B To Southend Victoria
- C To Ipswich
- D To Clacton-on-Sea

Reading, Heathrow Airport and Central London to Canary Wharf, Woolwich, Abbey Wood, Stratford, Ilford, Romford and Shenfield

Sundays

Operator Days of operation/Notes	XR	LE C	XR	LE B	LE E	XR	LE B	XR	LE MM E	XR MM	LE MM B	XR MM	XR MM B	XR MM		
Reading (RDG)	7	d														
Twyford (TWY)	3	d														
Maidenhead (MAI)	3	d														
Taplow (TAP)		d														
Burnham (BNM)		d														
Slough (SLO)	3	d														
Langley (LNY)		d														
Iver (IVR)		d														
West Drayton (WDT)		d														
Heathrow Terminal 5 (HWV)	⊖←	d														
Heathrow Terminal 4 (HAF)	⊖←	d														
Heathrow Terminals 2 & 3 (HXX)	⊖←	d														
Hayes & Harlington (HAY)	3	d														
Southall (STL)		d														
Hanwell (HAN)		d														
West Ealing (WEA)	3	d														
Ealing Broadway (EAL)	⊖3	d														
Acton Main Line (AML)		d														
London Paddington EL (PAD)	⊖15	d														
Bond Street (BDS)	⊖	d														
Tottenham Court Road (TCR)	⊖	d														
Farringdon (ZFD)	⊖3	d														
London Liverpool Street EL (LST)	⊖4	d														
London Liverpool Street (LST)	⊖15	d	2304	2308	2319	2323	2334	2345	2349	0002	0005	0015	0019	0034	0050	0055
Whitechapel (ZLW)	⊖	d														
Canary Wharf (CWX)	DLR	d														
Custom House (CUS)		d														
Woolwich (WWC)		d														
Abbey Wood (ABW)		a														
Stratford (SRA)	⊖ DLR 7	d	2311	2315	2326	2330	2341	2352	2356	0009	0012	0022	0026	0041	0057	0102
Maryland (MYL)		d	2313		2328		2343		2358		0014		0028	0043		0104
Forest Gate (FOG)		d	2315		2330		2345		0001		0016		0030	0045		0106
Manor Park (MNP)		d	2318		2333		2348		0003		0019		0033	0048		0109
Ilford (IFD)	2	d	2320		2335		2350		0005		0021		0035	0050		0112
Seven Kings (SVK)		d	2323		2338		2353		0008		0024		0038	0053		0114
Goodmayes (GMY)		d	2325		2340		2355		0010		0026		0040	0055		0116
Chadwell Heath (CTH)		d	2327		2342		2357		0012		0028		0042	0057		0118
Romford (RMF)		d	2331		2346	2338	0001	0004	0016		0032	0035	0046	0101	0108	0122
Gidea Park (GDP)	2	d	2334		2349		0004		0019		0035		0049	0104		0125
Harold Wood (HRO)		d	2337		2352		0007		0022		0038		0052	0107		0128
Brentwood (BRE)		d	2341		2356		0011		0026		0042		0056	0111		0132
Shenfield (SNF)	3	a	2347	2330	0002	2347	2356	0017	0017	0032	0048	0048	0102	0117	0120	0138

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- B To Southend Victoria
- C To Ipswich
- E To Colchester
- MM Monday mornings

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE A	XR	XR	XR	XR	LE A	XR	XR	LE B	XR	XR	XR	XR	XR	XR	LE A	XR	XR	
Shenfield (SNF)	3 d	0437	0444			0504	0509			0524			0524		0533		0541		0548
Brentwood (BRE)	d		0448			0508							0528		0537		0545		0552
Harold Wood (HRO)	d		0452			0512							0532		0541		0549		0556
Gidea Park (GDP)	2 d		0455		0503	0515			0525				0535		0544		0552		0559
Romford (RMF)	d		0458		0506	0518			0528	0532			0538		0547		0555		0602
Chadwell Heath (CTH)	d		0501		0509	0521			0531				0541		0550		0558		0605
Goodmayes (GMY)	d		0503		0511	0523			0533				0543		0552		0600		0607
Seven Kings (SVK)	d		0505		0513	0525			0535	0537s			0545		0554		0602		0609
Ilford (IFD)	2 d		0509		0517	0529			0539				0549		0558		0606		0613
Manor Park (MNP)	d		0511		0519	0531			0541				0551		0600		0608		0615
Forest Gate (FOG)	d		0515		0522	0534			0544				0554		0603		0611		0618
Maryland (MYL)	d		0517		0524	0536			0546				0556		0605		0613		0620
Stratford (SRA)	DLR 7 d	0459	0519	0534	0527	0539	0526		0549	0544			0559		0608		0616	0559	0623
Abbey Wood (ABW)	d							0534				0544		0554		0602			0609
Woolwich (WWC)	d							0537				0547		0557		0605			0612
Custom House (CUS)	d							0541				0551		0601		0609			0616
Canary Wharf (CWX)	DLR d							0545				0555		0605		0613			0620
Whitechapel (ZLW)	DLR d			0539		0544	0549	0554			0559	0604	0609	0613	0617	0621			0624 0628
London Liverpool Street (LST)	DLR 15 a	0507	0527		0536		0534			0552			0602	0607	0612	0616	0620	0624	0610 0627 0631
London Liverpool Street EL (LST)	DLR 4 a			0542		0547		0552	0557			0602	0607	0612	0616	0620	0624		0627 0631
Farringdon (ZFD)	DLR 3 a			0544		0549		0554	0559			0604	0609	0614	0618	0622	0626		0629 0633
Tottenham Court Road (TCR)	DLR a			0547		0552		0557	0602			0607	0612	0617	0621	0625	0629		0632 0636
Bond Street (BDS)	DLR a			0550		0555		0600	0605			0610	0615	0620	0624	0628	0632		0635 0639
London Paddington EL (PAD)	DLR 15 a			0553		0600		0605	0609			0615	0620	0624	0629	0633	0636		0639 0644
Acton Main Line (AML)	a			0600					0615					0630					0645
Ealing Broadway (EAL)	DLR 3 a			0603				0613	0618			0625		0633		0640	0643		0648
West Ealing (WEA)	DLR 3 a			0606				0617	0621					0636		0646			0651
Hanwell (HAN)	a			0608					0623					0638					0653
Southall (STL)	a			0611					0626			0631		0641		0645			0656
Hayes & Harlington (HAY)	DLR 3 a			0614				0622	0629			0634		0644		0648	0651		0659
Heathrow Terminals 2 & 3 (HXX)	DLR a ←			0621				0629	0636					0651			0659		0706
Heathrow Terminal 4 (HAF)	DLR a ←			0627					0642					0657					0712
Heathrow Terminal 5 (HWV)	DLR a ←							0635									0705		
West Drayton (WDT)	a											0638				0652			
Iver (IVR)	a											0640				0655			
Langley (LNY)	a											0643				0657			
Slough (SLO)	DLR 3 a											0646				0701			
Burnham (BNM)	a											0650				0705			
Taplow (TAP)	a											0653				0707			
Maidenhead (MAI)	DLR 3 a											0656				0710			
Twyford (TWY)	DLR 3 a											0703				0717			
Reading (RDG)	DLR 7 a											0710				0725			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only

- A From Southend Victoria
- B From Colchester

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE B	XR	XR	XR	XR	LE C	XR	XR	LE A	XR	XR	XR	XR	LE D	XR	XR	LE A	XR
Shenfield (SNF)	3 d	0553		0556		0602	0607		0608	0614		0614		0620		0625	0630	
Brentwood (BRE)	d			0600		0606			0612			0618		0624		0629		
Harold Wood (HRO)	d			0604		0610			0616			0622		0628		0633		
Gidea Park (GDP)	2 d			0607		0613			0619			0625		0631		0636		
Romford (RMF)	d	0601		0610		0616			0622			0628		0634	0629s	0639		
Chadwell Heath (CTH)	d			0613		0619			0625			0631		0637		0642		
Goodmayes (GMY)	d			0615		0621			0627			0633		0639		0644		
Seven Kings (SVK)	d			0617		0623			0629			0635		0641		0646		
Ilford (IFD)	2 d			0621		0627			0633			0639		0645		0650		
Manor Park (MNP)	d			0623		0629			0635			0641		0647		0652		
Forest Gate (FOG)	d			0626		0632			0638			0644		0650		0655		
Maryland (MYL)	d			0628		0634			0640			0646		0652		0657		
Stratford (SRA)	DLR 7 d	0611		0631		0637	0622s		0643	0630		0649		0655	0639	0700	0645	
Abbey Wood (ABW)	d			0617		0624			0630			0636		0642		0648		0654
Woolwich (WWC)	d			0620		0627			0633			0639		0645		0651		0657
Custom House (CUS)	d			0624		0631			0637			0643		0649		0655		0701
Canary Wharf (CWX)	DLR d			0628		0635			0641			0647		0653		0659		0705
Whitechapel (ZLW)	DLR d			0632	0636	0639	0642		0645	0648		0651	0654	0657	0700	0703	0706	0709
London Liverpool Street (LST)	DLR 15 a	0619					0630			0638					0647		0653	
London Liverpool Street EL (LST)	DLR 4 a			0635	0639	0642	0645		0648	0651		0654	0657	0700	0703	0706	0709	0712
Farringdon (ZFD)	DLR 3 a			0637	0641	0644	0647		0650	0653		0656	0659	0702	0705	0708	0711	0714
Tottenham Court Road (TCR)	DLR a			0640	0644	0647	0650		0653	0656		0659	0702	0705	0708	0711	0714	0717
Bond Street (BDS)	DLR a			0643	0647	0650	0653		0656	0659		0702	0705	0708	0711	0714	0717	0720
London Paddington EL (PAD)	DLR 15 a			0648	0652	0654	0658		0700	0703		0706	0710	0713	0716	0718	0722	0724
Acton Main Line (AML)	a					0700						0713						0730
Ealing Broadway (EAL)	DLR 3 a			0655		0703			0709	0713		0716				0725		0733
West Ealing (WEA)	DLR 3 a					0706				0716		0719						0736
Hanwell (HAN)	a					0708						0721						0738
Southall (STL)	a			0702		0711			0715			0724				0732		0741
Hayes & Harlington (HAY)	DLR 3 a			0705		0714			0718	0722		0727				0735		0744
Heathrow Terminals 2 & 3 (HXX)	DLR a					0721				0729		0734						0751
Heathrow Terminal 4 (HAF)	DLR a					0727						0742						0757
Heathrow Terminal 5 (HWV)	DLR a								0735									
West Drayton (WDT)	a			0709					0722							0739		
Iver (IVR)	a			0712					0725							0742		
Langley (LNY)	a			0714					0727							0744		
Slough (SLO)	DLR 3 a			0718					0731							0748		
Burnham (BNM)	a			0722					0735							0752		
Taplow (TAP)	a			0724					0737							0754		
Maidenhead (MAI)	DLR 3 a			0727					0740							0757		
Twyford (TWY)	DLR 3 a			0735					0747							0805		
Reading (RDG)	DLR 7 a			0744					0755							0812		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only

- A From Southend Victoria
- B From Colchester
- C From Ipswich
- D From Clacton-on-Sea

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	XR	LE E	LE A	XR	XR	LE D	XR	XR	LE F	XR	XR	XR	XR	LE A	XR
Shenfield (SNF)	3 d	0630			0637	0638	0644		0644	0648		0650	0651		0654		0658	0659
Brentwood (BRE)	d	0634			0641				0648			0654			0658		0702	
Harold Wood (HRO)	d	0638			0645				0652			0658			0702		0706	
Gidea Park (GDP)	2 d	0641	0645		0649				0655			0701			0705		0709	
Romford (RMF)	d	0644	0648		0652				0658			0704			0708		0712	
Chadwell Heath (CTH)	d	0647	0651		0655				0701			0707			0711		0715	
Goodmayes (GMY)	d	0649	0653		0657				0703			0709			0713		0717	
Seven Kings (SVK)	d	0651	0655		0659				0705			0711			0715		0719	
Ilford (IFD)	2 d	0655	0659		0703				0709			0715			0719		0723	
Manor Park (MNP)	d	0657	0701		0705				0711			0717			0721		0725	
Forest Gate (FOG)	d	0700	0704		0708				0714			0720			0724		0728	
Maryland (MYL)	d	0702	0706		0710				0716			0722			0726		0730	
Stratford (SRA)	DLR 7 d	0705	0709		0713	0655s	0701s		0719	0705s		0725	0708s		0729		0733	0716s
Abbey Wood (ABW)	d			0700				0706			0712			0718		0724		0729
Woolwich (WWC)	d			0703				0709			0715			0721		0727		0732
Custom House (CUS)	d			0707				0713			0719			0725		0731		0736
Canary Wharf (CWX)	DLR d			0713				0718			0723			0729		0735		0740
Whitechapel (ZLW)	DLR d	0712	0714	0717	0719			0722	0724		0727	0730		0733	0736	0739	0741	0744
London Liverpool Street (LST)	DLR 15 a					0706	0711			0716			0719					0727
London Liverpool Street EL (LST)	4 a	0714	0717	0719	0722			0724	0727		0730	0733		0736	0739	0741	0744	0746
Farringdon (ZFD)	3 a	0717	0719	0722	0724			0727	0729		0732	0735		0738	0741	0744	0746	0749
Tottenham Court Road (TCR)	DLR a	0720	0722	0725	0727			0730	0732		0735	0738		0741	0744	0746	0749	0751
Bond Street (BDS)	DLR a	0722	0725	0727	0730			0732	0735		0738	0741		0744	0746	0749	0751	0754
London Paddington EL (PAD)	DLR 15 a	0727	0730	0731	0734			0736	0740		0743	0746		0748	0751	0753	0756	0758
Acton Main Line (AML)	a							0743								0800		
Ealing Broadway (EAL)	3 a			0740	0743			0747						0755		0803		0810
West Ealing (WEA)	3 a				0746			0750								0806		
Hanwell (HAN)	a							0752								0808		
Southall (STL)	a			0746				0755						0801		0811		0816
Hayes & Harlington (HAY)	3 a			0749	0752			0758						0804		0814		0819
Heathrow Terminals 2 & 3 (HXX)	DLR a				0759			0805								0821		
Heathrow Terminal 4 (HAF)	DLR a							0812								0827		
Heathrow Terminal 5 (HWV)	DLR a				0805													
West Drayton (WDT)	a			0753										0808				0823
Iver (IVR)	a			0756										0811				0826
Langley (LNY)	a			0758										0813				0828
Slough (SLO)	3 a			0802										0817				0832
Burnham (BNM)	a			0806										0821				0836
Taplow (TAP)	a			0808										0823				0839
Maidenhead (MAI)	3 a			0811										0826				0842
Twyford (TWY)	3 a			0818										0833				0849
Reading (RDG)	7 a			0826										0842				0858

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator	XR	XR	LE G	LE D	XR	XR	XR	XR	LE A	XR	XR	LE H	XR	XR	LE A	XR	XR	LE F	
Days of operation/Notes																			
Shenfield (SNF)	3 d	0704	0706	0710		0710		0715	0716		0720	0723		0724	0728		0728	0732	
Brentwood (BRE)	d	0708				0714		0719			0724			0728				0732	
Harold Wood (HRO)	d	0712				0718		0723			0728			0732				0736	
Gidea Park (GDP)	2 d	0713	0717			0722		0727			0731			0735				0739	
Romford (RMF)	d	0716	0720			0725		0730			0734			0738				0742	
Chadwell Heath (CTH)	d	0719	0723			0728		0733			0737			0741				0745	
Goodmayes (GMY)	d	0721	0725			0730		0735			0739			0743				0747	
Seven Kings (SVK)	d	0723	0727			0732		0737			0741			0745				0749	
Ilford (IFD)	2 d	0727	0731			0736		0741			0745			0749				0753	
Manor Park (MNP)	d	0729	0733			0738		0743			0747			0751				0755	
Forest Gate (FOG)	d	0732	0736			0741		0746			0750			0754				0758	
Maryland (MYL)	d	0734	0738			0743		0748			0752			0756				0800	
Stratford (SRA)	DLR 7 d	0737	0741	0723s	0727s			0746		0751	0733s		0740s		0759	0745s		0803	0749s
Abbey Wood (ABW)	d					0734		0739			0744			0749				0754	
Woolwich (WWC)	d					0737		0742			0747			0752				0757	
Custom House (CUS)	d					0741		0746			0751			0756				0801	
Canary Wharf (CWX)	DLR d					0745		0750			0755			0800				0805	
Whitechapel (ZLW)	DLR d		0746			0749	0751	0754	0756		0759	0801		0804	0806			0809	0811
London Liverpool Street (LST)	DLR 15 a	0746		0733	0739					0744			0751			0756			0759
London Liverpool Street EL (LST)	DLR 4 a		0749			0751	0754	0756	0759		0801	0804		0806	0809			0811	0814
Farringdon (ZFD)	DLR 3 a		0751			0754	0756	0759	0801		0804	0806		0809	0811			0814	0816
Tottenham Court Road (TCR)	DLR a		0754			0756	0759	0801	0804		0806	0809		0811	0814			0816	0819
Bond Street (BDS)	DLR a		0756			0759	0801	0804	0806		0809	0811		0814	0816			0819	0821
London Paddington EL (PAD)	DLR 15 a		0801			0804	0805	0808	0811		0813	0816		0819	0821			0823	0826
Acton Main Line (AML)	a							0815										0830	
Ealing Broadway (EAL)	DLR 3 a						0813	0818			0825							0833	
West Ealing (WEA)	DLR 3 a						0816	0821										0836	
Hanwell (HAN)	a							0823										0838	
Southall (STL)	a							0826			0832							0841	
Hayes & Harlington (HAY)	DLR 3 a						0822	0829			0835							0844	
Heathrow Terminals 2 & 3 (HXX)	DLR a						0829	0836										0851	
Heathrow Terminal 4 (HAF)	DLR a							0842										0857	
Heathrow Terminal 5 (HWV)	DLR a						0835												
West Drayton (WDT)	a										0839								
Iver (IVR)	a										0841								
Langley (LNY)	a										0844								
Slough (SLO)	DLR 3 a										0847								
Burnham (BNM)	a										0851								
Taplow (TAP)	a										0854								
Maidenhead (MAI)	DLR 3 a										0857								
Twyford (TWY)	DLR 3 a										0904								
Reading (RDG)	DLR 7 a										0911								

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE G	XR	XR	XR	LE A	XR	XR	LE D	XR	XR	LE A	XR	XR	LE D	XR	XR	LE A	XR
Shenfield (SNF)	3 d	0734			0734	0740		0740	0742		0745	0750		0750	0753		0754	0758
Brentwood (BRE)	d				0738			0744			0749			0754			0758	
Harold Wood (HRO)	d				0742			0748			0753			0758			0802	
Gidea Park (GDP)	2 d			0743	0747			0752			0757			0801			0805	
Romford (RMF)	d			0746	0750			0755			0800			0804			0808	
Chadwell Heath (CTH)	d			0749	0753			0758			0803			0807			0811	
Goodmayes (GMY)	d			0751	0755			0800			0805			0809			0813	
Seven Kings (SVK)	d			0753	0757			0802			0807			0811			0815	
Ilford (IFD)	2 d			0757	0801			0806			0811			0815			0819	
Manor Park (MNP)	d			0759	0803			0808			0813			0817			0821	
Forest Gate (FOG)	d			0802	0806			0811			0816			0820			0824	
Maryland (MYL)	d			0804	0808			0813			0818			0822			0826	
Stratford (SRA)	DLR 7 d	0751s		0807	0811	0757s		0816	0800s		0821	0807s		0825	0810s		0829	0815s
Abbey Wood (ABW)	d		0759			0804			0809			0814			0819			0824
Woolwich (WWC)	d		0802			0807			0812			0817			0822			0827
Custom House (CUS)	d		0806			0811			0816			0821			0826			0831
Canary Wharf (CWX)	DLR d		0810			0815			0820			0825			0830			0835
Whitechapel (ZLW)	DLR d		0814		0816	0819	0821		0824	0826		0829	0831		0834	0836		0839
London Liverpool Street (LST)	DLR 15 a	0802		0816		0808		0811			0818			0821			0826	
London Liverpool Street EL (LST)	DLR 4 a		0816		0819		0821	0824		0826	0829		0831	0834		0836	0839	0841
Farringdon (ZFD)	DLR 3 a		0819		0821		0824	0826		0829	0831		0834	0836		0839	0841	0844
Tottenham Court Road (TCR)	DLR a		0821		0824		0826	0829		0831	0834		0836	0839		0841	0844	0846
Bond Street (BDS)	DLR a		0824		0826		0829	0831		0834	0836		0839	0841		0844	0846	0849
London Paddington EL (PAD)	DLR 15 a		0828		0831		0834	0835		0838	0841		0843	0846		0849	0851	0853
Acton Main Line (AML)	a								0845									0900
Ealing Broadway (EAL)	DLR 3 a		0840				0843		0848			0851						0903
West Ealing (WEA)	DLR a						0846		0851									0906
Hanwell (HAN)	a								0853									0908
Southall (STL)	a		0845						0856			0859						0911
Hayes & Harlington (HAY)	DLR 3 a		0848					0852	0859			0902						0914
Heathrow Terminals 2 & 3 (HXX)	DLR DLR a							0859	0906									0921
Heathrow Terminal 4 (HAF)	DLR a								0912									0927
Heathrow Terminal 5 (HWV)	DLR a						0905											
West Drayton (WDT)	a		0854										0906					
Iver (IVR)	a		0856										0908					
Langley (LNY)	a		0859										0911					
Slough (SLO)	DLR 3 a		0902										0914					
Burnham (BNM)	a		0906										0918					
Taplow (TAP)	a		0909										0921					
Maidenhead (MAI)	DLR 3 a		0912										0924					
Twyford (TWY)	DLR 3 a		0919										0931					
Reading (RDG)	DLR 7 a		0926										0938					

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Mondays to Fridays

Operator Days of operation/Notes	XR	LE H	XR	XR	XR	LE A	LE E	XR	XR	XR	XR	LE A	XR	XR	LE F	XR	XR	LE J	
Shenfield (SNF)	3 d	0758	0804			0804	0806	0809		0810		0816	0817		0821	0822		0826	0827
Brentwood (BRE)	d	0802				0808				0814		0820			0825			0830	
Harold Wood (HRO)	d	0806				0812				0818		0824			0829			0834	
Gidea Park (GDP)	2 d	0809			0813	0817				0822		0827			0832			0837	
Romford (RMF)	d	0812			0816	0820				0825		0830			0835			0840	
Chadwell Heath (CTH)	d	0815			0819	0823				0828		0833			0838			0843	
Goodmayes (GMY)	d	0817			0821	0825				0830		0835			0840			0845	
Seven Kings (SVK)	d	0819			0823	0827				0832		0837			0842			0847	
Ilford (IFD)	2 d	0823			0827	0831				0836		0841			0846			0851	
Manor Park (MNP)	d	0825			0829	0833				0838		0843			0848			0853	
Forest Gate (FOG)	d	0828			0832	0836				0841		0846			0851			0856	
Maryland (MYL)	d	0830			0834	0838				0843		0848			0853			0858	
Stratford (SRA)	DLR 7 d	0833	0821s		0837	0841	0823s	0826s		0846		0851	0834s		0856	0839s		0901	0844s
Abbey Wood (ABW)	d			0829					0834		0839			0844			0849		
Woolwich (WWC)	d			0832					0837		0842			0847			0852		
Custom House (CUS)	d			0836					0841		0846			0851			0856		
Canary Wharf (CWX)	DLR d			0840					0845		0850			0855			0900		
Whitechapel (ZLW)	DLR d	0841		0844		0846			0849	0851	0854	0856		0859	0901		0904	0906	
London Liverpool Street (LST)	DLR 15 a		0831		0846		0834	0836					0845		0850			0854	
London Liverpool Street EL (LST)	4 a	0844		0846		0849			0851	0854	0856	0859		0901	0904		0906	0909	
Farringdon (ZFD)	3 a	0846		0849		0851			0854	0856	0859	0901		0904	0906		0909	0911	
Tottenham Court Road (TCR)	a	0849		0851		0854			0856	0859	0901	0904		0906	0909		0911	0914	
Bond Street (BDS)	a	0851		0854		0856			0859	0901	0904	0906		0909	0911		0914	0917	
London Paddington EL (PAD)	15 a	0856		0858		0901			0904	0905	0908	0911		0913	0916		0919	0922	
Acton Main Line (AML)	a										0915								
Ealing Broadway (EAL)	3 a			0910					0913	0918			0925						
West Ealing (WEA)	3 a								0916	0921									
Hanwell (HAN)	a									0923									
Southall (STL)	a			0915						0926			0932						
Hayes & Harlington (HAY)	3 a			0918					0922	0929			0935						
Heathrow Terminals 2 & 3 (HXX)	a ←								0929	0936									
Heathrow Terminal 4 (HAF)	a ←									0942									
Heathrow Terminal 5 (HWV)	a ←								0935										
West Drayton (WDT)	a			0924									0939						
Iver (IVR)	a			0926															
Langley (LNY)	a			0929									0943						
Slough (SLO)	3 a			0932									0946						
Burnham (BNM)	a			0936									0950						
Taplow (TAP)	a												0953						
Maidenhead (MAI)	3 a			0942									0956						
Twyford (TWY)	3 a												1003						
Reading (RDG)	7 a												1010						

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Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE A	LE E	XR	XR	XR	XR	XR	XR	LE D	XR	LE A	XR	LE H	XR	XR	XR	XR	
Shenfield (SNF)	3	d	0831	0832	0834		0836			0843	0844		0847	0850	0856		0856		0901	
Brentwood (BRE)		d	0835				0840			0847				0854			0900		0905	
Harold Wood (HRO)		d	0839				0844			0851				0858			0904		0909	
Gidea Park (GDP)	2	d	0842				0847		0851	0855				0901			0907		0912	
Romford (RMF)		d	0845				0850		0854	0858			0855	0904			0910		0915	
Chadwell Heath (CTH)		d	0848				0853		0857	0901				0907			0913		0918	
Goodmayes (GMY)		d	0850				0855		0859	0903				0909			0915		0920	
Seven Kings (SVK)		d	0852				0857		0901	0905				0911			0917		0922	
Ilford (IFD)	2	d	0856				0901		0905	0909				0915			0921		0926	
Manor Park (MNP)		d	0858				0903		0907	0911				0917			0923		0928	
Forest Gate (FOG)		d	0901				0906		0910	0914				0920			0926		0931	
Maryland (MYL)		d	0903				0908		0912	0916				0922			0928		0933	
Stratford (SRA)	DLR 7	d	0906	0849s	0851s		0911		0915	0919	0901s		0906s	0925	0912s		0931		0936	
Abbey Wood (ABW)		d	0854				0900		0906				0911			0918		0924		
Woolwich (WWC)		d	0857				0903		0909				0915			0921		0927		
Custom House (CUS)		d	0901				0907		0913				0919			0925		0931		
Canary Wharf (CWX)	DLR	d	0905				0911		0917				0923			0929		0935		
Whitechapel (ZLW)	DLR	d	0909	0912			0915	0918	0921		0924		0927		0930		0933	0936	0942	
London Liverpool Street (LST)	DLR 15	a		0859	0902					0924		0912		0916		0922				
London Liverpool Street EL (LST)	DLR 4	a	0912	0915			0918	0921	0924		0927		0930		0933		0936	0939	0942	0945
Farringdon (ZFD)	DLR 3	a	0914	0917			0920	0923	0926		0929		0932		0935		0938	0941	0944	0947
Tottenham Court Road (TCR)	DLR	a	0917	0920			0923	0926	0929		0932		0935		0938		0941	0944	0947	0950
Bond Street (BDS)	DLR	a	0920	0923			0926	0929	0932		0935		0938		0941		0944	0947	0950	0953
London Paddington EL (PAD)	DLR 15	a	0924	0928			0930	0933	0936		0940		0942		0946		0948	0952	0954	0958
Acton Main Line (AML)		a	0930						0943											1000
Ealing Broadway (EAL)	DLR 3	a	0933				0940	0943	0948								0956			1003
West Ealing (WEA)	DLR 3	a	0936					0946	0951											1006
Hanwell (HAN)		a	0938						0953											1008
Southall (STL)		a	0941				0946		0956								1002			1011
Hayes & Harlington (HAY)	DLR 3	a	0944				0949	0952	0959								1005			1014
Heathrow Terminals 2 & 3 (HXX)	DLR ←	a	0951					0959	1006											1021
Heathrow Terminal 4 (HAF)	DLR ←	a	0957						1012											1027
Heathrow Terminal 5 (HWV)	DLR ←	a					1005													
West Drayton (WDT)		a					0953										1009			
Iver (IVR)		a					0956													
Langley (LNY)		a					0958										1013			
Slough (SLO)	DLR 3	a					1002										1016			
Burnham (BNM)		a					1006										1020			
Taplow (TAP)		a															1023			
Maidenhead (MAI)	DLR 3	a					1014										1026			
Twyford (TWY)	DLR 3	a															1033			
Reading (RDG)	DLR 7	a															1040			

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Mondays to Fridays

Operator Days of operation/Notes	LE A	XR	XR	XR	XR	XR	LE K	XR	XR	LE A	XR	XR	XR	XR	LE C	LE H	XR	XR
Shenfield (SNF)	3 d	0904	0906			0913	0917		0920	0924		0926		0933	0934	0939		0941
Brentwood (BRE)	d		0910			0917			0924			0930		0937				0945
Harold Wood (HRO)	d		0914			0921			0928			0934		0941				0949
Gidea Park (GDP)	2 d		0917		0921	0925			0931			0937		0944				0952
Romford (RMF)	d		0920		0924	0928			0934			0940		0947				0955
Chadwell Heath (CTH)	d		0923		0927	0931			0937			0943		0950				0958
Goodmayes (GMY)	d		0925		0929	0933			0939			0945		0952				1000
Seven Kings (SVK)	d		0927		0931	0935			0941			0947		0954				1002
Ilford (IFD)	2 d		0931		0935	0939			0945			0951		0958				1006
Manor Park (MNP)	d		0933		0937	0941			0947			0953		1000				1008
Forest Gate (FOG)	d		0936		0940	0944			0950			0956		1003				1011
Maryland (MYL)	d		0938		0942	0946			0952			0958		1005				1013
Stratford (SRA)	DLR 7 d	0921s	0941		0945	0949	0933s		0955	0941s		1001		1008	0950s	0955		1016
Abbey Wood (ABW)	d		0930		0936				0942			0948		0954			1002	
Woolwich (WWC)	d		0933		0939				0945			0951		0957			1005	
Custom House (CUS)	d		0937		0943				0949			0955		1001			1009	
Canary Wharf (CWX)	DLR d		0941		0947				0953			0959		1005			1013	
Whitechapel (ZLW)	DLR d		0945	0948	0951		0954		0957	1000		1003	1006	1009	1013		1017	1021
London Liverpool Street (LST)	DLR 15 a	0931			0954		0943				0951				1000	1003		
London Liverpool Street EL (LST)	DLR 4 a		0948	0951	0954		0957		1000	1003		1006	1009	1012	1016		1020	1024
Farringdon (ZFD)	DLR 3 a		0950	0953	0956		0959		1002	1005		1008	1011	1014	1018		1022	1026
Tottenham Court Road (TCR)	DLR a		0953	0956	0959		1002		1005	1008		1011	1014	1017	1021		1025	1029
Bond Street (BDS)	DLR a		0956	0959	1002		1005		1008	1011		1014	1017	1020	1024		1028	1032
London Paddington EL (PAD)	DLR 15 a		1000	1003	1006		1010		1013	1016		1018	1022	1024	1029		1032	1036
Acton Main Line (AML)	a				1013									1030				
Ealing Broadway (EAL)	DLR 3 a		1010	1013	1018							1025		1033			1040	1043
West Ealing (WEA)	DLR 3 a			1016	1021									1036				1046
Hanwell (HAN)	a				1023									1038				
Southall (STL)	a		1015		1026							1032		1041			1045	
Hayes & Harlington (HAY)	DLR 3 a		1018	1022	1029							1035		1044			1048	1052
Heathrow Terminals 2 & 3 (HXX)	DLR a			1029	1036									1051				1059
Heathrow Terminal 4 (HAF)	DLR a				1042									1057				
Heathrow Terminal 5 (HWV)	DLR a			1035														1105
West Drayton (WDT)	a		1022									1039					1052	
Iver (IVR)	a		1025														1055	
Langley (LNY)	a		1027									1043					1057	
Slough (SLO)	DLR 3 a		1031									1046					1101	
Burnham (BNM)	a		1035									1050					1105	
Taplow (TAP)	a											1053						
Maidenhead (MAI)	DLR 3 a		1042									1056					1112	
Twyford (TWY)	DLR 3 a											1103						
Reading (RDG)	DLR 7 a											1110						

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only

- A From Southend Victoria
- C From Ipswich
- H From Braintree
- K From Walton-on-the-Naze

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE A	XR	XR	LE L	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	LE G	XR	XR	LE A
Shenfield (SNF)	3 d	0946		0948	0953		0956		1003	1005	1008		1011		1018	1019		1026	1027
Brentwood (BRE)	d			0952			1000		1007				1015		1022			1030	
Harold Wood (HRO)	d			0956			1004		1011				1019		1026			1034	
Gidea Park (GDP)	2 d			0959			1007		1014				1022		1029			1037	
Romford (RMF)	d	0953		1002			1010		1017				1025		1032			1040	
Chadwell Heath (CTH)	d			1005			1013		1020				1028		1035			1043	
Goodmayes (GMY)	d			1007			1015		1022				1030		1037			1045	
Seven Kings (SVK)	d			1009			1017		1024				1032		1039			1047	
Ilford (IFD)	2 d			1013			1021		1028				1036		1043			1051	
Manor Park (MNP)	d			1015			1023		1030				1038		1045			1053	
Forest Gate (FOG)	d			1018			1026		1033				1041		1048			1056	
Maryland (MYL)	d			1020			1028		1035				1043		1050			1058	
Stratford (SRA)	DLR 7 d	1003		1023	1008		1031		1038	1020	1023		1046		1053	1035		1101	1042
Abbey Wood (ABW)	d		1009			1017		1024				1032		1039			1047		
Woolwich (WWC)	d		1012			1020		1027				1035		1042			1050		
Custom House (CUS)	d		1016			1024		1031				1039		1046			1054		
Canary Wharf (CWX)	DLR d		1020			1028		1035				1043		1050			1058		
Whitechapel (ZLW)	DLR d		1024	1028		1032	1036	1039	1043			1047	1051	1054	1058		1102	1106	
London Liverpool Street (LST)	DLR 15 a	1011			1017					1028	1033					1043			1054
London Liverpool Street EL (LST)	DLR 4 a		1027	1031		1035	1039	1042	1046			1050	1054	1057	1101		1105	1109	
Farringdon (ZFD)	DLR 3 a		1029	1033		1037	1041	1044	1048			1052	1056	1059	1103		1107	1111	
Tottenham Court Road (TCR)	DLR a		1032	1036		1040	1044	1047	1051			1055	1059	1102	1106		1110	1114	
Bond Street (BDS)	DLR a		1035	1039		1043	1047	1050	1054			1058	1102	1105	1109		1113	1117	
London Paddington EL (PAD)	DLR 15 a		1039	1044		1047	1052	1054	1059			1102	1106	1109	1114		1117	1122	
Acton Main Line (AML)	a		1045					1100							1115				
Ealing Broadway (EAL)	DLR 3 a		1048			1055		1103				1110	1113	1118			1125		
West Ealing (WEA)	DLR 3 a		1051					1106					1116	1121					
Hanwell (HAN)	a		1054					1108						1123					
Southall (STL)	a		1057			1102		1111				1116		1126			1132		
Hayes & Harlington (HAY)	DLR 3 a		1100			1105		1114				1119	1122	1129			1135		
Heathrow Terminals 2 & 3 (HXX)	DLR a		1107					1121					1129	1136					
Heathrow Terminal 4 (HAF)	DLR a		1112					1127						1142					
Heathrow Terminal 5 (HWV)	DLR a												1135						
West Drayton (WDT)	a					1109						1125					1139		
Iver (IVR)	a											1128							
Langley (LNY)	a					1113						1130					1143		
Slough (SLO)	DLR 3 a					1116						1134					1146		
Burnham (BNM)	a					1120						1138					1150		
Taplow (TAP)	a					1123											1153		
Maidenhead (MAI)	DLR 3 a					1126						1145					1156		
Twyford (TWY)	DLR 3 a					1133											1203		
Reading (RDG)	DLR 7 a					1140											1210		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- G From Colchester Town
- L From Harwich Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE H	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	LE A	LE D	XR	XR	XR
Shenfield (SNF)	3	d	1033	1038		1041	1046		1048	1051		1056		1103	1108		1111	
Brentwood (BRE)		d	1037			1045			1052			1100		1107			1115	
Harold Wood (HRO)		d	1041			1049			1056			1104		1111			1119	
Gidea Park (GDP)	2	d	1044			1052			1059			1107		1114			1122	
Romford (RMF)		d	1047			1055	1053		1102			1110		1117			1125	
Chadwell Heath (CTH)		d	1050			1058			1105			1113		1120			1128	
Goodmayes (GMY)		d	1052			1100			1107			1115		1122			1130	
Seven Kings (SVK)		d	1054			1102			1109			1117		1124			1132	
Ilford (IFD)	2	d	1058			1106			1113			1121		1128			1136	
Manor Park (MNP)		d	1100			1108			1115			1123		1130			1138	
Forest Gate (FOG)		d	1103			1111			1118			1126		1133			1141	
Maryland (MYL)		d	1105			1113			1120			1128		1135			1143	
Stratford (SRA)	DLR 7	d	1108	1053		1116	1103		1123	1106		1131		1138	1123		1146	
Abbey Wood (ABW)		d	1054			1102			1109			1117		1124			1132	1139
Woolwich (WWC)		d	1057			1105			1112			1120		1127			1135	1142
Custom House (CUS)		d	1101			1109			1116			1124		1131			1139	1146
Canary Wharf (CWX)	DLR	d	1105			1113			1120			1128		1135			1143	1150
Whitechapel (ZLW)	DLR	d	1109	1113		1117	1121		1124	1128		1132	1136	1139	1143		1147	1151
London Liverpool Street (LST)	DLR 15	a		1101			1111			1114					1128	1131		
London Liverpool Street EL (LST)	DLR 4	a	1112	1116		1120	1124		1127	1131		1135	1139	1142	1146		1150	1154
Farringdon (ZFD)	DLR 3	a	1114	1118		1122	1126		1129	1133		1137	1141	1144	1148		1152	1156
Tottenham Court Road (TCR)	DLR	a	1117	1121		1125	1129		1132	1136		1140	1144	1147	1151		1155	1159
Bond Street (BDS)	DLR	a	1120	1124		1128	1132		1135	1139		1143	1147	1150	1154		1158	1202
London Paddington EL (PAD)	DLR 15	a	1124	1129		1132	1136		1139	1144		1147	1152	1154	1159		1202	1206
Acton Main Line (AML)		a	1130						1145					1200				1215
Ealing Broadway (EAL)	DLR 3	a	1133			1140	1143		1148			1154		1203			1210	1213
West Ealing (WEA)	DLR 3	a	1136			1146			1151					1206			1216	1221
Hanwell (HAN)		a	1138						1153					1208				1223
Southall (STL)		a	1141			1145			1156			1202		1211			1216	1226
Hayes & Harlington (HAY)	DLR 3	a	1144			1148	1152		1159			1205		1214			1219	1222
Heathrow Terminals 2 & 3 (HXX)	DLR	a	1151				1159		1206					1221			1229	1236
Heathrow Terminal 4 (HAF)	DLR	a	1157						1212					1227				1242
Heathrow Terminal 5 (HWV)	DLR	a				1205											1235	
West Drayton (WDT)		a				1152						1209					1223	
Iver (IVR)		a				1155											1226	
Langley (LNY)		a				1157						1213					1228	
Slough (SLO)	3	a				1201						1216					1232	
Burnham (BNM)		a				1205						1220					1236	
Taplow (TAP)		a										1223						
Maidenhead (MAI)	3	a				1212						1226					1243	
Twyford (TWY)	3	a										1233						
Reading (RDG)	7	a										1240						

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
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- D From Clacton-on-Sea
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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	LE G	XR	XR	LE A	XR	XR	LE H	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	
Shenfield (SNF)	3 d	1118	1119		1126	1127		1133	1138		1141	1146		1148	1151		1156		1203
Brentwood (BRE)	d	1122			1130			1137			1145			1152			1200		1207
Harold Wood (HRO)	d	1126			1134			1141			1149			1156			1204		1211
Gidea Park (GDP)	2 d	1129			1137			1144			1152			1159			1207		1214
Romford (RMF)	d	1132	1126		1140			1147			1155	1153		1202			1210		1217
Chadwell Heath (CTH)	d	1135			1143			1150			1158			1205			1213		1220
Goodmayes (GMY)	d	1137			1145			1152			1200			1207			1215		1222
Seven Kings (SVK)	d	1139			1147			1154			1202			1209			1217		1224
Ilford (IFD)	2 d	1143			1151			1158			1206			1213			1221		1228
Manor Park (MNP)	d	1145			1153			1200			1208			1215			1223		1230
Forest Gate (FOG)	d	1148			1156			1203			1211			1218			1226		1233
Maryland (MYL)	d	1150			1158			1205			1213			1220			1228		1235
Stratford (SRA)	DLR 7 d	1153	1136		1201	1142		1208	1153		1216	1203		1223	1206		1231		1238
Abbey Wood (ABW)	d			1147			1154			1202			1209			1217		1224	
Woolwich (WWC)	d			1150			1157			1205			1212			1220		1227	
Custom House (CUS)	d			1154			1201			1209			1216			1224		1231	
Canary Wharf (CWX)	DLR d			1158			1205			1213			1220			1228		1235	
Whitechapel (ZLW)	DLR d	1158		1202	1206		1209	1213		1217	1221		1224	1228		1232	1236	1239	1243
London Liverpool Street (LST)	DLR 15 a		1144			1150			1201			1211		1214					
London Liverpool Street EL (LST)	4 a	1201		1205	1209		1212	1216		1220	1224		1227	1231		1235	1239	1242	1246
Farringdon (ZFD)	3 a	1203		1207	1211		1214	1218		1222	1226		1229	1233		1237	1241	1244	1248
Tottenham Court Road (TCR)	a	1206		1210	1214		1217	1221		1225	1229		1232	1236		1240	1244	1247	1251
Bond Street (BDS)	a	1209		1213	1217		1220	1224		1228	1232		1235	1239		1243	1247	1250	1254
London Paddington EL (PAD)	15 a	1214		1217	1222		1224	1229		1232	1236		1239	1244		1247	1252	1254	1259
Acton Main Line (AML)	a						1230						1245						1300
Ealing Broadway (EAL)	3 a			1226			1233			1240	1243		1248			1255		1303	
West Ealing (WEA)	3 a						1236				1246		1251					1306	
Hanwell (HAN)	a						1238						1253					1308	
Southall (STL)	a			1233			1241			1246			1256			1301		1311	
Hayes & Harlington (HAY)	3 a			1236			1244			1249	1252		1259			1304		1314	
Heathrow Terminals 2 & 3 (HXX)	a ←						1251				1259		1306					1321	
Heathrow Terminal 4 (HAF)	a ←						1257						1312					1327	
Heathrow Terminal 5 (HWV)	a ←										1305								
West Drayton (WDT)	a			1240						1253						1308			
Iver (IVR)	a									1256									
Langley (LNY)	a			1244						1258						1312			
Slough (SLO)	3 a			1248						1302						1317			
Burnham (BNM)	a			1252						1306						1321			
Taplow (TAP)	a			1254												1324			
Maidenhead (MAI)	3 a			1257						1313						1327			
Twyford (TWY)	3 a			1304												1334			
Reading (RDG)	7 a			1312												1343			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Ipswich
- G From Colchester Town
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE A	LE D	XR	XR	XR	XR	LE G	XR	XR	LE A	XR	XR	LE H	XR	XR	LE A	XR	XR	
Shenfield (SNF)	3 d	1205	1208		1211		1218	1219		1226	1227		1233	1238		1241	1246		1248
Brentwood (BRE)	d				1215		1222			1230			1237			1245			1252
Harold Wood (HRO)	d				1219		1226			1234			1241			1249			1256
Gidea Park (GDP)	2 d				1222		1229			1237			1244			1252			1259
Romford (RMF)	d				1225		1232	1226		1240			1247			1255	1253		1302
Chadwell Heath (CTH)	d				1228		1235			1243			1250			1258			1305
Goodmayes (GMY)	d				1230		1237			1245			1252			1300			1307
Seven Kings (SVK)	d				1232		1239			1247			1254			1302			1309
Ilford (IFD)	2 d				1236		1243			1251			1258			1306			1313
Manor Park (MNP)	d				1238		1245			1253			1300			1308			1315
Forest Gate (FOG)	d				1241		1248			1256			1303			1311			1318
Maryland (MYL)	d				1243		1250			1258			1305			1313			1320
Stratford (SRA)	DLR 7 d	1220	1223		1246		1253	1236		1301	1242		1308	1253		1316	1303		1323
Abbey Wood (ABW)	d				1232		1239			1247			1254			1302			1309
Woolwich (WWC)	d				1235		1242			1250			1257			1305			1312
Custom House (CUS)	d				1239		1246			1254			1301			1309			1316
Canary Wharf (CWX)	DLR d				1243		1250			1258			1305			1313			1320
Whitechapel (ZLW)	d				1247	1251	1254	1258		1302	1306		1309	1313		1317	1321		1324
London Liverpool Street (LST)	15 a	1228	1231					1244			1253		1301			1311			1328
London Liverpool Street EL (LST)	4 a				1250	1254	1257	1301		1305	1309		1312	1316		1320	1324		1327
Farringdon (ZFD)	3 a				1252	1256	1259	1303		1307	1311		1314	1318		1322	1326		1331
Tottenham Court Road (TCR)	a				1255	1259	1302	1306		1310	1314		1317	1321		1325	1329		1336
Bond Street (BDS)	a				1258	1302	1305	1309		1313	1317		1320	1324		1328	1332		1339
London Paddington EL (PAD)	15 a				1302	1306	1309	1314		1317	1322		1324	1329		1332	1336		1344
Acton Main Line (AML)	a						1315						1330						1345
Ealing Broadway (EAL)	3 a				1310	1313	1318			1326			1333			1340	1343		1348
West Ealing (WEA)	3 a						1316	1321					1336				1346		1351
Hanwell (HAN)	a						1323						1338						1353
Southall (STL)	a				1315		1326			1333			1341			1347			1356
Hayes & Harlington (HAY)	3 a				1318	1322	1329			1337			1344			1350	1353		1359
Heathrow Terminals 2 & 3 (HXX)	a ←						1329	1336					1351				1400		1406
Heathrow Terminal 4 (HAF)	a ←						1342						1357						1412
Heathrow Terminal 5 (HWV)	a ←						1335										1405		
West Drayton (WDT)	a				1322					1341						1355			
Iver (IVR)	a				1325											1358			
Langley (LNY)	a				1327					1345						1400			
Slough (SLO)	3 a				1332					1348						1404			
Burnham (BNM)	a				1336					1352						1408			
Taplow (TAP)	a									1355									
Maidenhead (MAI)	3 a				1343					1358						1415			
Twyford (TWY)	3 a									1405									
Reading (RDG)	7 a									1412									

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	LE G	XR	XR	LE A	XR	XR	LE H	
Shenfield (SNF)	3 d	1251		1255		1303	1305	1308		1311		1318	1319		1326	1327		1333	1338
Brentwood (BRE)	d			1259		1307				1315		1322			1330			1337	
Harold Wood (HRO)	d			1303		1311				1319		1326			1334			1341	
Gidea Park (GDP)	2 d			1306		1314				1322		1329			1337			1344	
Romford (RMF)	d			1309		1317				1325		1332	1326		1340			1347	
Chadwell Heath (CTH)	d			1312		1320				1328		1335			1343			1350	
Goodmayes (GMY)	d			1314		1322				1330		1337			1345			1352	
Seven Kings (SVK)	d			1316		1324				1332		1339			1347			1354	
Ilford (IFD)	2 d			1320		1328				1336		1343			1351			1358	
Manor Park (MNP)	d			1322		1330				1338		1345			1353			1400	
Forest Gate (FOG)	d			1325		1333				1341		1348			1356			1403	
Maryland (MYL)	d			1327		1335				1343		1350			1358			1405	
Stratford (SRA)	DLR 7 d	1306		1331		1338	1320	1323		1346		1353	1336		1401	1342		1408	1353
Abbey Wood (ABW)	d			1317		1324				1332		1339			1347			1354	
Woolwich (WWC)	d			1320		1327				1335		1342			1350			1357	
Custom House (CUS)	d			1324		1331				1339		1346			1354			1401	
Canary Wharf (CWX)	DLR d			1328		1335				1343		1350			1358			1405	
Whitechapel (ZLW)	DLR d			1332	1336	1339	1343			1347	1351	1354	1358		1402	1406		1409	1413
London Liverpool Street (LST)	DLR 15 a	1314					1328	1331					1344			1350			1401
London Liverpool Street EL (LST)	DLR 4 a			1335	1339	1342	1346			1350	1354	1357	1401		1405	1409		1412	1416
Farringdon (ZFD)	DLR 3 a			1337	1341	1344	1348			1352	1356	1359	1403		1407	1411		1414	1418
Tottenham Court Road (TCR)	DLR a			1340	1344	1347	1351			1355	1359	1402	1406		1410	1414		1417	1421
Bond Street (BDS)	DLR a			1343	1347	1350	1354			1358	1402	1405	1409		1413	1417		1420	1424
London Paddington EL (PAD)	DLR 15 a			1347	1352	1354	1359			1402	1406	1409	1414		1417	1422		1424	1429
Acton Main Line (AML)	a					1400						1415						1430	
Ealing Broadway (EAL)	DLR 3 a			1354		1403				1412	1415	1419			1425			1433	
West Ealing (WEA)	DLR 3 a					1406					1418	1422						1436	
Hanwell (HAN)	a					1408						1424						1438	
Southall (STL)	a			1402		1411				1417		1427			1432			1441	
Hayes & Harlington (HAY)	DLR 3 a			1405		1414				1420	1423	1430			1435			1444	
Heathrow Terminals 2 & 3 (HXX)	DLR a					1421					1430	1437						1451	
Heathrow Terminal 4 (HAF)	DLR a					1427						1442						1457	
Heathrow Terminal 5 (HWV)	DLR a										1435								
West Drayton (WDT)	a			1409						1424					1439				
Iver (IVR)	a									1427									
Langley (LNY)	a			1413						1429					1443				
Slough (SLO)	DLR 3 a			1416						1433					1447				
Burnham (BNM)	a			1420						1437					1451				
Taplow (TAP)	a			1423											1453				
Maidenhead (MAI)	DLR 3 a			1426						1444					1456				
Twyford (TWY)	DLR 3 a			1433											1503				
Reading (RDG)	DLR 7 a			1440											1511				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	LE G	XR
Days of operation/Notes																		
Shenfield (SNF)	3 d	1341	1346		1348	1351		1356		1403	1405	1408		1411		1418	1419	
Brentwood (BRE)	d	1345			1352			1400		1407				1415		1422		
Harold Wood (HRO)	d	1349			1356			1404		1411				1419		1426		
Gidea Park (GDP)	2 d	1352			1359			1407		1414				1422		1429		
Romford (RMF)	d	1355	1353		1402			1410		1417				1425		1432	1426	
Chadwell Heath (CTH)	d	1358			1405			1413		1420				1428		1435		
Goodmayes (GMY)	d	1400			1407			1415		1422				1430		1437		
Seven Kings (SVK)	d	1402			1409			1417		1424				1432		1439		
Ilford (IFD)	2 d	1406			1413			1421		1428				1436		1443		
Manor Park (MNP)	d	1408			1415			1423		1430				1438		1445		
Forest Gate (FOG)	d	1411			1418			1426		1433				1441		1448		
Maryland (MYL)	d	1413			1420			1428		1435				1443		1450		
Stratford (SRA)	DLR 7 d	1416	1403		1423	1406		1431		1438	1420	1423		1446		1453	1436	
Abbey Wood (ABW)	d	1402			1409			1417		1424			1432		1439			1447
Woolwich (WWC)	d	1405			1412			1420		1427			1435		1442			1450
Custom House (CUS)	d	1409			1416			1424		1431			1439		1446			1454
Canary Wharf (CWX)	DLR d	1413			1420			1428		1435			1443		1450			1458
Whitechapel (ZLW)	DLR d	1417	1421		1424	1428		1432	1436	1439	1443		1447	1451	1454	1458		1502
London Liverpool Street (LST)	DLR 15 a			1411		1415						1428	1431				1444	
London Liverpool Street EL (LST)	4 a	1420	1424		1427	1431		1435	1439	1442	1446			1450	1454	1457	1501	1505
Farringdon (ZFD)	3 a	1422	1426		1429	1433		1437	1441	1444	1448			1452	1456	1459	1503	1507
Tottenham Court Road (TCR)	DLR a	1425	1429		1432	1436		1440	1444	1447	1451			1455	1459	1502	1506	1510
Bond Street (BDS)	DLR a	1428	1432		1435	1439		1443	1447	1450	1454			1458	1502	1505	1509	1513
London Paddington EL (PAD)	DLR 15 a	1432	1436		1439	1444		1447	1452	1454	1459			1502	1506	1509	1514	1517
Acton Main Line (AML)	a				1445					1500						1515		
Ealing Broadway (EAL)	3 a	1440	1443		1448			1456		1503			1510	1513	1518			1525
West Ealing (WEA)	3 a		1446		1451					1506				1516	1521			
Hanwell (HAN)	a				1453					1508					1523			
Southall (STL)	a	1445			1456			1501		1511			1515		1526			1531
Hayes & Harlington (HAY)	3 a	1448	1452		1459			1505		1514			1518	1522	1529	1536		1534
Heathrow Terminals 2 & 3 (HXX)	DLR a		1459		1506					1521				1529	1536			
Heathrow Terminal 4 (HAF)	DLR a				1512					1527					1542			
Heathrow Terminal 5 (HWV)	DLR a		1505											1535				
West Drayton (WDT)	a	1452						1511					1522					1538
Iver (IVR)	a	1455											1525					
Langley (LNY)	a	1457						1515					1527					1542
Slough (SLO)	3 a	1501						1518					1532					1546
Burnham (BNM)	a	1505						1522					1536					1550
Taplow (TAP)	a							1525										1552
Maidenhead (MAI)	3 a	1512						1528					1543					1555
Twyford (TWY)	3 a							1535										1602
Reading (RDG)	7 a							1542										1610

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Mondays to Fridays

Operator	XR	LE A	XR	XR	LE H	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	LE A	LE D	XR	
Days of operation/Notes																			
Shenfield (SNF)	3 d	1426	1427		1433	1438		1441	1446		1448	1451		1456		1503	1505	1508	
Brentwood (BRE)	d	1430			1437			1445			1452			1500		1507			
Harold Wood (HRO)	d	1434			1441			1449			1456			1504		1511			
Gidea Park (GDP)	2 d	1437			1444			1452			1459			1507		1514			
Romford (RMF)	d	1440			1447			1455	1453		1502			1510		1517			
Chadwell Heath (CTH)	d	1443			1450			1458			1505			1513		1520			
Goodmayes (GMY)	d	1445			1452			1500			1507			1515		1522			
Seven Kings (SVK)	d	1447			1454			1502			1509			1517		1524			
Ilford (IFD)	2 d	1451			1458			1506			1513			1521		1528			
Manor Park (MNP)	d	1453			1500			1508			1515			1523		1530			
Forest Gate (FOG)	d	1456			1503			1511			1518			1526		1533			
Maryland (MYL)	d	1458			1505			1513			1520			1528		1535			
Stratford (SRA)	DLR 7 d	1501	1442		1508	1453		1516	1503		1523	1506		1531		1538	1520	1523	
Abbey Wood (ABW)	d			1454			1502			1509			1517		1524				1532
Woolwich (WWC)	d			1457			1505			1512			1520		1527				1535
Custom House (CUS)	d			1501			1509			1516			1524		1531				1539
Canary Wharf (CWX)	DLR d			1505			1513			1520			1528		1535				1543
Whitechapel (ZLW)	DLR d	1506		1509	1513		1517	1521		1524	1528		1532	1536	1539	1543			1547
London Liverpool Street (LST)	DLR 15 a		1450			1501			1511			1514					1528	1531	
London Liverpool Street EL (LST)	4 a	1509		1512	1516		1520	1524		1527	1531		1535	1539	1542	1546			1550
Farringdon (ZFD)	3 a	1511		1514	1518		1522	1526		1529	1533		1537	1541	1544	1548			1552
Tottenham Court Road (TCR)	a	1514		1517	1521		1525	1529		1532	1536		1540	1544	1547	1551			1555
Bond Street (BDS)	a	1517		1520	1524		1528	1532		1535	1539		1543	1547	1550	1554			1558
London Paddington EL (PAD)	15 a	1522		1524	1529		1532	1536		1539	1544		1547	1552	1554	1559			1602
Acton Main Line (AML)	a			1530						1545					1600				
Ealing Broadway (EAL)	3 a			1533			1540	1543		1548			1556		1603				1610
West Ealing (WEA)	3 a			1536				1546		1551					1606				
Hanwell (HAN)	a			1538						1553					1608				
Southall (STL)	a			1541			1545			1556			1602		1611				1616
Hayes & Harlington (HAY)	3 a			1544			1548	1552		1559			1605		1614				1619
Heathrow Terminals 2 & 3 (HXX)	a			1551				1559		1606					1621				
Heathrow Terminal 4 (HAF)	a			1557						1612					1627				
Heathrow Terminal 5 (HWV)	a							1605											
West Drayton (WDT)	a						1552						1609						1625
Iver (IVR)	a						1555						1612						1627
Langley (LNY)	a						1557						1614						1630
Slough (SLO)	3 a						1601						1618						1633
Burnham (BNM)	a						1605						1622						1637
Taplow (TAP)	a						1607						1624						1640
Maidenhead (MAI)	3 a						1610						1627						1643
Twyford (TWY)	3 a						1617						1634						1650
Reading (RDG)	7 a						1625						1642						1657

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	LE G	XR	XR	LE A	XR	XR	LE H	XR	XR	XR	XR	LE A	XR	XR	LE C	
Shenfield (SNF)	3 d	1511		1518	1519		1526	1527		1532	1538		1538		1544	1546		1550	1551
Brentwood (BRE)	d	1515		1522			1530			1536			1542		1548			1554	
Harold Wood (HRO)	d	1519		1526			1534			1540			1546		1552			1558	
Gidea Park (GDP)	2 d	1522		1529			1537			1543			1549		1555			1601	
Romford (RMF)	d	1525		1532	1526		1540			1546			1552		1558	1553		1604	
Chadwell Heath (CTH)	d	1528		1535			1543			1549			1555		1601			1607	
Goodmayes (GMY)	d	1530		1537			1545			1551			1557		1603			1609	
Seven Kings (SVK)	d	1532		1539			1547			1553			1559		1605			1611	
Ilford (IFD)	2 d	1536		1543			1551			1557			1603		1609			1615	
Manor Park (MNP)	d	1538		1545			1553			1559			1605		1611			1617	
Forest Gate (FOG)	d	1541		1548			1556			1602			1608		1614			1620	
Maryland (MYL)	d	1543		1550			1558			1604			1610		1616			1622	
Stratford (SRA)	DLR 7 d	1546		1553	1536		1601	1542		1607	1553		1613		1619	1603		1625	1606
Abbey Wood (ABW)	d		1539				1547			1554			1600		1606			1612	
Woolwich (WWC)	d		1542				1550			1557			1603		1609			1615	
Custom House (CUS)	d		1546				1554			1601			1607		1613			1619	
Canary Wharf (CWX)	DLR d		1550				1558			1605			1611		1617			1623	
Whitechapel (ZLW)	DLR d	1551	1554	1558			1602	1606		1609	1612		1615	1618	1621	1624		1627	1630
London Liverpool Street (LST)	DLR 15 a				1544				1550		1601					1612			1614
London Liverpool Street EL (LST)	DLR 4 a	1554	1557	1601			1605	1609		1612	1615		1618	1621	1624	1627		1630	1633
Farringdon (ZFD)	DLR 3 a	1556	1559	1603			1607	1611		1614	1617		1620	1623	1626	1629		1632	1635
Tottenham Court Road (TCR)	DLR a	1559	1602	1606			1610	1614		1617	1620		1623	1626	1629	1632		1635	1638
Bond Street (BDS)	DLR a	1602	1605	1609			1613	1617		1620	1623		1626	1629	1632	1635		1638	1641
London Paddington EL (PAD)	DLR 15 a	1606	1609	1614			1617	1622		1624	1628		1630	1633	1636	1640		1642	1646
Acton Main Line (AML)	a		1615							1630					1643				
Ealing Broadway (EAL)	DLR 3 a	1613	1618				1625			1633			1640	1643	1648			1651	
West Ealing (WEA)	DLR 3 a	1616	1621							1636			1646	1651					
Hanwell (HAN)	a		1623							1638				1653					
Southall (STL)	a		1626				1631			1641			1646	1656					
Hayes & Harlington (HAY)	DLR 3 a	1622	1629				1634			1644			1649	1652	1659				
Heathrow Terminals 2 & 3 (HXX)	DLR a ←	1629	1636							1651				1659	1706				
Heathrow Terminal 4 (HAF)	DLR a ←		1642							1657					1712				
Heathrow Terminal 5 (HWV)	DLR a ←	1635												1705					
West Drayton (WDT)	a						1638						1653					1705	
Iver (IVR)	a						1641						1656						
Langley (LNY)	a						1643						1658						
Slough (SLO)	DLR 3 a						1647						1702					1710	
Burnham (BNM)	a						1651						1706					1714	
Taplow (TAP)	a						1653						1708						
Maidenhead (MAI)	DLR 3 a						1656						1714					1719	
Twyford (TWY)	DLR 3 a						1703											1726	
Reading (RDG)	DLR 7 a						1711											1733	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Operator Days of operation/Notes	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	LE G	XR	XR	LE A	XR	XR	
Shenfield (SNF)	3	d	1556		1602	1605	1608		1608		1613		1618	1621		1623	1625		1628
Brentwood (BRE)		d	1600		1606				1612		1617		1622			1627			1632
Harold Wood (HRO)		d	1604		1610				1616		1621		1626			1631			1636
Gidea Park (GDP)	2	d	1607		1613				1619		1624		1629			1634			1639
Romford (RMF)		d	1610		1616		1615		1622		1627		1632			1637			1642
Chadwell Heath (CTH)		d	1613		1619				1625		1630		1635			1640			1645
Goodmayes (GMY)		d	1615		1621				1627		1632		1637			1642			1647
Seven Kings (SVK)		d	1617		1623				1629		1634		1639			1644			1649
Ilford (IFD)	2	d	1621		1627				1633		1638		1643			1648			1653
Manor Park (MNP)		d	1623		1629				1635		1640		1645			1650			1655
Forest Gate (FOG)		d	1626		1632				1638		1643		1648			1653			1658
Maryland (MYL)		d	1628		1634				1640		1645		1650			1655			1700
Stratford (SRA)	DLR 7	d	1631		1637	1620	1625		1643		1648		1653	1636		1658	1640		1703
Abbey Wood (ABW)		d	1618		1624				1630		1636		1641			1646			1651
Woolwich (WWC)		d	1621		1627				1633		1639		1644			1649			1654
Custom House (CUS)		d	1625		1631				1637		1643		1648			1653			1658
Canary Wharf (CWX)	DLR	d	1629		1635				1641		1647		1652			1657			1702
Whitechapel (ZLW)	DLR	d	1633	1636	1639	1642			1645	1648	1651	1653	1656	1658	1701	1703			1706 1708
London Liverpool Street (LST)	DLR 15	a				1628	1633							1646		1648			
London Liverpool Street EL (LST)	4	a	1636	1639	1642	1645			1648	1651	1653	1656	1658	1701		1703	1706		1708 1711
Farringdon (ZFD)	3	a	1638	1641	1644	1647			1650	1653	1656	1658	1701	1703		1706	1708		1711 1713
Tottenham Court Road (TCR)	DLR	a	1641	1644	1647	1650			1653	1656	1658	1701	1703	1706		1708	1711		1713 1716
Bond Street (BDS)	DLR	a	1644	1647	1650	1653			1656	1658	1701	1703	1706	1708		1711	1713		1716 1718
London Paddington EL (PAD)	DLR 15	a	1648	1652	1654	1658			1700	1703	1706	1707	1710	1713		1715	1718		1720 1723
Acton Main Line (AML)		a			1700								1716						
Ealing Broadway (EAL)	DLR 3	a	1656		1703				1707				1715	1719		1722			1728
West Ealing (WEA)	3	a			1706								1718	1722					
Hanwell (HAN)		a			1708									1724					
Southall (STL)		a	1701		1711				1714					1727					1733
Hayes & Harlington (HAY)	3	a	1704		1714				1717					1723	1730				1736
Heathrow Terminals 2 & 3 (HXX)	DLR	a			1721									1730	1737				
Heathrow Terminal 4 (HAF)	DLR	a			1727										1743				
Heathrow Terminal 5 (HWV)	DLR	a											1736						
West Drayton (WDT)		a	1709						1721							1736			1740
Iver (IVR)		a	1711						1724										1742
Langley (LNY)		a	1714						1726										1745
Slough (SLO)	3	a	1717						1730							1741			1748
Burnham (BNM)		a	1721						1734							1745			1752
Taplow (TAP)		a	1724						1736										1755
Maidenhead (MAI)	3	a	1727						1742							1750			1758
Twyford (TWY)	3	a	1734													1757			1805
Reading (RDG)	7	a	1741													1804			1812

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	XR	LE H	XR	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	XR	XR	LE A
Shenfield (SNF)	3 d	1633		1638	1639		1643	1646		1648	1652		1653		1658		1703	1705
Brentwood (BRE)	d	1637		1642			1647			1652			1657		1702		1707	
Harold Wood (HRO)	d	1641		1646			1651			1656			1701		1706		1711	
Gidea Park (GDP)	2 d	1644		1649			1654			1659			1704		1709		1714	
Romford (RMF)	d	1647		1652			1657	1653		1702			1707		1712		1717	
Chadwell Heath (CTH)	d	1650		1655			1700			1705			1710		1715		1720	
Goodmayes (GMV)	d	1652		1657			1702			1707			1712		1717		1722	
Seven Kings (SVK)	d	1654		1659			1704			1709			1714		1719		1724	
Ilford (IFD)	2 d	1658		1703			1708			1713			1718		1723		1728	
Manor Park (MNP)	d	1700		1705			1710			1715			1720		1725		1730	
Forest Gate (FOG)	d	1703		1708			1713			1718			1723		1728		1733	
Maryland (MYL)	d	1705		1710			1715			1720			1725		1730		1735	
Stratford (SRA)	DLR 7 d	1708		1713	1654		1718	1703		1723	1707		1728		1733		1738	1720
Abbey Wood (ABW)	d	1656		1701			1706			1711			1716		1721		1726	
Woolwich (WWC)	d	1659		1704			1709			1714			1719		1724		1729	
Custom House (CUS)	d	1703		1708			1713			1718			1723		1728		1733	
Canary Wharf (CWX)	DLR d	1707		1712			1717			1722			1727		1732		1737	
Whitechapel (ZLW)	DLR d	1711	1713	1716	1718		1721	1723		1726	1728		1731	1733	1736	1738	1741	1743
London Liverpool Street (LST)	DLR 15 a				1702			1712			1715							1729
London Liverpool Street EL (LST)	4 a	1713	1716	1718	1721		1723	1726		1728	1731		1733	1736	1738	1741	1743	1746
Farringdon (ZFD)	3 a	1716	1718	1721	1723		1726	1728		1731	1733		1736	1738	1741	1743	1746	1748
Tottenham Court Road (TCR)	DLR a	1718	1721	1723	1726		1728	1731		1733	1736		1738	1741	1743	1746	1748	1751
Bond Street (BDS)	DLR a	1721	1723	1726	1728		1731	1733		1736	1738		1741	1743	1746	1748	1751	1753
London Paddington EL (PAD)	DLR 15 a	1725	1728	1730	1733		1736	1737		1740	1743		1745	1748	1750	1753	1755	1758
Acton Main Line (AML)	a	1732								1746							1802	
Ealing Broadway (EAL)	3 a	1734		1738			1745	1748		1749			1752		1758		1804	
West Ealing (WEA)	3 a	1737					1748			1752							1807	
Hanwell (HAN)	a	1739								1754							1809	
Southall (STL)	a	1742		1745						1757					1803		1812	
Hayes & Harlington (HAY)	3 a	1745		1748			1753			1800					1806		1815	
Heathrow Terminals 2 & 3 (HXX)	DLR 4 a	1752					1800			1807							1822	
Heathrow Terminal 4 (HAF)	DLR 4 a	1758								1813							1828	
Heathrow Terminal 5 (HWV)	DLR 4 a						1806											
West Drayton (WDT)	a			1752									1806		1810			
Iver (IVR)	a			1755											1812			
Langley (LNY)	a			1757											1815			
Slough (SLO)	3 a			1801									1811		1818			
Burnham (BNM)	a			1805									1815		1822			
Taplow (TAP)	a			1807											1825			
Maidenhead (MAI)	3 a			1813									1820		1828			
Twyford (TWY)	3 a												1827		1835			
Reading (RDG)	7 a												1834		1842			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Ipswich
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE D	XR	XR	XR	XR	XR	XR	XR	LE G	XR	XR	LE B	LE A	XR	XR	XR	XR	LE H	XR
Shenfield (SNF)	3 d	1708		1708		1713		1718	1721		1723	1725	1727		1728		1733	1738	
Brentwood (BRE)	d			1712		1717		1722			1727				1732		1737		
Harold Wood (HRO)	d			1716		1721		1726			1731				1736		1741		
Gidea Park (GDP)	2 d			1719		1724		1729			1734				1739		1744		
Romford (RMF)	d			1722		1727		1732			1737				1742		1747		
Chadwell Heath (CTH)	d			1725		1730		1735			1740				1745		1750		
Goodmayes (GMY)	d			1727		1732		1737			1742				1747		1752		
Seven Kings (SVK)	d			1729		1734		1739			1744				1749		1754		
Ilford (IFD)	2 d			1733		1738		1743			1748				1753		1758		
Manor Park (MNP)	d			1735		1740		1745			1750				1755		1800		
Forest Gate (FOG)	d			1738		1743		1748			1753				1758		1803		
Maryland (MYL)	d			1740		1745		1750			1755				1800		1805		
Stratford (SRA)	DLR 7 d	1723		1743		1748		1753	1737		1758	1740	1743		1803		1808	1753	
Abbey Wood (ABW)	d		1731		1736		1741			1746				1751		1756			1801
Woolwich (WWC)	d		1734		1739		1744			1749				1754		1759			1804
Custom House (CUS)	d		1738		1743		1748			1753				1758		1803			1808
Canary Wharf (CWX)	DLR d		1742		1747		1752			1757				1802	1807				1812
Whitechapel (ZLW)	d		1746	1748	1751	1753	1756	1758		1801	1803			1806	1808	1811	1813		1816
London Liverpool Street (LST)	15 a	1731							1746			1749	1751					1801	
London Liverpool Street EL (LST)	4 a		1748	1751	1753	1756	1758	1801		1803	1806			1808	1811	1813	1816		1818
Farringdon (ZFD)	3 a		1751	1753	1756	1758	1801	1803		1806	1808			1811	1813	1816	1818		1821
Tottenham Court Road (TCR)	a		1753	1756	1758	1801	1803	1806		1808	1811			1813	1816	1818	1821		1823
Bond Street (BDS)	a		1756	1758	1801	1803	1806	1808		1811	1813			1816	1818	1821	1823		1826
London Paddington EL (PAD)	15 a		1800	1803	1806	1807	1810	1813		1815	1818			1820	1823	1825	1828		1830
Acton Main Line (AML)	a					1816											1832		
Ealing Broadway (EAL)	3 a		1808			1815	1819			1822				1828		1834			1838
West Ealing (WEA)	3 a					1818	1822									1837			
Hanwell (HAN)	a						1824									1839			
Southall (STL)	a		1815				1827							1833		1842			1845
Hayes & Harlington (HAY)	3 a		1818			1823	1830							1836		1845			1849
Heathrow Terminals 2 & 3 (HXX)	a ←					1830	1837									1852			
Heathrow Terminal 4 (HAF)	a ←						1843									1858			
Heathrow Terminal 5 (HWV)	a ←					1836													
West Drayton (WDT)	a		1822							1836				1840					1853
Iver (IVR)	a		1825											1842					1855
Langley (LNY)	a		1827											1845					1858
Slough (SLO)	3 a		1831							1841				1848					1902
Burnham (BNM)	a		1835							1845				1852					1906
Taplow (TAP)	a		1837											1855					1908
Maidenhead (MAI)	3 a		1844							1850				1858					1914
Twyford (TWY)	3 a									1857				1905					
Reading (RDG)	7 a									1904				1912					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- B From Colchester
- D From Clacton-on-Sea
- G From Colchester Town
- H From Braintree

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	LE A	XR	XR	XR	XR	LE M	LE A	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR		
Shenfield (SNF)	3 d	1738	1741		1744		1750	1751	1754		1756		1802	1807		1808	1810		1814	
Brentwood (BRE)	d	1742			1748		1754				1800		1806			1812			1818	
Harold Wood (HRO)	d	1746			1752		1758				1804		1810			1816			1822	
Gidea Park (GDP)	2 d	1749			1755		1801				1807		1813			1819			1825	
Romford (RMF)	d	1752			1758		1804				1810		1816			1822			1828	
Chadwell Heath (CTH)	d	1755			1801		1807				1813		1819			1825			1831	
Goodmayes (GMY)	d	1757			1803		1809				1815		1821			1827			1833	
Seven Kings (SVK)	d	1759			1805		1811				1817		1823			1829			1835	
Ilford (IFD)	2 d	1803			1809		1815				1821		1827			1833			1839	
Manor Park (MNP)	d	1805			1811		1817				1823		1829			1835			1841	
Forest Gate (FOG)	d	1808			1814		1820				1826		1832			1838			1844	
Maryland (MYL)	d	1810			1816		1822				1828		1834			1840			1846	
Stratford (SRA)	DLR 7 d	1813	1756		1819		1825	1806	1809		1831		1837	1822		1843	1825		1849	
Abbey Wood (ABW)	d				1806		1812				1817		1822			1827			1836	
Woolwich (WWC)	d				1809		1815				1820		1825			1831			1839	
Custom House (CUS)	d				1813		1819				1824		1829			1835			1843	
Canary Wharf (CWX)	DLR d				1817		1823				1829		1835			1841			1847	
Whitechapel (ZLW)	DLR d	1818			1821	1824	1827	1830			1833	1836	1839	1842		1845	1848		1851	1854
London Liverpool Street (LST)	DLR 15 a		1804					1814	1817					1830				1833		
London Liverpool Street EL (LST)	4 a	1821			1824	1827	1830	1833			1836	1839	1842	1845		1848	1851		1854	1857
Farringdon (ZFD)	3 a	1823			1826	1829	1832	1835			1838	1841	1844	1847		1850	1853		1856	1859
Tottenham Court Road (TCR)	a	1826			1829	1832	1835	1838			1841	1844	1847	1850		1853	1856		1859	1902
Bond Street (BDS)	a	1829			1832	1835	1838	1841			1844	1847	1850	1853		1856	1859		1902	1905
London Paddington EL (PAD)	15 a	1833			1836	1840	1842	1846			1848	1852	1853	1858		1859	1903		1906	1910
Acton Main Line (AML)	a				1843								1900							1912
Ealing Broadway (EAL)	3 a	1841			1848		1851				1856		1903		1910	1913			1918	
West Ealing (WEA)	3 a	1846			1851								1906			1916			1921	
Hanwell (HAN)	a				1853								1908						1923	
Southall (STL)	a				1856						1901		1911		1916				1926	
Hayes & Harlington (HAY)	3 a	1852			1859						1904		1914		1919	1922			1929	
Heathrow Terminals 2 & 3 (HXX)	a ←	1900			1906								1921			1929			1936	
Heathrow Terminal 4 (HAF)	a ←				1912								1927						1942	
Heathrow Terminal 5 (HWV)	a ←	1905														1935				
West Drayton (WDT)	a					1905					1909					1923				
Iver (IVR)	a										1911					1926				
Langley (LNY)	a										1914					1928				
Slough (SLO)	3 a					1910					1917					1932				
Burnham (BNM)	a					1914					1921					1936				
Taplow (TAP)	a										1924					1938				
Maidenhead (MAI)	3 a					1919					1927					1944				
Twyford (TWY)	3 a					1926					1934									
Reading (RDG)	7 a					1933					1941									

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- A From Southend Victoria
- D From Clacton-on-Sea
- M From Ipswich/Colchester Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE G	XR	XR	XR	XR	LE A	XR	XR	LE E	XR	XR	XR	XR	LE A	XR	XR	LE C	XR	
Shenfield (SNF)	3 d	1819		1820		1826	1830		1832	1838		1838		1844	1846		1850	1851	
Brentwood (BRE)	d			1824		1830			1836			1842		1848			1854		
Harold Wood (HRO)	d			1828		1834			1840			1846		1852			1858		
Gidea Park (GDP)	2 d			1831		1837			1843			1849		1855			1901		
Romford (RMF)	d	1826		1834		1840			1846			1852		1858	1853		1904		
Chadwell Heath (CTH)	d			1837		1843			1849			1855		1901			1907		
Goodmayes (GMY)	d			1839		1845			1851			1857		1903			1909		
Seven Kings (SVK)	d			1841		1847			1853			1859		1905			1911		
Ilford (IFD)	2 d			1845		1851			1857			1903		1909			1915		
Manor Park (MNP)	d			1847		1853			1859			1905		1911			1917		
Forest Gate (FOG)	d			1850		1856			1902			1908		1914			1920		
Maryland (MYL)	d			1852		1858			1904			1910		1916			1922		
Stratford (SRA)	DLR 7 d	1836		1855		1901	1845		1907	1853		1913		1919	1903		1925	1906	
Abbey Wood (ABW)	d			1841		1848			1854			1900		1906			1912		1918
Woolwich (WWC)	d			1845		1851			1857			1903		1909			1915		1921
Custom House (CUS)	d			1849		1855			1901			1907		1913			1919		1925
Canary Wharf (CWX)	DLR d			1853		1859			1905			1911		1917			1923		1929
Whitechapel (ZLW)	DLR d			1857	1900	1903	1906		1909	1912		1915	1918	1921	1924		1927	1930	1933
London Liverpool Street (LST)	DLR 15 a	1844					1853			1902					1912			1915	
London Liverpool Street EL (LST)	DLR 4 a			1900	1903	1906	1909		1912	1915		1918	1921	1924	1927		1930	1933	1936
Farringdon (ZFD)	DLR 3 a			1902	1905	1908	1911		1914	1917		1920	1923	1926	1929		1932	1935	1938
Tottenham Court Road (TCR)	DLR a			1905	1908	1911	1914		1917	1920		1923	1926	1929	1932		1935	1938	1941
Bond Street (BDS)	DLR a			1908	1911	1914	1917		1920	1923		1926	1929	1932	1935		1938	1941	1944
London Paddington EL (PAD)	DLR 15 a			1912	1916	1918	1922		1924	1928		1930	1933	1936	1940		1943	1946	1948
Acton Main Line (AML)	a								1930					1943					
Ealing Broadway (EAL)	DLR 3 a					1925			1933			1938	1943	1948					1955
West Ealing (WEA)	DLR 3 a								1936				1946	1951					
Hanwell (HAN)	a								1938					1953					
Southall (STL)	a					1930			1941			1945		1956					2001
Hayes & Harlington (HAY)	DLR 3 a					1933			1944			1948	1952	1959					2004
Heathrow Terminals 2 & 3 (HXX)	DLR a								1951				1959	2006					
Heathrow Terminal 4 (HAF)	DLR a								1957					2012					
Heathrow Terminal 5 (HWV)	DLR a												2005						
West Drayton (WDT)	a					1937						1952							2008
Iver (IVR)	a					1940						1955							
Langley (LNY)	a					1942						1957							2012
Slough (SLO)	DLR 3 a					1946						2002							2016
Burnham (BNM)	a					1950						2006							2020
Taplow (TAP)	a					1952													2022
Maidenhead (MAI)	DLR 3 a					1955						2013							2025
Twyford (TWY)	DLR 3 a					2002													2032
Reading (RDG)	DLR 7 a					2010													2040

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	XR	LE A	LE D	LE H	XR	XR	XR	XR	LE G	LE A	XR	XR	XR	XR	LE E	XR
Shenfield (SNF)	3 d	1856		1903	1905	1908	1911		1911		1918	1920	1925		1926		1933	1938
Brentwood (BRE)	d	1900		1907					1915		1922				1930		1937	
Harold Wood (HRO)	d	1904		1911					1919		1926				1934		1941	
Gidea Park (GDP)	2 d	1907		1914					1922		1929				1937		1944	
Romford (RMF)	d	1910		1917					1925		1932	1927			1940		1947	
Chadwell Heath (CTH)	d	1913		1920					1928		1935				1943		1950	
Goodmayes (GMY)	d	1915		1922					1930		1937				1945		1952	
Seven Kings (SVK)	d	1917		1924					1932		1939				1947		1954	
Ilford (IFD)	2 d	1921		1928					1936		1943				1951		1958	
Manor Park (MNP)	d	1923		1930					1938		1945				1953		2000	
Forest Gate (FOG)	d	1926		1933					1941		1948				1956		2003	
Maryland (MYL)	d	1928		1935					1943		1950				1958		2005	
Stratford (SRA)	DLR 7 d	1931		1938	1920	1923	1926		1946		1953	1937	1940		2001		2008	1953
Abbey Wood (ABW)	d		1924					1930		1939				1947		1954		2002
Woolwich (WWC)	d		1927					1933		1942				1950		1957		2005
Custom House (CUS)	d		1931					1937		1946				1954		2001		2009
Canary Wharf (CWX)	DLR d		1935					1943		1950				1958		2005		2013
Whitechapel (ZLW)	DLR d	1936	1939	1943				1947	1951	1954	1958			2002	2006	2009	2013	2017
London Liverpool Street (LST)	15 a				1928	1931	1934					1945	1948				2001	
London Liverpool Street EL (LST)	4 a	1939	1942	1946				1950	1954	1957	2001			2005	2009	2012	2016	2020
Farringdon (ZFD)	3 a	1941	1944	1948				1952	1956	1959	2003			2007	2011	2014	2018	2022
Tottenham Court Road (TCR)	a	1944	1947	1951				1955	1959	2002	2006			2010	2014	2017	2021	2025
Bond Street (BDS)	a	1947	1950	1954				1958	2002	2005	2009			2013	2017	2020	2024	2028
London Paddington EL (PAD)	15 a	1952	1954	1959				2001	2006	2009	2014			2017	2022	2024	2029	2032
Acton Main Line (AML)	a		2000							2015						2030		
Ealing Broadway (EAL)	3 a		2003				2010	2013	2018				2025		2033			2040
West Ealing (WEA)	3 a		2006					2016	2021						2036			
Hanwell (HAN)	a		2008						2023						2038			
Southall (STL)	a		2011				2016		2026				2031		2041			2045
Hayes & Harlington (HAY)	3 a		2014				2019	2022	2029				2034		2044			2048
Heathrow Terminals 2 & 3 (HXX)	a ←		2021					2029	2036						2051			
Heathrow Terminal 4 (HAF)	a ←		2027						2042						2057			
Heathrow Terminal 5 (HWV)	a ←							2035										
West Drayton (WDT)	a						2023							2038				2052
Iver (IVR)	a						2026											2055
Langley (LNY)	a						2028							2042				2057
Slough (SLO)	3 a						2032							2046				2101
Burnham (BNM)	a						2036							2050				2105
Taplow (TAP)	a													2052				
Maidenhead (MAI)	3 a						2043							2055				2112
Twyford (TWY)	3 a													2102				
Reading (RDG)	7 a													2111				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- A From Southend Victoria
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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	LE A	XR	XR	LE C	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	LE G	XR	XR	
Shenfield (SNF)	3 d	1941	1946		1948	1951		1956		2003	2005	2008		2011		2018	2019		2026	
Brentwood (BRE)	d	1945			1952			2000		2007				2015		2022			2030	
Harold Wood (HRO)	d	1949			1956			2004		2011				2019		2026			2034	
Gidea Park (GDP)	2 d	1952			1959			2007		2014				2022		2029			2037	
Romford (RMF)	d	1955	1953		2002			2010		2017				2025		2032	2026		2040	
Chadwell Heath (CTH)	d	1958			2005			2013		2020				2028		2035			2043	
Goodmayes (GMY)	d	2000			2007			2015		2022				2030		2037			2045	
Seven Kings (SVK)	d	2002			2009			2017		2024				2032		2039			2047	
Ilford (IFD)	2 d	2006			2013			2021		2028				2036		2043			2051	
Manor Park (MNP)	d	2008			2015			2023		2030				2038		2045			2053	
Forest Gate (FOG)	d	2011			2018			2026		2033				2041		2048			2056	
Maryland (MYL)	d	2013			2020			2028		2035				2043		2050			2058	
Stratford (SRA)	DLR 7 d	2016	2003		2023	2006		2031		2038	2020	2023		2046		2053	2036		2101	
Abbey Wood (ABW)	d			2009				2017		2024				2032		2039			2047	
Woolwich (WWC)	d			2012				2020		2027				2035		2042			2050	
Custom House (CUS)	d			2016				2024		2031				2039		2046			2054	
Canary Wharf (CWX)	DLR d			2020				2028		2035				2043		2050			2058	
Whitechapel (ZLW)	DLR d	2021		2024	2028			2032	2036	2039	2043			2047	2051	2054	2058		2102	2106
London Liverpool Street (LST)	DLR 15 a		2011			2014						2028	2031					2044		
London Liverpool Street EL (LST)	DLR 4 a	2024		2027	2031			2035	2039	2042	2046			2050	2054	2057	2101		2105	2109
Farringdon (ZFD)	DLR 3 a	2026		2029	2033			2037	2041	2044	2048			2052	2056	2059	2103		2107	2111
Tottenham Court Road (TCR)	DLR a	2029		2032	2036			2040	2044	2047	2051			2055	2059	2102	2106		2110	2114
Bond Street (BDS)	DLR a	2032		2035	2039			2043	2047	2050	2054			2058	2102	2105	2109		2113	2117
London Paddington EL (PAD)	DLR 15 a	2036		2039	2044			2047	2052	2054	2059			2102	2106	2109	2114		2117	2122
Acton Main Line (AML)	a			2045						2100						2115				
Ealing Broadway (EAL)	DLR 3 a	2043		2048				2054		2103				2110	2113	2118			2125	
West Ealing (WEA)	DLR 3 a	2046		2051						2106					2116	2121				
Hanwell (HAN)	a			2053						2108						2123				
Southall (STL)	a			2056				2101		2111				2116		2126			2132	
Hayes & Harlington (HAY)	DLR 3 a	2052		2059				2104		2114				2119	2122	2129			2135	
Heathrow Terminals 2 & 3 (HXX)	DLR a	2059		2106						2121					2129	2136				
Heathrow Terminal 4 (HAF)	DLR a			2112						2127						2142				
Heathrow Terminal 5 (HWV)	DLR a	2105													2135					
West Drayton (WDT)	a							2110						2123					2139	
Iver (IVR)	a													2126						
Langley (LNY)	a							2114						2128					2143	
Slough (SLO)	DLR 3 a							2117						2133					2146	
Burnham (BNM)	a							2121						2137					2150	
Taplow (TAP)	a							2124											2153	
Maidenhead (MAI)	DLR 3 a							2127						2144					2156	
Twyford (TWY)	DLR 3 a							2134											2203	
Reading (RDG)	DLR 7 a							2141											2210	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- A From Southend Victoria
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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	LE A	XR	XR	XR	XR	LE A	LE H	XR	XR	LE G	XR	XR	XR	XR	LE A	LE D	XR	XR			
Shenfield (SNF)	3 d	2027		2033		2041		2045	2048		2048	2051		2056		2103	2105	2108	2111		
Brentwood (BRE)	d			2037		2045					2052			2100		2107			2115		
Harold Wood (HRO)	d			2041		2049					2056			2104		2111			2119		
Gidea Park (GDP)	2 d			2044		2052					2059			2107		2114			2122		
Romford (RMF)	d			2047		2055	2052				2102			2110		2117			2125		
Chadwell Heath (CTH)	d			2050		2058					2105			2113		2120			2128		
Goodmayes (GMY)	d			2052		2100					2107			2115		2122			2130		
Seven Kings (SVK)	d			2054		2102					2109			2117		2124			2132		
Ilford (IFD)	2 d			2058		2106					2113			2121		2128			2136		
Manor Park (MNP)	d			2100		2108					2115			2123		2130			2138		
Forest Gate (FOG)	d			2103		2111					2118			2126		2133			2141		
Maryland (MYL)	d			2105		2113					2120			2128		2135			2143		
Stratford (SRA)	DLR 7 d	2042		2108		2116	2102				2123	2107		2131		2138	2120	2123	2146		
Abbey Wood (ABW)	d		2054		2102						2109			2117		2124			2132		
Woolwich (WWC)	d		2057		2105						2112			2120		2127			2135		
Custom House (CUS)	d		2101		2109						2116			2124		2131			2139		
Canary Wharf (CWX)	DLR d		2105		2113						2120			2128		2135			2143		
Whitechapel (ZLW)	DLR d		2109	2113	2117	2121					2124	2128		2132	2136	2139	2143		2147	2151	
London Liverpool Street (LST)	DLR 15 a	2050					2110	2112				2115					2128	2131			
London Liverpool Street EL (LST)	DLR 4 a		2112	2116	2120	2124					2127	2131		2135	2139	2142	2146			2150	2154
Farringdon (ZFD)	DLR 3 a		2114	2118	2122	2126					2129	2133		2137	2141	2144	2148			2152	2156
Tottenham Court Road (TCR)	DLR a		2117	2121	2125	2129					2132	2136		2140	2144	2147	2151			2155	2159
Bond Street (BDS)	DLR a		2120	2124	2128	2132					2135	2139		2143	2147	2150	2154			2158	2202
London Paddington EL (PAD)	DLR 15 a		2124	2129	2132	2136					2139	2144		2147	2152	2154	2159			2202	2206
Acton Main Line (AML)	a		2130								2145					2200					
Ealing Broadway (EAL)	DLR 3 a		2133		2140	2143					2148			2155		2203				2210	2213
West Ealing (WEA)	DLR 3 a		2136			2146					2151					2206					2216
Hanwell (HAN)	a		2138								2153					2208					
Southall (STL)	a		2141		2145						2156			2202		2211				2215	
Hayes & Harlington (HAY)	DLR 3 a		2144		2148	2152					2159			2205		2214				2218	2222
Heathrow Terminals 2 & 3 (HXX)	DLR a		2151			2159					2206					2221					2229
Heathrow Terminal 4 (HAF)	DLR a		2157								2212					2227					
Heathrow Terminal 5 (HWV)	DLR a					2205															2235
West Drayton (WDT)	a				2152									2209							2222
Iver (IVR)	a				2155																2225
Langley (LNY)	a				2157									2213							2227
Slough (SLO)	DLR 3 a				2201									2216							2231
Burnham (BNM)	a				2205									2220							2235
Taplow (TAP)	a													2223							
Maidenhead (MAI)	DLR 3 a				2212									2226						2246	
Twyford (TWY)	DLR 3 a													2233							
Reading (RDG)	DLR 7 a													2240							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	XR	LE G	XR	XR	XR	XR	LE A	LE H	XR	XR	XR	XR	LE N	XR	XR	XR	XR			
Shenfield (SNF)	3	d		2118		2122		2126		2133	2135	2138		2141		2148	2151		2156		2203
Brentwood (BRE)		d		2122				2130		2137				2145		2152			2200		2207
Harold Wood (HRO)		d		2126				2134		2141				2149		2156			2204		2211
Gidea Park (GDP)	2	d		2129				2137		2144				2152		2159			2207		2214
Romford (RMF)		d		2132				2140		2147				2155		2202			2210		2217
Chadwell Heath (CTH)		d		2135				2143		2150				2158		2205			2213		2220
Goodmayes (GMY)		d		2137				2145		2152				2200		2207			2215		2222
Seven Kings (SVK)		d		2139				2147		2154				2202		2209			2217		2224
Ilford (IFD)	2	d		2143				2151		2158				2206		2213			2221		2228
Manor Park (MNP)		d		2145				2153		2200				2208		2215			2223		2230
Forest Gate (FOG)		d		2148				2156		2203				2211		2218			2226		2233
Maryland (MYL)		d		2150				2158		2205				2213		2220			2228		2235
Stratford (SRA)	DLR 7	d		2153		2138		2201		2208	2150	2153		2216		2223	2206		2231		2238
Abbey Wood (ABW)		d		2139				2147		2154				2202		2209			2217		2224
Woolwich (WWC)		d		2142				2150		2157				2205		2212			2220		2227
Custom House (CUS)		d		2146				2154		2201				2209		2216			2224		2231
Canary Wharf (CWX)	DLR	d		2150				2158		2205				2213		2220			2228		2235
Whitechapel (ZLW)	DLR	d		2154	2158			2202	2206	2209	2213			2217	2221	2224	2228		2232	2236	2243
London Liverpool Street (LST)	DLR 15	a				2146					2158	2201					2214				
London Liverpool Street EL (LST)	DLR 4	a		2157	2201			2205	2209	2212	2216			2220	2224	2227	2231		2235	2239	2246
Farringdon (ZFD)	DLR 3	a		2159	2203			2207	2211	2214	2218			2222	2226	2229	2233		2237	2241	2248
Tottenham Court Road (TCR)	DLR	a		2202	2206			2210	2214	2217	2221			2225	2229	2232	2236		2240	2244	2251
Bond Street (BDS)	DLR	a		2205	2209			2213	2217	2220	2224			2228	2232	2235	2239		2243	2247	2254
London Paddington EL (PAD)	DLR 15	a		2209	2214			2217	2222	2224	2229			2232	2237	2239	2244		2247	2252	2259
Acton Main Line (AML)		a		2215						2230						2245					2300
Ealing Broadway (EAL)	DLR 3	a		2218				2225		2233				2240		2248			2255		2303
West Ealing (WEA)	DLR 3	a		2221						2236						2251					2306
Hanwell (HAN)		a		2223						2238						2253					2308
Southall (STL)		a		2226				2231		2241				2245		2256			2301		2311
Hayes & Harlington (HAY)	DLR 3	a		2229				2234		2244				2248		2259			2304		2314
Heathrow Terminals 2 & 3 (HXX)	DLR	a		2236						2251						2306					2321
Heathrow Terminal 4 (HAF)	DLR	a		2242						2257											2327
Heathrow Terminal 5 (HWV)	DLR	a														2312					
West Drayton (WDT)		a						2238								2252					2308
Iver (IVR)		a														2255					2311
Langley (LNY)		a						2242								2257					2313
Slough (SLO)	DLR 3	a						2246								2301					2317
Burnham (BNM)		a						2250								2305					2321
Taplow (TAP)		a						2252													2323
Maidenhead (MAI)	DLR 3	a						2255						2316							2326
Twyford (TWY)	DLR 3	a						2302													2333
Reading (RDG)	DLR 7	a						2310													2341

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes Catering facilities	LE A	LE D	XR	XR	XR	XR	LE G	XR	XR	LE P P	LE A	XR	XR	XR	XR	XR	LE C	XR	
Shenfield (SNF)	3	d	2205	2208		2211		2218	2219		2226	2232	2235			2236		2246	2251
Brentwood (BRE)		d				2215		2222			2230					2240		2250	
Harold Wood (HRO)		d				2219		2226			2234					2244		2254	
Gidea Park (GDP)	2	d				2222		2229			2237					2247		2257	
Romford (RMF)		d				2225		2232	2226		2240					2250		2300	
Chadwell Heath (CTH)		d				2228		2235			2243					2253		2303	
Goodmayes (GMY)		d				2230		2237			2245					2255		2305	
Seven Kings (SVK)		d				2232		2239			2247					2257		2307	
Ilford (IFD)	2	d				2236		2243			2251					2301		2311	
Manor Park (MNP)		d				2238		2245			2253					2303		2313	
Forest Gate (FOG)		d				2241		2248			2256					2306		2316	
Maryland (MYL)		d				2243		2250			2258					2308		2318	
Stratford (SRA)	DLR 7	d	2220	2223		2246		2253	2236		2301	2247s	2250			2311		2321	2306
Abbey Wood (ABW)		d				2232		2239			2247				2254	2258		2306	
Woolwich (WWC)		d				2235		2242			2250				2257	2301		2309	
Custom House (CUS)		d				2239		2246			2254				2301	2305		2313	
Canary Wharf (CWX)	DLR	d				2243		2250			2258				2305	2309		2317	
Whitechapel (ZLW)	DLR	d				2247	2251	2254	2258		2302	2306			2309	2313	2316	2321	2326
London Liverpool Street (LST)	DLR 15	a	2228	2231					2244			2255	2258						2314
London Liverpool Street EL (LST)	DLR 4	a				2250	2254	2257	2301		2305	2309			2312	2316	2319	2324	2329
Farringdon (ZFD)	DLR 8	a				2252	2256	2259	2303		2307	2311			2314	2318	2321	2326	2331
Tottenham Court Road (TCR)	DLR	a				2255	2259	2302	2306		2310	2314			2317	2321	2324	2329	2334
Bond Street (BDS)	DLR	a				2258	2302	2305	2309		2313	2317			2320	2324	2327	2332	2337
London Paddington EL (PAD)	DLR 15	a				2303	2307	2309	2314		2318	2322			2324	2329	2332	2336	2342
Acton Main Line (AML)		a						2315							2330			2342	
Ealing Broadway (EAL)	DLR 8	a						2318			2325				2333			2345	
West Ealing (WEA)	DLR 8	a						2321							2336			2348	
Hanwell (HAN)		a						2323							2338			2350	
Southall (STL)		a						2326			2330				2341			2353	
Hayes & Harlington (HAY)	DLR 8	a						2329			2333				2344			2356	
Heathrow Terminals 2 & 3 (HXX)	DLR ←	a						2336							2351				
Heathrow Terminal 4 (HAF)	DLR ←	a													2357				
Heathrow Terminal 5 (HWV)	DLR ←	a						2342											
West Drayton (WDT)		a									2337								0010
Iver (IVR)		a									2340								0013
Langley (LNY)		a									2342								0015
Slough (SLO)	DLR 3	a									2346								0019
Burnham (BNM)		a									2353								
Taplow (TAP)		a									2355								
Maidenhead (MAI)	DLR 3	a									0001								0031
Twyford (TWY)	DLR 3	a																	
Reading (RDG)	DLR 7	a																	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
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- A From Southend Victoria
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- P From Norwich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Mondays to Fridays

Operator Days of operation/Notes	XR	LE A	LE D	XR	XR	LE C	XR	XR	LE P	LE A	LE F	XR	XR	XR	
Shenfield (SNF)	3 d	2256	2305	2308		2311	2319		2326	2333	2335	2339		2341	2356
Brentwood (BRE)	d	2300				2315			2330					2345	2359
Harold Wood (HRO)	d	2304				2319			2334					2349	0004
Gidea Park (GDP)	2 d	2307				2322			2337					2352	0007
Romford (RMF)	d	2310				2325	2326		2340			2346		2355	0010
Chadwell Heath (CTH)	d	2313				2328			2343					2358	0013
Goodmayes (GMY)	d	2315				2330			2345					0001	0015
Seven Kings (SVK)	d	2317				2332			2347					0002	0017
Ilford (IFD)	2 d	2321				2336			2351					0006	0021
Manor Park (MNP)	d	2323				2338			2353					0008	0023
Forest Gate (FOG)	d	2326				2341			2356					0011	0026
Maryland (MYL)	d	2328				2343			2358					0013	0028
Stratford (SRA)	DLR 7 d	2331	2320	2323		2346	2336		0001	2348s	2351	2356		0016	0031
Abbey Wood (ABW)	d				2328			2343					2358		
Woolwich (WWC)	d				2331			2346					0001		
Custom House (CUS)	d				2335			2350					0005		
Canary Wharf (CWX)	DLR d				2339			2354					0009		
Whitechapel (ZLW)	DLR d	2336			2343	2351		2358	0006				0013	0021	
London Liverpool Street (LST)	DLR 15 a		2328	2331			2344			2357	0001	0004			0039
London Liverpool Street EL (LST)	DLR 4 a	2339			2346	2354		0001	0009				0016	0024	
Farringdon (ZFD)	DLR 3 a	2341			2348	2356		0003	0011				0018	0026	
Tottenham Court Road (TCR)	DLR a	2344			2351	2359		0006	0014				0021	0029	
Bond Street (BDS)	DLR a	2347			2354	0002		0009	0017				0024	0032	
London Paddington EL (PAD)	DLR 15 a	2352			2359	0007		0014	0022				0029	0037	
Acton Main Line (AML)	a														
Ealing Broadway (EAL)	DLR 3 a														
West Ealing (WEA)	3 a														
Hanwell (HAN)	a														
Southall (STL)	a														
Hayes & Harlington (HAY)	3 a														
Heathrow Terminals 2 & 3 (HXX)	DLR a														
Heathrow Terminal 4 (HAF)	DLR a														
Heathrow Terminal 5 (HWV)	DLR a														
West Drayton (WDT)	a														
Iver (IVR)	a														
Langley (LNY)	a														
Slough (SLO)	3 a														
Burnham (BNM)	a														
Taplow (TAP)	a														
Maidenhead (MAI)	3 a														
Twyford (TWY)	3 a														
Reading (RDG)	7 a														

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only

- A From Southend Victoria
- C From Ipswich
- D From Clacton-on-Sea
- F From Southminster
- P From Norwich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE A	XR	XR	XR	XR	XR	LE A	XR	XR	LE B	XR	XR	XR	XR	LE A	XR	XR	XR	XR
Shenfield (SNF)	3 d	0439	0444			0504	0509			0524		0524		0533	0535		0541		0548
Brentwood (BRE)	d		0448			0508						0528		0537			0545		0552
Harold Wood (HRO)	d		0452			0512						0532		0541			0549		0556
Gidea Park (GDP)	2 d		0455	0505		0515			0525			0535		0544			0552		0559
Romford (RMF)	d		0458	0508		0518			0528	0531		0538		0547	0542		0555		0602
Chadwell Heath (CTH)	d		0502	0511		0522			0531			0542		0550			0558		0605
Goodmayes (GMY)	d		0504	0513		0524			0533			0544		0552			0600		0607
Seven Kings (SVK)	d		0506	0515		0526			0535	0536		0546		0554			0602		0609
Ilford (IFD)	2 d		0509	0518		0529			0539			0549		0558			0606		0613
Manor Park (MNP)	d		0512	0521		0532			0541			0552		0600			0608		0615
Forest Gate (FOG)	d		0514	0524		0534			0544			0554		0603			0611		0618
Maryland (MYL)	d		0516	0526		0536			0546			0556		0605			0613		0620
Stratford (SRA)	DLR 7 d	0456	0519	0528	0534	0539	0524		0549	0543		0559			0552		0616		0623
Abbey Wood (ABW)	d							0534				0544		0554			0602		0609
Woolwich (WWC)	d							0537				0547		0557			0605		0612
Custom House (CUS)	d							0541				0551		0601			0609		0616
Canary Wharf (CWX)	DLR d							0545				0555		0605			0613		0620
Whitechapel (ZLW)	DLR d				0539	0544		0549	0554			0559	0604	0609	0613		0617	0621	0624
London Liverpool Street (LST)	DLR 15 a	0504	0527	0537			0537			0551					0600				0628
London Liverpool Street EL (LST)	DLR 4 a				0542	0547		0552	0557			0602	0607	0612	0616		0620	0624	0627
Farringdon (ZFD)	DLR 3 a				0544	0549		0554	0559			0604	0609	0614	0618		0622	0626	0629
Tottenham Court Road (TCR)	DLR a				0547	0552		0557	0602			0607	0612	0617	0621		0625	0629	0632
Bond Street (BDS)	DLR a				0550	0555		0600	0605			0610	0615	0620	0624		0628	0632	0635
London Paddington EL (PAD)	DLR 15 a				0553	0600		0603	0609			0613	0620	0623	0629		0631	0637	0638
Acton Main Line (AML)	a				0600				0615					0630					0645
Ealing Broadway (EAL)	DLR 3 a				0603				0618			0625		0633					0648
West Ealing (WEA)	DLR 3 a				0606				0621					0636					0651
Hanwell (HAN)	a				0608				0623					0638					0653
Southall (STL)	a				0611				0626			0631		0641					0656
Hayes & Harlington (HAY)	DLR 3 a				0614				0629			0634		0644					0659
Heathrow Terminals 2 & 3 (HXX)	DLR a				0621				0636					0651					0706
Heathrow Terminal 4 (HAF)	DLR a								0642										0712
Heathrow Terminal 5 (HWV)	DLR a				0627									0657					
West Drayton (WDT)	a											0638							
Iver (IVR)	a											0640							
Langley (LNY)	a											0643							
Slough (SLO)	DLR 3 a											0646							
Burnham (BNM)	a											0650							
Taplow (TAP)	a											0653							
Maidenhead (MAI)	DLR 3 a											0656							
Twyford (TWY)	DLR 3 a											0703							
Reading (RDG)	DLR 7 a											0710							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- B From Colchester

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE B	XR	XR	XR	XR	LE A	XR	XR	XR	XR	LE B	XR	XR	XR	XR	LE A	XR	XR		
Shenfield (SNF)	3 d	0554		0556		0603	0605		0611		0618		0626		0633	0635		0641		
Brentwood (BRE)	d			0600		0607			0615		0622		0630		0637			0645		
Harold Wood (HRO)	d			0604		0611			0619		0626		0634		0641			0649		
Gidea Park (GDP)	2 d			0607		0614			0622		0629		0637		0644			0652		
Romford (RMF)	d	0601		0610		0617			0625		0632		0640		0647	0642		0655		
Chadwell Heath (CTH)	d			0613		0620			0628		0635		0643		0650			0658		
Goodmayes (GMY)	d			0615		0622			0630		0637		0645		0652			0700		
Seven Kings (SVK)	d			0617		0624			0632		0639		0647		0654			0702		
Ilford (IFD)	2 d			0621		0628			0636		0643		0651		0658			0706		
Manor Park (MNP)	d			0623		0630			0638		0645		0653		0700			0708		
Forest Gate (FOG)	d			0626		0633			0641		0648		0656		0703			0711		
Maryland (MYL)	d			0628		0635			0643		0650		0658		0705			0713		
Stratford (SRA)	DLR 7 d	0611		0631		0638	0620		0646		0653	0636		0701		0708	0652	0716		
Abbey Wood (ABW)	d			0617		0624			0632		0639		0647		0654			0702		
Woolwich (WWC)	d			0620		0627			0635		0642		0650		0657			0705		
Custom House (CUS)	d			0624		0631			0639		0646		0654		0701			0709		
Canary Wharf (CWX)	DLR d			0628		0635			0643		0650		0658		0705			0713		
Whitechapel (ZLW)	DLR d			0632	0636	0639	0643		0647	0651	0654	0658	0702	0706	0709	0713		0717	0721	
London Liverpool Street (LST)	15 a	0619					0628					0644				0700				
London Liverpool Street EL (LST)	4 a			0635	0639	0642	0646		0650	0654	0657	0701		0705	0709	0712	0716		0720	0724
Farringdon (ZFD)	3 a			0637	0641	0644	0648		0652	0656	0659	0703		0707	0711	0714	0718		0722	0726
Tottenham Court Road (TCR)	DLR a			0640	0644	0647	0651		0655	0659	0702	0706		0710	0714	0717	0721		0725	0729
Bond Street (BDS)	DLR a			0643	0647	0650	0654		0658	0702	0705	0709		0713	0717	0720	0724		0728	0732
London Paddington EL (PAD)	15 a			0646	0652	0653	0659		0701	0707	0708	0714		0716	0722	0723	0729		0731	0737
Acton Main Line (AML)	a					0700						0715					0730			
Ealing Broadway (EAL)	3 a			0655		0703					0718		0726		0733					
West Ealing (WEA)	3 a					0706					0721				0736					
Hanwell (HAN)	a					0708					0723				0738					
Southall (STL)	a			0701		0711					0726		0731		0741					
Hayes & Harlington (HAY)	3 a			0704		0714					0729		0734		0744					
Heathrow Terminals 2 & 3 (HXX)	DLR a					0721					0736				0751					
Heathrow Terminal 4 (HAF)	DLR a										0742									
Heathrow Terminal 5 (HWV)	DLR a					0727									0757					
West Drayton (WDT)	a			0708									0738							
Iver (IVR)	a			0710									0740							
Langley (LNY)	a			0713									0743							
Slough (SLO)	3 a			0716									0746							
Burnham (BNM)	a			0720									0750							
Taplow (TAP)	a			0723									0753							
Maidenhead (MAI)	3 a			0726									0756							
Twyford (TWY)	3 a			0733									0803							
Reading (RDG)	7 a			0740									0811							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A	XR
Shenfield (SNF)	3 d	0644		0648		0656		0703		0705	0708		0711		0718	0719		0726	0727
Brentwood (BRE)	d			0652		0700		0707					0715		0722			0730	
Harold Wood (HRO)	d			0656		0704		0711					0719		0726			0734	
Gidea Park (GDP)	2 d			0659		0707		0714					0722		0729			0737	
Romford (RMF)	d	0651		0702		0710		0717					0725		0732	0726		0740	
Chadwell Heath (CTH)	d			0705		0713		0720					0728		0735			0743	
Goodmayes (GMY)	d			0707		0715		0722					0730		0737			0745	
Seven Kings (SVK)	d			0709		0717		0724					0732		0739			0747	
Ilford (IFD)	2 d			0713		0721		0728					0736		0743			0751	
Manor Park (MNP)	d			0715		0723		0730					0738		0745			0753	
Forest Gate (FOG)	d			0718		0726		0733					0741		0748			0756	
Maryland (MYL)	d			0720		0728		0735					0743		0750			0758	
Stratford (SRA)	DLR 7 d	0701		0723		0731		0738		0720	0723		0746		0753	0736		0801	0742
Abbey Wood (ABW)	d			0709		0717		0724					0732		0739			0747	0754
Woolwich (WWC)	d			0712		0720		0727					0735		0742			0750	0757
Custom House (CUS)	d			0716		0724		0731					0739		0746			0754	0801
Canary Wharf (CWX)	DLR d			0720		0728		0735					0743		0750			0758	0805
Whitechapel (ZLW)	DLR d			0724	0728	0732	0736	0739	0743				0747	0751	0754	0758		0802	0806
London Liverpool Street (LST)	DLR 15 a	0709								0728	0731					0744		0750	
London Liverpool Street EL (LST)	DLR 4 a		0727	0731	0735	0739	0742	0746					0750	0754	0757	0801		0805	0809
Farringdon (ZFD)	DLR 3 a		0729	0733	0737	0741	0744	0748					0752	0756	0759	0803		0807	0811
Tottenham Court Road (TCR)	DLR a		0732	0736	0740	0744	0747	0751					0755	0759	0802	0806		0810	0814
Bond Street (BDS)	DLR a		0735	0739	0743	0747	0750	0754					0758	0802	0805	0809		0813	0817
London Paddington EL (PAD)	DLR 15 a		0738	0744	0746	0752	0753	0759					0801	0806	0808	0814		0816	0822
Acton Main Line (AML)	a		0745			0800									0815				0830
Ealing Broadway (EAL)	DLR 3 a		0748		0755	0803							0813	0818			0825		0833
West Ealing (WEA)	DLR 3 a		0751			0806							0816	0821					0836
Hanwell (HAN)	a		0753			0808								0823					0838
Southall (STL)	a		0756		0801	0811								0826			0831		0841
Hayes & Harlington (HAY)	DLR 3 a		0759		0804	0814							0822	0829			0834		0844
Heathrow Terminals 2 & 3 (HXX)	DLR a		0806			0821							0829	0836					0851
Heathrow Terminal 4 (HAF)	DLR a		0812			0827							0835	0842					0857
Heathrow Terminal 5 (HWV)	DLR a																		
West Drayton (WDT)	a				0808													0838	
Iver (IVR)	a				0810													0840	
Langley (LNY)	a				0813													0843	
Slough (SLO)	DLR 3 a				0816													0846	
Burnham (BNM)	a				0820													0850	
Taplow (TAP)	a				0823													0853	
Maidenhead (MAI)	DLR 3 a				0826													0856	
Twyford (TWY)	DLR 3 a				0833													0903	
Reading (RDG)	DLR 7 a				0840													0910	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	
Shenfield (SNF)	3 d	0733	0738		0741	0746		0748	0751		0756		0803	0805	0808		0811	0818	
Brentwood (BRE)	d	0737			0745			0752			0800		0807				0815	0822	
Harold Wood (HRO)	d	0741			0749			0756			0804		0811				0819	0826	
Gidea Park (GDP)	2 d	0744			0752			0759			0807		0814				0822	0829	
Romford (RMF)	d	0747			0755	0753		0802			0810		0817				0825	0832	
Chadwell Heath (CTH)	d	0750			0758			0805			0813		0820				0828	0835	
Goodmayes (GMY)	d	0752			0800			0807			0815		0822				0830	0837	
Seven Kings (SVK)	d	0754			0802			0809			0817		0824				0832	0839	
Ilford (IFD)	2 d	0758			0806			0813			0821		0828				0836	0843	
Manor Park (MNP)	d	0800			0808			0815			0823		0830				0838	0845	
Forest Gate (FOG)	d	0803			0811			0818			0826		0833				0841	0848	
Maryland (MYL)	d	0805			0813			0820			0828		0835				0843	0850	
Stratford (SRA)	DLR 7 d	0808	0753		0816	0803		0823	0806		0831		0838	0820	0823		0846	0853	
Abbey Wood (ABW)	d			0802			0809			0817		0824			0832		0839		
Woolwich (WWC)	d			0805			0812			0820		0827			0835		0842		
Custom House (CUS)	d			0809			0816			0824		0831			0839		0846		
Canary Wharf (CWX)	DLR d			0813			0820			0828		0835			0843		0850		
Whitechapel (ZLW)	DLR d	0813		0817	0821		0824	0828		0832	0836	0839	0843		0847	0851	0854	0858	
London Liverpool Street (LST)	DLR 15 a		0801			0811			0814					0828	0831				
London Liverpool Street EL (LST)	4 a	0816		0820	0824		0827	0831		0835	0839	0842	0846			0850	0854	0857	0901
Farringdon (ZFD)	3 a	0818		0822	0826		0829	0833		0837	0841	0844	0848			0852	0856	0859	0903
Tottenham Court Road (TCR)	a	0821		0825	0829		0832	0836		0840	0844	0847	0851			0855	0859	0902	0906
Bond Street (BDS)	a	0824		0828	0832		0835	0839		0843	0847	0850	0854			0858	0902	0905	0909
London Paddington EL (PAD)	15 a	0829		0831	0836		0838	0844		0846	0852	0853	0859			0901	0906	0908	0914
Acton Main Line (AML)	a						0845					0900							0915
Ealing Broadway (EAL)	3 a			0843			0848			0855		0903			0910	0913	0918		
West Ealing (WEA)	3 a			0846			0851					0906				0916	0921		
Hanwell (HAN)	a						0853					0908					0923		
Southall (STL)	a						0856			0901		0911			0915		0926		
Hayes & Harlington (HAY)	3 a			0852			0859			0904		0914			0918	0922	0929		
Heathrow Terminals 2 & 3 (HXX)	a ←			0859			0906					0921				0929	0936		
Heathrow Terminal 4 (HAF)	a ←						0912					0927					0942		
Heathrow Terminal 5 (HWV)	a ←			0905												0935			
West Drayton (WDT)	a									0908						0922			
Iver (IVR)	a									0910						0925			
Langley (LNY)	a									0913						0927			
Slough (SLO)	3 a									0916						0931			
Burnham (BNM)	a									0920						0935			
Taplow (TAP)	a									0923									
Maidenhead (MAI)	3 a									0926					0942				
Twyford (TWY)	3 a									0933									
Reading (RDG)	7 a									0940									

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- E From Braintree
- F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE G	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	LE A		
Shenfield (SNF)	3 d	0819		0826	0827		0833	0838		0841	0846		0848	0851		0856		0903	0905
Brentwood (BRE)	d			0830			0837			0845			0852			0900		0907	
Harold Wood (HRO)	d			0834			0841			0849			0856			0904		0911	
Gidea Park (GDP)	2 d			0837			0844			0852			0859			0907		0914	
Romford (RMF)	d	0826		0840			0847			0855	0853		0902			0910		0917	
Chadwell Heath (CTH)	d			0843			0850			0858			0905			0913		0920	
Goodmayes (GMY)	d			0845			0852			0900			0907			0915		0922	
Seven Kings (SVK)	d			0847			0854			0902			0909			0917		0924	
Ilford (IFD)	2 d			0851			0858			0906			0913			0921		0928	
Manor Park (MNP)	d			0853			0900			0908			0915			0923		0930	
Forest Gate (FOG)	d			0856			0903			0911			0918			0926		0933	
Maryland (MYL)	d			0858			0905			0913			0920			0928		0935	
Stratford (SRA)	DLR 7 d	0836		0901	0842		0908	0853		0916	0903		0923	0906		0931		0938	0920
Abbey Wood (ABW)	d			0847			0854			0902			0909			0917		0924	
Woolwich (WWC)	d			0850			0857			0905			0912			0920		0927	
Custom House (CUS)	d			0854			0901			0909			0916			0924		0931	
Canary Wharf (CWX)	DLR d			0858			0905			0913			0920			0928		0935	
Whitechapel (ZLW)	d			0902	0906		0909	0913		0917	0921		0924	0928		0932	0936	0939	0943
London Liverpool Street (LST)	15 a	0844		0850			0901			0911			0914			0928		0936	0928
London Liverpool Street EL (LST)	4 a			0905	0909		0912	0916		0920	0924		0927	0931		0935	0939	0942	0946
Farringdon (ZFD)	3 a			0907	0911		0914	0918		0922	0926		0929	0933		0937	0941	0944	0948
Tottenham Court Road (TCR)	d			0910	0914		0917	0921		0925	0929		0932	0936		0940	0944	0947	0951
Bond Street (BDS)	d			0913	0917		0920	0924		0928	0932		0935	0939		0943	0947	0950	0954
London Paddington EL (PAD)	15 a			0916	0922		0923	0929		0931	0936		0938	0944		0946	0952	0953	0959
Acton Main Line (AML)	a						0930						0945					1000	
Ealing Broadway (EAL)	3 a			0925			0933			0940	0943		0948			0955		1003	
West Ealing (WEA)	3 a						0936				0946		0951					1006	
Hanwell (HAN)	a						0938						0953					1008	
Southall (STL)	a			0932			0941			0945			0956			1002		1011	
Hayes & Harlington (HAY)	3 a			0935			0944			0948	0952		0959			1005		1014	
Heathrow Terminals 2 & 3 (HXX)	d						0951				0959		1006					1021	
Heathrow Terminal 4 (HAF)	d						0957						1012					1027	
Heathrow Terminal 5 (HWV)	d										1005								
West Drayton (WDT)	a			0941						0952						1009			
Iver (IVR)	a									0955									
Langley (LNY)	a			0945						0957						1013			
Slough (SLO)	3 a			0948						1001						1016			
Burnham (BNM)	a			0952						1005						1020			
Taplow (TAP)	a			0955												1023			
Maidenhead (MAI)	3 a			0958						1012						1026			
Twyford (TWY)	3 a			1005												1033			
Reading (RDG)	7 a			1012												1040			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- E From Braintree
- F From Ipswich
- G From Harwich International

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	
Shenfield (SNF)	3 d	0908		0911		0918	0919		0926	0927		0933	0938		0941	0946		0948	0951
Brentwood (BRE)	d			0915		0922			0930			0937			0945			0952	
Harold Wood (HRO)	d			0919		0926			0934			0941			0949			0956	
Gidea Park (GDP)	2 d			0922		0929			0937			0944			0952			0959	
Romford (RMF)	d			0925		0932	0926		0940			0947			0955	0953		1002	
Chadwell Heath (CTH)	d			0928		0935			0943			0950			0958			1005	
Goodmayes (GMY)	d			0930		0937			0945			0952			1000			1007	
Seven Kings (SVK)	d			0932		0939			0947			0954			1002			1009	
Ilford (IFD)	2 d			0936		0943			0951			0958			1006			1013	
Manor Park (MNP)	d			0938		0945			0953			1000			1008			1015	
Forest Gate (FOG)	d			0941		0948			0956			1003			1011			1018	
Maryland (MYL)	d			0943		0950			0958			1005			1013			1020	
Stratford (SRA)	DLR 7 d	0923		0946		0953	0936		1001	0942		1008	0953		1016	1003		1023	1006
Abbey Wood (ABW)	d			0932		0939			0947			0954			1002			1009	
Woolwich (WWC)	d			0935		0942			0950			0957			1005			1012	
Custom House (CUS)	d			0939		0946			0954			1001			1009			1016	
Canary Wharf (CWX)	DLR d			0943		0950			0958			1005			1013			1020	
Whitechapel (ZLW)	d			0947	0951	0954	0958		1002	1006		1009	1013		1017	1021		1024	1028
London Liverpool Street (LST)	DLR 15 a	0931					0944			0950			1001			1011			1014
London Liverpool Street EL (LST)	DLR 4 a			0950	0954	0957	1001		1005	1009		1012	1016		1020	1024		1027	1031
Farringdon (ZFD)	DLR 3 a			0952	0956	0959	1003		1007	1011		1014	1018		1022	1026		1029	1033
Tottenham Court Road (TCR)	d			0955	0959	1002	1006		1010	1014		1017	1021		1025	1029		1032	1036
Bond Street (BDS)	d			0958	1002	1005	1009		1013	1017		1020	1024		1028	1032		1035	1039
London Paddington EL (PAD)	DLR 15 a			1001	1006	1008	1014		1016	1022		1023	1029		1031	1036		1038	1044
Acton Main Line (AML)	a					1015						1030						1045	
Ealing Broadway (EAL)	DLR 3 a			1010	1013	1018			1024			1033			1040	1043		1048	
West Ealing (WEA)	DLR 3 a				1016	1021						1036			1046			1051	
Hanwell (HAN)	a					1023						1038						1053	
Southall (STL)	a			1015		1026			1032			1041			1045			1056	
Hayes & Harlington (HAY)	DLR 3 a			1018	1022	1029			1035			1044			1048	1052		1059	
Heathrow Terminals 2 & 3 (HXX)	DLR a				1029	1036						1051				1059		1106	
Heathrow Terminal 4 (HAF)	DLR a					1042						1057						1112	
Heathrow Terminal 5 (HWV)	DLR a				1035											1105			
West Drayton (WDT)	a			1022					1039						1052				
Iver (IVR)	a			1025											1055				
Langley (LNY)	a			1027					1043						1057				
Slough (SLO)	DLR 3 a			1031					1046						1101				
Burnham (BNM)	a			1035					1050						1105				
Taplow (TAP)	a								1053										
Maidenhead (MAI)	DLR 3 a			1042					1056						1112				
Twyford (TWY)	DLR 3 a								1103										
Reading (RDG)	DLR 7 a								1110										

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Saturdays

Operator Days of operation/Notes	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE A	XR	XR	LE D	XR	XR	LE E	XR	
Shenfield (SNF)	3	d	0956		1003	1005	1008		1011		1018	1025		1026	1028		1033	1038	
Brentwood (BRE)		d	1000		1007				1015		1022			1030			1037		
Harold Wood (HRO)		d	1004		1011				1019		1026			1034			1041		
Gidea Park (GDP)	2	d	1007		1014				1022		1029			1037			1044		
Romford (RMF)		d	1010		1017				1025		1032	1032		1040			1047		
Chadwell Heath (CTH)		d	1013		1020				1028		1035			1043			1050		
Goodmayes (GMY)		d	1015		1022				1030		1037			1045			1052		
Seven Kings (SVK)		d	1017		1024				1032		1039			1047			1054		
Ilford (IFD)	2	d	1021		1028				1036		1043			1051			1058		
Manor Park (MNP)		d	1023		1030				1038		1045			1053			1100		
Forest Gate (FOG)		d	1026		1033				1041		1048			1056			1103		
Maryland (MYL)		d	1028		1035				1043		1050			1058			1105		
Stratford (SRA)	DLR 7	d	1031		1038	1020	1027		1046		1053	1042		1101	1048		1108	1053	
Abbey Wood (ABW)		d	1017		1024				1032		1039			1047			1054		1102
Woolwich (WWC)		d	1020		1027				1035		1042			1050			1057		1105
Custom House (CUS)		d	1024		1031				1039		1046			1054			1101		1109
Canary Wharf (CWX)	DLR	d	1028		1035				1043		1050			1058			1105		1113
Whitechapel (ZLW)	DLR	d	1032	1036	1039	1043			1047	1051	1054	1058		1102	1106		1109	1113	1117
London Liverpool Street (LST)	DLR 15	a				1028	1035					1050			1056			1101	
London Liverpool Street EL (LST)	4	a	1035	1039	1042	1046			1050	1054	1057	1101		1105	1109		1112	1116	1120
Farringdon (ZFD)	3	a	1037	1041	1044	1048			1052	1056	1059	1103		1107	1111		1114	1118	1122
Tottenham Court Road (TCR)	DLR	a	1040	1044	1047	1051			1055	1059	1102	1106		1110	1114		1117	1121	1125
Bond Street (BDS)	DLR	a	1043	1047	1050	1054			1058	1102	1105	1109		1113	1117		1120	1124	1128
London Paddington EL (PAD)	DLR 15	a	1046	1052	1053	1059			1101	1106	1108	1114		1116	1122		1123	1129	1131
Acton Main Line (AML)		a			1100						1115						1130		
Ealing Broadway (EAL)	3	a	1055		1103				1110	1113	1118			1125			1133		1140
West Ealing (WEA)	3	a			1106					1116	1121						1136		
Hanwell (HAN)		a			1108						1123						1138		
Southall (STL)		a	1102		1111				1115		1126			1132			1141		1145
Hayes & Harlington (HAY)	3	a	1105		1114				1118	1122	1129			1135			1144		1148
Heathrow Terminals 2 & 3 (HXX)	DLR	a			1121					1129	1136						1151		
Heathrow Terminal 4 (HAF)	DLR	a			1127						1142						1157		
Heathrow Terminal 5 (HWV)	DLR	a							1135										
West Drayton (WDT)		a	1109						1122					1139					1152
Iver (IVR)		a							1125										1155
Langley (LNY)		a	1113						1127					1143					1157
Slough (SLO)	3	a	1116						1131					1146					1201
Burnham (BNM)		a	1120						1135					1150					1205
Taplow (TAP)		a	1123											1153					
Maidenhead (MAI)	3	a	1126						1142					1156					1212
Twyford (TWY)	3	a	1133											1203					
Reading (RDG)	7	a	1140											1210					

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Operator Days of operation/Notes	XR	LE A	XR	XR	LE B	XR	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	
Shenfield (SNF)	3 d	1041	1046		1048	1051		1056		1103	1105	1108		1111		1118	1119		1126	
Brentwood (BRE)	d	1045			1052			1100		1107				1115		1122			1130	
Harold Wood (HRO)	d	1049			1056			1104		1111				1119		1126			1134	
Gidea Park (GDP)	2 d	1052			1059			1107		1114				1122		1129			1137	
Romford (RMF)	d	1055	1053		1102			1110		1117				1125		1132	1126		1140	
Chadwell Heath (CTH)	d	1058			1105			1113		1120				1128		1135			1143	
Goodmayes (GMV)	d	1100			1107			1115		1122				1130		1137			1145	
Seven Kings (SVK)	d	1102			1109			1117		1124				1132		1139			1147	
Ilford (IFD)	2 d	1106			1113			1121		1128				1136		1143			1151	
Manor Park (MNP)	d	1108			1115			1123		1130				1138		1145			1153	
Forest Gate (FOG)	d	1111			1118			1126		1133				1141		1148			1156	
Maryland (MYL)	d	1113			1120			1128		1135				1143		1150			1158	
Stratford (SRA)	DLR 7 d	1116	1103		1123	1106		1131			1120	1123		1146		1153	1136		1201	
Abbey Wood (ABW)	d			1109				1117		1124				1132		1139			1147	
Woolwich (WWC)	d			1112				1120		1127				1135		1142			1150	
Custom House (CUS)	d			1116				1124		1131				1139		1146			1154	
Canary Wharf (CWX)	DLR d			1120				1128		1135				1143		1150			1158	
Whitechapel (ZLW)	DLR d	1121		1124	1128			1132	1136	1139	1143			1147	1151	1154	1158		1202	1206
London Liverpool Street (LST)	DLR 15 a		1111			1114						1128	1131					1144		
London Liverpool Street EL (LST)	4 a	1124		1127	1131			1135	1139	1142	1146			1150	1154	1157	1201		1205	1209
Farringdon (ZFD)	3 a	1126		1129	1133			1137	1141	1144	1148			1152	1156	1159	1203		1207	1211
Tottenham Court Road (TCR)	a	1129		1132	1136			1140	1144	1147	1151			1155	1159	1202	1206		1210	1214
Bond Street (BDS)	a	1132		1135	1139			1143	1147	1150	1154			1158	1202	1205	1209		1213	1217
London Paddington EL (PAD)	15 a	1136		1138	1144			1146	1152	1153	1159			1201	1206	1208	1214		1216	1222
Acton Main Line (AML)	a			1145						1200							1215			
Ealing Broadway (EAL)	3 a	1143		1148				1155		1203				1210	1213	1218			1225	
West Ealing (WEA)	3 a	1146		1151						1206					1216	1221				
Hanwell (HAN)	a			1153						1208						1223				
Southall (STL)	a			1156				1202		1211				1215		1226			1232	
Hayes & Harlington (HAY)	3 a	1152		1159				1205		1214				1218	1222	1229			1235	
Heathrow Terminals 2 & 3 (HXX)	a ←	1159		1206						1221					1229	1236				
Heathrow Terminal 4 (HAF)	a ←			1212						1227						1242				
Heathrow Terminal 5 (HWV)	a ←	1205													1235					
West Drayton (WDT)	a							1209							1222				1239	
Iver (IVR)	a														1225					
Langley (LNY)	a							1213							1227				1243	
Slough (SLO)	3 a							1216							1231				1246	
Burnham (BNM)	a							1220							1235				1250	
Taplow (TAP)	a							1223											1253	
Maidenhead (MAI)	3 a							1226						1242					1256	
Twyford (TWY)	3 a							1233											1303	
Reading (RDG)	7 a							1240											1310	

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Operator Days of operation/Notes	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR	LE A	LE C	XR	XR	
Shenfield (SNF)	3 d	1127		1133	1138		1141	1146		1148	1151		1156		1203	1205	1208		1211
Brentwood (BRE)	d			1137			1145			1152			1200		1207				1215
Harold Wood (HRO)	d			1141			1149			1156			1204		1211				1219
Gidea Park (GDP)	2 d			1144			1152			1159			1207		1214				1222
Romford (RMF)	d			1147			1155	1153		1202			1210		1217				1225
Chadwell Heath (CTH)	d			1150			1158			1205			1213		1220				1228
Goodmayes (GMY)	d			1152			1200			1207			1215		1222				1230
Seven Kings (SVK)	d			1154			1202			1209			1217		1224				1232
Ilford (IFD)	2 d			1158			1206			1213			1221		1228				1236
Manor Park (MNP)	d			1200			1208			1215			1223		1230				1238
Forest Gate (FOG)	d			1203			1211			1218			1226		1233				1241
Maryland (MYL)	d			1205			1213			1220			1228		1235				1243
Stratford (SRA)	DLR 7 d	1142		1208	1153		1216	1203		1223	1206		1231		1238	1220	1223		1246
Abbey Wood (ABW)	d			1154			1202			1209			1217		1224				1232
Woolwich (WWC)	d			1157			1205			1212			1220		1227				1235
Custom House (CUS)	d			1201			1209			1216			1224		1231				1239
Canary Wharf (CWX)	DLR d			1205			1213			1220			1228		1235				1243
Whitechapel (ZLW)	d			1209	1213		1217	1221		1224	1228		1232	1236	1239	1243			1247
London Liverpool Street (LST)	15 a	1150			1201			1211			1214					1228	1231		1251
London Liverpool Street EL (LST)	4 a			1212	1216		1220	1224		1227	1231		1235	1239	1242	1246			1250
Farringdon (ZFD)	3 a			1214	1218		1222	1226		1229	1233		1237	1241	1244	1248			1252
Tottenham Court Road (TCR)	d			1217	1221		1225	1229		1232	1236		1240	1244	1247	1251			1255
Bond Street (BDS)	d			1220	1224		1228	1232		1235	1239		1243	1247	1250	1254			1258
London Paddington EL (PAD)	15 a			1223	1229		1231	1236		1238	1244		1246	1252	1253	1259			1301
Acton Main Line (AML)	a			1230						1245					1300				
Ealing Broadway (EAL)	3 a			1233			1240	1243		1248			1255		1303				1310
West Ealing (WEA)	3 a			1236				1246		1251					1306				1316
Hanwell (HAN)	a			1238						1253					1308				
Southall (STL)	a			1241			1245			1256			1302		1311				1315
Hayes & Harlington (HAY)	3 a			1244			1248	1252		1259			1305		1314				1318
Heathrow Terminals 2 & 3 (HXX)	3 a			1251				1259		1306					1321				1322
Heathrow Terminal 4 (HAF)	3 a			1257						1312					1327				1329
Heathrow Terminal 5 (HWV)	3 a						1305												1335
West Drayton (WDT)	a						1252						1309						1322
Iver (IVR)	a						1255												1325
Langley (LNY)	a						1257						1313						1327
Slough (SLO)	3 a						1301						1316						1331
Burnham (BNM)	a						1305						1320						1335
Taplow (TAP)	a												1323						
Maidenhead (MAI)	3 a						1312						1326						1342
Twyford (TWY)	3 a												1333						
Reading (RDG)	7 a												1340						

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Operator Days of operation/Notes	XR	XR	LE D	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR
Shenfield (SNF)	3	d	1218	1219		1226	1227		1233	1238		1241	1246		1248	1251		1256
Brentwood (BRE)		d	1222			1230			1237			1245			1252			1300
Harold Wood (HRO)		d	1226			1234			1241			1249			1256			1304
Gidea Park (GDP)	2	d	1229			1237			1244			1252			1259			1307
Romford (RMF)		d	1232	1226		1240			1247			1255	1253		1302			1310
Chadwell Heath (CTH)		d	1235			1243			1250			1258			1305			1313
Goodmayes (GMY)		d	1237			1245			1252			1300			1307			1315
Seven Kings (SVK)		d	1239			1247			1254			1302			1309			1317
Ilford (IFD)	2	d	1243			1251			1258			1306			1313			1321
Manor Park (MNP)		d	1245			1253			1300			1308			1315			1323
Forest Gate (FOG)		d	1248			1256			1303			1311			1318			1326
Maryland (MYL)		d	1250			1258			1305			1313			1320			1328
Stratford (SRA)	DLR 7	d	1253	1236		1301	1242		1308	1253		1316	1303		1323	1306		1331
Abbey Wood (ABW)		d	1239			1247			1254			1302			1309			1317
Woolwich (WWC)		d	1242			1250			1257			1305			1312			1320
Custom House (CUS)		d	1246			1254			1301			1309			1316			1324
Canary Wharf (CWX)	DLR	d	1250			1258			1305			1313			1320			1328
Whitechapel (ZLW)	DLR	d	1254	1258		1302	1306		1309	1313		1317	1321		1324	1328		1332
London Liverpool Street (LST)	DLR 15	a		1244			1250			1301			1311			1314		1336
London Liverpool Street EL (LST)	DLR 4	a	1257	1301		1305	1309		1312	1316		1320	1324		1327	1331		1335
Farringdon (ZFD)	DLR 3	a	1259	1303		1307	1311		1314	1318		1322	1326		1329	1333		1337
Tottenham Court Road (TCR)	DLR	a	1302	1306		1310	1314		1317	1321		1325	1329		1332	1336		1340
Bond Street (BDS)	DLR	a	1305	1309		1313	1317		1320	1324		1328	1332		1335	1339		1343
London Paddington EL (PAD)	DLR 15	a	1308	1314		1316	1322		1323	1329		1331	1336		1338	1344		1346
Acton Main Line (AML)		a	1315						1330						1345			1400
Ealing Broadway (EAL)	DLR 3	a	1318			1325			1333			1340	1343		1348			1355
West Ealing (WEA)	DLR 3	a	1321						1336				1346		1351			1406
Hanwell (HAN)		a	1323						1338						1353			1408
Southall (STL)		a	1326			1332			1341			1345			1356			1411
Hayes & Harlington (HAY)	DLR 3	a	1329			1335			1344			1348	1352		1359			1414
Heathrow Terminals 2 & 3 (HXX)	DLR	a	1336						1351				1359		1406			1421
Heathrow Terminal 4 (HAF)	DLR	a	1342						1357						1412			1427
Heathrow Terminal 5 (HWV)	DLR	a											1405					
West Drayton (WDT)		a				1339							1352					1409
Iver (IVR)		a											1355					
Langley (LNY)		a				1343							1357					1413
Slough (SLO)	DLR 3	a				1346							1401					1416
Burnham (BNM)		a				1350							1405					1420
Taplow (TAP)		a				1353												1423
Maidenhead (MAI)	DLR 3	a				1356							1412					1426
Twyford (TWY)	DLR 3	a				1403												1433
Reading (RDG)	DLR 7	a				1410												1440

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Saturdays

Operator Days of operation/Notes	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR
Shenfield (SNF)	3 d	1303	1305	1308		1311		1318	1319		1326	1327		1333	1338		1341	1346
Brentwood (BRE)	d	1307				1315		1322			1330			1337			1345	
Harold Wood (HRO)	d	1311				1319		1326			1334			1341			1349	
Gidea Park (GDP)	2 d	1314				1322		1329			1337			1344			1352	
Romford (RMF)	d	1317				1325		1332	1326		1340			1347			1355	1353
Chadwell Heath (CTH)	d	1320				1328		1335			1343			1350			1358	
Goodmayes (GMY)	d	1322				1330		1337			1345			1352			1400	
Seven Kings (SVK)	d	1324				1332		1339			1347			1354			1402	
Ilford (IFD)	2 d	1328				1336		1343			1351			1358			1406	
Manor Park (MNP)	d	1330				1338		1345			1353			1400			1408	
Forest Gate (FOG)	d	1333				1341		1348			1356			1403			1411	
Maryland (MYL)	d	1335				1343		1350			1358			1405			1413	
Stratford (SRA)	DLR 7 d	1338	1320	1323		1346		1353	1336		1401	1342		1408	1353		1416	1403
Abbey Wood (ABW)	d				1332		1339			1347			1354			1402		1409
Woolwich (WWC)	d				1335		1342			1350			1357			1405		1412
Custom House (CUS)	d				1339		1346			1354			1401			1409		1416
Canary Wharf (CWX)	DLR d				1343		1350			1358			1405			1413		1420
Whitechapel (ZLW)	DLR d	1343			1347	1351	1354	1358		1402	1406		1409	1413		1417	1421	1424
London Liverpool Street (LST)	15 a		1328	1331				1344				1350		1401			1411	
London Liverpool Street EL (LST)	4 a	1346			1350	1354	1357	1401		1405	1409		1412	1416		1420	1424	1427
Farringdon (ZFD)	3 a	1348			1352	1356	1359	1403		1407	1411		1414	1418		1422	1426	1429
Tottenham Court Road (TCR)	a	1351			1355	1359	1402	1406		1410	1414		1417	1421		1425	1429	1432
Bond Street (BDS)	a	1354			1358	1402	1405	1409		1413	1417		1420	1424		1428	1432	1435
London Paddington EL (PAD)	15 a	1359			1401	1406	1408	1414		1416	1422		1423	1429		1431	1436	1438
Acton Main Line (AML)	a						1415						1430					1445
Ealing Broadway (EAL)	3 a				1410	1413	1418			1425			1433			1440	1443	1448
West Ealing (WEA)	3 a					1416	1421						1436			1446		1451
Hanwell (HAN)	a						1423						1438					1453
Southall (STL)	a				1415		1426			1432			1441			1445		1456
Hayes & Harlington (HAY)	3 a				1418	1422	1429			1435			1444			1448	1452	1459
Heathrow Terminals 2 & 3 (HXX)	a ←					1429	1436						1451				1459	1506
Heathrow Terminal 4 (HAF)	a ←						1442						1457					1512
Heathrow Terminal 5 (HWV)	a ←					1435											1505	
West Drayton (WDT)	a				1422					1439						1452		
Iver (IVR)	a				1425											1455		
Langley (LNY)	a				1427					1443						1457		
Slough (SLO)	3 a				1431					1446						1501		
Burnham (BNM)	a				1435					1450						1505		
Taplow (TAP)	a									1453								
Maidenhead (MAI)	3 a				1442					1456						1512		
Twyford (TWY)	3 a									1503								
Reading (RDG)	7 a									1510								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	LE F	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR	
Shenfield (SNF)	3 d	1348	1351		1356		1403	1405	1408		1411		1418	1419		1426	1427		1433
Brentwood (BRE)	d	1352			1400		1407				1415		1422			1430			1437
Harold Wood (HRO)	d	1356			1404		1411				1419		1426			1434			1441
Gidea Park (GDP)	2 d	1359			1407		1414				1422		1429			1437			1444
Romford (RMF)	d	1402			1410		1417				1425		1432	1426		1440			1447
Chadwell Heath (CTH)	d	1405			1413		1420				1428		1435			1443			1450
Goodmayes (GMY)	d	1407			1415		1422				1430		1437			1445			1452
Seven Kings (SVK)	d	1409			1417		1424				1432		1439			1447			1454
Ilford (IFD)	2 d	1413			1421		1428				1436		1443			1451			1458
Manor Park (MNP)	d	1415			1423		1430				1438		1445			1453			1500
Forest Gate (FOG)	d	1418			1426		1433				1441		1448			1456			1503
Maryland (MYL)	d	1420			1428		1435				1443		1450			1458			1505
Stratford (SRA)	DLR 7 d	1423	1406		1431		1438	1420	1423		1446		1453	1436		1501	1442		1508
Abbey Wood (ABW)	d				1417		1424				1432		1439			1447			1454
Woolwich (WWC)	d				1420		1427				1435		1442			1450			1457
Custom House (CUS)	d				1424		1431				1439		1446			1454			1501
Canary Wharf (CWX)	DLR d				1428		1435				1443		1450			1458			1505
Whitechapel (ZLW)	DLR d	1428			1432	1436	1439	1443			1447	1451	1454	1458		1502	1506		1509
London Liverpool Street (LST)	DLR 15 a		1414					1428	1431					1444		1450			1513
London Liverpool Street EL (LST)	4 a	1431			1435	1439	1442	1446			1450	1454	1457	1501		1505	1509		1512
Farringdon (ZFD)	3 a	1433			1437	1441	1444	1448			1452	1456	1459	1503		1507	1511		1514
Tottenham Court Road (TCR)	a	1436			1440	1444	1447	1451			1455	1459	1502	1506		1510	1514		1517
Bond Street (BDS)	a	1439			1443	1447	1450	1454			1458	1502	1505	1509		1513	1517		1520
London Paddington EL (PAD)	15 a	1444			1446	1452	1453	1459			1501	1506	1508	1514		1516	1522		1523
Acton Main Line (AML)	a						1500						1515						1530
Ealing Broadway (EAL)	3 a				1455		1503				1510	1513	1518			1525			1533
West Ealing (WEA)	3 a						1506					1516	1521						1536
Hanwell (HAN)	a						1508						1523						1538
Southall (STL)	a				1502		1511				1515		1526			1532			1541
Hayes & Harlington (HAY)	3 a				1505		1514				1518	1522	1529			1535			1544
Heathrow Terminals 2 & 3 (HXX)	a						1521					1529	1536						1551
Heathrow Terminal 4 (HAF)	a						1527						1542						1557
Heathrow Terminal 5 (HWV)	a											1535							
West Drayton (WDT)	a				1509						1522					1539			
Iver (IVR)	a										1525								
Langley (LNY)	a				1513						1527					1543			
Slough (SLO)	3 a				1516						1531					1546			
Burnham (BNM)	a				1520						1535					1550			
Taplow (TAP)	a				1523											1553			
Maidenhead (MAI)	3 a				1526						1542					1556			
Twyford (TWY)	3 a				1533											1603			
Reading (RDG)	7 a				1540											1610			

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Saturdays

Operator Days of operation/Notes	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D		
Shenfield (SNF)	3 d	1438		1441	1446		1448	1451		1456		1503	1505	1508			1511		1518	1519
Brentwood (BRE)	d			1445			1452			1500		1507					1515		1522	
Harold Wood (HRO)	d			1449			1456			1504		1511					1519		1526	
Gidea Park (GDP)	2 d			1452			1459			1507		1514					1522		1529	
Romford (RMF)	d			1455	1453		1502			1510		1517					1525		1532	1526
Chadwell Heath (CTH)	d			1458			1505			1513		1520					1528		1535	
Goodmayes (GMY)	d			1500			1507			1515		1522					1530		1537	
Seven Kings (SVK)	d			1502			1509			1517		1524					1532		1539	
Ilford (IFD)	2 d			1506			1513			1521		1528					1536		1543	
Manor Park (MNP)	d			1508			1515			1523		1530					1538		1545	
Forest Gate (FOG)	d			1511			1518			1526		1533					1541		1548	
Maryland (MYL)	d			1513			1520			1528		1535					1543		1550	
Stratford (SRA)	DLR 7 d	1453		1516	1503		1523	1506		1531		1538	1520	1523			1546		1553	1536
Abbey Wood (ABW)	d		1502				1509			1517		1524					1532		1539	
Woolwich (WWC)	d		1505				1512			1520		1527					1535		1542	
Custom House (CUS)	d		1509				1516			1524		1531					1539		1546	
Canary Wharf (CWX)	DLR d		1513				1520			1528		1535					1543		1550	
Whitechapel (ZLW)	d		1517	1521			1524	1528		1532	1536	1539	1543				1547	1551	1554	1558
London Liverpool Street (LST)	15 a	1501			1511			1514					1528	1531						1544
London Liverpool Street EL (LST)	4 a		1520	1524			1527	1531		1535	1539	1542	1546				1550	1554	1557	1601
Farringdon (ZFD)	3 a		1522	1526			1529	1533		1537	1541	1544	1548				1552	1556	1559	1603
Tottenham Court Road (TCR)	a		1525	1529			1532	1536		1540	1544	1547	1551				1555	1559	1602	1606
Bond Street (BDS)	a		1528	1532			1535	1539		1543	1547	1550	1554				1558	1602	1605	1609
London Paddington EL (PAD)	15 a		1531	1536			1538	1544		1546	1552	1553	1559				1601	1606	1608	1614
Acton Main Line (AML)	a						1545					1600								1615
Ealing Broadway (EAL)	3 a		1540	1543			1548			1555		1603					1610	1613	1618	
West Ealing (WEA)	3 a			1546			1551					1606						1616	1621	
Hanwell (HAN)	a						1553					1608							1623	
Southall (STL)	a		1545				1556			1602		1611					1615		1626	
Hayes & Harlington (HAY)	3 a		1548	1552			1559			1605		1614					1618	1622	1629	
Heathrow Terminals 2 & 3 (HXX)	a ←			1559			1606					1621						1629	1636	
Heathrow Terminal 4 (HAF)	a ←						1612					1627							1642	
Heathrow Terminal 5 (HWV)	a ←			1605														1635		
West Drayton (WDT)	a		1552							1609								1622		
Iver (IVR)	a		1555															1625		
Langley (LNY)	a		1557							1613								1627		
Slough (SLO)	3 a		1601							1616								1631		
Burnham (BNM)	a		1605							1620								1635		
Taplow (TAP)	a									1623										
Maidenhead (MAI)	3 a		1612							1626								1642		
Twyford (TWY)	3 a									1633										
Reading (RDG)	7 a									1640										

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Saturdays

Operator Days of operation/Notes	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR	LE A	LE C
Shenfield (SNF)	3 d	1526	1527		1533	1538		1541	1546		1548	1551		1556		1603	1605	1608
Brentwood (BRE)	d	1530			1537			1545			1552			1600		1607		
Harold Wood (HRO)	d	1534			1541			1549			1556			1604		1611		
Gidea Park (GDP)	2 d	1537			1544			1552			1559			1607		1614		
Romford (RMF)	d	1540			1547			1555	1553		1602			1610		1617		
Chadwell Heath (CTH)	d	1543			1550			1558			1605			1613		1620		
Goodmayes (GMY)	d	1545			1552			1600			1607			1615		1622		
Seven Kings (SVK)	d	1547			1554			1602			1609			1617		1624		
Ilford (IFD)	2 d	1551			1558			1606			1613			1621		1628		
Manor Park (MNP)	d	1553			1600			1608			1615			1623		1630		
Forest Gate (FOG)	d	1556			1603			1611			1618			1626		1633		
Maryland (MYL)	d	1558			1605			1613			1620			1628		1635		
Stratford (SRA)	DLR 7 d	1601	1542		1608	1553		1616	1603		1623	1606		1631		1638	1620	1623
Abbey Wood (ABW)	d	1547			1554			1602			1609			1617		1624		
Woolwich (WWC)	d	1550			1557			1605			1612			1620		1627		
Custom House (CUS)	d	1554			1601			1609			1616			1624		1631		
Canary Wharf (CWX)	DLR d	1558			1605			1613			1620			1628		1635		
Whitechapel (ZLW)	DLR d	1602	1606		1609	1613		1617	1621		1624	1628		1632	1636	1639	1643	
London Liverpool Street (LST)	DLR 15 a			1550			1601			1611			1614				1628	1631
London Liverpool Street EL (LST)	DLR 4 a	1605	1609		1612	1616		1620	1624		1627	1631		1635	1639	1642	1646	
Farringdon (ZFD)	DLR 3 a	1607	1611		1614	1618		1622	1626		1629	1633		1637	1641	1644	1648	
Tottenham Court Road (TCR)	DLR a	1610	1614		1617	1621		1625	1629		1632	1636		1640	1644	1647	1651	
Bond Street (BDS)	DLR a	1613	1617		1620	1624		1628	1632		1635	1639		1643	1647	1650	1654	
London Paddington EL (PAD)	DLR 15 a	1616	1622		1623	1629		1631	1636		1638	1644		1646	1652	1653	1659	
Acton Main Line (AML)	a				1630						1645					1700		
Ealing Broadway (EAL)	DLR 3 a	1625			1633			1640	1643		1648			1655		1703		
West Ealing (WEA)	DLR 3 a				1636				1646		1651					1706		
Hanwell (HAN)	a				1638						1653					1708		
Southall (STL)	a	1632			1641			1645			1656			1702		1711		
Hayes & Harlington (HAY)	DLR 3 a	1635			1644			1648	1652		1659			1705		1714		
Heathrow Terminals 2 & 3 (HXX)	DLR a				1651				1659		1706					1721		
Heathrow Terminal 4 (HAF)	DLR a				1657						1712					1727		
Heathrow Terminal 5 (HWV)	DLR a							1705										
West Drayton (WDT)	a	1639						1652						1709				
Iver (IVR)	a							1655										
Langley (LNY)	a	1643						1657						1713				
Slough (SLO)	DLR 3 a	1646						1701						1716				
Burnham (BNM)	a	1650						1705						1720				
Taplow (TAP)	a	1653												1723				
Maidenhead (MAI)	DLR 3 a	1656						1712						1726				
Twyford (TWY)	DLR 3 a	1703												1733				
Reading (RDG)	DLR 7 a	1710												1740				

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Saturdays

Operator Days of operation/Notes	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	
Shenfield (SNF)	3	d	1611		1618	1619		1626	1627		1633	1638		1641	1646		1648	1651	
Brentwood (BRE)		d	1615		1622			1630			1637			1645			1652		
Harold Wood (HRO)		d	1619		1626			1634			1641			1649			1656		
Gidea Park (GDP)	2	d	1622		1629			1637			1644			1652			1659		
Romford (RMF)		d	1625		1632	1626		1640			1647			1655	1653		1702		
Chadwell Heath (CTH)		d	1628		1635			1643			1650			1658			1705		
Goodmayes (GMY)		d	1630		1637			1645			1652			1700			1707		
Seven Kings (SVK)		d	1632		1639			1647			1654			1702			1709		
Ilford (IFD)	2	d	1636		1643			1651			1658			1706			1713		
Manor Park (MNP)		d	1638		1645			1653			1700			1708			1715		
Forest Gate (FOG)		d	1641		1648			1656			1703			1711			1718		
Maryland (MYL)		d	1643		1650			1658			1705			1713			1720		
Stratford (SRA)	DLR 7	d	1646		1653	1636		1701	1642		1708	1653		1716	1703		1723	1706	
Abbey Wood (ABW)		d	1632		1639			1647			1654			1702			1709		1717
Woolwich (WWC)		d	1635		1642			1650			1657			1705			1712		1720
Custom House (CUS)		d	1639		1646			1654			1701			1709			1716		1724
Canary Wharf (CWX)	DLR	d	1643		1650			1658			1705			1713			1720		1728
Whitechapel (ZLW)	DLR	d	1647	1651	1654	1658		1702	1706		1709	1713		1717	1721		1724	1728	1732
London Liverpool Street (LST)	DLR 15	a				1644			1650			1701			1711			1714	
London Liverpool Street EL (LST)	DLR 4	a	1650	1654	1657	1701		1705	1709		1712	1716		1720	1724		1727	1731	1735
Farringdon (ZFD)	DLR 3	a	1652	1656	1659	1703		1707	1711		1714	1718		1722	1726		1729	1733	1737
Tottenham Court Road (TCR)	DLR	a	1655	1659	1702	1706		1710	1714		1717	1721		1725	1729		1732	1736	1740
Bond Street (BDS)	DLR	a	1658	1702	1705	1709		1713	1717		1720	1724		1728	1732		1735	1739	1743
London Paddington EL (PAD)	DLR 15	a	1701	1706	1708	1714		1716	1722		1723	1729		1731	1736		1738	1744	1746
Acton Main Line (AML)		a			1715						1730						1745		
Ealing Broadway (EAL)	DLR 3	a	1710	1713	1718			1725			1733			1740	1743		1748		1755
West Ealing (WEA)	DLR 3	a		1716	1721						1736			1746			1751		
Hanwell (HAN)		a			1723						1738						1753		
Southall (STL)		a	1715		1726			1732			1741			1745			1756		1802
Hayes & Harlington (HAY)	DLR 3	a	1718	1722	1729			1735			1744			1748	1752		1759		1805
Heathrow Terminals 2 & 3 (HXX)	DLR	a		1729	1736						1751				1759		1806		
Heathrow Terminal 4 (HAF)	DLR	a			1742						1757						1812		
Heathrow Terminal 5 (HWV)	DLR	a		1735											1805				
West Drayton (WDT)		a	1722					1739						1752					1809
Iver (IVR)		a	1725											1755					
Langley (LNY)		a	1727					1743						1757					1813
Slough (SLO)	DLR 3	a	1731					1746						1801					1816
Burnham (BNM)		a	1735					1750						1805					1820
Taplow (TAP)		a						1753											1823
Maidenhead (MAI)	DLR 3	a	1742					1756						1812					1826
Twyford (TWY)	DLR 3	a						1803											1833
Reading (RDG)	DLR 7	a						1810											1840

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR	LE E	XR	XR		
Shenfield (SNF)	3 d	1656		1703	1705	1708		1711		1718	1719		1726	1727		1733	1738		1741	
Brentwood (BRE)	d	1700		1707				1715		1722			1730			1737			1745	
Harold Wood (HRO)	d	1704		1711				1719		1726			1734			1741			1749	
Gidea Park (GDP)	2 d	1707		1714				1722		1729			1737			1744			1752	
Romford (RMF)	d	1710		1717				1725		1732	1726		1740			1747			1755	
Chadwell Heath (CTH)	d	1713		1720				1728		1735			1743			1750			1758	
Goodmayes (GMY)	d	1715		1722				1730		1737			1745			1752			1800	
Seven Kings (SVK)	d	1717		1724				1732		1739			1747			1754			1802	
Ilford (IFD)	2 d	1721		1728				1736		1743			1751			1758			1806	
Manor Park (MNP)	d	1723		1730				1738		1745			1753			1800			1808	
Forest Gate (FOG)	d	1726		1733				1741		1748			1756			1803			1811	
Maryland (MYL)	d	1728		1735				1743		1750			1758			1805			1813	
Stratford (SRA)	DLR 7 d	1731		1738	1720	1723		1746		1753	1736		1742		1808	1753			1816	
Abbey Wood (ABW)	d		1724					1732		1739			1747			1754			1802	
Woolwich (WWC)	d		1727					1735		1742			1750			1757			1805	
Custom House (CUS)	d		1731					1739		1746			1754			1801			1809	
Canary Wharf (CWX)	DLR d		1735					1743		1750			1758			1805			1813	
Whitechapel (ZLW)	DLR d	1736	1739	1743				1747	1751	1754	1758		1802	1806		1809	1813		1817	1821
London Liverpool Street (LST)	15 a				1728	1731					1744			1750			1801			
London Liverpool Street EL (LST)	4 a	1739	1742	1746				1750	1754	1757	1801		1805	1809		1812	1816		1820	1824
Farringdon (ZFD)	3 a	1741	1744	1748				1752	1756	1759	1803		1807	1811		1814	1818		1822	1826
Tottenham Court Road (TCR)	a	1744	1747	1751				1755	1759	1802	1806		1810	1814		1817	1821		1825	1829
Bond Street (BDS)	a	1747	1750	1754				1758	1802	1805	1809		1813	1817		1820	1824		1828	1832
London Paddington EL (PAD)	15 a	1752	1753	1759				1801	1806	1808	1814		1816	1822		1823	1829		1831	1836
Acton Main Line (AML)	a		1800							1815						1830				
Ealing Broadway (EAL)	3 a		1803					1810	1813	1818			1825			1833			1840	1843
West Ealing (WEA)	3 a		1806						1816	1821						1836				1846
Hanwell (HAN)	a		1808							1823						1838				
Southall (STL)	a		1811					1815		1826			1832			1841			1845	
Hayes & Harlington (HAY)	3 a		1814					1818	1822	1829			1835			1844			1848	1852
Heathrow Terminals 2 & 3 (HXX)	a ←		1821						1829	1836						1851				1859
Heathrow Terminal 4 (HAF)	a ←		1827							1842						1857				
Heathrow Terminal 5 (HWV)	a ←								1835											1905
West Drayton (WDT)	a							1822					1839						1852	
Iver (IVR)	a							1825											1855	
Langley (LNY)	a							1827					1843						1857	
Slough (SLO)	3 a							1831					1846						1901	
Burnham (BNM)	a							1835					1850						1905	
Taplow (TAP)	a												1853							
Maidenhead (MAI)	3 a							1842					1856						1912	
Twyford (TWY)	3 a												1903							
Reading (RDG)	7 a												1910							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE A	XR	XR	LE F	XR	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A
Shenfield (SNF)	3 d	1746		1748	1751		1756		1803	1805	1808		1811		1818	1819		1826	1827
Brentwood (BRE)	d			1752			1800		1807				1815		1822			1830	
Harold Wood (HRO)	d			1756			1804		1811				1819		1826			1834	
Gidea Park (GDP)	2 d			1759			1807		1814				1822		1829			1837	
Romford (RMF)	d	1753		1802			1810		1817				1825		1832	1826		1840	
Chadwell Heath (CTH)	d			1805			1813		1820				1828		1835			1843	
Goodmayes (GMY)	d			1807			1815		1822				1830		1837			1845	
Seven Kings (SVK)	d			1809			1817		1824				1832		1839			1847	
Ilford (IFD)	2 d			1813			1821		1828				1836		1843			1851	
Manor Park (MNP)	d			1815			1823		1830				1838		1845			1853	
Forest Gate (FOG)	d			1818			1826		1833				1841		1848			1856	
Maryland (MYL)	d			1820			1828		1835				1843		1850			1858	
Stratford (SRA)	DLR 7 d	1803		1823	1806		1831		1838	1820	1823		1846		1853	1836		1901	1842
Abbey Wood (ABW)	d		1809			1817		1824				1832	1839				1847		
Woolwich (WWC)	d		1812			1820		1827				1835	1842				1850		
Custom House (CUS)	d		1816			1824		1831				1839	1846				1854		
Canary Wharf (CWX)	DLR d		1820			1828		1835				1843	1850				1858		
Whitechapel (ZLW)	d		1824	1828		1832	1836	1839	1843			1847	1851	1854	1858		1902	1906	
London Liverpool Street (LST)	DLR 15 a	1811			1814					1828	1831					1844			1850
London Liverpool Street EL (LST)	DLR 4 a		1827	1831		1835	1839	1842	1846			1850	1854	1857	1901		1905	1909	
Farringdon (ZFD)	DLR 3 a		1829	1833		1837	1841	1844	1848			1852	1856	1859	1903		1907	1911	
Tottenham Court Road (TCR)	d		1832	1836		1840	1844	1847	1851			1855	1859	1902	1906		1910	1914	
Bond Street (BDS)	d		1835	1839		1843	1847	1850	1854			1858	1902	1905	1909		1913	1917	
London Paddington EL (PAD)	DLR 15 a		1838	1844		1846	1852	1853	1859			1901	1906	1908	1914		1916	1922	
Acton Main Line (AML)	a		1845					1900							1915				
Ealing Broadway (EAL)	DLR 3 a		1848			1855		1903				1910	1913	1918			1925		
West Ealing (WEA)	DLR 3 a		1851					1906					1916	1921					
Hanwell (HAN)	a		1853					1908						1923					
Southall (STL)	a		1856			1902		1911				1915		1926			1932		
Hayes & Harlington (HAY)	DLR 3 a		1859			1905		1914				1918	1922	1929	1935				
Heathrow Terminals 2 & 3 (HXX)	DLR 3 a		1906					1921					1929	1936					
Heathrow Terminal 4 (HAF)	DLR 3 a		1912					1927						1942					
Heathrow Terminal 5 (HWV)	DLR 3 a												1935						
West Drayton (WDT)	a					1909						1922					1939		
Iver (IVR)	a											1925							
Langley (LNY)	a					1913						1927					1943		
Slough (SLO)	DLR 3 a					1916						1931					1946		
Burnham (BNM)	a					1920						1935					1950		
Taplow (TAP)	a					1923											1953		
Maidenhead (MAI)	DLR 3 a					1926						1942					1956		
Twyford (TWY)	DLR 3 a					1933											2003		
Reading (RDG)	DLR 7 a					1940											2010		

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Saturdays

Operator Days of operation/Notes	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR	LE A	LE C	XR	XR	XR				
Shenfield (SNF)	3	d	1833	1838			1841	1846		1848	1851		1856			1903	1905	1908		1911		
Brentwood (BRE)		d	1837				1845			1852			1900			1907				1915		
Harold Wood (HRO)		d	1841				1849			1856			1904			1911				1919		
Gidea Park (GDP)	2	d	1844				1852			1859			1907			1914				1922		
Romford (RMF)		d	1847				1855	1853		1902			1910			1917				1925		
Chadwell Heath (CTH)		d	1850				1858			1905			1913			1920				1928		
Goodmayes (GMY)		d	1852				1900			1907			1915			1922				1930		
Seven Kings (SVK)		d	1854				1902			1909			1917			1924				1932		
Ilford (IFD)	2	d	1858				1906			1913			1921			1928				1936		
Manor Park (MNP)		d	1900				1908			1915			1923			1930				1938		
Forest Gate (FOG)		d	1903				1911			1918			1926			1933				1941		
Maryland (MYL)		d	1905				1913			1920			1928			1935				1943		
Stratford (SRA)	DLR 7	d	1908	1853			1916	1903		1923	1906		1931			1938	1920	1923		1946		
Abbey Wood (ABW)		d	1854				1902			1909			1917			1924				1932	1939	
Woolwich (WWC)		d	1857				1905			1912			1920			1927				1935	1942	
Custom House (CUS)		d	1901				1909			1916			1924			1931				1939	1946	
Canary Wharf (CWX)	DLR	d	1905				1913			1920			1928			1935				1943	1950	
Whitechapel (ZLW)	DLR	d	1909	1913			1917	1921		1924	1928		1932	1936	1939	1943				1947	1951	1954
London Liverpool Street (LST)	DLR 15	a			1901				1911			1914				1928	1931					
London Liverpool Street EL (LST)	4	a	1912	1916			1920	1924		1927	1931		1935	1939	1942	1946				1950	1954	1957
Farringdon (ZFD)	3	a	1914	1918			1922	1926		1929	1933		1937	1941	1944	1948				1952	1956	1959
Tottenham Court Road (TCR)	DLR	a	1917	1921			1925	1929		1932	1936		1940	1944	1947	1951				1955	1959	2002
Bond Street (BDS)	DLR	a	1920	1924			1928	1932		1935	1939		1943	1947	1950	1954				1958	2002	2005
London Paddington EL (PAD)	DLR 15	a	1923	1929			1931	1936		1938	1944		1946	1952	1953	1959				2001	2006	2008
Acton Main Line (AML)		a	1930							1945						2000						2015
Ealing Broadway (EAL)	DLR 3	a	1933				1940	1943		1948			1955			2003				2010	2013	2018
West Ealing (WEA)	DLR 3	a	1936				1946			1951						2006				2016	2021	
Hanwell (HAN)		a	1938							1953						2008						2023
Southall (STL)		a	1941				1945			1956			2002			2011				2015		2026
Hayes & Harlington (HAY)	DLR 3	a	1944				1948	1952		1959			2005			2014				2018	2022	2029
Heathrow Terminals 2 & 3 (HXX)	DLR 3	a	1951					1959		2006						2021					2029	2036
Heathrow Terminal 4 (HAF)	DLR 3	a	1957							2012						2027						2042
Heathrow Terminal 5 (HWV)	DLR 3	a					2005														2035	
West Drayton (WDT)		a					1952						2009								2022	
Iver (IVR)		a					1955														2025	
Langley (LNY)		a					1957						2013								2027	
Slough (SLO)	3	a					2001						2016								2031	
Burnham (BNM)		a					2005						2020								2035	
Taplow (TAP)		a											2023									
Maidenhead (MAI)	3	a					2012						2026								2042	
Twyford (TWY)	3	a											2033									
Reading (RDG)	7	a											2040									

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Saturdays

Operator Days of operation/Notes	XR	LE D	XR	XR	LE A	XR	XR	LE E	XR	XR	LE A	XR	XR	LE F	XR	XR	XR	XR			
Shenfield (SNF)	3	d	1918	1919		1926	1927		1933	1938		1941	1946		1948	1951		1956	2003		
Brentwood (BRE)		d	1922			1930			1937			1945			1952			2000	2007		
Harold Wood (HRO)		d	1926			1934			1941			1949			1956			2004	2011		
Gidea Park (GDP)	2	d	1929			1937			1944			1952			1959			2007	2014		
Romford (RMF)		d	1932	1926		1940			1947			1955	1953		2002			2010	2017		
Chadwell Heath (CTH)		d	1935			1943			1950			1958			2005			2013	2020		
Goodmayes (GMY)		d	1937			1945			1952			2000			2007			2015	2022		
Seven Kings (SVK)		d	1939			1947			1954			2002			2009			2017	2024		
Ilford (IFD)	2	d	1943			1951			1958			2006			2013			2021	2028		
Manor Park (MNP)		d	1945			1953			2000			2008			2015			2023	2030		
Forest Gate (FOG)		d	1948			1956			2003			2011			2018			2026	2033		
Maryland (MYL)		d	1950			1958			2005			2013			2020			2028	2035		
Stratford (SRA)	DLR 7	d	1953	1936		2001	1942		2008	1953		2016	2003		2023	2006		2031	2038		
Abbey Wood (ABW)		d				1947			1954			2002			2009			2017	2024		
Woolwich (WWC)		d				1950			1957			2005			2012			2020	2027		
Custom House (CUS)		d				1954			2001			2009			2016			2024	2031		
Canary Wharf (CWX)	DLR	d				1958			2005			2013			2020			2028	2035		
Whitechapel (ZLW)	DLR	d	1958			2002	2006		2009	2013		2017	2021		2024	2028		2032	2036	2039	2043
London Liverpool Street (LST)	DLR 15	a		1944			1950			2001			2011			2014					
London Liverpool Street EL (LST)	DLR 4	a	2001			2005	2009		2012	2016		2020	2024		2027	2031		2035	2039	2042	2046
Farringdon (ZFD)	DLR 3	a	2003			2007	2011		2014	2018		2022	2026		2029	2033		2037	2041	2044	2048
Tottenham Court Road (TCR)	DLR	a	2006			2010	2014		2017	2021		2025	2029		2032	2036		2040	2044	2047	2051
Bond Street (BDS)	DLR	a	2009			2013	2017		2020	2024		2028	2032		2035	2039		2043	2047	2050	2054
London Paddington EL (PAD)	DLR 15	a	2014			2016	2022		2023	2029		2031	2036		2038	2044		2046	2052	2053	2059
Acton Main Line (AML)		a							2030						2045						2100
Ealing Broadway (EAL)	DLR 3	a				2025			2033			2040	2043		2048			2055		2103	
West Ealing (WEA)	DLR 3	a							2036				2046		2051					2106	
Hanwell (HAN)		a							2038						2053					2108	
Southall (STL)		a				2032			2041			2045			2056			2102		2111	
Hayes & Harlington (HAY)	DLR 3	a				2035			2044			2048	2052		2059			2105		2114	
Heathrow Terminals 2 & 3 (HXX)	DLR	a							2051				2059		2106					2121	
Heathrow Terminal 4 (HAF)	DLR	a							2057						2112					2127	
Heathrow Terminal 5 (HWV)	DLR	a											2105								
West Drayton (WDT)		a				2039						2052						2109			
Iver (IVR)		a										2055									
Langley (LNY)		a				2043						2057						2113			
Slough (SLO)	DLR 3	a				2046						2101						2116			
Burnham (BNM)		a				2050						2105						2120			
Taplow (TAP)		a				2053												2123			
Maidenhead (MAI)	DLR 3	a				2056						2112						2126			
Twyford (TWY)	DLR 3	a				2103												2133			
Reading (RDG)	DLR 7	a				2110												2140			

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Shenfield (SNF)	3 d	2005	2008		2011		2018	2019		2026	2027		2033	2038		2041	2046		2048
Brentwood (BRE)	d				2015		2022			2030			2037			2045			2052
Harold Wood (HRO)	d				2019		2026			2034			2041			2049			2056
Gidea Park (GDP)	2 d				2022		2029			2037			2044			2052			2059
Romford (RMF)	d				2025		2032	2026		2040			2047			2055	2053		2102
Chadwell Heath (CTH)	d				2028		2035			2043			2050			2058			2105
Goodmayes (GMY)	d				2030		2037			2045			2052			2100			2107
Seven Kings (SVK)	d				2032		2039			2047			2054			2102			2109
Ilford (IFD)	2 d				2036		2043			2051			2058			2106			2113
Manor Park (MNP)	d				2038		2045			2053			2100			2108			2115
Forest Gate (FOG)	d				2041		2048			2056			2103			2111			2118
Maryland (MYL)	d				2043		2050			2058			2105			2113			2120
Stratford (SRA)	DLR 7 d	2020	2023		2046		2053	2036		2101	2042		2108	2053		2116	2103		2123
Abbey Wood (ABW)	d				2032		2039			2047			2054			2102			2109
Woolwich (WWC)	d				2035		2042			2050			2057			2105			2112
Custom House (CUS)	d				2039		2046			2054			2101			2109			2116
Canary Wharf (CWX)	DLR d				2043		2050			2058			2105			2113			2120
Whitechapel (ZLW)	DLR d				2047	2051	2054	2058		2102	2106		2109	2113		2117	2121		2128
London Liverpool Street (LST)	15 a	2028	2031					2044			2050			2101			2111		
London Liverpool Street EL (LST)	4 a				2050	2054	2057	2101		2105	2109		2112	2116		2120	2124		2131
Farringdon (ZFD)	3 a				2052	2056	2059	2103		2107	2111		2114	2118		2122	2126		2133
Tottenham Court Road (TCR)	a				2055	2059	2102	2106		2110	2114		2117	2121		2125	2129		2136
Bond Street (BDS)	a				2058	2102	2105	2109		2113	2117		2120	2124		2128	2132		2139
London Paddington EL (PAD)	15 a				2101	2106	2108	2114		2116	2122		2123	2129		2131	2136		2144
Acton Main Line (AML)	a						2115						2130						2145
Ealing Broadway (EAL)	3 a				2110	2113	2118			2125			2133			2140	2143		2148
West Ealing (WEA)	3 a					2116	2121						2136				2146		2151
Hanwell (HAN)	a						2123						2138						2153
Southall (STL)	a				2115		2126			2132			2141			2145			2156
Hayes & Harlington (HAY)	3 a				2118	2122	2129			2135			2144			2148	2152		2159
Heathrow Terminals 2 & 3 (HXX)	a ←					2129	2136						2151				2159		2206
Heathrow Terminal 4 (HAF)	a ←						2142						2157						2212
Heathrow Terminal 5 (HWV)	a ←					2135											2205		
West Drayton (WDT)	a				2122					2139						2152			
Iver (IVR)	a				2125											2155			
Langley (LNY)	a				2127					2143						2157			
Slough (SLO)	3 a				2131					2146						2201			
Burnham (BNM)	a				2135					2150						2205			
Taplow (TAP)	a									2153									
Maidenhead (MAI)	3 a				2142					2156						2212			
Twyford (TWY)	3 a									2203									
Reading (RDG)	7 a									2210									

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	LE F	XR	XR	XR	XR	LE A	LE C	XR	XR	XR	XR	LE D	XR	XR	LE A	XR	XR	XR	
Shenfield (SNF)	3 d	2051		2056		2103	2105	2108		2111		2118	2119		2126	2135			2136
Brentwood (BRE)	d			2100		2107				2115		2122			2130				2140
Harold Wood (HRO)	d			2104		2111				2119		2126			2134				2144
Gidea Park (GDP)	2 d			2107		2114				2122		2129			2137				2147
Romford (RMF)	d			2110		2117				2125		2132	2126		2140				2150
Chadwell Heath (CTH)	d			2113		2120				2128		2135			2143				2153
Goodmayes (GMY)	d			2115		2122				2130		2137			2145				2155
Seven Kings (SVK)	d			2117		2124				2132		2139			2147				2157
Ilford (IFD)	2 d			2121		2128				2136		2143			2151				2201
Manor Park (MNP)	d			2123		2130				2138		2145			2153				2203
Forest Gate (FOG)	d			2126		2133				2141		2148			2156				2206
Maryland (MYL)	d			2128		2135				2143		2150			2158				2208
Stratford (SRA)	DLR 7 d	2106		2131		2138	2120	2123		2146		2153	2136		2150				2211
Abbey Wood (ABW)	d			2117		2124				2132		2139			2147			2154	2158
Woolwich (WWC)	d			2120		2127				2135		2142			2150			2157	2201
Custom House (CUS)	d			2124		2131				2139		2146			2154			2201	2205
Canary Wharf (CWX)	DLR d			2128		2135				2143		2150			2158			2205	2209
Whitechapel (ZLW)	DLR d			2132	2136	2139	2143			2147	2151	2154	2158		2202	2206		2209	2213
London Liverpool Street (LST)	DLR 15 a	2114					2128	2131					2144		2158				2217
London Liverpool Street EL (LST)	DLR 4 a			2135	2139	2142	2146			2150	2154	2157	2201		2205	2209		2212	2216
Farringdon (ZFD)	DLR 3 a			2137	2141	2144	2148			2152	2156	2159	2203		2207	2211		2214	2218
Tottenham Court Road (TCR)	DLR a			2140	2144	2147	2151			2155	2159	2202	2206		2210	2214		2217	2221
Bond Street (BDS)	DLR a			2143	2147	2150	2154			2158	2202	2205	2209		2213	2217		2220	2224
London Paddington EL (PAD)	DLR 15 a			2146	2152	2153	2159			2201	2206	2208	2214		2216	2221		2223	2227
Acton Main Line (AML)	a					2200						2215				2229			
Ealing Broadway (EAL)	DLR 3 a			2155		2203				2210	2213	2218			2225	2233			
West Ealing (WEA)	DLR 3 a					2206					2216	2221				2236			
Hanwell (HAN)	a					2208						2223				2238			
Southall (STL)	a			2202		2211				2215		2226			2232	2241			
Hayes & Harlington (HAY)	DLR 3 a			2205		2214				2218	2222	2229			2235	2244			
Heathrow Terminals 2 & 3 (HXX)	DLR a					2221					2229	2236				2251			
Heathrow Terminal 4 (HAF)	DLR a					2227						2242				2257			
Heathrow Terminal 5 (HWV)	DLR a										2235								
West Drayton (WDT)	a			2209						2222					2239				
Iver (IVR)	a									2225					2241				
Langley (LNY)	a			2213						2227					2244				
Slough (SLO)	DLR 3 a			2216						2231					2247				
Burnham (BNM)	a			2220						2235					2251				
Taplow (TAP)	a			2223											2254				
Maidenhead (MAI)	DLR 3 a			2226						2242					2257				
Twyford (TWY)	DLR 3 a			2233											2304				
Reading (RDG)	DLR 7 a			2240											2311				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town
- F From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes Catering facilities	LE E	XR	XR	LE G	XR	XR	LE A	XR	XR	LE C	XR	XR	LE D	XR	XR	LE H CP	LE A	XR	
Shenfield (SNF)	3	d	2138		2146	2151		2156	2205		2206	2208		2216	2219		2226	2232	2235
Brentwood (BRE)		d			2150			2200			2210			2220			2230		
Harold Wood (HRO)		d			2154			2204			2214			2224			2234		
Gidea Park (GDP)	2	d			2157			2207			2217			2227			2237		
Romford (RMF)		d			2200			2210			2220			2230	2226		2240		
Chadwell Heath (CTH)		d			2203			2213			2223			2233			2243		
Goodmayes (GMY)		d			2205			2215			2225			2235			2245		
Seven Kings (SVK)		d			2207			2217			2227			2237			2247		
Ilford (IFD)	2	d			2211			2221			2231			2241			2251		
Manor Park (MNP)		d			2213			2223			2233			2243			2253		
Forest Gate (FOG)		d			2216			2226			2237			2246			2256		
Maryland (MYL)		d			2218			2228			2239			2248			2258		
Stratford (SRA)	DLR 7	d	2153		2221	2206		2231	2220		2241	2223		2251	2236		2301	2247s	2250
Abbey Wood (ABW)		d			2206			2216			2226			2236			2246		2256
Woolwich (WWC)		d			2209			2219			2229			2239			2249		2259
Custom House (CUS)		d			2213			2223			2233			2243			2253		2303
Canary Wharf (CWX)	DLR	d			2217			2227			2237			2247			2257		2307
Whitechapel (ZLW)	DLR	d			2221	2226		2231	2236		2241	2246		2251	2256		2301	2306	2311
London Liverpool Street (LST)	DLR 15	a	2201		2214			2228			2231			2244			2255	2258	
London Liverpool Street EL (LST)	DLR 4	a			2224	2229		2234	2239		2244	2249		2254	2259		2304	2309	2314
Farringdon (ZFD)	DLR 8	a			2226	2231		2236	2241		2246	2251		2256	2301		2306	2311	2316
Tottenham Court Road (TCR)	DLR	a			2229	2234		2239	2244		2249	2254		2259	2304		2309	2314	2319
Bond Street (BDS)	DLR	a			2232	2237		2242	2247		2252	2257		2302	2307		2312	2317	2322
London Paddington EL (PAD)	DLR 15	a			2235	2242		2245	2252		2255	2302		2305	2312		2315	2322	2325
Acton Main Line (AML)		a			2245			2300						2315			2330		
Ealing Broadway (EAL)	DLR 8	a			2248			2303						2318			2325	2333	
West Ealing (WEA)	DLR 8	a			2251			2306						2321			2336		
Hanwell (HAN)		a			2253			2308						2323			2338		
Southall (STL)		a			2256			2302	2311					2326			2332	2341	
Hayes & Harlington (HAY)	DLR 8	a			2259			2305	2314					2329			2335	2344	
Heathrow Terminals 2 & 3 (HXX)	DLR ←	a			2306				2321					2336				2351	
Heathrow Terminal 4 (HAF)	DLR ←	a							2327									2357	
Heathrow Terminal 5 (HWV)	DLR ←	a			2312									2342					
West Drayton (WDT)		a						2309									2339		
Iver (IVR)		a						2311									2341		
Langley (LNY)		a						2314									2344		
Slough (SLO)	DLR 3	a						2317									2352		
Burnham (BNM)		a						2321									2356		
Taplow (TAP)		a						2324									2359		
Maidenhead (MAI)	DLR 3	a						2327									0003		
Twyford (TWY)	DLR 3	a						2334											
Reading (RDG)	DLR 7	a						2341											

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only

- A From Southend Victoria
- C From Clacton-on-Sea
- D From Colchester Town
- E From Braintree
- G From Harwich International
- H From Norwich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Saturdays

Operator Days of operation/Notes	XR	XR	XR	LE F	XR	XR	LE A	LE C	XR	XR	LE F	XR	XR	LE H	LE A	XR	XR	XR	
Shenfield (SNF)	3 d	2236		2246	2251		2256	2305	2308		2311	2319		2326	2332	2335		2341	2356
Brentwood (BRE)	d	2240		2250			2300				2315			2330				2345	2359
Harold Wood (HRO)	d	2244		2254			2304				2319			2334				2349	0004
Gidea Park (GDP)	2 d	2247		2257			2307				2322			2337				2352	0007
Romford (RMF)	d	2250		2300			2310				2325	2326		2340				2355	0010
Chadwell Heath (CTH)	d	2253		2303			2313				2328			2343				2358	0013
Goodmayes (GMY)	d	2255		2305			2315				2330			2345				0001	0015
Seven Kings (SVK)	d	2257		2307			2317				2332			2347				0002	0017
Ilford (IFD)	2 d	2301		2311			2321				2336			2351				0006	0021
Manor Park (MNP)	d	2303		2313			2323				2338			2353				0008	0023
Forest Gate (FOG)	d	2306		2316			2326				2341			2356				0011	0026
Maryland (MYL)	d	2308		2318			2328				2343			2358				0013	0028
Stratford (SRA)	DLR 7 d	2311		2321	2306		2331	2320	2323		2346	2336		0001	2347s	2350		0016	0031
Abbey Wood (ABW)	d		2306			2316				2328				2343				2358	
Woolwich (WWC)	d		2309			2319				2331				2346				0001	
Custom House (CUS)	d		2313			2323				2335				2350				0005	
Canary Wharf (CWX)	DLR d		2317			2327				2339				2354				0009	
Whitechapel (ZLW)	DLR d	2316	2321	2326		2331	2336			2343	2351			2358	0006			0013	0021
London Liverpool Street (LST)	DLR 15 a				2314			2328	2331			2344			2355	2358			0039
London Liverpool Street EL (LST)	4 a	2319	2324	2329		2334	2339			2346	2354		0001	0009				0016	0024
Farringdon (ZFD)	3 a	2321	2326	2331		2336	2341			2348	2356		0003	0011				0018	0026
Tottenham Court Road (TCR)	a	2324	2329	2334		2339	2344			2351	2359		0006	0014				0021	0029
Bond Street (BDS)	a	2327	2332	2337		2342	2347			2354	0002		0009	0017				0024	0032
London Paddington EL (PAD)	15 a	2332	2335	2342		2345	2352			2357	0007		0012	0022				0027	0037
Acton Main Line (AML)	a		2342																
Ealing Broadway (EAL)	3 a		2345							0007				0027					
West Ealing (WEA)	3 a		2348																
Hanwell (HAN)	a		2350																
Southall (STL)	a		2353							0012				0032					
Hayes & Harlington (HAY)	3 a		2356							0015				0035					
Heathrow Terminals 2 & 3 (HXX)	a																		
Heathrow Terminal 4 (HAF)	a																		
Heathrow Terminal 5 (HWV)	a																		
West Drayton (WDT)	a									0019				0039					
Iver (IVR)	a									0022				0042					
Langley (LNY)	a									0024				0044					
Slough (SLO)	3 a									0028				0048					
Burnham (BNM)	a																		
Taplow (TAP)	a																		
Maidenhead (MAI)	3 a									0039				0058					
Twyford (TWY)	3 a																		
Reading (RDG)	7 a																		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time
s Stops to set down only

A From Southend Victoria
C From Clacton-on-Sea
F From Ipswich
H From Norwich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator	XR	XR	XR	XR	XR	XR	LE A	XR	XR	LE B	XR	XR	LE A	XR	XR	LE C	XR	XR
Days of operation/Notes																		
Shenfield (SNF) 3 d						0641	0652		0656	0708		0711	0722		0726	0737		0741
Brentwood (BRE) d						0645			0700			0715			0730			0745
Harold Wood (HRO) d						0649			0704			0719			0734			0749
Gidea Park (GDP) 2 d	0552	0607	0622	0637		0652			0707			0722			0737			0752
Romford (RMF) d	0555	0610	0625	0640		0655	0704		0710	0720		0725	0734		0740	0749		0755
Chadwell Heath (CTH) d	0558	0613	0628	0643		0658			0713			0728			0743			0758
Goodmayes (GMY) d	0600	0615	0630	0645		0700			0715			0730			0745			0800
Seven Kings (SVK) d	0602	0617	0632	0647		0702			0717			0732			0747			0802
Ilford (IFD) 2 d	0606	0621	0636	0651		0706			0721			0736			0751			0806
Manor Park (MNP) d	0608	0623	0638	0653		0708			0723			0738			0753			0808
Forest Gate (FOG) d	0611	0626	0641	0656		0711			0726			0741			0756			0811
Maryland (MYL) d	0613	0628	0643	0658		0713			0728			0743			0758			0813
Stratford (SRA) DLR 7 d	0616	0631	0646	0701		0716	0719		0731	0734		0746	0749		0801	0804		0816
Abbey Wood (ABW) d					0658			0713			0729			0744			0759	
Woolwich (WWC) d					0701			0716			0732			0747			0802	
Custom House (CUS) d					0705			0720			0736			0751			0806	
Canary Wharf (CWX) DLR d					0709			0724			0740			0755			0810	
Whitechapel (ZLW) DLR d					0713			0728			0744	0751		0759	0806		0814	0821
London Liverpool Street (LST) DLR 15 a	0624	0639	0654	0709		0724	0727		0739	0742			0757			0812		
London Liverpool Street EL (LST) DLR 4 a					0716			0731			0747	0754		0802	0809		0817	0824
Farringdon (ZFD) DLR 3 a					0718			0733			0749	0756		0804	0811		0819	0826
Tottenham Court Road (TCR) DLR a					0721			0736			0752	0759		0807	0814		0822	0829
Bond Street (BDS) DLR a					0724			0739			0755	0802		0810	0817		0825	0832
London Paddington EL (PAD) DLR 15 a					0727			0742			0758	0807		0813	0822		0828	0837
Acton Main Line (AML) a											0809				0829		0839	
Ealing Broadway (EAL) DLR 3 a											0812			0826	0832		0842	
West Ealing (WEA) DLR 3 a											0815				0835		0845	
Hanwell (HAN) a											0817				0837		0847	
Southall (STL) a											0820			0831	0840		0850	
Hayes & Harlington (HAY) DLR 3 a											0823			0834	0843		0853	
Heathrow Terminals 2 & 3 (HXX) DLR a											0831				0850		0901	
Heathrow Terminal 4 (HAF) DLR a															0856			
Heathrow Terminal 5 (HWV) DLR a											0836						0906	
West Drayton (WDT) a														0838				
Iver (IVR) a														0840				
Langley (LNY) a														0843				
Slough (SLO) DLR 3 a														0846				
Burnham (BNM) a														0850				
Taplow (TAP) a														0853				
Maidenhead (MAI) DLR 3 a														0856				
Twyford (TWY) DLR 3 a														0903				
Reading (RDG) DLR 7 a														0910				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- B From Chelmsford
- C From Colchester

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	LE A	XR	XR	LE C	XR	XR	LE A	XR	XR	LE D	XR	XR	XR	XR	LE A	LE E	XR	XR	
Shenfield (SNF)	3 d	0752		0756	0807		0811	0823		0826	0837		0841		0856	0900	0910		0911
Brentwood (BRE)	d			0800			0815			0830			0845		0900				0915
Harold Wood (HRO)	d			0804			0819			0834			0849		0904				0919
Gidea Park (GDP)	2 d			0807			0822			0837			0852		0907				0922
Romford (RMF)	d	0804		0810			0825	0834		0840			0855		0910	0907			0925
Chadwell Heath (CTH)	d			0813			0828			0843			0858		0913				0928
Goodmayes (GMY)	d			0815			0830			0845			0900		0915				0930
Seven Kings (SVK)	d			0817			0832			0847			0902		0917				0932
Ilford (IFD)	2 d			0821			0836			0851			0906		0921				0936
Manor Park (MNP)	d			0823			0838			0853			0908		0923				0938
Forest Gate (FOG)	d			0826			0841			0856			0911		0926				0941
Maryland (MYL)	d			0828			0843			0858			0913		0928				0943
Stratford (SRA)	DLR 7 d	0819		0831	0834		0846	0852		0901	0904		0916		0931	0917	0925		0946
Abbey Wood (ABW)	d		0814			0829			0844			0859		0914				0929	
Woolwich (WWC)	d		0817			0832			0847			0902		0917				0932	
Custom House (CUS)	d		0821			0836			0851			0906		0921				0936	
Canary Wharf (CWX)	DLR d		0825			0840			0855			0910		0925				0940	
Whitechapel (ZLW)	DLR d		0829	0836		0844	0851		0859	0906		0914	0921	0929	0936			0944	0951
London Liverpool Street (LST)	DLR 15 a	0827			0842			0900			0912				0925	0933			
London Liverpool Street EL (LST)	DLR 4 a		0832	0839		0847	0854		0902	0909		0917	0924	0932	0939			0947	0954
Farringdon (ZFD)	DLR 3 a		0834	0841		0849	0856		0904	0911		0919	0926	0934	0941			0949	0956
Tottenham Court Road (TCR)	DLR a		0837	0844		0852	0859		0907	0914		0922	0929	0937	0944			0952	0959
Bond Street (BDS)	DLR a		0840	0847		0855	0902		0910	0917		0925	0932	0940	0947			0955	1002
London Paddington EL (PAD)	DLR 15 a		0843	0852		0858	0907		0913	0922		0928	0937	0943	0952			0958	1007
Acton Main Line (AML)	a			0859		0909				0930					1000				
Ealing Broadway (EAL)	DLR 3 a		0855	0902		0912			0925	0933		0943		0955	1003			1013	
West Ealing (WEA)	DLR 3 a			0905		0915				0936		0946			1006			1016	
Hanwell (HAN)	a			0907		0917				0938					1008				
Southall (STL)	a		0901	0910		0920			0931	0941				1001	1011				
Hayes & Harlington (HAY)	DLR 3 a		0904	0913		0923			0934	0944		0952		1004	1014			1022	
Heathrow Terminals 2 & 3 (HXX)	DLR a			0920		0931				0951		0959			1021			1029	
Heathrow Terminal 4 (HAF)	DLR a			0926						0957					1027				
Heathrow Terminal 5 (HWV)	DLR a					0936						1005						1035	
West Drayton (WDT)	a		0908						0938					1008					
Iver (IVR)	a		0910						0940					1010					
Langley (LNY)	a		0913						0943					1013					
Slough (SLO)	DLR 3 a		0916						0946					1016					
Burnham (BNM)	a		0920						0950					1020					
Taplow (TAP)	a		0923						0953					1023					
Maidenhead (MAI)	DLR 3 a		0926						0956					1026					
Twyford (TWY)	DLR 3 a		0933						1003					1033					
Reading (RDG)	DLR 7 a		0940						1010					1040					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- C From Colchester
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	XR	LE A	LE E	XR	XR	XR	XR	XR		
Shenfield (SNF)	3	d	0926	0927	0939			0941				0956	0957	1010				1011		
Brentwood (BRE)		d	0930					0945				1000						1015		
Harold Wood (HRO)		d	0934					0949				1004						1019		
Gidea Park (GDP)	2	d	0937				0944	0952	0959			1007				1014		1022		
Romford (RMF)		d	0940	0934			0947	0955	1002			1010	1004			1017		1025		
Chadwell Heath (CTH)		d	0943				0950	0958	1005			1013				1020		1028		
Goodmayes (GMY)		d	0945				0952	1000	1007			1015				1022		1030		
Seven Kings (SVK)		d	0947				0954	1002	1009			1017				1024		1032		
Ilford (IFD)	2	d	0951				0958	1006	1013			1021				1028		1036		
Manor Park (MNP)		d	0953				1000	1008	1015			1023				1030		1038		
Forest Gate (FOG)		d	0956				1003	1011	1018			1026				1033		1041		
Maryland (MYL)		d	0958				1005	1013	1020			1028				1035		1043		
Stratford (SRA)	DLR 7	d	1001	0944	0955		1008	1016	1023			1031	1014	1025		1038		1046		
Abbey Wood (ABW)		d	0944				0959	1009	1017						1024		1032		1039	
Woolwich (WWC)		d	0947				1002	1012	1020						1027		1035		1042	
Custom House (CUS)		d	0951				1006	1016	1024						1031		1039		1046	
Canary Wharf (CWX)	DLR	d	0955				1013c	1020	1028						1035		1043		1050	
Whitechapel (ZLW)	DLR	d	0959	1006			1013	1017	1021	1024	1028	1032	1036		1039	1043	1047	1051	1054	
London Liverpool Street (LST)	DLR 15	a		0952	1003								1022	1033						
London Liverpool Street EL (LST)	DLR 4	a	1002	1009			1016	1020	1024	1027	1031	1035	1039			1042	1046	1050	1054	1057
Farringdon (ZFD)	DLR 3	a	1004	1011			1018	1022	1026	1029	1033	1037	1041			1044	1048	1052	1056	1059
Tottenham Court Road (TCR)	DLR	a	1007	1014			1021	1025	1029	1032	1036	1040	1044			1047	1051	1055	1059	1102
Bond Street (BDS)	DLR	a	1010	1017			1024	1028	1032	1035	1039	1043	1047			1050	1054	1058	1102	1105
London Paddington EL (PAD)	DLR 15	a	1013	1022			1029	1031	1036	1038	1044	1046	1052			1053	1059	1101	1106	1108
Acton Main Line (AML)		a		1030					1045							1100				1115
Ealing Broadway (EAL)	DLR 3	a	1025	1033			1040	1043	1048			1055				1103		1110	1113	1118
West Ealing (WEA)	DLR 3	a		1036				1046	1051							1106			1116	1121
Hanwell (HAN)		a		1038					1053							1108				1123
Southall (STL)		a	1031	1041			1045		1056			1102				1111		1115		1126
Hayes & Harlington (HAY)	DLR 3	a	1034	1044			1048	1052	1059			1105				1114		1118	1122	1129
Heathrow Terminals 2 & 3 (HXX)	DLR	a		1051				1059	1106							1121			1129	1136
Heathrow Terminal 4 (HAF)	DLR	a		1057					1112							1127				1142
Heathrow Terminal 5 (HWV)	DLR	a						1105											1135	
West Drayton (WDT)		a	1038					1052				1109							1122	
Iver (IVR)		a	1040					1055											1125	
Langley (LNY)		a	1043					1057				1113							1127	
Slough (SLO)	DLR 3	a	1046					1101				1116							1131	
Burnham (BNM)		a	1050					1105				1120							1135	
Taplow (TAP)		a	1053									1123								
Maidenhead (MAI)	DLR 3	a	1056				1112					1126							1142	
Twyford (TWY)	DLR 3	a	1103									1133								
Reading (RDG)	DLR 7	a	1110									1140								

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 3 minutes earlier

- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE E	XR	XR	XR	
Shenfield (SNF)	3	d		1026	1027	1039						1041				1056	1057	1110	
Brentwood (BRE)		d		1030								1045				1100			
Harold Wood (HRO)		d		1034								1049				1104			
Gidea Park (GDP)	2	d	1029	1037				1044				1052	1059			1107			1114
Romford (RMF)		d	1032	1040	1034			1047				1055	1102			1110	1104		1117
Chadwell Heath (CTH)		d	1035	1043				1050				1058	1105			1113			1120
Goodmayes (GMY)		d	1037	1045				1052				1100	1107			1115			1122
Seven Kings (SVK)		d	1039	1047				1054				1102	1109			1117			1124
Ilford (IFD)	2	d	1043	1051				1058				1106	1113			1121			1128
Manor Park (MNP)		d	1045	1053				1100				1108	1115			1123			1130
Forest Gate (FOG)		d	1048	1056				1103				1111	1118			1126			1133
Maryland (MYL)		d	1050	1058				1105				1113	1120			1128			1135
Stratford (SRA)	DLR 7	d	1053	1101	1044	1055		1108				1116	1123			1131	1114	1125	1138
Abbey Wood (ABW)		d		1047				1054				1102	1109			1117			1124
Woolwich (WWC)		d		1050				1057				1105	1112			1120			1127
Custom House (CUS)		d		1054				1101				1109	1116			1124			1131
Canary Wharf (CWX)	DLR	d		1058				1105				1113	1120			1128			1135
Whitechapel (ZLW)	DLR	d	1058	1102	1106			1109	1113	1117	1121	1124	1128	1132	1136				1139
London Liverpool Street (LST)	DLR 15	a				1052	1103									1122	1133		1147
London Liverpool Street EL (LST)	DLR 4	a	1101	1105	1109			1112	1116	1120	1124	1127	1131	1135	1139				1142
Farringdon (ZFD)	DLR 3	a	1103	1107	1111			1114	1118	1122	1126	1129	1133	1137	1141				1144
Tottenham Court Road (TCR)	DLR	a	1106	1110	1114			1117	1121	1125	1129	1132	1136	1140	1144				1147
Bond Street (BDS)	DLR	a	1109	1113	1117			1120	1124	1128	1132	1135	1139	1143	1147				1150
London Paddington EL (PAD)	DLR 15	a	1114	1116	1122			1123	1129	1131	1136	1138	1144	1146	1152				1153
Acton Main Line (AML)		a						1130				1145							1200
Ealing Broadway (EAL)	DLR 3	a		1125				1133			1140	1143	1148		1155				1203
West Ealing (WEA)	DLR 3	a						1136				1146	1151						1206
Hanwell (HAN)		a						1138					1153						1208
Southall (STL)		a		1132				1141			1145		1156		1202				1211
Hayes & Harlington (HAY)	DLR 3	a		1135				1144			1148	1152	1159		1205				1214
Heathrow Terminals 2 & 3 (HXX)	DLR	a						1151				1159	1206						1221
Heathrow Terminal 4 (HAF)	DLR	a						1157					1212						1227
Heathrow Terminal 5 (HWV)	DLR	a										1205							
West Drayton (WDT)		a		1139							1152				1209				1222
Iver (IVR)		a									1155								1225
Langley (LNY)		a		1143							1157				1213				1227
Slough (SLO)	DLR 3	a		1146							1201				1216				1231
Burnham (BNM)		a		1150							1205				1220				1235
Taplow (TAP)		a		1153											1223				
Maidenhead (MAI)	DLR 3	a		1156							1212				1226				1242
Twyford (TWY)	DLR 3	a		1203											1233				
Reading (RDG)	DLR 7	a		1210											1240				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE E	XR
Shenfield (SNF)	3 d	1111				1126	1127	1139				1141				1156	1157	1210
Brentwood (BRE)	d	1115				1130						1145				1200		
Harold Wood (HRO)	d	1119				1134						1149				1204		
Gidea Park (GDP)	2 d	1122		1129		1137				1144		1152		1159		1207		
Romford (RMF)	d	1125		1132		1140	1134			1147		1155		1202		1210	1204	
Chadwell Heath (CTH)	d	1128		1135		1143				1150		1158		1205		1213		
Goodmayes (GMY)	d	1130		1137		1145				1152		1200		1207		1215		
Seven Kings (SVK)	d	1132		1139		1147				1154		1202		1209		1217		
Ilford (IFD)	2 d	1136		1143		1151				1158		1206		1213		1221		
Manor Park (MNP)	d	1138		1145		1153				1200		1208		1215		1223		
Forest Gate (FOG)	d	1141		1148		1156				1203		1211		1218		1226		
Maryland (MYL)	d	1143		1150		1158				1205		1213		1220		1228		
Stratford (SRA)	DLR 7 d	1146		1153		1201	1144	1155		1208		1216		1223		1231	1214	1225
Abbey Wood (ABW)	d		1139		1147				1154		1202		1209		1217			1224
Woolwich (WWC)	d		1142		1150				1157		1205		1212		1220			1227
Custom House (CUS)	d		1146		1154				1201		1209		1216		1224			1231
Canary Wharf (CWX)	DLR d		1150		1158				1205		1213		1220		1228			1235
Whitechapel (ZLW)	DLR d	1151	1154	1158	1202	1206			1209	1213	1217	1221	1224	1228	1232	1236		1239
London Liverpool Street (LST)	DLR 15 a						1152	1203									1222	1233
London Liverpool Street EL (LST)	DLR 4 a	1154	1157	1201	1205	1209			1212	1216	1220	1224	1227	1231	1235	1239		1242
Farringdon (ZFD)	DLR 3 a	1156	1159	1203	1207	1211			1214	1218	1222	1226	1229	1233	1237	1241		1244
Tottenham Court Road (TCR)	DLR a	1159	1202	1206	1210	1214			1217	1221	1225	1229	1232	1236	1240	1244		1247
Bond Street (BDS)	DLR a	1202	1205	1209	1213	1217			1220	1224	1228	1232	1235	1239	1243	1247		1250
London Paddington EL (PAD)	DLR 15 a	1206	1208	1214	1216	1222			1223	1229	1231	1236	1238	1244	1246	1252		1253
Acton Main Line (AML)	a		1215						1230				1245					1300
Ealing Broadway (EAL)	DLR 3 a	1213	1218		1225				1233		1240	1243	1248		1255			1303
West Ealing (WEA)	DLR 3 a	1216	1221						1236			1246	1251					1306
Hanwell (HAN)	a		1223						1238				1253					1308
Southall (STL)	a		1226		1232				1241		1245		1256		1302			1311
Hayes & Harlington (HAY)	DLR 3 a	1222	1229		1235				1244		1248	1252	1259		1305			1314
Heathrow Terminals 2 & 3 (HXX)	DLR a	1229	1236						1251			1259	1306					1321
Heathrow Terminal 4 (HAF)	DLR a		1242						1257				1312					1327
Heathrow Terminal 5 (HWV)	DLR a	1235										1305						
West Drayton (WDT)	a				1239							1252			1309			
Iver (IVR)	a											1255						
Langley (LNY)	a				1243							1257			1313			
Slough (SLO)	DLR 3 a				1246							1301			1316			
Burnham (BNM)	a				1250							1305			1320			
Taplow (TAP)	a				1253										1323			
Maidenhead (MAI)	DLR 3 a				1256							1312			1326			
Twyford (TWY)	DLR 3 a				1303										1333			
Reading (RDG)	DLR 7 a				1310										1340			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

- A From Southend Victoria
- D From Clacton-on-Sea
- E From Ipswich

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	XR	XR	LE A		
Shenfield (SNF)	3	d			1211					1226	1227	1239					1241		1256	1257
Brentwood (BRE)		d			1215					1230							1245		1300	
Harold Wood (HRO)		d			1219					1234							1249		1304	
Gidea Park (GDP)	2	d	1214		1222		1229			1237			1244			1252	1259		1307	
Romford (RMF)		d	1217		1225		1232		1240	1234			1247			1255	1302		1310	1304
Chadwell Heath (CTH)		d	1220		1228		1235		1243				1250			1258	1305		1313	
Goodmayes (GMY)		d	1222		1230		1237		1245				1252			1300	1307		1315	
Seven Kings (SVK)		d	1224		1232		1239		1247				1254			1302	1309		1317	
Ilford (IFD)	2	d	1228		1236		1243		1251				1258			1306	1313		1321	
Manor Park (MNP)		d	1230		1238		1245		1253				1300			1308	1315		1323	
Forest Gate (FOG)		d	1233		1241		1248		1256				1303			1311	1318		1326	
Maryland (MYL)		d	1235		1243		1250		1258				1305			1313	1320		1328	
Stratford (SRA)	DLR 7	d	1238		1246		1253		1301	1244	1255		1308			1316	1323		1331	1314
Abbey Wood (ABW)		d		1232		1239		1247					1254			1302	1309		1317	
Woolwich (WWC)		d		1235		1242		1250					1257			1305	1312		1320	
Custom House (CUS)		d		1239		1246		1254					1301			1309	1316		1324	
Canary Wharf (CWX)	DLR	d		1243		1250		1258					1305			1313	1320		1328	
Whitechapel (ZLW)	DLR	d	1243	1247	1251	1254	1258	1302	1306				1309	1313	1317	1321	1324	1328	1332	1336
London Liverpool Street (LST)	DLR 15	a								1252	1303									1322
London Liverpool Street EL (LST)	DLR 4	a	1246	1250	1254	1257	1301	1305	1309				1312	1316	1320	1324	1327	1331	1335	1339
Farringdon (ZFD)	DLR 3	a	1248	1252	1256	1259	1303	1307	1311				1314	1318	1322	1326	1329	1333	1337	1341
Tottenham Court Road (TCR)	DLR	a	1251	1255	1259	1302	1306	1310	1314				1317	1321	1325	1329	1332	1336	1340	1344
Bond Street (BDS)	DLR	a	1254	1258	1302	1305	1309	1313	1317				1320	1324	1328	1332	1335	1339	1343	1347
London Paddington EL (PAD)	DLR 15	a	1259	1301	1306	1308	1314	1316	1322				1323	1329	1331	1336	1338	1344	1346	1352
Acton Main Line (AML)		a				1315							1330				1345			
Ealing Broadway (EAL)	DLR 3	a		1310	1313	1318		1325					1333		1340	1343	1348		1355	
West Ealing (WEA)	DLR 3	a			1316	1321							1336			1346	1351			
Hanwell (HAN)		a				1323							1338				1353			
Southall (STL)		a		1315		1326		1332					1341		1345		1356		1402	
Hayes & Harlington (HAY)	DLR 3	a		1318	1322	1329		1335					1344		1348	1352	1359		1405	
Heathrow Terminals 2 & 3 (HXX)	DLR	a			1329	1336							1351			1359	1406			
Heathrow Terminal 4 (HAF)	DLR	a				1342							1357				1412			
Heathrow Terminal 5 (HWV)	DLR	a			1335											1405				
West Drayton (WDT)		a		1322				1339							1352				1409	
Iver (IVR)		a		1325											1355					
Langley (LNY)		a		1327			1343								1357				1413	
Slough (SLO)	DLR 3	a		1331			1346								1401				1416	
Burnham (BNM)		a		1335			1350								1405				1420	
Taplow (TAP)		a					1353												1423	
Maidenhead (MAI)	DLR 3	a		1342			1356								1412				1426	
Twyford (TWY)	DLR 3	a					1403												1433	
Reading (RDG)	DLR 7	a					1410												1440	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- A From Southend Victoria
- D From Clacton-on-Sea

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	LE E	XR	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR		
Shenfield (SNF)	3 d	1310				1311					1326	1327	1339					1341		
Brentwood (BRE)	d					1315					1330							1345		
Harold Wood (HRO)	d					1319					1334							1349		
Gidea Park (GDP)	2 d			1314		1322		1329			1337				1344			1352	1359	
Romford (RMF)	d			1317		1325		1332			1340	1334			1347			1355	1402	
Chadwell Heath (CTH)	d			1320		1328		1335			1343				1350			1358	1405	
Goodmayes (GMY)	d			1322		1330		1337			1345				1352			1400	1407	
Seven Kings (SVK)	d			1324		1332		1339			1347				1354			1402	1409	
Ilford (IFD)	2 d			1328		1336		1343			1351				1358			1406	1413	
Manor Park (MNP)	d			1330		1338		1345			1353				1400			1408	1415	
Forest Gate (FOG)	d			1333		1341		1348			1356				1403			1411	1418	
Maryland (MYL)	d			1335		1343		1350			1358				1405			1413	1420	
Stratford (SRA)	DLR 7 d	1325		1338		1346		1353			1401	1344	1355		1408			1416	1423	
Abbey Wood (ABW)	d		1324		1332		1339		1347					1354		1402		1409	1417	
Woolwich (WWC)	d		1327		1335		1342		1350					1357		1405		1412	1420	
Custom House (CUS)	d		1331		1339		1346		1354					1401		1409		1416	1424	
Canary Wharf (CWX)	DLR d		1335		1343		1350		1358					1405		1413		1420	1428	
Whitechapel (ZLW)	d		1339	1343	1347	1351	1354	1358	1402	1406				1409	1413	1417	1421	1424	1428	1432
London Liverpool Street (LST)	15 a	1333									1352	1403								
London Liverpool Street EL (LST)	4 a		1342	1346	1350	1354	1357	1401	1405	1409				1412	1416	1420	1424	1427	1431	1435
Farringdon (ZFD)	3 a		1344	1348	1352	1356	1359	1403	1407	1411				1414	1418	1422	1426	1429	1433	1437
Tottenham Court Road (TCR)	a		1347	1351	1355	1359	1402	1406	1410	1414				1417	1421	1425	1429	1432	1436	1440
Bond Street (BDS)	a		1350	1354	1358	1402	1405	1409	1413	1417				1420	1424	1428	1432	1435	1439	1443
London Paddington EL (PAD)	15 a		1353	1359	1401	1406	1408	1414	1416	1422				1423	1429	1431	1436	1438	1444	1446
Acton Main Line (AML)	a		1400				1415							1430				1445		
Ealing Broadway (EAL)	3 a		1403		1410	1413	1418		1425					1433		1440	1443	1448		1455
West Ealing (WEA)	3 a		1406			1416	1421							1436			1446	1451		
Hanwell (HAN)	a		1408				1423							1438				1453		
Southall (STL)	a		1411		1415		1426		1432					1441		1445		1456		1502
Hayes & Harlington (HAY)	3 a		1414		1418	1422	1429		1435					1444		1448	1452	1459		1505
Heathrow Terminals 2 & 3 (HXX)	a ←		1421			1429	1436							1451			1459	1506		
Heathrow Terminal 4 (HAF)	a ←		1427				1442							1457				1512		
Heathrow Terminal 5 (HWV)	a ←					1435											1505			
West Drayton (WDT)	a				1422				1439							1452				1509
Iver (IVR)	a				1425											1455				
Langley (LNY)	a				1427				1443							1457				1513
Slough (SLO)	3 a				1431				1446							1501				1516
Burnham (BNM)	a				1435				1450							1505				1520
Taplow (TAP)	a								1453											1523
Maidenhead (MAI)	3 a				1442				1456							1512				1526
Twyford (TWY)	3 a								1503											1533
Reading (RDG)	7 a								1510											1540

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	LE A	LE E	XR	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	
Shenfield (SNF)	3 d	1356	1357	1410				1411					1426	1427	1439				1441
Brentwood (BRE)	d	1400						1415					1430						1445
Harold Wood (HRO)	d	1404						1419					1434						1449
Gidea Park (GDP)	2 d	1407					1414	1422		1429			1437				1444		1452
Romford (RMF)	d	1410	1404				1417	1425		1432			1440	1434			1447		1455
Chadwell Heath (CTH)	d	1413					1420	1428		1435			1443				1450		1458
Goodmayes (GMY)	d	1415					1422	1430		1437			1445				1452		1500
Seven Kings (SVK)	d	1417					1424	1432		1439			1447				1454		1502
Ilford (IFD)	2 d	1421					1428	1436		1443			1451				1458		1506
Manor Park (MNP)	d	1423					1430	1438		1445			1453				1500		1508
Forest Gate (FOG)	d	1426					1433	1441		1448			1456				1503		1511
Maryland (MYL)	d	1428					1435	1443		1450			1458				1505		1513
Stratford (SRA)	DLR 7 d	1431	1414	1425			1438	1446		1453			1501	1444	1455		1508		1516
Abbey Wood (ABW)	d				1424		1432		1439		1447				1454		1502		1509
Woolwich (WWC)	d				1427		1435		1442		1450				1457		1505		1512
Custom House (CUS)	d				1431		1439		1446		1454				1501		1509		1516
Canary Wharf (CWX)	DLR d				1435		1443		1450		1458				1505		1513		1520
Whitechapel (ZLW)	DLR d	1436			1439	1443	1447	1451	1454	1458	1502	1506			1509	1513	1517	1521	1524
London Liverpool Street (LST)	DLR 15 a		1422	1433									1452	1503					
London Liverpool Street EL (LST)	DLR 4 a	1439			1442	1446	1450	1454	1457	1501	1505	1509			1512	1516	1520	1524	1527
Farringdon (ZFD)	DLR 3 a	1441			1444	1448	1452	1456	1459	1503	1507	1511			1514	1518	1522	1526	1529
Tottenham Court Road (TCR)	DLR a	1444			1447	1451	1455	1459	1502	1506	1510	1514			1517	1521	1525	1529	1532
Bond Street (BDS)	DLR a	1447			1450	1454	1458	1502	1505	1509	1513	1517			1520	1524	1528	1532	1535
London Paddington EL (PAD)	DLR 15 a	1452			1453	1459	1501	1506	1508	1514	1516	1522			1523	1529	1531	1536	1538
Acton Main Line (AML)	a				1500				1515						1530				1545
Ealing Broadway (EAL)	DLR 3 a				1503		1510	1513	1518		1525				1533		1540	1543	1548
West Ealing (WEA)	DLR 3 a				1506			1516	1521						1536		1546		1551
Hanwell (HAN)	a				1508				1523						1538				1553
Southall (STL)	a				1511		1515		1526		1532				1541		1545		1556
Hayes & Harlington (HAY)	DLR 3 a				1514		1518	1522	1529		1535				1544		1548	1552	1559
Heathrow Terminals 2 & 3 (HXX)	DLR a				1521			1529	1536						1551			1559	1606
Heathrow Terminal 4 (HAF)	DLR a				1527				1542						1557				1612
Heathrow Terminal 5 (HWV)	DLR a							1535										1605	
West Drayton (WDT)	a						1522				1539							1552	
Iver (IVR)	a						1525											1555	
Langley (LNY)	a						1527				1543							1557	
Slough (SLO)	DLR 3 a						1531				1546							1601	
Burnham (BNM)	a						1535				1550							1605	
Taplow (TAP)	a										1553								
Maidenhead (MAI)	DLR 3 a						1542				1556							1612	
Twyford (TWY)	DLR 3 a										1603								
Reading (RDG)	DLR 7 a										1610								

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Sundays

Operator Days of operation/Notes	XR	XR	XR	LE A	LE E	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	
Shenfield (SNF)	3	d		1456	1457	1510						1511				1526	1527	1539	
Brentwood (BRE)		d		1500								1515				1530			
Harold Wood (HRO)		d		1504								1519				1534			
Gidea Park (GDP)	2	d	1459	1507			1514					1522	1529			1537			1544
Romford (RMF)		d	1502	1510	1504		1517					1525	1532			1540	1534		1547
Chadwell Heath (CTH)		d	1505	1513			1520					1528	1535			1543			1550
Goodmayes (GMY)		d	1507	1515			1522					1530	1537			1545			1552
Seven Kings (SVK)		d	1509	1517			1524					1532	1539			1547			1554
Ilford (IFD)	2	d	1513	1521			1528					1536	1543			1551			1558
Manor Park (MNP)		d	1515	1523			1530					1538	1545			1553			1600
Forest Gate (FOG)		d	1518	1526			1533					1541	1548			1556			1603
Maryland (MYL)		d	1520	1528			1535					1543	1550			1558			1605
Stratford (SRA)	DLR 7	d	1523	1531	1514	1525	1538					1546	1553			1601	1544	1555	1608
Abbey Wood (ABW)		d		1517			1524					1532	1539			1547			1554
Woolwich (WWC)		d		1520			1527					1535	1542			1550			1557
Custom House (CUS)		d		1524			1531					1539	1546			1554			1601
Canary Wharf (CWX)	DLR	d		1528			1535					1543	1550			1558			1605
Whitechapel (ZLW)		d	1528	1532	1536		1539	1543	1547	1551	1554	1558	1602	1606		1609	1613	1617	
London Liverpool Street (LST)		a			1522	1533									1552	1603			
London Liverpool Street EL (LST)	4	a	1531	1535	1539		1542	1546	1550	1554	1557	1601	1605	1609				1612	
Farringdon (ZFD)	3	a	1533	1537	1541		1544	1548	1552	1556	1559	1603	1607	1611				1614	
Tottenham Court Road (TCR)		a	1536	1540	1544		1547	1551	1555	1559	1602	1606	1610	1614				1617	
Bond Street (BDS)		a	1539	1543	1547		1550	1554	1558	1602	1605	1609	1613	1617				1620	
London Paddington EL (PAD)	15	a	1544	1546	1552		1553	1559	1601	1606	1608	1614	1616	1622				1623	
Acton Main Line (AML)		a					1600					1615						1630	
Ealing Broadway (EAL)	3	a		1555			1603			1610	1613	1618			1625			1633	
West Ealing (WEA)	3	a					1606				1616	1621						1636	
Hanwell (HAN)		a					1608					1623						1638	
Southall (STL)		a		1602			1611			1615		1626			1632			1641	
Hayes & Harlington (HAY)	3	a		1605			1614			1618	1622	1629			1635			1644	
Heathrow Terminals 2 & 3 (HXX)		a					1621				1629	1636						1651	
Heathrow Terminal 4 (HAF)		a					1627					1642						1657	
Heathrow Terminal 5 (HWV)		a									1635								
West Drayton (WDT)		a		1609						1622					1639			1652	
Iver (IVR)		a								1625								1655	
Langley (LNY)		a		1613						1627					1643			1657	
Slough (SLO)	3	a		1616						1631					1646			1701	
Burnham (BNM)		a		1620						1635					1650			1705	
Taplow (TAP)		a		1623											1653				
Maidenhead (MAI)	3	a		1626						1642					1656			1712	
Twyford (TWY)	3	a		1633											1703				
Reading (RDG)	7	a		1640											1710				

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Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	XR	LE A	LE E	XR	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE D	XR	
Shenfield (SNF)	3 d	1541				1556	1557	1610					1611				1626	1627	1639	
Brentwood (BRE)	d	1545				1600							1615				1630			
Harold Wood (HRO)	d	1549				1604							1619				1634			
Gidea Park (GDP)	2 d	1552		1559		1607				1614			1622		1629		1637			
Romford (RMF)	d	1555		1602		1610	1604			1617			1625		1632		1640	1634		
Chadwell Heath (CTH)	d	1558		1605		1613				1620			1628		1635		1643			
Goodmayes (GMY)	d	1600		1607		1615				1622			1630		1637		1645			
Seven Kings (SVK)	d	1602		1609		1617				1624			1632		1639		1647			
Ilford (IFD)	2 d	1606		1613		1621				1628			1636		1643		1651			
Manor Park (MNP)	d	1608		1615		1623				1630			1638		1645		1653			
Forest Gate (FOG)	d	1611		1618		1626				1633			1641		1648		1656			
Maryland (MYL)	d	1613		1620		1628				1635			1643		1650		1658			
Stratford (SRA)	DLR 7 d	1616		1623		1631	1614	1625		1638			1646		1653		1701	1644	1655	
Abbey Wood (ABW)	d		1609		1617					1624			1632		1639		1647			1654
Woolwich (WWC)	d		1612		1620					1627			1635		1642		1650			1657
Custom House (CUS)	d		1616		1624					1631			1639		1646		1654			1701
Canary Wharf (CWX)	DLR d		1620		1628					1635			1643		1650		1658			1705
Whitechapel (ZLW)	DLR d	1621	1624	1628	1632	1636			1639	1643	1647	1651	1654	1658	1702	1706				1709
London Liverpool Street (LST)	DLR 15 a						1622	1633									1652	1703		
London Liverpool Street EL (LST)	DLR 4 a	1624	1627	1631	1635	1639			1642	1646	1650	1654	1657	1701	1705	1709				1712
Farringdon (ZFD)	DLR 3 a	1626	1629	1633	1637	1641			1644	1648	1652	1656	1659	1703	1707	1711				1714
Tottenham Court Road (TCR)	DLR a	1629	1632	1636	1640	1644			1647	1651	1655	1659	1702	1706	1710	1714				1717
Bond Street (BDS)	DLR a	1632	1635	1639	1643	1647			1650	1654	1658	1702	1705	1709	1713	1717				1720
London Paddington EL (PAD)	DLR 15 a	1636	1638	1644	1646	1652			1653	1659	1701	1706	1708	1714	1716	1722				1723
Acton Main Line (AML)	a		1645						1700				1715							1730
Ealing Broadway (EAL)	DLR 3 a	1643	1648		1655				1703		1710	1713	1718		1725					1733
West Ealing (WEA)	DLR 3 a	1646	1651						1706			1716	1721							1736
Hanwell (HAN)	a		1653						1708			1723								1738
Southall (STL)	a		1656		1702				1711		1715		1726		1732					1741
Hayes & Harlington (HAY)	DLR 3 a	1652	1659		1705				1714		1718	1722	1729		1735					1744
Heathrow Terminals 2 & 3 (HXX)	DLR a ←	1659	1706						1721			1729	1736							1751
Heathrow Terminal 4 (HAF)	DLR a ←		1712						1727			1742								1757
Heathrow Terminal 5 (HWV)	DLR a ←	1705										1735								
West Drayton (WDT)	a				1709							1722			1739					
Iver (IVR)	a											1725								
Langley (LNY)	a				1713							1727			1743					
Slough (SLO)	DLR 3 a				1716							1731			1746					
Burnham (BNM)	a				1720							1735			1750					
Taplow (TAP)	a				1723										1753					
Maidenhead (MAI)	DLR 3 a				1726							1742			1756					
Twyford (TWY)	DLR 3 a				1733										1803					
Reading (RDG)	DLR 7 a				1740										1810					

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Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	XR	XR	XR	LE A	LE E	XR	XR	XR	XR	XR	XR	XR	XR	LE A		
Shenfield (SNF)	3	d			1641				1656	1657	1710							1711	1726	1727
Brentwood (BRE)		d			1645				1700									1715	1730	
Harold Wood (HRO)		d			1649				1704									1719	1734	
Gidea Park (GDP)	2	d	1644		1652		1659		1707				1714					1722	1737	
Romford (RMF)		d	1647		1655		1702		1710	1704			1717					1725	1740	1734
Chadwell Heath (CTH)		d	1650		1658		1705		1713				1720					1728	1743	
Goodmayes (GMY)		d	1652		1700		1707		1715				1722					1730	1745	
Seven Kings (SVK)		d	1654		1702		1709		1717				1724					1732	1747	
Ilford (IFD)	2	d	1658		1706		1713		1721				1728					1736	1751	
Manor Park (MNP)		d	1700		1708		1715		1723				1730					1738	1753	
Forest Gate (FOG)		d	1703		1711		1718		1726				1733					1741	1756	
Maryland (MYL)		d	1705		1713		1720		1728				1735					1743	1758	
Stratford (SRA)	DLR 7	d	1708		1716		1723		1731	1714	1725		1738					1746	1801	1744
Abbey Wood (ABW)		d		1702		1709		1717					1724					1732	1747	
Woolwich (WWC)		d		1705		1712		1720					1727					1735	1750	
Custom House (CUS)		d		1709		1716		1724					1731					1739	1754	
Canary Wharf (CWX)	DLR	d		1713		1720		1728					1735					1743	1758	
Whitechapel (ZLW)	DLR	d	1713	1717	1721	1724	1728	1732	1736				1739	1743	1747	1751	1754	1758	1802	1806
London Liverpool Street (LST)	DLR 15	a								1722	1733									1752
London Liverpool Street EL (LST)	DLR 4	a	1716	1720	1724	1727	1731	1735	1739				1742	1746	1750	1754	1757	1801	1805	1809
Farringdon (ZFD)	DLR 3	a	1718	1722	1726	1729	1733	1737	1741				1744	1748	1752	1756	1759	1803	1807	1811
Tottenham Court Road (TCR)	DLR	a	1721	1725	1729	1732	1736	1740	1744				1747	1751	1755	1759	1802	1806	1810	1814
Bond Street (BDS)	DLR	a	1724	1728	1732	1735	1739	1743	1747				1750	1754	1758	1802	1805	1809	1813	1817
London Paddington EL (PAD)	DLR 15	a	1729	1731	1736	1738	1744	1746	1752				1753	1759	1801	1806	1808	1814	1816	1822
Acton Main Line (AML)		a				1745							1800					1815		
Ealing Broadway (EAL)	DLR 3	a		1740	1743	1748		1755					1803		1810	1813	1818		1825	
West Ealing (WEA)	DLR 3	a			1746	1751							1806			1816	1821			
Hanwell (HAN)		a				1753							1808				1823			
Southall (STL)		a		1745		1756		1802					1811		1815		1826		1832	
Hayes & Harlington (HAY)	DLR 3	a		1748	1752	1759		1805					1814		1818	1822	1829		1835	
Heathrow Terminals 2 & 3 (HXX)	DLR	a			1759	1806							1821			1829	1836			
Heathrow Terminal 4 (HAF)	DLR	a				1812							1827				1842			
Heathrow Terminal 5 (HWV)	DLR	a			1805											1835				
West Drayton (WDT)		a		1752				1809								1822			1839	
Iver (IVR)		a		1755												1825				
Langley (LNY)		a		1757				1813								1827			1843	
Slough (SLO)	DLR 3	a		1801				1816								1831			1846	
Burnham (BNM)		a		1805				1820								1835			1850	
Taplow (TAP)		a						1823											1853	
Maidenhead (MAI)	DLR 3	a		1812				1826								1842			1856	
Twyford (TWY)	DLR 3	a						1833											1903	
Reading (RDG)	DLR 7	a						1840											1910	

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Shenfield (SNF)	3 d	1739				1741					1756	1757	1810					1811		
Brentwood (BRE)	d					1745					1800							1815		
Harold Wood (HRO)	d					1749					1804							1819		
Gidea Park (GDP)	2 d			1744		1752		1759			1807				1814			1822		1829
Romford (RMF)	d			1747		1755		1802			1810	1804			1817			1825		1832
Chadwell Heath (CTH)	d			1750		1758		1805			1813				1820			1828		1835
Goodmayes (GMY)	d			1752		1800		1807			1815				1822			1830		1837
Seven Kings (SVK)	d			1754		1802		1809			1817				1824			1832		1839
Ilford (IFD)	2 d			1758		1806		1813			1821				1828			1836		1843
Manor Park (MNP)	d			1800		1808		1815			1823				1830			1838		1845
Forest Gate (FOG)	d			1803		1811		1818			1826				1833			1841		1848
Maryland (MYL)	d			1805		1813		1820			1828				1835			1843		1850
Stratford (SRA)	DLR 7 d	1755		1808		1816		1823			1831	1814	1825		1838			1846		1853
Abbey Wood (ABW)	d		1754		1802		1809		1817					1824		1832		1839		1847
Woolwich (WWC)	d		1757		1805		1812		1820					1827		1835		1842		1850
Custom House (CUS)	d		1801		1809		1816		1824					1831		1839		1846		1854
Canary Wharf (CWX)	DLR d		1805		1813		1820		1828					1835		1843		1850		1858
Whitechapel (ZLW)	D d		1809	1813	1817	1821	1824	1828	1832	1836				1839	1843	1847	1851	1854	1858	1902
London Liverpool Street (LST)	15 a	1803									1822	1833								
London Liverpool Street EL (LST)	4 a		1812	1816	1820	1824	1827	1831	1835	1839				1842	1846	1850	1854	1857	1901	1905
Farringdon (ZFD)	3 a		1814	1818	1822	1826	1829	1833	1837	1841				1844	1848	1852	1856	1859	1903	1907
Tottenham Court Road (TCR)	D a		1817	1821	1825	1829	1832	1836	1840	1844				1847	1851	1855	1859	1902	1906	1910
Bond Street (BDS)	D a		1820	1824	1828	1832	1835	1839	1843	1847				1850	1854	1858	1902	1905	1909	1913
London Paddington EL (PAD)	15 a		1823	1829	1831	1836	1838	1844	1846	1852				1853	1859	1901	1906	1908	1914	1916
Acton Main Line (AML)	a		1830				1845							1900				1915		
Ealing Broadway (EAL)	3 a		1833		1840	1843	1848		1855					1903		1910	1913	1918		1925
West Ealing (WEA)	3 a		1836			1846	1851							1906			1916	1921		
Hanwell (HAN)	a		1838				1853							1908				1923		
Southall (STL)	a		1841		1845		1856		1902					1911		1915		1926		1932
Hayes & Harlington (HAY)	3 a		1844		1848	1852	1859		1905					1914		1918	1922	1929		1935
Heathrow Terminals 2 & 3 (HXX)	D ← a		1851			1859	1906							1921			1929	1936		
Heathrow Terminal 4 (HAF)	D ← a		1857				1912							1927				1942		
Heathrow Terminal 5 (HWV)	D ← a					1905											1935			
West Drayton (WDT)	a				1852				1909							1922				1939
Iver (IVR)	a				1855											1925				
Langley (LNY)	a				1857				1913							1927				1943
Slough (SLO)	3 a				1901				1916							1931				1946
Burnham (BNM)	a				1905				1920							1935				1950
Taplow (TAP)	a								1923											1953
Maidenhead (MAI)	3 a				1912				1926							1942				1956
Twyford (TWY)	3 a								1933											2003
Reading (RDG)	7 a								1940											2010

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- A From Southend Victoria
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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE E	XR	XR	XR	XR	XR	
Shenfield (SNF)	3 d	1826	1827	1839				1841					1856	1857	1910				1911	
Brentwood (BRE)	d	1830						1845					1900						1915	
Harold Wood (HRO)	d	1834						1849					1904						1919	
Gidea Park (GDP)	2 d	1837				1844		1852		1859			1907				1914		1922	
Romford (RMF)	d	1840	1834			1847		1855		1902			1910	1904			1917		1925	
Chadwell Heath (CTH)	d	1843				1850		1858		1905			1913				1920		1928	
Goodmayes (GMY)	d	1845				1852		1900		1907			1915				1922		1930	
Seven Kings (SVK)	d	1847				1854		1902		1909			1917				1924		1932	
Ilford (IFD)	2 d	1851				1858		1906		1913			1921				1928		1936	
Manor Park (MNP)	d	1853				1900		1908		1915			1923				1930		1938	
Forest Gate (FOG)	d	1856				1903		1911		1918			1926				1933		1941	
Maryland (MYL)	d	1858				1905		1913		1920			1928				1935		1943	
Stratford (SRA)	DLR 7 d	1901	1844	1855				1916		1923			1931	1914	1925		1938		1946	
Abbey Wood (ABW)	d				1854		1902		1909		1917					1924		1932		1939
Woolwich (WWC)	d				1857		1905		1912		1920					1927		1935		1942
Custom House (CUS)	d				1901		1909		1916		1924					1931		1939		1946
Canary Wharf (CWX)	DLR d				1905		1913		1920		1928					1935		1943		1950
Whitechapel (ZLW)	DLR d	1906			1909	1913	1917	1921	1924	1928	1932	1936			1939	1943	1947	1951	1954	
London Liverpool Street (LST)	DLR 15 a		1852	1903									1922	1933						
London Liverpool Street EL (LST)	DLR 4 a	1909			1912	1916	1920	1924	1927	1931	1935	1939			1942	1946	1950	1954	1957	
Farringdon (ZFD)	DLR 3 a	1911			1914	1918	1922	1926	1929	1933	1937	1941			1944	1948	1952	1956	1959	
Tottenham Court Road (TCR)	DLR a	1914			1917	1921	1925	1929	1932	1936	1940	1944			1947	1951	1955	1959	2002	
Bond Street (BDS)	DLR a	1917			1920	1924	1928	1932	1935	1939	1943	1947			1950	1954	1958	2002	2005	
London Paddington EL (PAD)	DLR 15 a	1922			1923	1929	1931	1936	1938	1944	1946	1952			1953	1959	2001	2006	2008	
Acton Main Line (AML)	a				1930				1945						2000				2015	
Ealing Broadway (EAL)	DLR 3 a				1933		1940	1943	1948		1955				2003		2010	2013	2018	
West Ealing (WEA)	DLR 3 a				1936			1946	1951						2006			2016	2021	
Hanwell (HAN)	a				1938				1953						2008				2023	
Southall (STL)	a				1941		1945		1956		2002				2011		2015		2026	
Hayes & Harlington (HAY)	DLR 3 a				1944		1948	1952	1959		2005				2014		2018	2022	2029	
Heathrow Terminals 2 & 3 (HXX)	DLR a				1951			1959	2006						2021			2029	2036	
Heathrow Terminal 4 (HAF)	DLR a				1957				2012						2027				2042	
Heathrow Terminal 5 (HWV)	DLR a							2005											2035	
West Drayton (WDT)	a						1952				2009								2022	
Iver (IVR)	a						1955												2025	
Langley (LNY)	a						1957				2013								2027	
Slough (SLO)	DLR 3 a						2001				2016								2031	
Burnham (BNM)	a						2005				2020								2035	
Taplow (TAP)	a										2023									
Maidenhead (MAI)	DLR 3 a						2012				2026								2042	
Twyford (TWY)	DLR 3 a										2033									
Reading (RDG)	DLR 7 a										2040									

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Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	XR	XR	XR	XR	XR	XR
Shenfield (SNF)	3	d		1926	1927	1939				1941					1956	1957	2010
Brentwood (BRE)		d		1930						1945					2000		
Harold Wood (HRO)		d		1934						1949					2004		
Gidea Park (GDP)	2	d	1929	1937				1944		1952		1959			2007		2014
Romford (RMF)		d	1932	1940	1934			1947		1955		2002			2010	2004	2017
Chadwell Heath (CTH)		d	1935	1943				1950		1958		2005			2013		2020
Goodmayes (GMY)		d	1937	1945				1952		2000		2007			2015		2022
Seven Kings (SVK)		d	1939	1947				1954		2002		2009			2017		2024
Ilford (IFD)	2	d	1943	1951				1958		2006		2013			2021		2028
Manor Park (MNP)		d	1945	1953				2000		2008		2015			2023		2030
Forest Gate (FOG)		d	1948	1956				2003		2011		2018			2026		2033
Maryland (MYL)		d	1950	1958				2005		2013		2020			2028		2035
Stratford (SRA)	DLR 7	d	1953	2001	1944	1955		2008		2016		2023			2031	2014	2025
Abbey Wood (ABW)		d		1947				1954		2002		2009			2017		2024
Woolwich (WWC)		d		1950				1957		2005		2012			2020		2027
Custom House (CUS)		d		1954				2001		2009		2016			2024		2031
Canary Wharf (CWX)	DLR	d		1958				2005		2013		2020			2028		2035
Whitechapel (ZLW)	DLR	d	1958	2002	2006			2009	2013	2017	2021	2024	2028	2032	2036		2039
London Liverpool Street (LST)	DLR 15	a			1952	2003										2022	2033
London Liverpool Street EL (LST)	DLR 4	a	2001	2005	2009			2012	2016	2020	2024	2027	2031	2035	2039		2042
Farringdon (ZFD)	DLR 3	a	2003	2007	2011			2014	2018	2022	2026	2029	2033	2037	2041		2044
Tottenham Court Road (TCR)	DLR	a	2006	2010	2014			2017	2021	2025	2029	2032	2036	2040	2044		2047
Bond Street (BDS)	DLR	a	2009	2013	2017			2020	2024	2028	2032	2035	2039	2043	2047		2050
London Paddington EL (PAD)	DLR 15	a	2014	2016	2022			2023	2029	2031	2036	2038	2044	2046	2052		2053
Acton Main Line (AML)		a						2030				2045					2100
Ealing Broadway (EAL)	DLR 3	a		2025				2033		2040	2043	2048		2055			2103
West Ealing (WEA)	DLR 3	a						2036			2046	2051					2106
Hanwell (HAN)		a						2038				2053					2108
Southall (STL)		a		2032				2041		2045		2056		2102			2111
Hayes & Harlington (HAY)	DLR 3	a		2035				2044		2048	2052	2059		2105			2114
Heathrow Terminals 2 & 3 (HXX)	DLR	a						2051			2059	2106					2121
Heathrow Terminal 4 (HAF)	DLR	a						2057				2112					2127
Heathrow Terminal 5 (HWV)	DLR	a									2105						
West Drayton (WDT)		a		2039						2052				2109			2122
Iver (IVR)		a								2055							2125
Langley (LNY)		a		2043						2057				2113			2127
Slough (SLO)	DLR 3	a		2046						2101				2116			2131
Burnham (BNM)		a		2050						2105				2120			2135
Taplow (TAP)		a		2053										2123			
Maidenhead (MAI)	DLR 3	a		2056						2112				2126			2142
Twyford (TWY)	DLR 3	a		2103										2133			
Reading (RDG)	DLR 7	a		2110										2140			

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Sundays

Operator Days of operation/Notes	XR	XR	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	XR	XR	XR	LE A	LE E	XR
Shenfield (SNF) 3 d	2011				2026	2027	2039					2041				2056	2057	2110
Brentwood (BRE) d	2015				2030							2045				2100		
Harold Wood (HRO) d	2019				2034							2049				2104		
Gidea Park (GDP) 2 d	2022		2029		2037				2044			2052		2059		2107		
Romford (RMF) d	2025		2032		2040	2034			2047			2055		2102		2110	2104	
Chadwell Heath (CTH) d	2028		2035		2043				2050			2058		2105		2113		
Goodmayes (GMY) d	2030		2037		2045				2052			2100		2107		2115		
Seven Kings (SVK) d	2032		2039		2047				2054			2102		2109		2117		
Ilford (IFD) 2 d	2036		2043		2051				2058			2106		2113		2121		
Manor Park (MNP) d	2038		2045		2053				2100			2108		2115		2123		
Forest Gate (FOG) d	2041		2048		2056				2103			2111		2118		2126		
Maryland (MYL) d	2043		2050		2058				2105			2113		2120		2128		
Stratford (SRA) DLR 7 d	2046		2053		2101	2044	2055		2108			2116		2123		2131	2114	2125
Abbey Wood (ABW) d		2039		2047				2054	2102		2109	2117						2124
Woolwich (WWC) d		2042		2050				2057	2105		2112	2120						2127
Custom House (CUS) d		2046		2054				2101	2109		2116	2124						2131
Canary Wharf (CWX) DLR d		2050		2058				2105	2113		2120	2128						2135
Whitechapel (ZLW) DLR d	2051	2054	2058	2102	2106			2109	2113	2117	2121	2124	2128	2132	2136			2139
London Liverpool Street (LST) DLR 15 a						2052	2103									2122	2133	
London Liverpool Street EL (LST) DLR 4 a	2054	2057	2101	2105	2109			2112	2116	2120	2124	2127	2131	2135	2139			2142
Farringdon (ZFD) DLR 3 a	2056	2059	2103	2107	2111			2114	2118	2122	2126	2129	2133	2137	2141			2144
Tottenham Court Road (TCR) DLR a	2059	2102	2106	2110	2114			2117	2121	2125	2129	2132	2136	2140	2144			2147
Bond Street (BDS) DLR a	2102	2105	2109	2113	2117			2120	2124	2128	2132	2135	2139	2143	2147			2150
London Paddington EL (PAD) DLR 15 a	2106	2108	2114	2116	2122			2123	2129	2131	2136	2138	2144	2146	2152			2153
Acton Main Line (AML) a		2115						2130			2142			2155				
Ealing Broadway (EAL) DLR 3 a	2113	2118		2125				2133		2140	2145	2150		2158				
West Ealing (WEA) DLR 3 a	2116	2121						2136			2148			2201				
Hanwell (HAN) a		2123						2138			2150			2203				
Southall (STL) a		2126		2132				2141		2145	2153	2155		2206				
Hayes & Harlington (HAY) DLR 3 a	2122	2129		2135				2144		2148	2156	2159		2209				
Heathrow Terminals 2 & 3 (HXX) DLR DLR a	2129	2136						2151			2203			2216				
Heathrow Terminal 4 (HAF) DLR DLR a		2142						2157			2212			2216				
Heathrow Terminal 5 (HWV) DLR DLR a	2135													2224				
West Drayton (WDT) a				2139						2152		2203						
Iver (IVR) a										2155								
Langley (LNY) a				2143						2157		2207						
Slough (SLO) DLR 3 a				2146						2201		2210						
Burnham (BNM) a				2150						2205		2214						
Taplow (TAP) a				2153								2217						
Maidenhead (MAI) DLR 3 a				2156						2212		2220						
Twyford (TWY) DLR 3 a				2203								2227						
Reading (RDG) DLR 7 a				2210								2234						

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Sundays

Operator Days of operation/Notes	XR	XR	XR	LE F	XR	XR	XR	LE A	LE D	XR	XR	XR	XR	XR	LE A	LE E	XR	XR	
Shenfield (SNF)	3	d		2111	2119			2126	2127	2139				2141		2156	2157	2210	2211
Brentwood (BRE)		d		2115				2130						2145		2200			2215
Harold Wood (HRO)		d		2119				2134						2149		2204			2219
Gidea Park (GDP)	2	d	2114	2122				2137						2152		2207			2222
Romford (RMF)		d	2117	2125				2140	2134					2155		2210	2204		2225
Chadwell Heath (CTH)		d	2120	2128				2143						2158		2213			2228
Goodmayes (GMY)		d	2122	2130				2145						2200		2215			2230
Seven Kings (SVK)		d	2124	2132				2147						2202		2217			2232
Ilford (IFD)	2	d	2128	2136				2151						2206		2221			2236
Manor Park (MNP)		d	2130	2138				2153						2208		2223			2238
Forest Gate (FOG)		d	2133	2141				2156						2211		2226			2241
Maryland (MYL)		d	2135	2143				2158						2213		2228			2243
Stratford (SRA)	DLR 7	d	2138	2146	2134s			2201	2144	2155				2216		2231	2214	2225	2246
Abbey Wood (ABW)		d	2132			2139	2146				2154	2201		2213					2228
Woolwich (WWC)		d	2135			2142	2149				2157	2204		2216					2231
Custom House (CUS)		d	2139			2146	2153				2201	2208		2220					2235
Canary Wharf (CWX)	DLR	d	2143			2152	2157				2207	2212		2224					2239
Whitechapel (ZLW)	DLR	d	2143	2147	2151	2156	2201	2206			2211	2216	2221	2228	2236				2243
London Liverpool Street (LST)	DLR 15	a			2143				2152	2203						2222	2233		2254
London Liverpool Street EL (LST)	DLR 4	a	2146	2150	2154	2159	2204	2209			2214	2219	2224	2231	2239				2246
Farringdon (ZFD)	DLR 3	a	2148	2152	2156	2201	2206	2211			2216	2221	2226	2233	2241				2248
Tottenham Court Road (TCR)	DLR	a	2151	2155	2159	2204	2209	2214			2219	2224	2229	2236	2244				2251
Bond Street (BDS)	DLR	a	2154	2158	2202	2207	2212	2217			2222	2227	2232	2239	2247				2254
London Paddington EL (PAD)	DLR 15	a	2159	2201	2206	2210	2215	2222			2225	2230	2237	2242	2252				2257
Acton Main Line (AML)		a		2212			2225					2240							
Ealing Broadway (EAL)	DLR 3	a	2210	2215		2220	2228					2243		2255					2311
West Ealing (WEA)	DLR 3	a		2218			2231					2246							
Hanwell (HAN)		a		2220			2233					2248							
Southall (STL)		a	2215	2223		2225	2236					2251		2300					2316
Hayes & Harlington (HAY)	DLR 3	a	2218	2226		2229	2239					2254		2303					2319
Heathrow Terminals 2 & 3 (HXX)	DLR	a		2233			2246					2301		2310					2326
Heathrow Terminal 4 (HAF)	DLR	a		2238								2307							2332
Heathrow Terminal 5 (HWV)	DLR	a					2252							2316					
West Drayton (WDT)		a	2222			2233													
Iver (IVR)		a	2225			2235													
Langley (LNY)		a	2227			2238													
Slough (SLO)	DLR 3	a	2231			2241													
Burnham (BNM)		a	2235			2245													
Taplow (TAP)		a				2248													
Maidenhead (MAI)	DLR 3	a	2245			2251													
Twyford (TWY)	DLR 3	a				2258													
Reading (RDG)	DLR 7	a				2305													

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- F From Harwich International

Shenfield, Romford, Ilford, Stratford, Abbey Wood, Woolwich and Canary Wharf to Central London, Heathrow Airport and Reading

Sundays

Operator Days of operation/Notes	XR	LE A	LE D	XR	XR	LE A	LE E	XR	XR	LE G	LE A	XR	XR	
Shenfield (SNF)	3 d	2226	2227	2239	2241	2256	2257	2310	2311	2326	2334	2336	2341	2356
Brentwood (BRE)	d	2230			2245	2300			2315	2330			2345	2359
Harold Wood (HRO)	d	2234			2249	2304			2319	2334			2349	0004
Gidea Park (GDP)	2 d	2237			2252	2307			2322	2337			2352	0007
Romford (RMF)	d	2240	2234		2255	2310	2304		2325	2340	2344		2355	0010
Chadwell Heath (CTH)	d	2243			2258	2313			2328	2343			2358	0013
Goodmayes (GMY)	d	2245			2300	2315			2330	2345			0001	0015
Seven Kings (SVK)	d	2247			2302	2317			2332	2347			0002	0017
Ilford (IFD)	2 d	2251			2306	2321			2336	2351			0006	0021
Manor Park (MNP)	d	2253			2308	2323			2338	2353			0008	0023
Forest Gate (FOG)	d	2256			2311	2326			2341	2356			0011	0026
Maryland (MYL)	d	2258			2313	2328			2343	2358			0013	0028
Stratford (SRA)	DLR 7 d	2301	2244	2255	2316	2331	2314	2325	2346	0001	2349s	2354	0016	0031
Abbey Wood (ABW)	d													
Woolwich (WWC)	d													
Custom House (CUS)	d													
Canary Wharf (CWX)	DLR d													
Whitechapel (ZLW)	DLR d													
London Liverpool Street (LST)	15 a	2309	2252	2303	2324	2339	2322	2333	2354	0009	2359	0003	0024	0039
London Liverpool Street EL (LST)	4 a													
Farringdon (ZFD)	3 a													
Tottenham Court Road (TCR)	DLR a													
Bond Street (BDS)	DLR a													
London Paddington EL (PAD)	15 a													
Acton Main Line (AML)	a													
Ealing Broadway (EAL)	3 a													
West Ealing (WEA)	3 a													
Hanwell (HAN)	a													
Southall (STL)	a													
Hayes & Harlington (HAY)	3 a													
Heathrow Terminals 2 & 3 (HXX)	DLR a													
Heathrow Terminal 4 (HAF)	DLR a													
Heathrow Terminal 5 (HWV)	DLR a													
West Drayton (WDT)	a													
Iver (IVR)	a													
Langley (LNY)	a													
Slough (SLO)	3 a													
Burnham (BNM)	a													
Taplow (TAP)	a													
Maidenhead (MAI)	3 a													
Twyford (TWY)	3 a													
Reading (RDG)	7 a													

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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- G From Norwich