

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Mondays to Fridays

Operator	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	
Preston (PRE)	8 d																		
Lancaster (LAN)	6 d								1014								1601		
Carnforth (CNF)	d								1024								1611		
Barrow-in-Furness (BIF)	d		0558	0651	0750	0928	1022	1119	1206	1315	1424	1449	1544	1615			1716	1807	1912
Askam (ASK)	d		0608	0701	0800	0938	1032	1130	1216	1325	1434	1459	1554	1625			1726	1817	1922
Kirkby-in-Furness (KBF)	d		0613	0706	0804	0942	1036	1134	1220	1329	1438	1503	1558	1630			1731	1821	1926
Foxfield (FOX)	d		0618	0711	0809	0947	1041	1139	1225	1334	1443	1508	1603	1634			1735	1826	1931
Green Road (GNR)	d		0622	0715	0813	0951	1045	1143	1229	1338	1447	1512	1607	1638			1739	1830	1935
Millom (MLM)	d		0627	0720	0818	0955	1050	1148	1234	1343	1451	1517	1612	1643			1744	1834	1940
Silecroft (SIC)	d		0633	0725	0823	1000	1055	1153	1239	1348	1456	1522	1617	1648			1749		1945
Bootle (BOC)	d		0640	0732	0830	1007	1102	1200	1246	1355	1503	1529	1624	1655			1756		1952
Ravenglass for Eskdale (RAV)	d		0647	0738	0836	1013	1108	1206	1252	1401	1509	1535	1630	1701			1803	1849	1958
Drigg (DRI)	d		0651	0742	0840	1017	1112	1209	1255	1405	1513	1538	1633	1705			1806	1853	2001
Seascale (SSC)	d		0655	0747	0844	1021	1116	1213	1259	1409	1517	1543	1637	1709			1810	1857	2005
Sellafield (SEL)	d		0700	0753c	0849	1032f	1122	1217	1303	1413	1520	1547	1641	1713a			1814	1900	2012c
Braystones (BYS)	d			0757x					1126x		1306x	1416x							2015x
Nethertown (NRT)	d			0759x					1128x		1309x	1419x							2018x
St Bees (SBS)	d		0713c	0805	0900	1042	1134	1227	1328g	1427c	1530	1600e	1652				1828e	1912	2027e
Corkickle (CKL)	d		0719	0811	0905	1047	1140	1233	1334	1433	1536	1606	1657				1834	1917	2032
Whitehaven (WTH)	a		0722	0814	0908	1050	1143	1235	1336	1436	1538	1608	1700				1836	1920	2036
Whitehaven (WTH)	d	0630	0723	0816	0909	1051	1145	1237	1338	1438	1540	1612	1701			1749	1838	1921	2037
Parton (PRN)	d	0634	0727	0820	0913	1055	1149	1241	1342	1442	1545	1616	1705			1753	1842	1925	2041
Harrington (HRR)	d	0643	0736	0829	0922	1104	1158		1351	1451	1554	1625	1714			1802	1851	1934	2050
Workington (WKG)	a	0647	0740	0833	0926	1108	1202	1253	1355	1455	1558	1629	1718			1806	1855	1938	2054
Workington (WKG)	d	0549	0648	0742	0834	0928	1110	1203	1254	1356	1456	1559	1633	1720		1807	1856	1943	2056
Flimby (FLM)	d	0554	0653	0747	0839	0933	1115	1208		1401	1501	1604	1638	1725		1812	1901	1948	2101
Maryport (MRY)	d	0558	0657	0751	0843	0936	1118	1212	1302	1405	1505	1608	1643	1729		1816	1905	1953	2105
Aspatria (ASP)	d	0608	0707	0801	0854	0947	1129	1223	1313	1416	1516	1619	1654	1739		1827	1915	2003	2115
Wigton (WGT)	d	0619	0718	0812	0904	0957	1139	1233	1323	1426	1526	1629	1704	1749		1837	1925	2014	2125
Dalston (DLS)	d	0628	0727	0821	0913	1006	1148	1242		1435	1535	1638	1714	1759		1846	1934	2023	2134
Carlisle (CAR)	8 a	0639	0738	0832	0925	1017	1159	1253	1341	1450	1546	1651	1725	1810		1857	1945	2034	2145

Operator	NT	NT	NT	NT	NT
Preston (PRE)	8 d				
Lancaster (LAN)	6 d		1913		
Carnforth (CNF)	d		1923		
Barrow-in-Furness (BIF)	d	1947	2018	2110	2211
Askam (ASK)	d	1957	2028	2120	2221
Kirkby-in-Furness (KBF)	d	2001	2033	2124	2225
Foxfield (FOX)	d	2006	2037	2129	2230
Green Road (GNR)	d	2010	2041	2133	2234
Millom (MLM)	d	2015a	2046	2138a	2239a
Silecroft (SIC)	d		2051		
Bootle (BOC)	d		2058		
Ravenglass for Eskdale (RAV)	d		2104		
Drigg (DRI)	d		2107		
Seascale (SSC)	d		2111		
Sellafield (SEL)	d		2115		
Braystones (BYS)	d				
Nethertown (NRT)	d				
St Bees (SBS)	d		2124		
Corkickle (CKL)	d		2130		
Whitehaven (WTH)	a		2132		
Whitehaven (WTH)	d		2134		2209
Parton (PRN)	d		2138		2213
Harrington (HRR)	d		2147		2222
Workington (WKG)	a		2151		2226
Workington (WKG)	d		2152		2227
Flimby (FLM)	d		2157		2232
Maryport (MRY)	d		2201		2236
Aspatria (ASP)	d		2211		2247
Wigton (WGT)	d		2221		2257
Dalston (DLS)	d		2230		2306
Carlisle (CAR)	8 a		2241		2317

For the complete service between Preston, Lancaster and Barrow-in-Furness see table 100

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 3 minutes earlier
- e Arrives 4 minutes earlier
- f Arrives 7 minutes earlier
- g Arrives 13 minutes earlier

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Saturdays

Operator	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	
Preston (PRE)	8 d																		
Lancaster (LAN)	6 d								1014				1319				1601		1836
Carnforth (CNF)	d								1024				1329				1611		1846
Barrow-in-Furness (BIF)	d		0558	0651	0750	0928	1022	1119	1206	1315	1424	1449	1544	1611	1716	1807	1857	1944	
Askam (ASK)	d		0608	0701	0800	0938	1032	1130	1216	1325	1434	1459	1554	1621	1726	1817	1907	1954	
Kirkby-in-Furness (KBF)	d		0613	0706	0804	0942	1036	1134	1220	1329	1438	1503	1558	1625	1731	1821	1911	1958	
Foxfield (FOX)	d		0618	0711	0809	0947	1041	1139	1225	1334	1443	1508	1603	1630	1735	1826	1916	2003	
Green Road (GNR)	d		0622	0715	0813	0951	1045	1143	1229	1338	1447	1512	1607	1634	1739	1830	1920	2007	
Millom (MLM)	d		0627	0720	0818	0955	1050	1148	1234	1343	1451	1517	1612	1639	1744	1834	1924	2011	
Silecroft (SIC)	d		0633	0725	0823	1000	1055	1153	1239	1348	1456	1522	1617	1644	1749			1929	2016
Bootle (BOC)	d		0640	0732	0830	1007	1102	1200	1246	1355	1503	1529	1624	1651	1756			1936	2023
Ravenglass for Eskdale (RAV)	d		0647	0738	0836	1013	1108	1206	1252	1401	1509	1535	1630	1657	1803	1849	1942	2029	
Drigg (DRI)	d		0651	0742	0840	1017	1112	1209	1255	1405	1513	1538	1633	1700	1806	1853	1946	2033	
Seascale (SSC)	d		0655	0747	0844	1021	1116	1213	1259	1409	1517	1543	1637	1704	1810	1857	1950	2037	
Sellafield (SEL)	d		0700	0753c	0849	1032f	1122	1217	1303	1413	1520	1547	1641	1708	1814	1900	1953	2041	
Braystones (BYS)	d			0757x				1126x		1306x	1416x			1711x				2044x	
Nethertown (NRT)	d			0759x				1128x		1309x	1419x			1714x				2047x	
St Bees (SBS)	d		0713c	0805	0900	1042	1134	1227	1328g	1427c	1530	1600e	1652	1719	1828e	1912	2003	2052	
Corkickle (CKL)	d		0719	0811	0905	1047	1140	1233	1334	1433	1536	1606	1657	1724	1834	1917	2008	2057	
Whitehaven (WTH)	a		0722	0814	0908	1050	1143	1235	1336	1436	1538	1608	1700	1728	1836	1920	2011	2101	
Whitehaven (WTH)	d		0630	0723	0816	0909	1051	1145	1237	1338	1438	1540	1612	1701	1729	1838	1921	2012	2102
Parton (PRN)	d		0634	0727	0820	0913	1055	1149	1241	1342	1442	1545	1616	1705	1734	1842	1925	2017	2106
Harrington (HRR)	d		0643	0736	0829	0922	1104	1158		1351	1451	1554	1625	1714	1743	1851	1934	2026	2115
Workington (WKG)	a		0647	0740	0833	0926	1108	1202	1253	1355	1455	1558	1629	1718	1747	1855	1938	2030	2119
Workington (WKG)	d	0549	0648	0742	0834	0928	1110	1203	1254	1356	1456	1559	1633	1720	1748	1856	1943	2035	2121
Flimby (FLM)	d	0554	0653	0747	0839	0933	1115	1208		1401	1501	1604	1638	1725	1753	1901	1948	2040	2126
Maryport (MRY)	d	0558	0657	0751	0843	0936	1118	1212	1302	1405	1505	1608	1643	1729	1757	1905	1953	2044	2129a
Aspatria (ASP)	d	0608	0707	0801	0854	0947	1129	1223	1313	1416	1516	1619	1654	1739	1808	1915	2003	2055	
Wigton (WGT)	d	0619	0718	0812	0904	0957	1139	1233	1323	1426	1526	1629	1704	1749	1818	1925	2014	2105	
Dalston (DLS)	d	0628	0727	0821	0913	1006	1148	1242		1435	1535	1638	1714	1759	1827	1934	2023	2115	
Carlisle (CAR)	8 a	0639	0738	0832	0925	1017	1159	1253	1341	1450	1546	1651	1725	1810	1841	1945	2034	2126	

Operator	NT	NT	NT	NT
Preston (PRE)	8 d			
Lancaster (LAN)	6 d	1913		
Carnforth (CNF)	d	1923		
Barrow-in-Furness (BIF)	d	2018	2110	2211
Askam (ASK)	d	2028	2120	2221
Kirkby-in-Furness (KBF)	d	2033	2124	2225
Foxfield (FOX)	d	2038	2129	2230
Green Road (GNR)	d	2042	2133	2234
Millom (MLM)	d	2047a	2138a	2239a
Silecroft (SIC)	d			
Bootle (BOC)	d			
Ravenglass for Eskdale (RAV)	d			
Drigg (DRI)	d			
Seascale (SSC)	d			
Sellafield (SEL)	d			
Braystones (BYS)	d			
Nethertown (NRT)	d			
St Bees (SBS)	d			
Corkickle (CKL)	d			
Whitehaven (WTH)	a			
Whitehaven (WTH)	d		2209	
Parton (PRN)	d		2213	
Harrington (HRR)	d		2222	
Workington (WKG)	a		2226	
Workington (WKG)	d		2227	
Flimby (FLM)	d		2232	
Maryport (MRY)	d		2236a	
Aspatria (ASP)	d			
Wigton (WGT)	d			
Dalston (DLS)	d			
Carlisle (CAR)	8 a			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 3 minutes earlier
- e Arrives 4 minutes earlier
- f Arrives 7 minutes earlier
- g Arrives 13 minutes earlier

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Sundays

Operator Days of operation/Notes	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	
	A		A	B			A	B											
Preston (PRE)	8 d																		
Lancaster (LAN)	6 d						1011					1314			1603				
Carnforth (CNF)	d					0855	1021	1021				1324			1613				
Barrow-in-Furness (BIF)	d		0905			0950	1116	1116	1217	1310	1419	1454	1556	1717	1825	1909			
Askam (ASK)	d		0915			1000	1126	1126	1227	1320	1429	1504	1606	1727	1835	1919			
Kirkby-in-Furness (KBF)	d		0919			1004	1131	1131	1231	1324		1508	1611	1732	1839	1923			
Foxfield (FOX)	d		0924			1009	1135	1135	1236	1329		1513	1615	1736	1844	1928			
Green Road (GNR)	d		0928			1013	1139	1139	1240	1333		1517	1619	1740	1848	1932			
Millom (MLM)	d		0933a			1017	1144	1144	1245	1338	1444	1522	1624	1745	1853a	1937a			
Silecroft (SIC)	d					1022	1149	1149	1250	1343		1527	1629	1750					
Bootle (BOC)	d					1029	1156	1156	1257	1350		1534	1636	1757					
Ravenglass for Eskdale (RAV)	d					1035	1202	1202	1303	1356	1459	1540	1643	1804					
Drigg (DRI)	d					1039	1205	1205	1307	1359		1543	1646	1807					
Seascale (SSC)	d					1043	1209	1209	1311	1403		1547	1650	1811					
Sellafield (SEL)	d					1046	1213	1213	1315	1407	1507	1551	1654	1815					
Braystones (BYS)	d					1050x							1658x	1819x					
Nethertown (NRT)	d					1052x							1700x	1821x					
St Bees (SBS)	d					1101c	1225e	1225e	1328c	1417	1520c	1601	1705	1830c					
Corkickle (CKL)	d					1106	1230	1230	1333	1422	1525	1607	1711	1835					
Whitehaven (WTH)	a					1110	1233	1233	1337	1425	1528	1609	1714	1839					
Whitehaven (WTH)	d				1016	1111	1234	1234	1338	1426	1529	1611	1716	1840			1938	2030	
Parton (PRN)	d				1020	1115	1238	1238	1342	1430	1533	1615	1720	1844			1942	2034	
Harrington (HRR)	d				1029	1124	1247	1247	1351	1439	1542	1624	1729	1853			1951	2043	
Workington (WKG)	a				1033	1128	1251	1251	1355	1443	1546	1628	1733	1857			1955	2047	
Workington (WKG)	d	0855		0940	0957	1034	1130	1253	1253	1359	1445	1548	1629	1735	1859			1956	2049
Flimby (FLM)	d	0900		0945	1002	1039	1135	1258	1258	1404	1450	1553	1634	1740	1904			2001	2054
Maryport (MRY)	d	0904		0949	1006	1043	1139	1302	1302	1408	1453	1557	1638	1744	1908			2005	2058
Aspatria (ASP)	d	0914		0959	1016	1054	1149	1312	1312	1419	1504	1607	1649	1754	1918			2016	2108
Wigton (WGT)	d	0925		1010	1027	1104	1159	1322	1322	1430	1514	1617	1659	1804	1928			2026	2118
Dalston (DLS)	d	0934		1019	1036	1113	1208	1331	1331	1439	1523	1626	1708	1813	1937			2035	2127
Carlisle (CAR)	8 a	0945		1030	1047	1124	1219	1342	1342	1450	1534	1637	1719	1824	1948			2046	2138

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- x Stops on request
- c Arrives 4 minutes earlier
- e Arrives 3 minutes earlier

- A Runs until 31 December and from 18 February
- B Runs from 7 January to 11 February

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Mondays to Fridays

Operator	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	
Carlisle (CAR)	8 d		0553	0619	0710	0808	0902	1013	1107	1210	1307	1408	1441	1512	1559		1707	1751	
Dalston (DLS)	d		0602	0628	0719	0816	0910	1022	1115	1218	1315	1416	1449	1520	1607		1715	1759	
Wigton (WGT)	d		0611	0638	0731c	0826	0920	1031	1125	1227	1325	1426	1458	1530	1617		1725	1809	
Aspatria (ASP)	d		0622	0649	0742	0836	0930	1042	1135	1238	1335	1436	1509	1540	1627		1735	1819	
Maryport (MRY)	d	0548	0633	0701	0756	0848	0942	1053	1147	1249	1347	1448	1520	1552	1638		1747	1831	
Flimby (FLM)	d		0551	0637	0705	0759	0851	0945	1057	1150	1253	1350	1451	1524	1555	1642		1750	1834
Workington (WKG)	a		0557	0642	0711	0805	0857	0951	1102	1156	1258	1356	1457	1529	1601	1647		1756	1840
Workington (WKG)	d		0558	0645	0712	0806	0859	0952	1104	1157	1300	1357	1458	1531	1602	1649		1757	1841
Harrington (HRR)	d		0602	0649	0716	0810	0903	0957	1108	1201	1304	1401	1502	1535	1606	1653		1801	1845
Parton (PRN)	d		0611	0658	0725	0819	0912	1006	1117	1210	1313	1410	1511	1544	1615	1702		1810	1854
Whitehaven (WTH)	a		0616	0702	0730	0824	0916	1010	1121	1215	1317	1415	1516	1548	1620	1708		1816	1859
Whitehaven (WTH)	d		0617	0704	0731	0825	0918	1012	1123	1216	1319	1416	1517	1550	1621			1818	1900
Corkickle (CKL)	d		0620	0706	0734	0828	0920	1014	1125	1219	1321	1419	1520	1553	1624			1820	1903
St Bees (SBS)	d		0626	0712	0739	0834	0928	1020	1135f	1229g	1329	1430f	1531e	1559	1630			1827	1914e
Nethertown (NRT)	d	0630x							1140x					1603x				1832x	
Braystones (BYS)	d	0633x							1142x					1606x				1834x	
Sellafield (SEL)	d	0639	0724	0750	0844	0939	1031	1147	1239	1340	1441	1542	1611	1641			1724	1840	1927c
Seascale (SSC)	d	0643	0728	0754	0848	0942	1035	1151	1242	1343	1444	1546	1615	1645			1727	1843	1931
Drigg (DRI)	d	0647	0732	0758	0852	0946	1039	1155	1246	1347	1448	1550	1619	1649			1731		1935
Ravenglass for Eskdale (RAV)	d	0651	0735	0802	0856	0950	1043	1158	1250	1351	1452	1554	1623	1653			1735	1849	1939
Bootle (BOC)	d	0657	0741	0808	0902	0956	1049	1204	1256	1357	1458	1600	1629	1659			1741		1945
Silecroft (SIC)	d	0704	0748	0815	0909	1003	1056	1211	1303	1404	1505	1607	1636	1706			1748		1953
Millom (MLM)	d	0610	0709	0754	0821	0914	1008	1101	1216	1308	1409	1511	1612	1642	1712		1754	1905	2001c
Green Road (GNR)	d	0614	0714	0758	0825	0919	1013	1106	1221	1313	1414	1515	1617	1646	1717		1758	1910	2006
Foxfield (FOX)	d	0618	0718	0802	0829	0923	1017	1110	1225	1317	1418	1519	1621	1650	1721		1802	1914	2010
Kirkby-in-Furness (KBF)	d	0623	0722	0807	0834	0928	1021	1115	1229	1321	1422	1524	1626	1655	1726		1807	1919	2015
Askam (ASK)	d	0628	0727	0812	0839	0933	1026	1121	1234	1326	1427	1529	1631	1700	1731		1812	1925	2020
Barrow-in-Furness (BIF)	a	0641	0741	0826	0853	0947	1040	1137	1248	1340	1441	1543	1645	1714	1745		1826	1940	2036
Carnforth (CNF)	a				1050				1342				1642		1810				
Lancaster (LAN)	6 a				1105				1353				1653		1820				
Preston (PRE)	8 a																		

Operator	NT	NT	NT	NT	NT	NT
Carlisle (CAR)	8 d	1909	2000		2055	2201
Dalston (DLS)	d	1917	2008		2103	2209
Wigton (WGT)	d	1926	2017		2112	2218
Aspatria (ASP)	d	1937	2028		2123	2229
Maryport (MRY)	d	1948	2039		2134	2240
Flimby (FLM)	d	1951	2043		2138	2244
Workington (WKG)	a	1957	2048		2143	2249
Workington (WKG)	d	1958	2050		2145	2251
Harrington (HRR)	d	2002	2054		2149	2255
Parton (PRN)	d	2011	2103		2158	2304
Whitehaven (WTH)	a	2016	2109		2204	2311
Whitehaven (WTH)	d	2017				
Corkickle (CKL)	d	2020				
St Bees (SBS)	d	2028c				
Nethertown (NRT)	d	2032x				
Braystones (BYS)	d	2035x				
Sellafield (SEL)	d	2040				
Seascale (SSC)	d	2044				
Drigg (DRI)	d	2048				
Ravenglass for Eskdale (RAV)	d	2051				
Bootle (BOC)	d	2057				
Silecroft (SIC)	d	2104				
Millom (MLM)	d	2029	2110		2200	
Green Road (GNR)	d	2033	2114		2204	
Foxfield (FOX)	d	2037	2118		2208	
Kirkby-in-Furness (KBF)	d	2042	2123		2213	
Askam (ASK)	d	2047	2128		2218	
Barrow-in-Furness (BIF)	a	2101	2142		2231	
Carnforth (CNF)	a		2237			
Lancaster (LAN)	6 a		2246			
Preston (PRE)	8 a		2310			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- c Arrives 3 minutes earlier
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- g Arrives 5 minutes earlier

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Saturdays

Operator	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	
Carlisle (CAR)	8	d		0553	0619	0710	0808	0902	1013	1107	1210	1307	1408	1441	1512	1626	1707	1751	1846
Dalston (DLS)	d		0602	0628	0719	0816	0910	1022	1115	1218	1315	1416	1449	1520	1634	1715	1759	1854	
Wigton (WGT)	d		0611	0638	0731c	0826	0920	1031	1125	1227	1325	1426	1458	1530	1644	1725	1809	1904	
Aspatria (ASP)	d		0622	0649	0742	0836	0930	1042	1135	1238	1335	1436	1509	1540	1654	1735	1819	1914	
Maryport (MRY)	d	0548	0633	0701	0756	0848	0942	1053	1147	1249	1347	1448	1520	1552	1705	1747	1831	1926	
Flimby (FLM)	d	0551	0637	0705	0759	0851	0945	1057	1150	1253	1350	1451	1524	1555	1709	1750	1834	1929	
Workington (WKG)	a	0557	0642	0711	0805	0857	0951	1102	1156	1258	1356	1457	1529	1601	1714	1756	1840	1935	
Workington (WKG)	d	0558	0645	0712	0806	0859	0952	1104	1157	1300	1357	1458	1531	1602	1716	1757	1841	1936	
Harrington (HRR)	d	0602	0649	0716	0810	0903	0957	1108	1201	1304	1401	1502	1535	1606	1720	1801	1845	1940	
Parton (PRN)	d	0611	0658	0725	0819	0912	1006	1117	1210	1313	1410	1511	1544	1615	1729	1810	1854	1950	
Whitehaven (WTH)	a	0616	0702	0730	0824	0916	1010	1121	1215	1317	1415	1516	1548	1620	1735	1816	1859	1956	
Whitehaven (WTH)	d	0617	0704	0731	0825	0918	1012	1123	1216	1319	1416	1517	1550	1621	1736	1818	1900		
Corkickle (CKL)	d	0620	0706	0734	0828	0920	1014	1125	1219	1321	1419	1520	1553	1624	1739	1820	1903		
St Bees (SBS)	d	0626	0712	0739	0834	0928	1020	1135f	1229g	1329	1430f	1531e	1559	1630	1744	1827	1914e		
Nethertown (NRT)	d	0630x						1140x					1603x			1832x			
Braystones (BYS)	d	0633x						1142x					1606x			1834x			
Sellafield (SEL)	d	0639	0724	0750	0844	0939	1031	1147	1239	1340	1441	1542	1611	1641	1755	1840	1927c		
Seascale (SSC)	d	0643	0728	0754	0848	0942	1035	1151	1242	1343	1444	1546	1615	1645	1758	1843	1931		
Drigg (DRI)	d	0647	0732	0758	0852	0946	1039	1155	1246	1347	1448	1550	1619	1649	1802		1935		
Ravenglass for Eskdale (RAV)	d	0651	0735	0802	0856	0950	1043	1158	1250	1351	1452	1554	1623	1653	1806	1849	1939		
Bootle (BOC)	d	0657	0741	0808	0902	0956	1049	1204	1256	1357	1458	1600	1629	1659	1812		1945		
Silecroft (SIC)	d	0704	0748	0815	0909	1003	1056	1211	1303	1404	1505	1607	1636	1706	1819		1953		
Millom (MLM)	d	0610	0709	0754	0821	0914	1008	1101	1216	1308	1409	1511	1612	1642	1712	1825	1905	2001c	
Green Road (GNR)	d	0614	0714	0758	0825	0919	1013	1106	1221	1313	1414	1515	1617	1646	1717	1829	1910	2006	
Foxfield (FOX)	d	0618	0718	0802	0829	0923	1017	1110	1225	1317	1418	1519	1621	1650	1721	1833	1914	2010	
Kirkby-in-Furness (KBF)	d	0623	0722	0807	0834	0928	1021	1115	1229	1321	1422	1524	1626	1655	1726	1838	1919	2015	
Askam (ASK)	d	0628	0727	0812	0839	0933	1026	1121	1234	1326	1427	1529	1631	1700	1731	1843	1925	2020	
Barrow-in-Furness (BIF)	a	0641	0741	0826	0853	0947	1040	1137	1248	1340	1441	1543	1645	1714	1745	1857	1940	2036	
Carnforth (CNF)	a				1050			1342				1642		1810					
Lancaster (LAN)	6	a			1105			1353				1653		1820					
Preston (PRE)	8	a																	

Operator	NT	NT	NT	NT	NT	NT	
Carlisle (CAR)	8	d	1909	2000		2106	2149
Dalston (DLS)	d		1917	2008		2114	2157
Wigton (WGT)	d		1927	2017		2123	2206
Aspatria (ASP)	d		1937	2028		2134	2217
Maryport (MRY)	d		1948	2039		2145	2228
Flimby (FLM)	d		1952	2043		2149	2232
Workington (WKG)	a		1957	2048		2154	2237
Workington (WKG)	d		1959	2050		2156	2239
Harrington (HRR)	d		2003	2054		2200	2243
Parton (PRN)	d		2012	2103		2209	2252
Whitehaven (WTH)	a		2018	2109		2215	2258
Whitehaven (WTH)	d		2019				
Corkickle (CKL)	d		2022				
St Bees (SBS)	d		2027				
Nethertown (NRT)	d		2032x				
Braystones (BYS)	d		2034x				
Sellafield (SEL)	d		2039				
Seascale (SSC)	d		2043				
Drigg (DRI)	d		2047				
Ravenglass for Eskdale (RAV)	d		2051				
Bootle (BOC)	d		2057				
Silecroft (SIC)	d		2104				
Millom (MLM)	d	2059	2109		2200		
Green Road (GNR)	d		2114		2204		
Foxfield (FOX)	d	2106	2118		2208		
Kirkby-in-Furness (KBF)	d		2122		2213		
Askam (ASK)	d	2115	2127		2218		
Barrow-in-Furness (BIF)	a	2129	2141		2231		
Carnforth (CNF)	a						
Lancaster (LAN)	6	a					
Preston (PRE)	8	a					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Sundays

Operator	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Days of operation/Notes			A	B	A	B												
Carlisle (CAR) 8 d			0945		1023	1041	1106	1207	1324	1401	1510	1616	1710	1810	1910		2010	2110
Dalston (DLS) d			0953		1031	1049	1114	1215	1332	1409	1518	1624	1718	1818	1918		2018	2118
Wigton (WGT) d			1002		1041	1058	1124	1225	1342	1419	1528	1634	1728	1827	1927		2027	2127
Aspatia (ASP) d			1013		1051	1109	1134	1235	1352	1429	1538	1644	1738	1838	1938		2038	2138
Maryport (MRY) d		0917	1024	1024	1103	1120	1146	1247	1403	1441	1550	1656	1750	1849	1949		2049	2149
Flimby (FLM) d		0920			1107	1124	1149	1250	1407	1444	1553	1659	1753	1853	1953		2053	2153
Workington (WKG) a		0926	1032	1032	1112	1129	1155	1256	1412	1450	1559	1705	1759	1858	1958		2058	2158
Workington (WKG) d		0927	1033	1033	1114	1131	1156	1258	1414	1451	1600	1706	1800	1900	2000		2100	2200
Harrington (HRR) d		0931			1118	1135	1200	1302	1418	1455	1604	1710	1804	1904	2004		2104	2204
Parton (PRN) d		0940	1046	1046	1127	1144	1209	1311	1427	1504	1613	1719	1813	1913	2013		2113	2213
Whitehaven (WTH) a		0945	1050	1050	1132	1148	1214	1316	1432	1509	1618	1724	1818	1919	2019		2119	2219
Whitehaven (WTH) d		0946	1052	1052	1133	1150	1216	1318	1433	1510	1619	1725	1819					
Corkickle (CKL) d		0949	1054	1054	1136	1152	1219	1321	1436	1513	1622	1728	1822					
St Bees (SBS) d		0954	1100	1100	1141	1158	1227c	1327	1441	1519	1629	1733	1829					
Nethertown (NRT) d		0959x					1231x				1633x		1833x					
Braystones (BYS) d		1001x					1234x				1636x		1836x					
Sellafield (SEL) d		1007	1110	1110	1151	1208	1239	1337	1452	1529	1641	1744	1841					
Seascale (SSC) d		1010	1113	1113	1155	1211	1243	1341	1455	1532	1645	1747	1844					
Drigg (DRI) d		1014	1117	1117	1159	1215	1247	1345		1536	1649	1751	1848					
Ravenglass for Eskdale (RAV) d		1018	1121	1121	1202	1219	1251	1349	1501	1540	1653	1755	1852					
Bootle (BOC) d		1024	1127	1127	1208	1225	1257	1355		1546	1659	1801	1858					
Silecroft (SIC) d		1031	1134	1134	1215	1232	1304	1402		1553	1706	1808	1905					
Millom (MLM) d	0950	1036	1139	1139	1220	1237	1309	1407	1517	1559	1711	1814	1910			1925		
Green Road (GNR) d	0954	1041	1144	1144	1225	1242	1314	1412		1603	1716	1818	1915			1929		
Foxfield (FOX) d	0958	1045	1148	1148	1229	1246	1318	1416	1525	1607	1720	1822	1919			1933		
Kirkby-in-Furness (KBF) d	1003	1049	1152	1152	1233	1250	1322	1420	1529	1612	1724	1827	1923			1938		
Askam (ASK) d	1008	1054	1157	1157	1238	1255	1327	1425	1534	1617	1729	1832	1928			1943		
Barrow-in-Furness (BIF) a	1021	1108	1211	1211	1252	1309	1341	1439	1548	1631	1743	1846	1942			1957		
Carnforth (CNF) a					1343	1406			1642		1840							
Lancaster (LAN) 6 a					1352	1420			1652		1851							
Preston (PRE) 8 a																		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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- x Stops on request
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- A Runs until 31 December and from 18 February
- B Runs from 7 January to 11 February