

**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Mondays to Fridays**

Operator	NT	NT	NT	TP	NT	NT	NT	VT	NT	TP	NT	VT	NT	TP	NT	VT	NT
Train ID	1C62	2C99	2C37	1S30	2C00	2Y54	1C51	1S34	2C02	1S32	2C43	1S36	2C04	1S35	2C47	1S37	1C53
Days of operation/Notes	MX	A		B		D											
1st Class/Reservations/Bus/Ferry				1R				1R		1R		1R		1R		1R	
Catering facilities				1R				1R		1R		1R		1R		1R	
London Euston (EUS)	15 d																0531
Watford Junction (WFJ)	d																0548u
Milton Keynes Central (MKC)	d																0615
Rugby (RUG)	d																0639
Coventry (COV)	d																
Birmingham International (BHI)	d																
Birmingham New Street (BHM)	12 d											0605					
Sandwell & Dudley (SAD)	d											0617					
Wolverhampton (WVH)	7 d							0520				0632					
Stafford (STA)	d							0538				0648					
Crewe (CRE)	10 d							0600				0708				0727	
Warrington Bank Quay (WBQ)	d							0618				0727				0745	
Manchester Airport (MIA)	10 d						0529			0603				0704			0729
Heald Green (HDG)	d																
East Didsbury (EDY)	d																
Manchester Piccadilly (MAN)	10 d			0457			0549			0622				0721			0750
Manchester Oxford Road (MCO)	d						0552			0625				0725			0753
Manchester Victoria (MCV)	d																
Bolton (BON)	d						0608			0639u							0808
Liverpool Lime Street (LIV)	10 d																
St Helens Central (SNH)	d																
Wigan North Western (WGN)	a							0628				0736					0755
Wigan North Western (WGN)	d							0629				0738					0757
Preston (PRE)	8 a			0534			0632	0642		0700		0750		0759			0809
Preston (PRE)	8 d			0518	0536		0633	0644		0704		0753		0800			0814
Lancaster (LAN)	6 a			0538	0551		0651	0658		0719		0807		0815			0828
Lancaster (LAN)	6 d		0519	0538	0552	0559	0648	0653	0700	0720	0733	0809		0816	0822	0830	0851
Carnforth (CNF)	d		0529a	0549			0658a	0703			0744				0832		0900
Silverdale (SVR)	d			0554				0708			0750				0838		0906
Arnsdale (ARN)	d			0559				0712			0754				0842		0910
Grange-over-Sands (GOS)	d			0605				0718			0800				0848		0916
Kents Bank (KBK)	d			0608				0722			0804						0920
Cark & Cartmel (CAK)	d	0005		0612				0726			0808				0854		0924
Ulverston (ULV)	d	0012		0621				0733			0816				0902		0931
Dalton (DLT)	d	0021		0629				0742			0825				0910		0940
Roose (ROO)	d	0027		0635				0748			0831						0946
Barrow-in-Furness (BIF)	a	0034		0642				0755			0838				0922		0953
Millom (MLM)	a																
Whitehaven (WTH)	a																
Workington (WKG)	a																
Oxenholme Lake District (OXN)	a			0605	0614			0712		0733		0821		0829			0842
Oxenholme Lake District (OXN)	d			0606	0616			0714	0730	0734		0823	0829	0830			0844
Kendal (KEN)	d				0620				0734				0833				
Burneside (BUD)	d				0624				0738				0837				
Staveley (SVL)	d				0629				0743				0842				
Windermere (WDM)	a				0635				0749				0848				
Penrith North Lakes (PNR)	d				0631			0739		0759				0856			
Carlisle (CAR)	8 a				0647			0754		0815		0900		0911			0921
Carlisle (CAR)	8 d				0651			0756		0816		0902		0913			0922
Lockerbie (LOC)	d				0710			0814		0835				0933			
Haymarket (HYM)	a									0933s		1012					
Edinburgh (EDB)	10 a									0938		1018					
Motherwell (MTH)	a				0800									1017			
Glasgow Central (GLC)	15 a				0822			0916						1035			1042

For the complete service between Manchester Airport and Manchester see table 090

For the complete service between Manchester and Preston see table 102

For the complete service between Liverpool, Wigan and Preston see table 084

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- A To Morecambe, see table 106
- B Also calls at Carstairs 0746
- D To Leeds, see table 035
- MX Not Mondays

**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Mondays to Fridays**























Operator	VT	TP	NT	TP	NT	NT	VT	NT	VT	NT	TP	NT	NT	VT	NT	VT	TP
Train ID	1S39	1S41	2C06	1S38	2Y58	1C70	1S42	1C70	9S44	2C51	1S40	2Y60	1C54	1S45	2C08	9P47	1S46
Days of operation/Notes					D												
1st Class/Reservations/Bus/Ferry	1R	1R		1R			1R		1R		1R			1R		1R	1R
Catering facilities	☒	☒		☒			☒		☒		☒			☒		☒	☒
London Euston (EUS)	d						0730		0616					0830		0716	
Watford Junction (WFJ)	d								0631u							0731u	
Milton Keynes Central (MKC)	d								0652							0752	
Rugby (RUG)	d								0715							0815	
Coventry (COV)	d								0727							0827	
Birmingham International (BHI)	d								0738							0838	
Birmingham New Street (BHM)	d	0707							0807							0907	
Sandwell & Dudley (SAD)	d	0717							0817							0917	
Wolverhampton (WVH)	d	0732							0832							0932	
Stafford (STA)	d	0747							0847							0947	
Crewe (CRE)	d	0808							0908							1008	
Warrington Bank Quay (WBQ)	d	0827					0915		0927					1015		1027	
Manchester Airport (MIA)	d			0804		0829					0904		0929				1004
Heald Green (HDG)	d																
East Didsbury (EDY)	d																
Manchester Piccadilly (MAN)	d			0821		0850					0921		0950				1021
Manchester Oxford Road (MCO)	d			0824		0853					0924		0953				1024
Manchester Victoria (MCV)	d																
Bolton (BON)	d					0909					0939u		1008				1038u
Liverpool Lime Street (LIV)	d		0812														
St Helens Central (SNH)	d		0828														
Wigan North Western (WGN)	a	0837	0842				0925		0937					1025		1037	
Wigan North Western (WGN)	d	0838	0842				0926		0938					1026		1038	
Preston (PRE)	a	0851	0857	0900		0933	0939		0951		0959		1032	1039		1051	1057
Preston (PRE)	d	0854	0858	0903		0945	0941		0945	0954	1006		1033	1041			1059
Lancaster (LAN)	a	0908	0913	0918			0955	1002	1008		1021		1050	1055			1114
Lancaster (LAN)	d	0909	0914	0919	0941		0957	1002	1009	1013	1022	1046	1051	1057			1114
Carnforth (CNF)	d				0951a					1023		1056a	1101				
Silverdale (SVR)	d									1029			1106				
Arnside (ARN)	d									1033			1110				
Grange-over-Sands (GOS)	d									1039			1116				
Kents Bank (KBK)	d									1043			1120				
Cark & Cartmel (CAK)	d									1047			1124				
Ulverston (ULV)	d									1055			1131				
Dalton (DLT)	d									1103			1140				
Roose (ROO)	d									1109			1146				
Barrow-in-Furness (BIF)	a									1117			1154				
Millom (MLM)	a									1147							
Whitehaven (WTH)	a									1235							
Workington (WKG)	a									1252							
Oxenholme Lake District (OXN)	a		0927	0932			1019	1022		1035			1110				1127
Oxenholme Lake District (OXN)	d		0928	0932	0933			1021	1023		1036		1112	1121			1128
Kendal (KEN)	d			0936				1025						1125			
Burneside (BUD)	d			0940				1029						1129			
Staveley (SVL)	d			0945				1034						1134			
Windermere (WDM)	a			0951				1041						1140			
Penrith North Lakes (PNR)	d	0945	0953	0958			1032					1101					1153
Carlisle (CAR)	a	1001	1009	1013			1047		1100			1117		1149			1209
Carlisle (CAR)	d	1002	1010	1015			1048		1102			1119		1150			1210
Lockerbie (LOC)	d		1029	1035								1138					1229
Haymarket (HYM)	a			1132s						1212							1327s
Edinburgh (EDB)	a			1137						1218							1332
Motherwell (MTH)	a		1113									1222		1247s			
Glasgow Central (GLC)	a	1116	1131				1201					1239		1304			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- C To Carlisle, see table 107
- D To Leeds, see table 035

## Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow

### Mondays to Fridays

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	NT	VT	NT	VT	TP	NT	NT	NT	VT	NT	VT	TP	NT	NT	VT	NT	VT
	1C55	1S48	1C55	9S54	1S51	2Y04 D	2C10	1C79	1S52	1C79	9S55	1S56	1C79	2C57 C	1S58	1C90	9S60
London Euston (EUS)  15 d		0930		0840					1030		0916				1130		1016
Watford Junction (WFJ) d											0931u						1031u
Milton Keynes Central (MKC) d											0952						1052
Rugby (RUG) d											1015						1115
Coventry (COV) d				0936							1027						1127
Birmingham International (BHI) d				0946							1038						1138
Birmingham New Street (BHM)  12 d				1007							1107						1207
Sandwell & Dudley (SAD) d				1017							1117						1217
Wolverhampton (WVH)  7 d				1032							1132						1232
Stafford (STA) d				1047							1147						1247
Crewe (CRE) 10 d				1108							1208						1308
Warrington Bank Quay (WBQ) d		1115		1127					1215		1227				1315		1327
Manchester Airport (MIA)   d	1029							1129				1204				1229	
Heald Green (HDG) d																	
East Didsbury (EDY) d																	
Manchester Piccadilly (MAN)  10 d	1050							1150				1222				1250	
Manchester Oxford Road (MCO) d	1053							1153				1225				1253	
Manchester Victoria (MCV)  d																	
Bolton (BON) d	1108											1238u					
Liverpool Lime Street (LIV) 10 d																	
St Helens Central (SNH) d																	
Wigan North Western (WGN) a		1125		1137					1225		1237				1325		1337
Wigan North Western (WGN) d		1126		1138					1226		1238				1326		1338
Preston (PRE)  8 a	1132	1139		1151				1236	1239		1251	1258			1339	1345	1351
Preston (PRE)  8 d	1145	1141	1145	1153	1203			1246	1241	1246	1253	1259			1341	1346	1354
Lancaster (LAN)  6 a		1155	1202	1207	1218				1255	1303	1307	1314			1355	1404	1409
Lancaster (LAN)  6 d		1157	1202	1209	1219	1246			1257	1303	1309	1315		1319	1357	1405	1410
Carnforth (CNF) d			1212			1256a								1329		1414	
Silverdale (SVR) d			1217											1334		1419	
Arnsdale (ARN) d			1221											1339		1424	
Grange-over-Sands (GOS) d			1227											1345		1429	
Kents Bank (KBK) d			1230											1348		1433	
Cark & Cartmel (CAK) d			1234											1352		1437	
Ulverston (ULV) d			1242											1401		1444	
Dalton (DLT) d			1250											1409		1453	
Roose (ROO) d			1256											1415		1459	
Barrow-in-Furness (BIF) a			1302											1422		1505	
Millom (MLM) a														1451			
Whitehaven (WTH) a														1538			
Workington (WKG) a														1558			
Oxenholme Lake District (OXN) a				1221	1232					1332	1323	1330	1332		1409		
Oxenholme Lake District (OXN) d				1223	1233		1239				1324	1330	1333		1411		
Kendal (KEN) d							1243							1338			
Burneside (BUD) d							1247							1341			
Staveley (SVL) d							1252							1346			
Windermere (WDM) a							1258							1353			
Penrith North Lakes (PNR) d		1232			1258				1332		1356						1446
Carlisle (CAR)  8 a		1247		1300	1314				1348		1401	1411			1448		1501
Carlisle (CAR)  8 d		1249		1301	1315				1349		1403	1415			1449		1503
Lockerbie (LOC) d					1334							1434					
Haymarket (HYM)  a				1412								1531s					1612
Edinburgh (EDB)  10 a				1418								1537					1618
Motherwell (MTH) a					1420						1459				1546s		
Glasgow Central (GLC)  15 a		1402			1439				1500		1517				1603		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- C To Carlisle, see table 107
- D To Leeds, see table 035

**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Mondays to Fridays**

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	TP	NT	NT	NT	VT	NT	VT	TP	NT	NT	VT	NT	VT	NT	TP	VT	
	1S61	2C12	2Y01 D	1C57	1S63	1C57	9P65	1S66	2C14	1C72	1S69	2C37 C	9S70	1C72	1C58	TP	VT 1S72
London Euston (EUS)	d				1230		1116				1330		1216				1430
Watford Junction (WFJ)	d						1131u						1231u				
Milton Keynes Central (MKC)	d						1152						1252				
Rugby (RUG)	d						1215						1315				
Coventry (COV)	d						1227						1327				
Birmingham International (BHI)	d						1238						1338				
Birmingham New Street (BHM)	d						1307						1407				
Sandwell & Dudley (SAD)	d						1317						1417				
Wolverhampton (WVH)	d						1332						1432				
Stafford (STA)	d						1347						1447				
Crewe (CRE)	d						1408						1508				
Warrington Bank Quay (WBQ)	d				1415		1427				1515		1527				1615
Manchester Airport (MIA)	d	1304			1329			1404		1429						1529	
Heald Green (HDG)	d																
East Didsbury (EDY)	d																
Manchester Piccadilly (MAN)	d	1321			1350			1421		1450						1550	
Manchester Oxford Road (MCO)	d	1324			1353			1424		1453						1553	
Manchester Victoria (MCV)	d																
Bolton (BON)	d	1339u			1408			1439u		1508						1609	
Liverpool Lime Street (LIV)	d																
St Helens Central (SNH)	d																
Wigan North Western (WGN)	a				1425		1437				1525		1537				1625
Wigan North Western (WGN)	d				1426		1438				1526		1538				1626
Preston (PRE)	a	1401			1433	1439	→	1451	1500	1532	1539		1551		1632		1639
Preston (PRE)	d	1405			1445	1441	←	1445	1503	1533	1541		1553		1633		1641
Lancaster (LAN)	a	1420			→	1455	1502		1518	1550	1555		1607		1651		1656
Lancaster (LAN)	d	1421		1447	1457	1502		1519	1551	1557	1601	1609	1652		1657		1657
Carnforth (CNF)	d			1457a		1512					1611		1701				
Silverdale (SVR)	d					1517					1617		1706				
Arnsdale (ARN)	d					1522					1622		1711				
Grange-over-Sands (GOS)	d					1527					1628		1716				
Kents Bank (KBK)	d					1531					1632		1720				
Cark & Cartmel (CAK)	d					1536					1637		1724				
Ulverston (ULV)	d					1543					1645		1732				
Dalton (DLT)	d					1552					1654		1740				
Roose (ROO)	d					1558					1700		1746				
Barrow-in-Furness (BIF)	a					1605					1709		1753				
Millom (MLM)	a										1744						
Whitehaven (WTH)	a										1836						
Workington (WKG)	a										1854		←				
Oxenholme Lake District (OXN)	a	1434						1532		1631	1609		1621	1631			1711
Oxenholme Lake District (OXN)	d	1435	1439					1533	1537	→	1611		1623	1632			1712
Kendal (KEN)	d		1443						1541				1637				
Burneside (BUD)	d								1545				1640				
Staveley (SVL)	d								1550				1645				
Windermere (WDM)	a		1455						1556				1652				
Penrith North Lakes (PNR)	d	1500				1532		1559									1738
Carlisle (CAR)	a	1516				1547		1614			1648		1700				1753
Carlisle (CAR)	d	1517				1549		1616			1649		1702		1715	1755	
Lockerbie (LOC)	d	1537						1635							1755	1814	
Haymarket (HYM)	a							1733s					1812				
Edinburgh (EDB)	a							1740					1821				
Motherwell (MTH)	a	1621													1910	1900s	
Glasgow Central (GLC)	a	1641				1701					1800						1917

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- C To Carlisle, see table 107
- D To Leeds, see table 035

**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Mondays to Fridays**

Operator	VT	TP	TP	NT	NT	NT	NT	VT	VT	NT	TP	NT	TP	NT	VT	NT	VT
Train ID	9S77	1S74	1S75	2C43	2C16	2Y02	1C59	1S78	9S80	2C18	1S81	2C47		1C73	1S82	1C73	9S85
Days of operation/Notes						D											
1st Class/Reservations/Bus/Ferry	1R	1R	1R					1R	1R		1R		1R				1R
Catering facilities	☒	☒	☒					☒	☒		☒		☒				☒
London Euston (EUS)	15 d	1316						1530	1416						1630		1516
Watford Junction (WFJ)	d	1331u							1431u								
Milton Keynes Central (MKC)	d	1352							1452								1548
Rugby (RUG)	d	1415							1515								1612c
Coventry (COV)	d	1427							1527								1627
Birmingham International (BHI)	d	1437							1538								1638
Birmingham New Street (BHM)	12 d	1507							1607								1707
Sandwell & Dudley (SAD)	d	1517							1617								1717
Wolverhampton (WVH)	7 d	1532							1632								1732
Stafford (STA)	d	1547							1647								1747
Crewe (CRE)	10 d	1608							1708								1808
Warrington Bank Quay (WBQ)	d	1627						1715	1727						1815		1827
Manchester Airport (MIA)	← d		1604				1629			1704				1729			
Heald Green (HDG)	d																
East Didsbury (EDY)	d																
Manchester Piccadilly (MAN)	10 d		1621				1650			1721				1750			
Manchester Oxford Road (MCO)	d		1624				1653			1724				1753			
Manchester Victoria (MCV)	d																
Bolton (BON)	d						1709							1809			
Liverpool Lime Street (LIV)	10 d		1612														
St Helens Central (SNH)	d		1628														
Wigan North Western (WGN)	a	1637	1642					1725	1736						1825		1837
Wigan North Western (WGN)	d	1638	1643					1726	1738						1826		1838
Preston (PRE)	8 a	1651	1659	1700			1732	1739	1751		1759			1835	1839	←	1851
Preston (PRE)	8 d	1653	1701	1704			1734	1741	1754		1803			1844	1841	1844	1853
Lancaster (LAN)	6 a	1708	1716	1721			1751	1755	1808		1819			←	1855	1902	1907
Lancaster (LAN)	6 d	1709	1717	1722	1727	1745	1751	1757	1810		1820	1836			1857	1902	1909
Carnforth (CNF)	d			1737		1755a	1801					1845					
Silverdale (SVR)	d			1742			1806					1851					
Arnsdale (ARN)	d			1747			1811					1855					
Grange-over-Sands (GOS)	d			1753			1817					1901					
Kents Bank (KBK)	d			1756			1820					1905					
Cark & Cartmel (CAK)	d			1800			1824					1909					
Ulverston (ULV)	d			1808			1832					1917					
Dalton (DLT)	d			1816			1840					1925					
Roose (ROO)	d			1822			1846					1931					
Barrow-in-Furness (BIF)	a			1830			1853					1939					
Millom (MLM)	a																
Whitehaven (WTH)	a																
Workington (WKG)	a																
Oxenholme Lake District (OXN)	a	1722	1730	1735				1810	1822		1833				1909	1920	
Oxenholme Lake District (OXN)	d	1723	1731	1736		1742		1812	1824	1830	1834				1911	1922	
Kendal (KEN)	d					1746				1834						1926	
Burneside (BUD)	d					1750				1838						1930	
Staveley (SVL)	d					1755				1843						1935	
Windermere (WDM)	a					1801				1849						1942	
Penrith North Lakes (PNR)	d	1749	1756	1801					1849		1900				1936		1944
Carlisle (CAR)	8 a	1804	1811	1816				1849	1904		1915				1951		2000
Carlisle (CAR)	8 d	1806	1813	1818				1850	1905				1925		1952		2001
Lockerbie (LOC)	d		1831	1837									2005a				
Haymarket (HYM)	a			1933s					2016								
Edinburgh (EDB)	10 a			1938					2024								
Motherwell (MTH)	a	1904s															
Glasgow Central (GLC)	15 a	1924	1949					2001							2104		2112

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- c Arrives 3 minutes earlier
- D To Leeds, see table 035

**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Mondays to Fridays**

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	NT 2C51 C	TP 1S83	NT 1C60	VT 1P94	VT 1S90	NT 2C20	VT 9S93	NT 2Y03 D	NT 1C61	VT 1S95	NT 2C22	VT 9S97	TP 1S88	NT 2H84 E	VT 1S98	NT 2C31	NT 2C24
		1R 1R 1R		1R 1R 1R	1R 1R 1R		1R 1R 1R			1R 1R 1R		1R 1R 1R	1R 1R 1R	E	1R 1R 1R		
London Euston (EUS)  15 d				1707	1730		1640			1830		1740			1930		
Watford Junction (WFJ) d																	
Milton Keynes Central (MKC) d																	
Rugby (RUG) d																	
Coventry (COV) d							1736					1836					
Birmingham International (BHI) d							1746					1846					
Birmingham New Street (BHM)  12 d							1807					1907					
Sandwell & Dudley (SAD) d							1817					1917					
Wolverhampton (WVH)  7 d							1832					1932					
Stafford (STA) d							1847					1947					
Crewe (CRE) 10 d				1845			1908					2008					
Warrington Bank Quay (WBQ) d				1904	1915		1927			2015		2027			2116		
Manchester Airport (MIA)  d		1804	1829						1929				2004				
Heald Green (HDG) d																	
East Didsbury (EDY) d																	
Manchester Piccadilly (MAN)  10 d		1821	1850						1950				2022				
Manchester Oxford Road (MCO) d		1824	1853						1953				2025				
Manchester Victoria (MCV)  d																	
Bolton (BON) d			1909						2008				2039u				
Liverpool Lime Street (LIV) 10 d																	
St Helens Central (SNH) d																	
Wigan North Western (WGN) a				1916	1925		1937			2025		2037			2126		
Wigan North Western (WGN) d				1918	1926		1938			2026		2038			2128		
Preston (PRE) 8 a		1859	1932	1935	1939		1952		2032	2039		2051	2102		2140		
Preston (PRE) 8 d		1905	1934		1942		1955		2033	2041		2055	2105		2143		
Lancaster (LAN) 6 a		1920	1951		1956		2009		2050	2055		2109	2120		2157		
Lancaster (LAN) 6 d	1913	1921	1951		1958		2011	2030	2051	2057		2110	2121	2131	2158	2209	
Carnforth (CNF) d	1923		2001					2040a	2100					2141a		2218	
Silverdale (SVR) d	1929		2006						2106							2224	
Arnsdale (ARN) d	1933		2010						2110							2228	
Grange-over-Sands (GOS) d	1939		2016						2116							2234	
Kents Bank (KBK) d	1943		2020						2120							2238	
Cark & Cartmel (CAK) d	1947		2024						2124							2242	
Ulverston (ULV) d	1955		2031						2131							2250	
Dalton (DLT) d	2003		2040						2140							2258	
Roose (ROO) d	2009		2046						2146							2304	
Barrow-in-Furness (BIF) a	2017		2053						2153							2312	
Millom (MLM) a	2046																
Whitehaven (WTH) a	2132																
Workington (WKG) a	2150																
Oxenholme Lake District (OXN) a		1934			2010		2025			2110		2123	2134		2211		
Oxenholme Lake District (OXN) d		1935			2012	2018	2027			2111	2120	2124	2135		2212		2222
Kendal (KEN) d						2022					2124						2226
Burneside (BUD) d						2026					2128						2230
Staveley (SVL) d						2031					2133						2235
Windermere (WDM) a						2037					2139						2241
Penrith North Lakes (PNR) d		2001			2037					2136			2201		2238		
Carlisle (CAR) 8 a		2016			2052		2104			2151		2201	2216		2253		
Carlisle (CAR) 8 d		2018			2054		2105			2153		2203	2218		2254		
Lockerbie (LOC) d		2037								2211			2237				
Haymarket (HYM)  a		2133s					2215						2336s				
Edinburgh (EDB)  10 a		2138					2221						2341				
Motherwell (MTH) a				2150						2254		2259s					
Glasgow Central (GLC) 15 a				2208						2311		2317			0008		






















NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- C To Carlisle, see table 107
- D To Leeds, see table 035
- E To Skipton, see table 035



## Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow

### Mondays to Fridays



















Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	TP 1C92	VT 1P07 F	NT 1C62	VT 1P09 G
				
London Euston (EUS)  d		2033		2110
Watford Junction (WFJ) d				2125u
Milton Keynes Central (MKC) d				
Rugby (RUG) d				2204
Coventry (COV) d				
Birmingham International (BHI) d				
Birmingham New Street (BHM)  d				
Sandwell & Dudley (SAD) d				
Wolverhampton (WVH)  d				
Stafford (STA) d		2200		2240
Crewe (CRE)  d		2219		2302
Warrington Bank Quay (WBQ) d		2237		2320
Manchester Airport (MIA)  d	2104		2159	
Heald Green (HDG) d				
East Didsbury (EDY) d				
Manchester Piccadilly (MAN)  d	2119		2220	
Manchester Oxford Road (MCO) d	2123		2224	
Manchester Victoria (MCV)  d				
Bolton (BON) d			2239	
Liverpool Lime Street (LIV)  d				
St Helens Central (SNH) d				
Wigan North Western (WGN) a		2246		2330
Wigan North Western (WGN) d		2248		2332
Preston (PRE)  a	2156	2300	2307	2346
Preston (PRE)  d		2208		2310
Lancaster (LAN)  a	2226			2330
Lancaster (LAN)  d				2330
Carnforth (CNF) d				2341
Silverdale (SVR) d				2347
Arnsdale (ARN) d				2351
Grange-over-Sands (GOS) d				2357
Kents Bank (KBK) d				2359
Cark & Cartmel (CAK) d				0005
Ulverston (ULV) d				0012
Dalton (DLT) d				0021
Roose (ROO) d				0027
Barrow-in-Furness (BIF) a				0034
Millom (MLM) a				
Whitehaven (WTH) a				
Workington (WKG) a				
Oxenholme Lake District (OXN) a				
Oxenholme Lake District (OXN) d				
Kendal (KEN) d				
Burneside (BUD) d				
Staveley (SVL) d				
Windermere (WDM) a				
Penrith North Lakes (PNR) d				
Carlisle (CAR)  a				
Carlisle (CAR)  d				
Lockerbie (LOC) d				
Haymarket (HYM)  a				
Edinburgh (EDB)  a				
Motherwell (MTH) a				
Glasgow Central (GLC)  a				

**NOTES** (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- u Stops to pick up only
- F Also calls at Tamworth 2139 and Lichfield Trent Valley 2146
- G Also calls at Nuneaton 2216

**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Saturdays**

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	NT 1C62	NT 2C99 A	NT 2C37	TP 1S30 B 1R 1R	NT 2C00	NT 2Y54 D	NT 1C51	VT 1S34	NT 2C02	TP 1S32	NT 2C43	VT 1S36	NT 2C47	NT 2C04	TP	NT 1C53	VT 1S37
London Euston (EUS)  d																	0603
Watford Junction (WFJ) d																	0618u
Milton Keynes Central (MKC) d																	0638
Rugby (RUG) d																	0701
Coventry (COV) d																	
Birmingham International (BHI) d																	
Birmingham New Street (BHM)  d												0605					
Sandwell & Dudley (SAD) d												0617					
Wolverhampton (WVH)  d								0520				0632					
Stafford (STA) d								0538				0648					0732
Crewe (CRE)  d								0559				0708					0754
Warrington Bank Quay (WBQ) d								0617				0727					0812
Manchester Airport (MIA)  d							0529			0603						0729	
Heald Green (HDG) d																	
East Didsbury (EDY) d																	
Manchester Piccadilly (MAN)  d				0457			0549			0622						0750	
Manchester Oxford Road (MCO) d							0552			0625						0753	
Manchester Victoria (MCV)  d																	
Bolton (BON) d							0608			0639u						0808	
Liverpool Lime Street (LIV)  d																	
St Helens Central (SNH) d																	
Wigan North Western (WGN) a								0627				0737					0821
Wigan North Western (WGN) d								0628				0738					0823
Preston (PRE)  a				0534			0632	0641		0700		0750				0832	0835
Preston (PRE)  d			0518	0536			0633	0644		0704		0753				0842	0838
Lancaster (LAN)  a			0538	0551			0651	0658		0719		0807					0852
Lancaster (LAN)  d		0519	0538	0552	0559	0648	0653	0700		0720	0733	0809	0822				0853
Carnforth (CNF) d		0529a	0549			0658a	0703				0744		0832				
Silverdale (SVR) d			0554				0708				0750		0838				
Arnsdale (ARN) d			0559				0712				0754		0842				
Grange-over-Sands (GOS) d			0605				0718				0800		0848				
Kents Bank (KBK) d			0608				0722				0804						
Cark & Cartmel (CAK) d	0005		0612				0726				0808		0854				
Ulverston (ULV) d	0012		0621				0733				0816		0902				
Dalton (DLT) d	0021		0629				0742				0825		0910				
Roose (ROO) d	0027		0635				0748				0831						
Barrow-in-Furness (BIF) a	0034		0642				0755				0838		0922				
Millom (MLM) a																	
Whitehaven (WTH) a																	
Workington (WKG) a																	
Oxenholme Lake District (OXN) a			0605	0614			0712		0733		0821						0906
Oxenholme Lake District (OXN) d			0606	0616			0714	0730	0734		0823		0829				0907
Kendal (KEN) d				0620				0734					0833				
Burneside (BUD) d				0624				0738					0837				
Staveley (SVL) d				0629				0743					0842				
Windermere (WDM) a				0635				0749					0848				
Penrith North Lakes (PNR) d				0631				0739		0759						0835	0933
Carlisle (CAR)  a				0647				0754		0815		0900				0910	0948
Carlisle (CAR)  d				0648				0756		0816		0902				0915	0949
Lockerbie (LOC) d				0707				0814		0835					0955a		
Haymarket (HYM)  a										0933s		1012					
Edinburgh (EDB)  a										0940		1018					
Motherwell (MTH) a				0759													
Glasgow Central (GLC)  a				0822				0926									1059

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- A To Morecambe, see table 106
- B Also calls at Carstairs 0746
- D To Leeds, see table 035



**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Saturdays**

Operator	NT	VT	TP	NT	TP	NT	NT	VT	NT	VT	NT	NT	TP	NT	NT	VT	VT
Train ID	1C53	1S39	1S41	2C06	1S38	2Y58	1C70	1S42	1C70	9S44	1C70	2C51	1S40	2Y60	1C54	1S45	9P47
Days of operation/Notes						D						C		D			
1st Class/Reservations/Bus/Ferry		1R	1R		1R			1R		1R			1R			1R	1R
Catering facilities		X	⌘		⌘			X		X			⌘			X	X
London Euston (EUS)  15 d								0730		0616						0830	0716
Watford Junction (WFJ) d										0631u							0731u
Milton Keynes Central (MKC) d										0652							0752
Rugby (RUG) d										0715							0815
Coventry (COV) d										0727							0827
Birmingham International (BHI) d										0738							0838
Birmingham New Street (BHM)  12 d		0707								0807							0907
Sandwell & Dudley (SAD) d		0717								0817							0917
Wolverhampton (WVH)  7 d		0732								0832							0932
Stafford (STA) d		0747								0847							0947
Crewe (CRE) 10 d		0808								0908							1008
Warrington Bank Quay (WBQ) d		0826						0915		0927						1015	1027
Manchester Airport (MIA)  d					0804		0829					0904		0929			
Heald Green (HDG) d																	
East Didsbury (EDY) d																	
Manchester Piccadilly (MAN)  10 d					0821		0850					0921		0950			
Manchester Oxford Road (MCO) d					0824		0853					0924		0953			
Manchester Victoria (MCV)  d																	
Bolton (BON) d							0909					0939u		1008			
Liverpool Lime Street (LIV) 10 d			0812														
St Helens Central (SNH) d			0828														
Wigan North Western (WGN) a		0836	0841					0925		0937						1025	1037
Wigan North Western (WGN) d		0837	0842					0926		0938						1026	1038
Preston (PRE) 8 a	←	0851	0857		0901		0933	0939	←	0951		0959		1032		1039	1051
Preston (PRE) 8 d	0842	0854	0858		0903		0945	0941	0945	0954		1003		1033		1041	
Lancaster (LAN) 6 a	0859	0908	0913		0918		←	0955	1002	1008		1022		1050		1055	
Lancaster (LAN) 6 d	0859	0909	0914		0919	0941		0957	1003	1009		1013	1023	1046	1051	1057	
Carnforth (CNF) d	0909					0951a						1023		1056a	1101		
Silverdale (SVR) d	0914											1029			1106		
Arnside (ARN) d	0919											1033			1110		
Grange-over-Sands (GOS) d	0924											1039			1116		
Kents Bank (KBK) d	0928											1043			1120		
Cark & Cartmel (CAK) d	0932											1047			1124		
Ulverston (ULV) d	0940											1055			1131		
Dalton (DLT) d	0948											1103			1140		
Roose (ROO) d	0955											1109			1146		
Barrow-in-Furness (BIF) a	1001											1117			1154		
Millom (MLM) a												1147					
Whitehaven (WTH) a												1235					
Workington (WKG) a											←	1252					
Oxenholme Lake District (OXN) a			0927		0932			1032	1022	1032		1036				1110	
Oxenholme Lake District (OXN) d			0928	0932	0933			←	1023	1033		1037		1037		1112	
Kendal (KEN) d				0936								1041					
Burneside (BUD) d				0940								1046					
Staveley (SVL) d				0945								1053					
Windermere (WDM) a				0951													
Penrith North Lakes (PNR) d		0945	0954		0959			1032				1102				1137	
Carlisle (CAR) 8 a		1001	1009		1015			1047		1100		1118				1152	
Carlisle (CAR) 8 d		1004	1011		1016			1049		1102		1118				1154	
Lockerbie (LOC) d			1029		1035							1138					
Haymarket (HYM)  a					1131s					1211							
Edinburgh (EDB)  10 a					1137					1217							
Motherwell (MTH) a			1113s									1222				1251s	
Glasgow Central (GLC) 15 a		1116	1130					1201				1241				1308	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- C To Carlisle, see table 107
- D To Leeds, see table 035

**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Saturdays**















Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	NT 2C08	TP 1S46	NT 1C55	VT 1S48	NT 1C55	VT 9S54	TP 1S51	NT 2C10	NT 2Y04 D	NT 1C71	VT 1S52	NT 1C71	VT 9S55	TP 1S56	NT 1C71	NT 2C57 C	NT 1C56
London Euston (EUS) <b>15</b> d				0930		0840					1030		0916				
Watford Junction (WFJ) d													0931u				
Milton Keynes Central (MKC) d													0952				
Rugby (RUG) d													1015				
Coventry (COV) d						0936							1027				
Birmingham International (BHI) d						0946							1038				
Birmingham New Street (BHM) <b>12</b> d						1007							1107				
Sandwell & Dudley (SAD) d						1017							1117				
Wolverhampton (WVH) <b>7</b> d						1032							1132				
Stafford (STA) d						1047							1147				
Crewe (CRE) <b>10</b> d						1108							1208				
Warrington Bank Quay (WBQ) d				1115		1127					1215		1227				
Manchester Airport (MIA)  d		1004	1029							1129				1204			1229
Heald Green (HDG) d																	
East Didsbury (EDY) d																	
Manchester Piccadilly (MAN) <b>10</b> d		1021	1050							1150				1221			1250
Manchester Oxford Road (MCO) d		1024	1053							1153				1224			1253
Manchester Victoria (MCV)  d																	
Bolton (BON) d		1038u	1108							1208				1238u			1309
Liverpool Lime Street (LIV) <b>10</b> d																	
St Helens Central (SNH) d																	
Wigan North Western (WGN) a				1125		1137					1225		1237				
Wigan North Western (WGN) d				1126		1138					1226		1238				
Preston (PRE) <b>8</b> a		1057	1132	1139	←	1150				1235	1239	←	1251	1258			1335
Preston (PRE) <b>8</b> d		1059	1145	1141	1145	1153	1204			1245	1241	1245	1253	1259			1346
Lancaster (LAN) <b>6</b> a		1114	→	1155	1202	1207	1219			→	1255	1302	1307	1314			→
Lancaster (LAN) <b>6</b> d		1114		1157	1202	1208	1220		1248		1257	1303	1309	1315			1319
Carnforth (CNF) d					1212				1258a								1329
Silverdale (SVR) d					1217												1334
Arnsdale (ARN) d					1221												1339
Grange-over-Sands (GOS) d					1227												1345
Kents Bank (KBK) d					1230												1348
Cark & Cartmel (CAK) d					1234												1352
Ulverston (ULV) d					1242												1401
Dalton (DLT) d					1250												1409
Roose (ROO) d					1256												1415
Barrow-in-Furness (BIF) a					1302												1422
Millom (MLM) a																	1451
Whitehaven (WTH) a																	1538
Workington (WKG) a															←		1558
Oxenholme Lake District (OXN) a		1127				1221	1233					1332	1321	1329	1332		
Oxenholme Lake District (OXN) d	1121	1128				1222	1234	1239			→	1323	1329	1333			
Kendal (KEN) d	1125							1243									1338
Burneside (BUD) d	1129							1247									1341
Staveley (SVL) d	1134							1252									1346
Windermere (WDM) a	1140							1258									1353
Penrith North Lakes (PNR) d		1153		1232			1259				1332			1355			
Carlisle (CAR) <b>8</b> a		1208		1247			1315				1347			1400	1410		
Carlisle (CAR) <b>8</b> d		1210		1249			1301	1315			1349			1402	1415		
Lockerbie (LOC) d		1229						1335							1434		
Haymarket (HYM)  a		1327s					1411							1533s			
Edinburgh (EDB) <b>10</b> a		1332					1417							1539			
Motherwell (MTH) a							1419						1458				
Glasgow Central (GLC) <b>15</b> a				1402			1439				1500		1517				

**NOTES** (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- C To Carlisle, see table 107
- D To Leeds, see table 035

# Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow

## Saturdays

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	VT	NT	VT	TP	NT	NT	NT	VT	NT	VT	TP	NT	NT	VT	NT	VT	NT	
	1S58	1C56	9S60	1S61	2Y01 D	2C12	1C57	1S62	1C57	9P65	1S66	2C14	1C72	1S69	2C37 C	9S70	1C72	
London Euston (EUS)  15 d	1130		1016					1230		1116				1330			1216	
Watford Junction (WFJ) d			1031u							1131u							1231u	
Milton Keynes Central (MKC) d			1052							1152							1252	
Rugby (RUG) d			1115							1215							1315	
Coventry (COV) d			1127							1227							1327	
Birmingham International (BHI) d			1138							1238							1338	
Birmingham New Street (BHM)  12 d			1207							1307							1407	
Sandwell & Dudley (SAD) d			1217							1317							1417	
Wolverhampton (WVH)  7 d			1232							1332							1432	
Stafford (STA) d			1247							1347							1447	
Crewe (CRE) 10 d			1308							1408							1508	
Warrington Bank Quay (WBQ) d	1315		1327					1415		1427				1515			1527	
Manchester Airport (MIA)   d				1304				1329				1404		1429				
Heald Green (HDG) d																		
East Didsbury (EDY) d																		
Manchester Piccadilly (MAN)  10 d				1321				1350				1421		1450				
Manchester Oxford Road (MCO) d				1324				1353				1424		1453				
Manchester Victoria (MCV)  d																		
Bolton (BON) d				1339u				1408				1439u		1508				
Liverpool Lime Street (LIV) 10 d																		
St Helens Central (SNH) d																		
Wigan North Western (WGN) a	1325		1337					1425		1437				1525			1537	
Wigan North Western (WGN) d	1326		1338					1426		1438				1526			1538	
Preston (PRE) 8 a	1339		1351	1401				1433	1439		1451	1500		1532	1539		1551	
Preston (PRE) 8 d	1341	1346	1354	1405				1445	1441	1445		1503		1533	1541		1554	
Lancaster (LAN) 6 a	1355	1404	1409	1420					1455	1502		1518		1550	1555		1608	
Lancaster (LAN) 6 d	1357	1405	1410	1421	1447			1457	1502			1519		1551	1557	1601	1610	
Carnforth (CNF) d			1414		1457a				1512							1611		
Silverdale (SVR) d			1419						1517							1617		
Arnsdale (ARN) d			1424						1522							1622		
Grange-over-Sands (GOS) d			1429						1527							1628		
Kents Bank (KBK) d			1433						1531							1632		
Cark & Cartmel (CAK) d			1437						1536							1637		
Ulverston (ULV) d			1444						1543							1645		
Dalton (DLT) d			1453						1552							1654		
Roose (ROO) d			1459						1558							1700		
Barrow-in-Furness (BIF) a			1505						1605							1709		
Millom (MLM) a																1744		
Whitehaven (WTH) a																1836		
Workington (WKG) a																1854		
Oxenholme Lake District (OXN) a	1409			1434				1509				1532		1631	1609		1622	1631
Oxenholme Lake District (OXN) d	1411			1435				1511				1533	1537		1611		1624	1632
Kendal (KEN) d													1541					1637
Burneside (BUD) d													1545					1640
Staveley (SVL) d													1550					1645
Windermere (WDM) a								1455					1556					1652
Penrith North Lakes (PNR) d			1446	1501								1559						1649
Carlisle (CAR) 8 a	1448		1501	1516				1548				1614			1648			1704
Carlisle (CAR) 8 d	1449		1502	1517				1549				1616			1649			1706
Lockerbie (LOC) d				1537								1635						
Haymarket (HYM)  a			1612									1732s						1815
Edinburgh (EDB)  10 a			1617									1738						1821
Motherwell (MTH) a	1546s			1621														
Glasgow Central (GLC) 15 a	1603			1642				1700						1800				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- C To Carlisle, see table 107
- D To Leeds, see table 035

**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Saturdays**















Operator	NT	TP	VT	VT	TP	TP	NT	NT	NT	NT	VT	VT	NT	TP	NT	NT	VT
Train ID	1C58		1S76	9S77	1S74	1S75	2C16	2C43	2Y02	1C59	1S78	9S80	2C18	1S81	2C47	1C73	1S82
Days of operation/Notes									D								
1st Class/Reservations/Bus/Ferry																	
Catering facilities																	
London Euston (EUS)	d		1430	1316							1530	1416					1630
Watford Junction (WFJ)	d			1331u								1431u					
Milton Keynes Central (MKC)	d			1352								1452					
Rugby (RUG)	d			1415								1515					
Coventry (COV)	d			1427								1527					
Birmingham International (BHI)	d			1438								1538					
Birmingham New Street (BHM)	d			1507								1607					
Sandwell & Dudley (SAD)	d			1517								1617					
Wolverhampton (WVH)	d			1532								1632					
Stafford (STA)	d			1547								1647					
Crewe (CRE)	d			1608								1708					
Warrington Bank Quay (WBQ)	d		1615	1627							1715	1727					1815
Manchester Airport (MIA)	d	1529				1604				1629				1704		1729	
Heald Green (HDG)	d																
East Didsbury (EDY)	d																
Manchester Piccadilly (MAN)	d	1550				1621				1650				1721		1750	
Manchester Oxford Road (MCO)	d	1553				1624				1653				1724		1753	
Manchester Victoria (MCV)	d																
Bolton (BON)	d	1609								1709						1809	
Liverpool Lime Street (LIV)	d				1612												
St Helens Central (SNH)	d				1628												
Wigan North Western (WGN)	a		1625	1637	1643						1725	1737					1825
Wigan North Western (WGN)	d		1626	1638	1644						1726	1738					1826
Preston (PRE)	a	1632	1639	1652	1700	1703				1732	1739	1752		1759		1835	1839
Preston (PRE)	d	1633	1642	1654	1701	1705				1734	1741	1754		1803		1844	1841
Lancaster (LAN)	a	1651	1656	1708	1716	1721				1751	1755	1808		1818			1855
Lancaster (LAN)	d	1652	1658	1710	1717	1722		1727	1745	1751	1757	1810		1819	1836		1857
Carnforth (CNF)	d	1701						1737	1755a	1801					1845		
Silverdale (SVR)	d	1706						1742		1806					1851		
Arnsdale (ARN)	d	1711						1747		1811					1855		
Grange-over-Sands (GOS)	d	1716						1753		1817					1901		
Kents Bank (KBK)	d	1720						1756		1820					1905		
Cark & Cartmel (CAK)	d	1724						1800		1824					1909		
Ulverston (ULV)	d	1732						1808		1832					1917		
Dalton (DLT)	d	1740						1816		1840					1925		
Roose (ROO)	d	1746						1822		1846					1931		
Barrow-in-Furness (BIF)	a	1753						1830		1853					1939		
Millom (MLM)	a																
Whitehaven (WTH)	a																
Workington (WKG)	a																
Oxenholme Lake District (OXN)	a		1711	1722	1730	1735					1810	1822		1832			1909
Oxenholme Lake District (OXN)	d		1712	1724	1731	1736	1742				1812	1824	1830	1833			1911
Kendal (KEN)	d						1746						1834				
Burneside (BUD)	d						1750						1838				
Staveley (SVL)	d						1755						1843				
Windermere (WDM)	a						1801						1849				
Penrith North Lakes (PNR)	d		1737	1749	1756	1801						1849		1859			1936
Carlisle (CAR)	a		1752	1804	1812	1816					1849	1904		1914			1951
Carlisle (CAR)	d		1715	1754	1806	1813	1818				1850	1906		1915			1953
Lockerbie (LOC)	d		1755		1832	1837								1935			
Haymarket (HYM)	a					1933s						2016					
Edinburgh (EDB)	a					1940						2022					
Motherwell (MTH)	a		1910	1851s										2020			
Glasgow Central (GLC)	a		1909	1917	1948						2001			2038			2104

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- D To Leeds, see table 035

**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Saturdays**















Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	NT	VT	NT	TP	NT	VT	NT	VT	NT	VT	NT	VT	NT	NT	NT	NT	VT
	1C73	9S85	2C51	1S83	1C60	1S90	2C20	9S93	2Y03 D	1C61	1S95	NT F	NT 2C22 G	NT 2H84 E	NT F	NT 2C92 G	VT 9P95
London Euston (EUS)  d		1516				1730		1640			1830						1740
Watford Junction (WFJ) d		1531u															
Milton Keynes Central (MKC) d		1552															
Rugby (RUG) d		1615															
Coventry (COV) d		1627						1736									1836
Birmingham International (BHI) d		1638						1746									1846
Birmingham New Street (BHM)  d		1707						1807									1907
Sandwell & Dudley (SAD) d		1717						1817									1917
Wolverhampton (WVH)  d		1732						1832									1932
Stafford (STA) d		1747						1847									1947
Crewe (CRE)  d		1808						1908									2008
Warrington Bank Quay (WBQ) d		1827				1915		1927			2015						2027
Manchester Airport (MIA)  d				1804	1829					1929							
Heald Green (HDG) d																	
East Didsbury (EDY) d																	
Manchester Piccadilly (MAN)  d				1821	1850					1950							
Manchester Oxford Road (MCO) d				1824	1853					1953							
Manchester Victoria (MCV)  d																	
Bolton (BON) d					1909					2008							
Liverpool Lime Street (LIV)  d																	
St Helens Central (SNH) d																	
Wigan North Western (WGN) a		1837				1925		1937			2025						2037
Wigan North Western (WGN) d		1838				1926		1938			2026						2038
Preston (PRE)  a		1851		1859	1932	1939		1951		2032	2039						2052
Preston (PRE) d		1844	1853		1905	1934	1941	1955		2033	2041						
Lancaster (LAN)  a		1902	1907		1920	1951	1955	2009		2050	2055						
Lancaster (LAN) d		1902	1908	1913	1921	1951	1957		2011	2030	2051	2057		2131			
Carnforth (CNF) d			1923		2001					2040a	2100			2141a			
Silverdale (SVR) d			1929		2006						2106						
Arnsdale (ARN) d			1933		2010						2110						
Grange-over-Sands (GOS) d			1939		2016						2116						
Kents Bank (KBK) d			1943		2020						2120						
Cark & Cartmel (CAK) d			1947		2024						2124						
Ulverston (ULV) d			1955		2031						2131						
Dalton (DLT) d			2003		2040						2140						
Roose (ROO) d			2009		2046						2146						
Barrow-in-Furness (BIF) a			2017		2053						2153						
Millom (MLM) a			2046														
Whitehaven (WTH) a																	
Workington (WKG) a																	
Oxenholme Lake District (OXN) a		1920	1921		1934		2010		2023		2110						
Oxenholme Lake District (OXN) d		1922	1923		1935		2012	2018	2025		2111	2115	2117		2200	2206	
Kendal (KEN) d		1926						2022				2125	2121		2210	2210	
Burneside (BUD) d		1930						2026				2135	2125		2220	2214	
Staveley (SVL) d		1935						2031				2145	2130		2230	2219	
Windermere (WDM) a		1942						2037				2155	2136		2240	2225	
Penrith North Lakes (PNR) d			1948		2001		2037		2050		2136						
Carlisle (CAR)  a			2003		2016		2052		2105		2151						
Carlisle (CAR) d			2005		2018		2054		2107		2153						
Lockerbie (LOC) d					2037						2211						
Haymarket (HYM)  a					2135s				2216								
Edinburgh (EDB)  a					2141				2222								
Motherwell (MTH) a			2101s				2151s				2254						
Glasgow Central (GLC)  a			2121				2208				2312						

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- D To Leeds, see table 035
- E To Skipton, see table 035
- F Runs until 17 June
- G Runs from 24 June

**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Saturdays**

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	NT F	NT 2C31 F	VT 1P06 1R X	NT 2C31 G	NT F	NT 1C62 F	NT 1C62 G	NT F	VT 1P07 H 1R X
London Euston (EUS)  15 d			1928						2031
Watford Junction (WFJ) d									2046u
Milton Keynes Central (MKC) d									
Rugby (RUG) d									
Coventry (COV) d									
Birmingham International (BHI) d									
Birmingham New Street (BHM)  12 d									
Sandwell & Dudley (SAD) d									
Wolverhampton (WVH)  7 d									
Stafford (STA) d									
Crewe (CRE) 10 d			2104						2232
Warrington Bank Quay (WBQ) d			2126						2250
Manchester Airport (MIA)  d						2159			
Heald Green (HDG) d									
East Didsbury (EDY) d									
Manchester Piccadilly (MAN)  10 d						2220			
Manchester Oxford Road (MCO) d						2224			
Manchester Victoria (MCV)  d									
Bolton (BON) d						2239			
Liverpool Lime Street (LIV) 10 d									
St Helens Central (SNH) d									
Wigan North Western (WGN) a			2136						2303
Wigan North Western (WGN) d			2137						2304
Preston (PRE)  8 a			2155			2307			2318
Preston (PRE)  8 d	2125			2211	2230		2310	2310	
Lancaster (LAN)  6 a	2215			2231	2320		2330	2359	
Lancaster (LAN)  6 d		2226		2231		2330	2330		
Carnforth (CNF) d		2235		2241		2339	2341		
Silverdale (SVR) d		2241		2246		2345	2347		
Arnsdale (ARN) d		2245		2251		2349	2351		
Grange-over-Sands (GOS) d		2251		2257		2355	2357		
Kents Bank (KBK) d		2255		2300		2358	2359		
Cark & Cartmel (CAK) d		2259		2304		0003	0005		
Ulverston (ULV) d		2307		2313		0010	0012		
Dalton (DLT) d		2316		2321		0019	0021		
Roose (ROO) d		2322		2327		0025	0027		
Barrow-in-Furness (BIF) a		2329		2335		0032	0034		
Millom (MLM) a									
Whitehaven (WTH) a									
Workington (WKG) a									
Oxenholme Lake District (OXN) a									
Oxenholme Lake District (OXN) d									
Kendal (KEN) d									
Burneside (BUD) d									
Staveley (SVL) d									
Windermere (WDM) a									
Penrith North Lakes (PNR) d									
Carlisle (CAR)  8 a									
Carlisle (CAR)  8 d									
Lockerbie (LOC) d									
Haymarket (HYM)  a									
Edinburgh (EDB)  10 a									
Motherwell (MTH) a									
Glasgow Central (GLC) 15 a									

**NOTES** (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- u Stops to pick up only
- F Runs until 17 June
- G Runs from 24 June
- H Also calls at Tamworth 2155 and Lichfield Trent Valley 2202



**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Sundays**

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	NT 1C62 A	NT 1C62 B	NT A A	NT 2C39 C	NT A A	NT 2C41 D	NT 1C70 B	NT 2C41 E	TP 1S40	VT 1P02	NT 1C78 A	NT 2C08 B	NT 1C52	NT 2Y09 F	VT 1S35	TP 1S41	TP 1S46
London Euston (EUS)  15 d																	
Watford Junction (WFJ) d																	
Milton Keynes Central (MKC) d																	
Rugby (RUG) d																	
Coventry (COV) d																	
Birmingham International (BHI) d																	
Birmingham New Street (BHM)  12 d									0845						0907		
Sandwell & Dudley (SAD) d															0917		
Wolverhampton (WVH)  7 d									0904						0932		
Stafford (STA) d									0919						0947		
Crewe (CRE) 10 d									0939						1008		
Warrington Bank Quay (WBQ) d									0956						1027		
Manchester Airport (MIA)   d													0936				1010
Heald Green (HDG) d																	
East Didsbury (EDY) d																	
Manchester Piccadilly (MAN)  10 d													0955				1026
Manchester Oxford Road (MCO) d													0958				1030
Manchester Victoria (MCV)  d							0856										
Bolton (BON) d							0909						1011				1044u
Liverpool Lime Street (LIV) 10 d																	1012
St Helens Central (SNH) d																	1028
Wigan North Western (WGN) a									1006						1037		1043
Wigan North Western (WGN) d									1008						1038		1044
Preston (PRE) 8 a							0933						1035		1052		1059
Preston (PRE) 8 d							0948		1017		1030		1039		1054		1100
Lancaster (LAN) 6 a							1005		1032		1047		1056		1109		1115
Lancaster (LAN) 6 d					0945		1006	1011	1037		1047		1059	1103	1110	1116	1125
Carnforth (CNF) d				0855	1010a	1021		1021					1109	1113a			
Silverdale (SVR) d				0900		1027		1027					1114				
Arnsdale (ARN) d				0905		1031		1031					1118				
Grange-over-Sands (GOS) d				0911		1037		1037					1123				
Kents Bank (KBK) d				0914		1041		1041					1127				
Cark & Cartmel (CAK) d	0003	0005		0918		1045		1045					1131				
Ulverston (ULV) d	0010	0012		0927		1053		1053					1138				
Dalton (DLT) d	0019	0021		0935		1101		1101					1147				
Roose (ROO) d	0025	0027		0941		1107		1107					1153				
Barrow-in-Furness (BIF) a	0032	0034		0948		1115		1115					1159				
Millom (MLM) a				1017		1144		1144									
Whitehaven (WTH) a				1109		1233		1233									
Workington (WKG) a				1127		1251		1251									
Oxenholme Lake District (OXN) a							1021		1050		1103				1124	1131	1138
Oxenholme Lake District (OXN) d			0945				1030		1051		1104	1117			1125	1132	1139
Kendal (KEN) d			0955				1034				1109	1121					
Burneside (BUD) d			1005				1038				1112	1124					
Staveley (SVL) d			1015				1043				1117	1129					
Windermere (WDM) a			1025				1049				1123	1135					
Penrith North Lakes (PNR) d									1117						1151	1158	1204
Carlisle (CAR) 8 a									1132						1206	1213	1220
Carlisle (CAR) 8 d									1134						1208	1215	1221
Lockerbie (LOC) d									1152							1234	1240
Haymarket (HYM)  a																	1338s
Edinburgh (EDB)  10 a																	1343
Motherwell (MTH) a									1236						1305s	1318	
Glasgow Central (GLC) 15 a									1255						1325	1336	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- A Runs until 18 June
- B Runs from 25 June
- C To Carlisle, see table 107
- D Runs until 18 June. To Carlisle, see table 107
- E Runs from 25 June. To Carlisle, see table 107
- F To Leeds, see table 035

**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Sundays**

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	NT 2C10	NT 1C53	VT 1S37	NT 1C53	VT 9S54	TP 1S51	NT 2C12	NT 1C71	VT 1S52	NT 1C71	VT 9S47	NT 1C71	NT 2C47 C	TP 1S56	NT 2Y11 F	VT 1S58	NT 2C14
London Euston (EUS)  d			0847		0748				0946		0850					1046	
Watford Junction (WFJ) d					0803u						0906u						
Milton Keynes Central (MKC) d			0934		0845				1035		0939					1134	
Rugby (RUG) d			1010u		0923						1014					1209	
Coventry (COV) d					0934						1025						
Birmingham International (BHI) d					0945						1035						
Birmingham New Street (BHM)  d					1007						1107						
Sandwell & Dudley (SAD) d					1017						1117						
Wolverhampton (WVH)  d					1032						1132						
Stafford (STA) d					1050						1150						
Crewe (CRE)  d			1058		1110				1158		1210					1257	
Warrington Bank Quay (WBQ) d			1116		1128				1216		1228					1315	
Manchester Airport (MIA)  d		1033				1110											
Heald Green (HDG) d		1036															
East Didsbury (EDY) d		1040															
Manchester Piccadilly (MAN)  d		1055				1125											
Manchester Oxford Road (MCO) d		1100				1129		1154									
Manchester Victoria (MCV)  d																	
Bolton (BON) d		1113				1144u		1208									
Liverpool Lime Street (LIV)  d																	
St Helens Central (SNH) d																	
Wigan North Western (WGN) a			1126		1138				1226		1238						1325
Wigan North Western (WGN) d			1127		1139				1227		1239						1326
Preston (PRE)  a		1136	1140	←	1153	1204		1232	1240	←	1252						1339
Preston (PRE) d		1147	1142	1147	1156	1205		1246	1242	1246	1254			1305			1341
Lancaster (LAN)  a		←	1156	1204	1210	1220		→	1256	1303	1308			1320			1355
Lancaster (LAN)  d			1158	1204	1211	1221			1258	1304	1310		1314	1321	1344	1357	
Carnforth (CNF) d				1214									1324		1354a		
Silverdale (SVR) d				1219									1330				
Arnsdale (ARN) d				1223									1334				
Grange-over-Sands (GOS) d				1229									1340				
Kents Bank (KBK) d				1232									1344				
Cark & Cartmel (CAK) d				1236									1348				
Ulverston (ULV) d				1244									1356				
Dalton (DLT) d				1252									1404				
Roose (ROO) d				1258									1410				
Barrow-in-Furness (BIF) a				1304									1418				
Millom (MLM) a													1443				
Whitehaven (WTH) a													1528				
Workington (WKG) a												←	1546				
Oxenholme Lake District (OXN) a			1211		1225	1234			1310	1332	1323	1332		1334		1409	
Oxenholme Lake District (OXN) d	1202		1212		1226	1235	1245		1312	→	1324	1333		1335		1411	1422
Kendal (KEN) d	1206						1249					1337					1426
Burneside (BUD) d							1253					1341					1430
Staveley (SVL) d							1258					1346					1435
Windermere (WDM) a	1219						1304					1353					1441
Penrith North Lakes (PNR) d			1237			1301			1337					1401		1436	
Carlisle (CAR)  a			1252		1303	1316			1352		1401			1416		1451	
Carlisle (CAR)  d			1254		1305	1318			1354		1403			1418		1453	
Lockerbie (LOC) d						1337								1437			
Haymarket (HYM)  a					1416									1533s			
Edinburgh (EDB)  a					1422									1539			
Motherwell (MTH) a			1350s			1422					1459s						
Glasgow Central (GLC)  a			1410			1444			1507		1518					1606	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- C To Carlisle, see table 107
- F To Leeds, see table 035

# Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow

## Sundays




















Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	VT	NT	TP	NT	VT	NT	VT	NT	TP	NT	NT	VT	NT	VT	NT	TP	NT
	9S60	1C54	1S61	1C55	1S63	1C55	9S55	2C16	1S66	2Y13 F	1C72	1S69	2C55 C	9S70	1C72		1C56
London Euston (EUS) <b>15</b> d	0952				1229		1049					1329		1239			
Watford Junction (WFJ) d	1007u						1107u										
Milton Keynes Central (MKC) d	1040						1139										
Rugby (RUG) d	1115						1215										
Coventry (COV) d	1127						1227							1336			
Birmingham International (BHI) d	1137						1237							1346			
Birmingham New Street (BHM) <b>12</b> d	1207						1307							1407			
Sandwell & Dudley (SAD) d	1217						1317							1417			
Wolverhampton (WVH) <b>7</b> d	1232						1332							1432			
Stafford (STA) d	1247						1347							1447			
Crewe (CRE) <b>10</b> d	1308						1408							1508			
Warrington Bank Quay (WBQ) d	1327				1415		1427					1515		1527			
Manchester Airport (MIA)   d		1242	1313	1330					1410		1430						1530
Heald Green (HDG) d		1246		1334							1434						1534
East Didsbury (EDY) d		1250		1338							1438						1538
Manchester Piccadilly (MAN) <b>10</b> d		1304	1327	1348					1426		1448						1548
Manchester Oxford Road (MCO) d		1308	1331	1352					1430		1452						1552
Manchester Victoria (MCV)  d																	
Bolton (BON) d		1322		1409					1444u		1509						1609
Liverpool Lime Street (LIV) <b>10</b> d																	
St Helens Central (SNH) d																	
Wigan North Western (WGN) a	1337				1425		1437					1525		1537			
Wigan North Western (WGN) d	1338				1426		1438					1526		1538			
Preston (PRE) <b>8</b> a	1352	1355	1403	1437	1440		1451		1503		1536	1539		1551			1637
Preston (PRE) <b>8</b> d	1354	1358	1404	1446	1442		1454		1505		1558	1541		1555	1558		1648
Lancaster (LAN) <b>6</b> a	1409	1415	1421		1456	1503	1508		1520			1556		1609	1615		
Lancaster (LAN) <b>6</b> d	1411	1415	1422		1458	1504	1510		1521	1552	1602a	1558	1603	1611	1616		
Carnforth (CNF) d		1425				1513							1613				
Silverdale (SVR) d		1430				1518							1619				
Arnsdale (ARN) d		1434				1523							1623				
Grange-over-Sands (GOS) d		1440				1528							1629				
Kents Bank (KBK) d		1443				1532							1633				
Cark & Cartmel (CAK) d		1447				1536							1637				
Ulverston (ULV) d		1455				1543							1645				
Dalton (DLT) d		1503				1552							1653				
Roose (ROO) d		1509				1558							1659				
Barrow-in-Furness (BIF) a		1516				1604							1707				
Millom (MLM) a													1746				
Whitehaven (WTH) a													1839				
Workington (WKG) a													1857				
Oxenholme Lake District (OXN) a			1435		1510		1523		1534							1630	
Oxenholme Lake District (OXN) d			1436		1512		1524	1529	1535							1632	
Kendal (KEN) d								1533								1636	
Burneside (BUD) d								1537								1640	
Staveley (SVL) d								1542								1645	
Windermere (WDM) a								1548								1652	
Penrith North Lakes (PNR) d	1446		1501						1600			1635		1646			
Carlisle (CAR) <b>8</b> a	1501		1517		1549		1601		1616			1650		1701			
Carlisle (CAR) <b>8</b> d	1503		1517		1550		1603		1617			1652		1703			1715
Lockerbie (LOC) d			1537						1637								1755a
Haymarket (HYM)  a	1614								1736s					1812			
Edinburgh (EDB) <b>10</b> a	1620								1742					1820			
Motherwell (MTH) a			1623		1647s		1659s					1748s					
Glasgow Central (GLC) <b>15</b> a			1643		1707		1717					1806					

**NOTES** (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- C To Carlisle, see table 107
- F To Leeds, see table 035

**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Sundays**









Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	VT	NT	VT	NT	TP	NT	NT	VT	VT	NT	VT	NT	TP	NT	VT	NT	NT
	1S72	1C56	9S77	2C18	1S75	2Y15 F	1C57	1P94	1S78	1C57	9S80	2C20	1S81	1C73	1S82	1C73	2C35
	Ⓜ		Ⓜ		Ⓜ			Ⓜ	Ⓜ		Ⓜ		Ⓜ		Ⓜ		
London Euston (EUS)  15 d	1429		1315					1501	1529		1439				1629		
Watford Junction (WFJ) d			1330u														
Milton Keynes Central (MKC) d			1352														
Rugby (RUG) d			1415														
Coventry (COV) d			1427								1536						
Birmingham International (BHI) d			1438								1546						
Birmingham New Street (BHM)  12 d			1507								1607						
Sandwell & Dudley (SAD) d			1517								1617						
Wolverhampton (WVH)  7 d			1532								1632						
Stafford (STA) d			1547					1624			1647						
Crewe (CRE) 10 d			1608					1645			1708						
Warrington Bank Quay (WBQ) d	1615		1627					1708	1715		1727				1815		
Manchester Airport (MIA)  d					1610		1630						1710	1730			
Heald Green (HDG) d							1634							1734			
East Didsbury (EDY) d							1638							1738			
Manchester Piccadilly (MAN)  10 d					1626		1648						1726	1748			
Manchester Oxford Road (MCO) d					1630		1652						1730	1752			
Manchester Victoria (MCV)  d																	
Bolton (BON) d					1644u		1709						1745u	1809			
Liverpool Lime Street (LIV) 10 d																	
St Helens Central (SNH) d																	
Wigan North Western (WGN) a	1625		1637					1718	1725		1737				1825		
Wigan North Western (WGN) d	1626		1638					1719	1726		1738				1826		
Preston (PRE)  a	1640		1651		1704		1736	1737	1739		1751		1805	1833	1839		
Preston (PRE)  d	1642	1648	1655		1705		1747		1742	1747	1754		1807	1834	1842		
Lancaster (LAN)  a	1656	1705	1710		1720				1756	1804	1808		1822	1851	1856		
Lancaster (LAN)  d	1658	1706	1711		1721	1752		1758	1804	1810			1823	1852	1857		1902
Carnforth (CNF) d			1715			1802a			1814								1914
Silverdale (SVR) d			1721						1819								1920
Arnside (ARN) d			1725						1823								1925
Grange-over-Sands (GOS) d			1730						1828								1931
Kents Bank (KBK) d			1734						1832								1934
Cark & Cartmel (CAK) d			1738						1836								1938
Ulverston (ULV) d			1745						1843								1947
Dalton (DLT) d			1753						1851								1955
Roose (ROO) d			1759						1857								2001
Barrow-in-Furness (BIF) a			1806						1904								2008
Millom (MLM) a																	
Whitehaven (WTH) a																	
Workington (WKG) a																	
Oxenholme Lake District (OXN) a	1711		1725		1734			1811			1823		1836	1926	1910	1926	
Oxenholme Lake District (OXN) d	1713		1726	1730	1735			1813			1824	1833	1837		1911	1928	
Kendal (KEN) d				1734								1837				1933	
Burneside (BUD) d				1738								1841				1936	
Staveley (SVL) d				1743								1846				1941	
Windermere (WDM) a				1749								1852				1948	
Penrith North Lakes (PNR) d	1738		1752		1801						1849		1902		1937		
Carlisle (CAR)  a	1753		1807		1816			1850			1904		1918		1952		
Carlisle (CAR)  d	1755		1808		1818			1851			1906				1953		
Lockerbie (LOC) d			1827		1837												
Haymarket (HYM) a					1933s						2018						
Edinburgh (EDB)  10 a					1940						2025						
Motherwell (MTH) a	1851s		1910s						1948s								
Glasgow Central (GLC)  a	1911		1928						2005						2104		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- F To Leeds, see table 035

**Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow**

**Sundays**









Operator	VT	TP	TP	NT	VT	NT	NT	VT	NT	NT	VT	NT	NT	VT	TP	VT	NT
Train ID	9S85	1S74	1S83	1C58	1S90	1C58	2C22	9S93	2Y17	1C59	1S95	1C59	2C24	9P97	1S88	1S98	2C37
Days of operation/Notes	1R	1R	1R		1R			1R	F		1R			1R	1R	1R	
1st Class/Reservations/Bus/Ferry	1R	1R	1R		1R			1R			1R			1R	1R	1R	
Catering facilities	☒	☒	☒		☒			☒			☒			☒	☒	☒	
London Euston (EUS)  15 d	1539				1729			1615			1829			1739		1929	
Watford Junction (WFJ) d								1630u									
Milton Keynes Central (MKC) d								1652									
Rugby (RUG) d								1715									
Coventry (COV) d	1636							1727						1836			
Birmingham International (BHI) d	1646							1738						1846			
Birmingham New Street (BHM)  12 d	1707							1807						1907			
Sandwell & Dudley (SAD) d	1717							1817						1917			
Wolverhampton (WVH)  7 d	1732							1832						1932			
Stafford (STA) d	1747							1847						1947			
Crewe (CRE) 10 d	1808							1908						2008			
Warrington Bank Quay (WBQ) d	1827				1915			1927			2015			2027		2115	
Manchester Airport (MIA)  d			1810	1830						1930					2010		
Heald Green (HDG) d				1834						1934							
East Didsbury (EDY) d				1838						1937							
Manchester Piccadilly (MAN)  10 d			1826	1848						1948					2026		
Manchester Oxford Road (MCO) d			1830	1852						1952					2030		
Manchester Victoria (MCV)  d																	
Bolton (BON) d			1843u	1909						2010							
Liverpool Lime Street (LIV) 10 d		1812															
St Helens Central (SNH) d		1828															
Wigan North Western (WGN) a	1837	1842			1925			1937			2025			2037		2125	
Wigan North Western (WGN) d	1838	1843			1926			1938			2026			2038		2126	
Preston (PRE) 8 a	1851	1857	1903	1937	1940	←		1951		2036	2039	←		2052	2101	2139	
Preston (PRE) 8 d	1854	1859	1904	1947	1942	→		1954		2046	2041	→		2046	2103	2141	
Lancaster (LAN) 6 a	1908	1914	1919	→	1956	→		2008		→	2055	2104			2118	2155	
Lancaster (LAN) 6 d	1909	1915	1920		1958	→		2010	2017		2057	2104			2119	2157	2220
Carnforth (CNF) d					2014			2010	2027a			2114					2230
Silverdale (SVR) d					2019							2119					2235
Arnside (ARN) d					2023							2123					2240
Grange-over-Sands (GOS) d					2028							2128					2246
Kents Bank (KBK) d					2032							2132					2249
Cark & Cartmel (CAK) d					2036							2136					2253
Ulverston (ULV) d					2043							2143					2301
Dalton (DLT) d					2052							2151					2309
Roose (ROO) d					2058							2157					2315
Barrow-in-Furness (BIF) a					2105							2204					2323
Millom (MLM) a																	
Whitehaven (WTH) a																	
Workington (WKG) a																	
Oxenholme Lake District (OXN) a		1928	1933		2010			2023			2109				2132	2209	
Oxenholme Lake District (OXN) d		1929	1934		2012			2025			2111		2121		2133	2211	
Kendal (KEN) d								2026					2125				
Burneside (BUD) d								2030					2129				
Staveley (SVL) d								2035					2134				
Windermere (WDM) a								2041					2140				
Penrith North Lakes (PNR) d	1945	1954	2000		2037			2050			2136				2159	2236	
Carlisle (CAR) 8 a	2000	2010	2015		2052			2105			2151				2214	2251	
Carlisle (CAR) 8 d	2003	2011	2017		2053			2107			2153				2216	2253	
Lockerbie (LOC) d		2030	2036												2235		
Haymarket (HYM)  a			2133s					2221									
Edinburgh (EDB)  10 a			2138					2226									
Motherwell (MTH) a	2100s	2115									2251s				2327		
Glasgow Central (GLC) 15 a	2118	2133			2205						2308				2347	0005	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- F To Leeds, see table 035

## Manchester, Liverpool, London, Birmingham and Preston to Lancaster, Carnforth, Barrow-in-Furness, Windermere, Carlisle, Edinburgh and Glasgow

### Sundays

Operator	VT	VT
Train ID	1P05	1P06
1st Class/Reservations/Bus/Ferry	111	111
Catering facilities	☒	☒
London Euston (EUS)  15 d	2028	2053
Watford Junction (WFJ) d		
Milton Keynes Central (MKC) d		2139
Rugby (RUG) d		2203
Coventry (COV) d		
Birmingham International (BHI) d		
Birmingham New Street (BHM)  12 d		
Sandwell & Dudley (SAD) d		
Wolverhampton (WVH)  7 d		
Stafford (STA) d		
Crewe (CRE) 10 d	2203	2250
Warrington Bank Quay (WBQ) d	2221	2308
Manchester Airport (MIA)  ← d		
Heald Green (HDG) d		
East Didsbury (EDY) d		
Manchester Piccadilly (MAN)  10 d		
Manchester Oxford Road (MCO) d		
Manchester Victoria (MCV)  d		
Bolton (BON) d		
Liverpool Lime Street (LIV) 10 d		
St Helens Central (SNH) d		
Wigan North Western (WGN) a	2230	2318
Wigan North Western (WGN) d	2232	2319
Preston (PRE) 8 a	2245	2335
Preston (PRE) 8 d		
Lancaster (LAN) 6 a		
Lancaster (LAN) 6 d		
Carnforth (CNF) d		
Silverdale (SVR) d		
Arnside (ARN) d		
Grange-over-Sands (GOS) d		
Kents Bank (KBK) d		
Cark & Cartmel (CAK) d		
Ulverston (ULV) d		
Dalton (DLT) d		
Roose (ROO) d		
Barrow-in-Furness (BIF) a		
Millom (MLM) a		
Whitehaven (WTH) a		
Workington (WKG) a		
Oxenholme Lake District (OXN) a		
Oxenholme Lake District (OXN) d		
Kendal (KEN) d		
Burneside (BUD) d		
Staveley (SVL) d		
Windermere (WDM) a		
Penrith North Lakes (PNR) d		
Carlisle (CAR) 8 a		
Carlisle (CAR) 8 d		
Lockerbie (LOC) d		
Haymarket (HYM)  a		
Edinburgh (EDB)  10 a		
Motherwell (MTH) a		
Glasgow Central (GLC) 15 a		

**NOTES** (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time  
d Departure time



## Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

### Mondays to Fridays

Operator	VT	VT	NT	TP	NT	VT	TP	NT	VT	NT	NT	TP	TP	VT	NT	VT	NT	TP
Train ID	1R08	1R14	1Y90	1M69	2H29	1R22	1M71	1Y91	9A31	2C30	2C01	1M80	1M80	1M06	1Y92	9M48	2C34	1M81
Days of operation/Notes	A				B							MO	MX					
1st Class/Reservations/Bus/Ferry	1R	1R		1R		1R	1R		1R			1R	1R	1R		1R		1R
Catering facilities	☒	☒		1R		☒	☒		☒			☒	☒	☒		☒		☒
Glasgow Central (GLC)	15 d					0428						0422	0452	0533		0548		
Motherwell (MTH)	d													0548u		0604		
Edinburgh (EDB)	10 d																	0612
Haymarket (HYM)	d																	0616u
Lockerbie (LOC)	d											0550c	0608f					0711
Carlisle (CAR)	8 a					0541						0614	0629	0645		0659		0733
Carlisle (CAR)	8 d					0543						0622	0630	0647		0703		0734
Penrith North Lakes (PNR)	d					0559						0645e	0645	0702		0719		0749
Windermere (WDM)	d										0642							
Staveley (SVL)	d										0647							
Burneside (BUD)	d										0652							
Kendal (KEN)	d										0656							
Oxenholme Lake District (OXN)	a					0621					0701	0708	0708	0725		0741		0812
Oxenholme Lake District (OXN)	d					0623						0709	0709	0726		0743		0813
Workington (WKG)	d																	
Whitehaven (WTH)	d																	
Millom (MLM)	d																	
Barrow-in-Furness (BIF)	d		0458					0550		0612					0650		0712	
Roose (ROO)	d							0554		0616					0654		0716	
Dalton (DLT)	d		0507					0601		0623					0700		0722	
Ulverston (ULV)	d		0516					0609		0631					0709		0730	
Cark & Cartmel (CAK)	d							0616		0639					0716		0738	
Kents Bank (KBK)	d							0620		0643					0720			
Grange-over-Sands (GOS)	d		0528					0624		0647					0724		0744	
Arnsdale (ARN)	d		0534					0630		0653					0729		0750	
Silverdale (SVR)	d							0634		0658					0734		0755	
Carnforth (CNF)	d		0543		0622			0643		0706					0743		0802	
Lancaster (LAN)	6 a		0550		0631	0636		0652		0716		0723	0723	0740	0750	0756	0812	0827
Lancaster (LAN)	6 d	0513		0550	0628		0638	0643	0652	0700		0724	0724	0741	0751	0758	0815	0831
Preston (PRE)	8 a	0530		0608	0645		0655	0702	0710	0716		0742	0742	0758	0809	0815		0848
Preston (PRE)	8 d	0533	0600	0610	0647		0659	0703	0712	0718		0749	0749	0801	0810	0818		0850
Wigan North Western (WGN)	a	0544	0611				0711	0716		0729				0813		0829		
Wigan North Western (WGN)	d	0546	0612				0712	0717		0731				0814		0831		
St Helens Central (SNH)	a							0731										
Liverpool Lime Street (LIV)	10 a							0757										
Bolton (BON)	a		0634						0737						0836			
Manchester Victoria (MCV)	a																	
Manchester Oxford Road (MCO)	a		0654	0722				0754				0823	0823		0854			0922
Manchester Piccadilly (MAN)	10 a		0658	0726				0758				0827	0827		0858			0926
East Didsbury (EDY)	a																	
Heald Green (HDG)	a																	
Manchester Airport (MIA)	10 a		0715	0745				0815				0844	0844		0915			0944
Warrington Bank Quay (WBQ)	a	0555	0622			0722			0740					0824		0841		
Crewe (CRE)	10 a		0646						0800							0900		
Stafford (STA)	a		0713						0822							0922		
Wolverhampton (WVH)	7 a								0838							0938		
Sandwell & Dudley (SAD)	a								0855							0955		
Birmingham New Street (BHM)	12 a								0906							1006		
Birmingham International (BHI)	a								0930							1026		
Coventry (COV)	a								0944							1038		
Rugby (RUG)	a								0955									
Milton Keynes Central (MKC)	a	0725							1015									
Watford Junction (WFJ)	a								1038s									
London Euston (EUS)	15 a	0800	0835			0914			1054					1012		1138		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- c Arrives 11 minutes earlier
- e Arrives 9 minutes earlier
- f Arrives 16 minutes earlier

- A Also calls at Lichfield Trent Valley 0640 and Tamworth 0647
- B From Skipton, see table 035

- MO Mondays only
- MX Not Mondays

Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

**Mondays to Fridays**

Operator	NT	VT	NT	VT	NT	VT	NT	TP	VT	NT	TP	TP	NT	VT	NT	VT	NT	TP
Train ID	2C03	1M07	1Y93	9M50	2C05	1M08	1Y94	1M73	9M51	2H01	1M73	1M83	1Y80	1M09	1Y80	9M52	2C42	1M84
Days of operation/Notes										D							C	
1st Class/Reservations/Bus/Ferry																		
Catering facilities																		
Glasgow Central (GLC)	15 d	0630				0736		0745	0800					0838				0906
Motherwell (MTH)	d	0645				0752												0925
Edinburgh (EDB)	10 d			0652								0812				0852		
Haymarket (HYM)	d			0657								0816u				0858		
Lockerbie (LOC)	d	0726						0900			0900	0910						1010
Carlisle (CAR)	8 a	0745		0806		0847			0907		0921	0930		0947		1005		1032
Carlisle (CAR)	8 d	0746		0807		0849			0910		0925	0932		0948		1006		1035
Penrith North Lakes (PNR)	d	0802		0823							0940	0947		1003				1050
Windermere (WDM)	d	0756				0852							0955					
Staveley (SVL)	d	0801											1000					
Burneside (BUD)	d	0806											1005					
Kendal (KEN)	d	0810				0903							1009					
Oxenholme Lake District (OXN)	a	0815	0824			0908	0923				1003	1010	1014			1041		1113
Oxenholme Lake District (OXN)	d		0826				0925				1004	1011	1016			1042		1114
Workington (WKG)	d																	0806
Whitehaven (WTH)	d																	0825
Millom (MLM)	d																	0914
Barrow-in-Furness (BIF)	d			0748			0848											0958
Roose (ROO)	d			0752			0852											1002
Dalton (DLT)	d			0759			0859											1008
Ulverston (ULV)	d			0807			0907											1017
Cark & Cartmel (CAK)	d			0814			0914											1024
Kents Bank (KBK)	d			0818			0918											1028
Grange-over-Sands (GOS)	d			0822			0922											1032
Arnsdale (ARN)	d			0828			0928											1039
Silverdale (SVR)	d			0832			0932											1043
Carnforth (CNF)	d			0839			0940		0957									1055j
Lancaster (LAN)	6 a	0839	0846	0857		0938	0948		0956	1006	1021	1025	1033	1037		1056	1105	1130
Lancaster (LAN)	6 d	0841	0848	0859		0940	0950		0958		1022	1026	1050	1039	1050	1057		1131
Preston (PRE)	8 a	0859	0906	0916		0957	1008		1015		1040	1044		1056	1108	1114		1149
Preston (PRE)	8 d	0901	0909	0918		1001	1010		1018			1047		1100	1110	1118		1150
Wigan North Western (WGN)	a	0913		0929		1013			1029					1112		1129		
Wigan North Western (WGN)	d	0914		0931		1014			1031					1113		1131		
St Helens Central (SNH)	a																	
Liverpool Lime Street (LIV)	10 a																	
Bolton (BON)	a			0934			1034					1106s			1134			1207s
Manchester Victoria (MCV)	a																	
Manchester Oxford Road (MCO)	a			0954			1054					1122			1154			1222
Manchester Piccadilly (MAN)	10 a			0958			1058					1126			1158			1226
East Didsbury (EDY)	a																	
Heald Green (HDG)	a																	
Manchester Airport (MIA)	a			1015			1115					1144			1215			1244
Warrington Bank Quay (WBQ)	a			0924			1024							1123		1141		
Crewe (CRE)	10 a															1200		
Stafford (STA)	a															1222		
Wolverhampton (WVH)	7 a															1239		
Sandwell & Dudley (SAD)	a															1255		
Birmingham New Street (BHM)	12 a															1306		
Birmingham International (BHI)	a															1331		
Coventry (COV)	a															1344		
Rugby (RUG)	a															1355		
Milton Keynes Central (MKC)	a															1415		
Watford Junction (WFJ)	a															1438s		
London Euston (EUS)	15 a			1112			1213							1312		1454		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- j Arrives 5 minutes earlier

- C From Carlisle, see table 107
- D From Leeds to Morecambe, see table 035

Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

**Mondays to Fridays**

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	NT 2C07	VT 1M10	NT 1Y95	NT 2H06 D	VT 9A53	NT 2C09	TP 1M85	VT 1M11	NT 1Y96	VT 9M54	VT 1M12	NT 1Y81	NT 2C48 C	TP	VT 9M55	NT 2H16 D	TP 1M75	TP 1M87
Glasgow Central (GLC)	15 d	0936						1038			1136				1156		1204	
Motherwell (MTH)	d	0952u									1151u				1213u		1221	
Edinburgh (EDB)	10 d						1012			1052								1212
Haymarket (HYM)	d						1016u			1058								1217u
Lockerbie (LOC)	d						1111							1210			1306	1311
Carlisle (CAR)	8 a	1048					1131	1146		1205	1248			1250	1310		1327	1332
Carlisle (CAR)	8 d	1050					1133	1148		1206	1249				1312		1328	1334
Penrith North Lakes (PNR)	d						1148			1222	1305						1343	1349
Windermere (WDM)	d	1057				1147						1307						
Staveley (SVL)	d	1102				1152						1312						
Burneside (BUD)	d	1107				1157						1317						
Kendal (KEN)	d	1111				1201						1321						
Oxenholme Lake District (OXN)	a	1116	1124			1206	1211	1222				1326					1406	1412
Oxenholme Lake District (OXN)	d		1126				1212	1224				1328					1407	1413
Workington (WKG)	d												1103					
Whitehaven (WTH)	d												1123					
Millom (MLM)	d												1216					
Barrow-in-Furness (BIF)	d		1049						1151						1250			
Roose (ROO)	d		1053						1155						1254			
Dalton (DLT)	d		1100						1202						1300			
Ulverston (ULV)	d		1108						1210						1308			
Cark & Cartmel (CAK)	d		1115						1217						1316			
Kents Bank (KBK)	d		1119						1221						1320			
Grange-over-Sands (GOS)	d		1123						1225						1324			
Arnsdale (ARN)	d		1129						1231						1330			
Silverdale (SVR)	d		1133						1235						1335			
Carnforth (CNF)	d		1140	1157					1243						1343	1402		
Lancaster (LAN)	6 a	1139	1147	1205			1226	1237	1250	1256	1339	1344	1353		1358	1410	1422	1427
Lancaster (LAN)	6 d	1141	1149				1227	1239	1251	1257	1340	1349			1359		1423	1428
Preston (PRE)	8 a	1158	1208				1245	1256	1309	1314	1357	1407			1416		1441	1445
Preston (PRE)	8 d	1201	1210	1218			1247	1301	1310	1318	1401	1410			1418		1453	1447
Wigan North Western (WGN)	a	1213		1229				1313		1329	1413				1430			
Wigan North Western (WGN)	d	1214		1231				1314		1331	1414				1431			
St Helens Central (SNH)	a																	
Liverpool Lime Street (LIV)	10 a																	
Bolton (BON)	a		1234				1306s		1334			1434						1506s
Manchester Victoria (MCV)	a																	
Manchester Oxford Road (MCO)	a		1254				1322		1354			1454						1522
Manchester Piccadilly (MAN)	10 a		1258				1326		1358			1458						1526
East Didsbury (EDY)	a																	
Heald Green (HDG)	a																	
Manchester Airport (MIA)	10 a		1315				1344		1415			1515						1544
Warrington Bank Quay (WBQ)	a	1224			1241			1324		1341	1424				1441			
Crewe (CRE)	10 a				1300					1400					1500			
Stafford (STA)	a				1322					1422					1522			
Wolverhampton (WVH)	7 a				1338					1438					1538			
Sandwell & Dudley (SAD)	a				1355					1455					1555			
Birmingham New Street (BHM)	12 a				1406					1506					1606			
Birmingham International (BHI)	a				1430					1531					1626			
Coventry (COV)	a				1444					1544					1638			
Rugby (RUG)	a				1455					1555								
Milton Keynes Central (MKC)	a				1515					1615								
Watford Junction (WFJ)	a				1538s					1638s								
London Euston (EUS)	15 a	1412			1554			1512		1654	1612				1738			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only

- C From Carlisle, see table 107
- D From Leeds to Morecambe, see table 035

Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

**Mondays to Fridays**

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	TP	NT	VT	NT	VT	TP	NT	VT	NT	VT	TP	NT	VT	NT	VT	TP	NT	VT	TP	
	1M75	2C11	1M13	1Y97	9M56	1M88	2C13	1M14	1U01	9A84	2H17 D	1M89	1Y82	1M15	1Y82	2C54 C	9M86	1M90	1M90	
Glasgow Central (GLC)	15 d		1240			1309		1335								1434				1508
Motherwell (MTH)	d					1325		1350u								1450u				1524
Edinburgh (EDB)	10 d				1252							1412								1452
Haymarket (HYM)	d				1258							1416u								1457
Lockerbie (LOC)	d					1409						1512								1609
Carlisle (CAR)	8 a		1347		1404	1430		1446				1533		1545						1606
Carlisle (CAR)	8 d		1349		1407	1434		1449				1535		1547						1607
Penrith North Lakes (PNR)	d				1422	1449						1550								1623
Windermere (WDM)	d		1358				1459						1600							
Staveley (SVL)	d		1403				1504						1605							
Burneside (BUD)	d		1408				1509						1610							
Kendal (KEN)	d		1412				1513						1614							
Oxenholme Lake District (OXN)	a		1417	1423		1512	1518	1523				1613	1619	1621	←					1711
Oxenholme Lake District (OXN)	d			1425		1513		1525				1614	1627	1624	1627					1712
Workington (WKG)	d												→							1357
Whitehaven (WTH)	d																			1416
Millom (MLM)	d																			1511
Barrow-in-Furness (BIF)	d			1352					1447											1550
Roose (ROO)	d			1356					1451											1554
Dalton (DLT)	d			1403					1458											1600
Ulverston (ULV)	d			1411					1506											1608
Cark & Cartmel (CAK)	d			1418					1513											1616
Kents Bank (KBK)	d			1422					1517											1620
Grange-over-Sands (GOS)	d			1426					1521											1624
Arnsdale (ARN)	d			1432					1527											1630
Silverdale (SVR)	d			1436					1531											1635
Carnforth (CNF)	d			1443					1539		1603									1643
Lancaster (LAN)	6 a		1438	1451	1456	1527		1538	1546		1611	1628		1637	1643	1653	1657		1726	
Lancaster (LAN)	6 d		1440	1452	1458	1528		1540	1547			1629		1639	1650					1659
Preston (PRE)	8 a	←	1457	1510	1515	1545		1557	1605			1646		1656	1708					1716
Preston (PRE)	8 d	1453	1501	1511	1518	1547		1601	1607	1618		1648		1701	1710					1718
Wigan North Western (WGN)	a	1504	1513		1529			1613	1629					1712						1730
Wigan North Western (WGN)	d	1505	1514		1531			1614		1631				1714						1731
St Helens Central (SNH)	a	1520																		
Liverpool Lime Street (LIV)	10 a	1546																		
Bolton (BON)	a			1534		1606s									1734					
Manchester Victoria (MCV)	a																			
Manchester Oxford Road (MCO)	a			1554		1622			1654			1722			1754					
Manchester Piccadilly (MAN)	10 a			1558		1626			1658			1726			1758					
East Didsbury (EDY)	a																			
Heald Green (HDG)	a																			
Manchester Airport (MIA)	← a			1615		1644			1715			1744			1815					
Warrington Bank Quay (WBQ)	a		1524		1541			1624		1641				1723						1741
Crewe (CRE)	10 a				1600					1700										1800
Stafford (STA)	a				1622					1722										1823
Wolverhampton (WVH)	7 a				1638					1738										1838
Sandwell & Dudley (SAD)	a				1655					1755										1855
Birmingham New Street (BHM)	12 a				1706					1806										1906
Birmingham International (BHI)	a				1731					1830										1930
Coventry (COV)	a				1744					1844										1944
Rugby (RUG)	a				1755					1855										1955
Milton Keynes Central (MKC)	a				1815					1915										2015
Watford Junction (WFJ)	a				1838s					1938s										2038s
London Euston (EUS)	← 15 a		1712		1854			1813		1954				1912						2054

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
  
- C From Carlisle, see table 107
- D From Leeds to Morecambe, see table 035

## Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

### Mondays to Fridays

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	VT	NT	NT	NT	VT	TP	NT	VT	VT	NT	NT	TP	NT	VT	NT	NT	NT	TP	
	1M16	1Y99	2C30 C	2C15	9M59	1M91	2C17	1M17	9M60	2C34	2H21 D	1M92	1Y83	1M18	1Y83	1P90	2C19	1M93	
Glasgow Central (GLC)	15 d	1538			1557			1640				1707		1730					
Motherwell (MTH)	d				1614u			1655				1725							
Edinburgh (EDB)	10 d					1612			1652										1812
Haymarket (HYM)	d					1617u			1657										1816u
Lockerbie (LOC)	d					1711						1810		1825					1911
Carlisle (CAR)	8 a	1646			1709	1731		1750	1806			1831		1843					1932
Carlisle (CAR)	8 d	1648			1711	1733		1751	1808			1834		1847					1934
Penrith North Lakes (PNR)	d	1703				1748		1807				1849		1902					1949
Windermere (WDM)	d				1708			1805					1856						1948
Staveley (SVL)	d				1713			1810					1901						1953
Burneside (BUD)	d				1718			1815					1906						1958
Kendal (KEN)	d				1722			1819					1910						2002
Oxenholme Lake District (OXN)	a				1727	1746	1811	1824	1829	1842		1912	1915	1925					2007
Oxenholme Lake District (OXN)	d				1747	1812		1831	1844			1913	1917	1926					2012
Workington (WKG)	d			1530															
Whitehaven (WTH)	d			1550															
Millom (MLM)	d			1642															
Barrow-in-Furness (BIF)	d		1651	1719							1802								1856
Roose (ROO)	d		1655	1723							1806								1900
Dalton (DLT)	d		1702	1729							1812								1907
Ulverston (ULV)	d		1710	1737							1821								1915
Cark & Cartmel (CAK)	d		1717	1745							1828								1922
Kents Bank (KBK)	d		1721								1832								1927
Grange-over-Sands (GOS)	d		1725	1752							1836								1931
Arnsdale (ARN)	d		1731	1758							1842								1936
Silverdale (SVR)	d		1735	1803							1847								1941
Carnforth (CNF)	d		1743	1810							1854	1915							1952g
Lancaster (LAN)	6 a	1737	1750	1820			1826	1844	1857	1905	1924	1928	1934	1940					1959
Lancaster (LAN)	6 d	1739	1750				1827	1846	1859			1929	1935	1941					2000
Preston (PRE)	8 a	1756	1808			1816	1846	1903	1916			1946	1953	1958					2019
Preston (PRE)	8 d	1801	1810			1818	1847	1906	1918			1948	2010	2001	2010				2047
Wigan North Western (WGN)	a	1813				1830		1918	1929				2013						
Wigan North Western (WGN)	d	1814				1831		1919	1931				2014						
St Helens Central (SNH)	a																		
Liverpool Lime Street (LIV)	10 a																		
Bolton (BON)	a		1834				1906s					2006s			2034				2106s
Manchester Victoria (MCV)	a																		
Manchester Oxford Road (MCO)	a		1854				1922					2022			2054				2122
Manchester Piccadilly (MAN)	10 a		1858				1926					2026			2058				2126
East Didsbury (EDY)	a																		
Heald Green (HDG)	a																		
Manchester Airport (MIA)	10 a		1915				1944					2045			2115				2146
Warrington Bank Quay (WBQ)	a	1824				1841		1929	1941					2024					
Crewe (CRE)	10 a					1900			2000					2044					
Stafford (STA)	a					1922			2022										
Wolverhampton (WVH)	7 a					1941			2041										
Sandwell & Dudley (SAD)	a					1955			2055										
Birmingham New Street (BHM)	12 a					2006			2106										
Birmingham International (BHI)	a					2030			2120										
Coventry (COV)	a					2042			2132										
Rugby (RUG)	a					2054													
Milton Keynes Central (MKC)	a					2115		2045	2201					2131					
Watford Junction (WFJ)	a					2137s			2227s					2152					
London Euston (EUS)	15 a	2012				2153		2119	2245					2227					

**NOTES** (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- g Arrives 4 minutes earlier

- C From Carlisle, see table 107
- D From Leeds to Morecambe, see table 035

## Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

### Mondays to Fridays

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	VT	NT	VT	VT	NT	NT	TP	NT	VT	NT	TP	NT	
	1M19	1Y91	9M62 FX E	9M62 FO F	2H27 G	2C21	1M94	2C42	1M20	2C23	1M95	2C50 C	1N25
Glasgow Central (GLC)	15 d	1840							2006				
Motherwell (MTH)	d								2021				
Edinburgh (EDB)	10 d		1852	1852							2011		
Haymarket (HYM)	d		1857	1857							2016u		
Lockerbie (LOC)	d								2102		2110		
Carlisle (CAR)	8 a	1947	2005	2005					2121		2131		
Carlisle (CAR)	8 d	1949	2007	2007			2030		2125		2132		
Penrith North Lakes (PNR)	d						2045		2141		2147		
Windermere (WDM)	d					2042				2147			2247
Staveley (SVL)	d					2047				2152			2252
Burneside (BUD)	d					2052				2157			2257
Kendal (KEN)	d					2056				2201			2301
Oxenholme Lake District (OXN)	a	2023	2041	2041		2101	2108		2203	2206	2210		2306
Oxenholme Lake District (OXN)	d	2025	2043	2043			2109		2205		2211		2308
Workington (WKG)	d												1958
Whitehaven (WTH)	d												2017
Millom (MLM)	d												2109
Barrow-in-Furness (BIF)	d		1945						2045				2145
Roose (ROO)	d		1949						2049				2149
Dalton (DLT)	d		1955						2055				2155
Ulverston (ULV)	d		2004						2104				2204
Cark & Cartmel (CAK)	d		2011						2111				2211
Kents Bank (KBK)	d		2015						2115				2215
Grange-over-Sands (GOS)	d		2019						2119				2219
Arnsdale (ARN)	d		2024						2125				2226
Silverdale (SVR)	d		2028						2130				2230
Carnforth (CNF)	d		2043h		2106				2138				2238
Lancaster (LAN)	6 a	2038	2050	2056	2056	2115	2124	2148	2218		2225	2246	2324
Lancaster (LAN)	6 d	2040	2050	2058	2058		2125		2220		2226	2246	2326
Preston (PRE)	8 a	2057	2109	2115	2115		2144		2237		2244	2310	2345
Preston (PRE)	8 d	2059	2110	2118	2118		2146		2239		2246		
Wigan North Western (WGN)	a	2110		2129	2129				2251				
Wigan North Western (WGN)	d	2112		2131	2131				2252				
St Helens Central (SNH)	a												
Liverpool Lime Street (LIV)	10 a												
Bolton (BON)	a		2134										
Manchester Victoria (MCV)	a												
Manchester Oxford Road (MCO)	a		2154				2220				2320		
Manchester Piccadilly (MAN)	10 a		2158				2224				2325		
East Didsbury (EDY)	a												
Herald Green (HDG)	a												
Manchester Airport (MIA)	10 a		2215				2241				2343		
Warrington Bank Quay (WBQ)	a	2121		2140	2140				2302				
Crewe (CRE)	10 a			2200	2200				2327				
Stafford (STA)	a			2222	2222								
Wolverhampton (WVH)	7 a			2241	2241								
Sandwell & Dudley (SAD)	a			2255	2255								
Birmingham New Street (BHM)	12 a			2305	2305								
Birmingham International (BHI)	a			2320	2320								
Coventry (COV)	a			2332	2332								
Rugby (RUG)	a	2223		2343	2343								
Milton Keynes Central (MKC)	a	2246s		0026	0028								
Watford Junction (WFJ)	a	2318s		0056s	0058s								
London Euston (EUS)	15 a	2340		0117	0117								

**NOTES** (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- h Arrives 8 minutes earlier
- C From Carlisle, see table 107
- E Also calls at Northampton 0008
- F Also calls at Northampton 0010
- G From Leeds, see table 035
- FO Fridays only
- FX Not Fridays



## Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

## Saturdays

Operator	VT	NT	VT	TP	NT	VT	TP	NT	VT	NT	NT	TP	VT	NT	VT	NT	TP
Train ID	1A06	1Y90	9A47	1M69	2H29	1M19	1M71	1Y91	9A48	2C30	2C01	1M80	1M06	1Y92	9M48	2C34	1M81
Days of operation/Notes	A		1R	1R	B	1R	1R		1R			1R	1R		1R		1R
1st Class/Reservations/Bus/Ferry	1R		1R	1R		1R	1R		1R			1R	1R		1R		1R
Catering facilities	☒		☒	☒		☒	☒		☒			☒	☒		☒		☒
Glasgow Central (GLC)	15 d					0426						0452	0533		0548		
Motherwell (MTH)	d												0548u		0604		
Edinburgh (EDB)	10 d																0613
Haymarket (HYM)	d																0617u
Lockerbie (LOC)	d											0554					0712
Carlisle (CAR)	8 a					0543						0616	0645		0700		0733
Carlisle (CAR)	8 d					0545						0623	0647		0703		0734
Penrith North Lakes (PNR)	d					0600						0644c	0702		0719		0749
Windermere (WDM)	d										0642						
Staveley (SVL)	d										0647						
Burneside (BUD)	d										0652						
Kendal (KEN)	d										0656						
Oxenholme Lake District (OXN)	a					0623					0701	0707	0725		0741		0812
Oxenholme Lake District (OXN)	d					0624						0708	0726		0743		0813
Workington (WKG)	d																
Whitehaven (WTH)	d																
Millom (MLM)	d																
Barrow-in-Furness (BIF)	d		0458					0550		0612				0650		0712	
Roose (ROO)	d							0554		0616				0654		0716	
Dalton (DLT)	d		0507					0601		0623				0700		0722	
Ulverston (ULV)	d		0516					0609		0631				0709		0730	
Cark & Cartmel (CAK)	d							0616		0639				0716		0738	
Kents Bank (KBK)	d							0620		0643				0720			
Grange-over-Sands (GOS)	d		0528					0624		0647				0724		0744	
Arnsdale (ARN)	d		0534					0630		0653				0729		0750	
Silverdale (SVR)	d							0634		0658				0734		0755	
Carnforth (CNF)	d		0543		0621			0642		0706				0743		0802	
Lancaster (LAN)	6 a		0550		0630	0638		0649		0716				0722	0740	0750	0756
Lancaster (LAN)	6 d	0513	0550		0628		0640	0645	0649	0658				0723	0741	0751	0758
Preston (PRE)	8 a	0530	0608		0645		0657	0703	0707	0715				0740	0758	0809	0815
Preston (PRE)	8 d	0533	0610	0618	0647		0700	0705	0711	0718				0747	0801	0810	0818
Wigan North Western (WGN)	a	0544		0629			0712	0717		0729				0813		0829	
Wigan North Western (WGN)	d	0546		0631			0713	0718		0731				0814		0831	
St Helens Central (SNH)	a							0732									
Liverpool Lime Street (LIV)	10 a							0757									
Bolton (BON)	a		0634						0737						0836		
Manchester Victoria (MCV)	a																
Manchester Oxford Road (MCO)	a		0654		0725				0754				0823		0854		0922
Manchester Piccadilly (MAN)	10 a		0658		0729				0758				0827		0858		0926
East Didsbury (EDY)	a																
Heald Green (HDG)	a																
Manchester Airport (MIA)	10 a		0715		0745				0815				0844		0915		0944
Warrington Bank Quay (WBQ)	a	0555		0640			0723			0741				0824		0841	
Crewe (CRE)	10 a			0700						0800						0900	
Stafford (STA)	a			0722						0822						0922	
Wolverhampton (WVH)	7 a			0738						0838						0938	
Sandwell & Dudley (SAD)	a			0750						0855						0955	
Birmingham New Street (BHM)	12 a			0804						0906						1006	
Birmingham International (BHI)	a			0826						0926						1026	
Coventry (COV)	a			0838						0938						1038	
Rugby (RUG)	a																
Milton Keynes Central (MKC)	a	0725															
Watford Junction (WFJ)	a																
London Euston (EUS)	15 a	0800		0938			0912			1038				1012		1138	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- u Stops to pick up only
- c Arrives 7 minutes earlier
- A Also calls at Lichfield Trent Valley 0640 and Tamworth 0647
- B From Skipton, see table 035

## Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

## Saturdays

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	NT 2C03	VT 1M07	NT 1Y93	VT 9M50	NT 2C05	VT 1M08	NT 1Y94	VT 9M51	NT 2H01 D	TP 1M83	TP 1M73	VT 1M09	NT 1Y80	VT 9M52	NT 2C42 C	TP 1M84	NT 2C07
Glasgow Central (GLC)	15 d	0630				0735		0800				0810	0838				0909
Motherwell (MTH)	d	0645				0753						0826					0924
Edinburgh (EDB)	10 d			0652						0812				0852			
Haymarket (HYM)	d			0657						0816u				0858			
Lockerbie (LOC)	d		0726							0911	0916						1010
Carlisle (CAR)	8 a		0745	0803		0848		0908		0931	0936	0947		1005			1032
Carlisle (CAR)	8 d		0747	0804		0850		0910		0933	0938	0949		1006			1033
Penrith North Lakes (PNR)	d		0802	0819						0948	0953	1004					1048
Windermere (WDM)	d	0756			0852								1008				1057
Staveley (SVL)	d	0801											1013				1102
Burneside (BUD)	d	0806											1018				1107
Kendal (KEN)	d	0810			0903								1022				1111
Oxenholme Lake District (OXN)	a	0815	0825	0842	0908	0924				1011	1016		1027	1041		1111	1116
Oxenholme Lake District (OXN)	d		0826	0843		0926				1012	1017		1029	1042		1112	
Workington (WKG)	d															0806	
Whitehaven (WTH)	d															0825	
Millom (MLM)	d															0914	
Barrow-in-Furness (BIF)	d			0748			0848										0958
Roose (ROO)	d			0752			0852										1002
Dalton (DLT)	d			0759			0859										1008
Ulverston (ULV)	d			0807			0907										1017
Cark & Cartmel (CAK)	d			0814			0914										1024
Kents Bank (KBK)	d			0818			0918										1028
Grange-over-Sands (GOS)	d			0822			0922										1032
Arnsdale (ARN)	d			0828			0928										1039
Silverdale (SVR)	d			0832			0932										1043
Carnforth (CNF)	d			0839			0940		0957								1055f
Lancaster (LAN)	6 a		0840	0846	0857	0939	0948	0956	1006	1026	1031	1038	1047	1056	1105	1129	
Lancaster (LAN)	6 d		0841	0848	0858	0941	0950	0958		1027	1032	1039	1047	1057		1130	
Preston (PRE)	8 a		0858	0906	0915	0959	1008	1015		1045	1051	1056	1105	1115		1148	
Preston (PRE)	8 d		0901	0910	0918	1001	1010	1018		1047		1101	1110	1118		1149	
Wigan North Western (WGN)	a		0913	0929		1013		1029				1113		1130			
Wigan North Western (WGN)	d		0914	0931		1014		1031				1114		1131			
St Helens Central (SNH)	a																
Liverpool Lime Street (LIV)	10 a																
Bolton (BON)	a			0934			1034			1106s			1134			1206s	
Manchester Victoria (MCV)	a																
Manchester Oxford Road (MCO)	a			0954			1054			1122			1154			1222	
Manchester Piccadilly (MAN)	10 a			0958			1058			1126			1158			1226	
East Didsbury (EDY)	a																
Heald Green (HDG)	a																
Manchester Airport (MIA)	10 a			1015			1115			1144			1215			1244	
Warrington Bank Quay (WBQ)	a		0924	0941		1024		1041				1124		1141			
Crewe (CRE)	10 a			1000				1100						1200			
Stafford (STA)	a			1022				1122						1222			
Wolverhampton (WVH)	7 a			1038				1139						1241			
Sandwell & Dudley (SAD)	a			1055				1155						1255			
Birmingham New Street (BHM)	12 a			1106				1206						1306			
Birmingham International (BHI)	a			1131				1231						1331			
Coventry (COV)	a			1144				1244						1344			
Rugby (RUG)	a			1155				1255						1355			
Milton Keynes Central (MKC)	a			1215				1315						1415			
Watford Junction (WFJ)	a			1238s				1338s						1438s			
London Euston (EUS)	15 a		1112	1254		1212		1354				1312		1454			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- f Arrives 5 minutes earlier
- C From Carlisle, see table 107
- D From Leeds to Morecambe, see table 035

## Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

## Saturdays

Operator	VT	NT	VT	NT	NT	TP	VT	NT	VT	VT	NT	NT	TP	VT	NT	TP	TP
Train ID	1M10	1Y95	9A53	2H06 D	2C09	1M85	1M11	1Y96	9M54	1M12	1Y81	2C48 C	TP	9M55	2H16 D	1M75	1M87
Days of operation/Notes	1R		1R			1R	1R		1R	1R		C		1R		1R	1R
1st Class/Reservations/Bus/Ferry	1R		1R			1R	1R		1R	1R		C		1R		1R	1R
Catering facilities	☒		☒			☒	☒		☒	☒		C		☒		☒	☒
Glasgow Central (GLC)	15 d	0937					1040			1136				1156		1208	
Motherwell (MTH)	d	0952u								1151u				1213u			
Edinburgh (EDB)	10 d					1012			1052								1211
Haymarket (HYM)	d					1016u			1058								1216u
Lockerbie (LOC)	d					1110							1210			1306	1311
Carlisle (CAR)	8 a	1048				1131	1147		1204	1247			1250	1309		1327	1332
Carlisle (CAR)	8 d	1050				1133	1149		1205	1249				1311		1328	1334
Penrith North Lakes (PNR)	d					1148			1221	1305						1343	1349
Windermere (WDM)	d				1147									1307			
Staveley (SVL)	d				1152									1312			
Burneside (BUD)	d				1157									1317			
Kendal (KEN)	d				1201									1321			
Oxenholme Lake District (OXN)	a	1124			1206	1211	1223							1326		1406	1412
Oxenholme Lake District (OXN)	d	1126				1212	1225							1328		1407	1413
Workington (WKG)	d												1103				
Whitehaven (WTH)	d												1123				
Millom (MLM)	d												1216				
Barrow-in-Furness (BIF)	d		1049											1250			
Roose (ROO)	d		1053											1254			
Dalton (DLT)	d		1100											1300			
Ulverston (ULV)	d		1108											1308			
Cark & Cartmel (CAK)	d		1115											1316			
Kents Bank (KBK)	d		1119											1320			
Grange-over-Sands (GOS)	d		1123											1324			
Arnsdale (ARN)	d		1129											1330			
Silverdale (SVR)	d		1133											1335			
Carnforth (CNF)	d		1140		1201									1343		1403	
Lancaster (LAN)	6 a	1139	1147		1211									1353		1411	1421
Lancaster (LAN)	6 d	1141	1149			1227	1240	1251	1256	1340	1349			1359		1422	1428
Preston (PRE)	8 a	1158	1208			1245	1257	1309	1313	1357	1407			1416		1442	1446
Preston (PRE)	8 d	1201	1210	1218		1246	1301	1310	1318	1401	1410			1418		1453	1448
Wigan North Western (WGN)	a	1213		1229										1430			
Wigan North Western (WGN)	d	1214		1231										1431			
St Helens Central (SNH)	a																
Liverpool Lime Street (LIV)	10 a																
Bolton (BON)	a		1234														1506s
Manchester Victoria (MCV)	a																
Manchester Oxford Road (MCO)	a		1254			1322		1354			1454						1522
Manchester Piccadilly (MAN)	10 a		1258			1326		1358			1458						1526
East Didsbury (EDY)	a																
Heald Green (HDG)	a																
Manchester Airport (MIA)	10 a		1315			1344		1415			1515						1544
Warrington Bank Quay (WBQ)	a	1224		1241													
Crewe (CRE)	10 a			1300													1500
Stafford (STA)	a			1322													1522
Wolverhampton (WVH)	7 a			1339													1539
Sandwell & Dudley (SAD)	a			1355													1555
Birmingham New Street (BHM)	12 a			1406													1606
Birmingham International (BHI)	a			1431													1631
Coventry (COV)	a			1444													1644
Rugby (RUG)	a			1455													1655
Milton Keynes Central (MKC)	a			1515													1715
Watford Junction (WFJ)	a			1538s													1738s
London Euston (EUS)	15 a	1412		1554				1512									1754

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- C From Carlisle, see table 107
- D From Leeds to Morecambe, see table 035

## Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

### Saturdays

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	TP	NT	VT	NT	VT	TP	NT	VT	NT	VT	NT	TP	NT	VT	NT	VT	NT	VT
	1M75	2C11	1M13	1Y97	9M56	1M88	2C13	1M14	1Y98	9A84	2H17 D	1M89	1Y82	1M15	1Y82	2C54 C	9M47	
Glasgow Central (GLC)	15 d		1240			1309		1335								1434		
Motherwell (MTH)	d					1325		1352u								1450u		
Edinburgh (EDB)	10 d				1252							1408						1452
Haymarket (HYM)	d				1257							1413u						1457
Lockerbie (LOC)	d					1409						1509						
Carlisle (CAR)	8 a		1347		1404	1431		1448				1529		1545				1603
Carlisle (CAR)	8 d		1349		1406	1433		1449				1534		1547				1604
Penrith North Lakes (PNR)	d				1422	1448						1549						1620
Windermere (WDM)	d		1358				1459						1600					
Staveley (SVL)	d		1403				1504						1605					
Burneside (BUD)	d		1408				1509						1610					
Kendal (KEN)	d		1412				1513						1614					
Oxenholme Lake District (OXN)	a		1417	1423		1511	1518	1524				1612	1619	1621	←			1642
Oxenholme Lake District (OXN)	d			1425		1512		1525				1613	1627	1624	1627			1644
Workington (WKG)	d												→					1357
Whitehaven (WTH)	d																	1416
Millom (MLM)	d																	1511
Barrow-in-Furness (BIF)	d				1352				1447									1550
Roose (ROO)	d				1356				1451									1554
Dalton (DLT)	d				1403				1458									1600
Ulverston (ULV)	d				1411				1506									1608
Cark & Cartmel (CAK)	d				1418				1513									1616
Kents Bank (KBK)	d				1422				1517									1620
Grange-over-Sands (GOS)	d				1426				1521									1624
Arnsdale (ARN)	d				1432				1527									1630
Silverdale (SVR)	d				1436				1531									1635
Carnforth (CNF)	d				1444				1538		1603							1643
Lancaster (LAN)	6 a		1438	1451	1456	1527		1539	1545		1611	1627		1637	1643	1653	1657	
Lancaster (LAN)	6 d		1440	1452	1457	1528		1540	1550			1628		1639	1649			1659
Preston (PRE)	8 a	←	1457	1510	1515	1546		1557	1608			1646		1657	1708			1716
Preston (PRE)	8 d	1453	1501	1511	1518	1548		1601	1610	1618		1648		1701	1710			1718
Wigan North Western (WGN)	a	1504	1513	1529				1613	1629					1713				1729
Wigan North Western (WGN)	d	1505	1514	1531				1614	1631					1714				1731
St Helens Central (SNH)	a	1520																
Liverpool Lime Street (LIV)	10 a	1546																
Bolton (BON)	a			1534		1606s			1634								1734	
Manchester Victoria (MCV)	a																	
Manchester Oxford Road (MCO)	a			1554		1622			1654			1722			1754			
Manchester Piccadilly (MAN)	10 a			1558		1626			1658			1726			1758			
East Didsbury (EDY)	a																	
Heald Green (HDG)	a																	
Manchester Airport (MIA)	← a			1615		1644			1715			1744			1815			
Warrington Bank Quay (WBQ)	a		1524		1541			1624		1641				1724				1741
Crewe (CRE)	10 a				1600					1700								1800
Stafford (STA)	a				1622					1722								1822
Wolverhampton (WVH)	7 a				1639					1738								1839
Sandwell & Dudley (SAD)	a				1655					1755								1855
Birmingham New Street (BHM)	12 a				1706					1806								1906
Birmingham International (BHI)	a				1730					1826								1930
Coventry (COV)	a				1744					1838								1943
Rugby (RUG)	a				1755													1954
Milton Keynes Central (MKC)	a				1815													2017
Watford Junction (WFJ)	a				1838s													2045s
London Euston (EUS)	← 15 a		1712		1854			1812		1936				1912				2110

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- C From Carlisle, see table 107
- D From Leeds to Morecambe, see table 035

Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

Saturdays

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	TP	VT	NT	NT	VT	NT	TP	NT	VT	VT	NT	NT	TP	NT	VT	NT	TP	NT	VT	NT	NT	
	1M90	1M16	1Y99	2C15	9M59	2C30 C	1M91	2C17	1M17	9M60	2C34	2H21 D	1M92	1Y83	1M18	1Y83	1M92	1Y83	1M18	1Y83	1P90	
Glasgow Central (GLC)	15 d	1508	1538			1557							1640				1709			1730		
Motherwell (MTH)	d	1524				1613u							1655				1725					
Edinburgh (EDB)	10 d							1611					1652									
Haymarket (HYM)	d							1615u					1657									
Lockerbie (LOC)	d	1610						1709									1810			1825		
Carlisle (CAR)	8 a	1630	1646			1708		1730		1751	1803						1831			1844		
Carlisle (CAR)	8 d	1633	1648			1710		1733		1752	1807						1833			1846		
Penrith North Lakes (PNR)	d	1648	1703					1748			1808						1848			1901		
Windermere (WDM)	d				1708				1805											1856		
Staveley (SVL)	d				1713				1810											1901		
Burneside (BUD)	d				1718				1815											1906		
Kendal (KEN)	d				1722				1819											1910		
Oxenholme Lake District (OXN)	a	1711			1727	1745		1811	1824	1830	1841						1911	1915	1924			
Oxenholme Lake District (OXN)	d	1712				1746		1812		1832	1843						1912	1917	1925			
Workington (WKG)	d						1530															
Whitehaven (WTH)	d						1550															
Millom (MLM)	d						1642															
Barrow-in-Furness (BIF)	d			1651			1719					1802										1903
Roose (ROO)	d			1655			1723					1806										1907
Dalton (DLT)	d			1702			1729					1812										1914
Ulverston (ULV)	d			1710			1737					1821										1922
Cark & Cartmel (CAK)	d			1717			1745					1828										1929
Kents Bank (KBK)	d			1721								1832										1934
Grange-over-Sands (GOS)	d			1725			1752					1836										1938
Arnsdale (ARN)	d			1731			1758					1842										1943
Silverdale (SVR)	d			1735			1803					1847										1948
Carnforth (CNF)	d			1743			1810					1854	1915									1955
Lancaster (LAN)	6 a	1726	1737	1750			1820	1826		1845	1856	1905	1924	1928	1934	1939						2002
Lancaster (LAN)	6 d	1727	1739	1750				1827		1847	1858			1929	1935	1940						2003
Preston (PRE)	8 a	1745	1756	1808		1815		1846		1904	1915			1946	1953	1957						2022
Preston (PRE)	8 d		1801	1810		1818		1847		1906	1918			1948	2010	2000	2010					
Wigan North Western (WGN)	a		1813			1829				1918	1929											
Wigan North Western (WGN)	d		1814			1831				1919	1931											
St Helens Central (SNH)	a																					
Liverpool Lime Street (LIV)	10 a																					
Bolton (BON)	a			1834				1906s						2006s								2034
Manchester Victoria (MCV)	a																					
Manchester Oxford Road (MCO)	a			1854				1922						2022								2054
Manchester Piccadilly (MAN)	10 a			1858				1926						2026								2058
East Didsbury (EDY)	a																					
Heald Green (HDG)	a																					
Manchester Airport (MIA)	10 a			1915				1944						2045								2115
Warrington Bank Quay (WBQ)	a		1824			1841				1929	1941											2022
Crewe (CRE)	10 a					1900					2000											2042
Stafford (STA)	a					1922					2022											2101
Wolverhampton (WVH)	7 a					1941					2041											
Sandwell & Dudley (SAD)	a					1955					2055											
Birmingham New Street (BHM)	12 a					2006					2105											
Birmingham International (BHI)	a					2030					2130											
Coventry (COV)	a					2043					2143											
Rugby (RUG)	a					2054					2154											2133
Milton Keynes Central (MKC)	a		1942			2117				2048	2218											2156
Watford Junction (WFJ)	a					2150s				2120s	2248s											2231s
London Euston (EUS)	15 a		2029			2214				2140	2310											2255

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- C From Carlisle, see table 107
- D From Leeds to Morecambe, see table 035

Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

Saturdays

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	NT 2C19	TP 1M93	VT 9M61	NT 1Y91	VT 9M62	NT 2P88 E	NT 2H27 F	NT 2C21 G	NT 2C21 H	NT 2C42 G	NT 2C42 H	NT 2C23 H	NT G 	NT 2P88 J	NT 1P91 H	NT 1P91 G	NT G 
Glasgow Central (GLC)	15 d		1840														
Motherwell (MTH)	d																
Edinburgh (EDB)	10 d	1811			1852												
Haymarket (HYM)	d	1815u			1857												
Lockerbie (LOC)	d	1910															
Carlisle (CAR)	8 a	1931	1947		2003												
Carlisle (CAR)	8 d	1934	1949		2004												
Penrith North Lakes (PNR)	d	1949	2004		2020												
Windermere (WDM)	d	1948						2042	2042			2140	2140				
Staveley (SVL)	d	1953						2047	2047			2145	2150				
Burneside (BUD)	d	1958						2052	2052			2150	2200				
Kendal (KEN)	d	2002						2056	2056			2154	2210				
Oxenholme Lake District (OXN)	a	2007	2012	2027	2042			2101	2101			2159	2225				
Oxenholme Lake District (OXN)	d		2013	2028	2044			2103									
Workington (WKG)	d																
Whitehaven (WTH)	d																
Millom (MLM)	d																
Barrow-in-Furness (BIF)	d			1945						2042	2042				2146	2146	
Roose (ROO)	d			1949						2046	2046				2150	2150	
Dalton (DLT)	d			1955						2052	2052				2156	2156	
Ulverston (ULV)	d			2004						2101	2101				2204	2204	
Cark & Cartmel (CAK)	d			2011						2108	2108				2212	2212	
Kents Bank (KBK)	d			2015						2112	2112				2216	2216	
Grange-over-Sands (GOS)	d			2019						2116	2116				2220	2220	
Arnsdale (ARN)	d			2024						2122	2123				2226	2226	
Silverdale (SVR)	d			2028						2127	2127				2230	2230	
Carnforth (CNF)	d			2043e			2109			2134	2135				2238	2238	
Lancaster (LAN)	6 a		2027	2042	2050	2057	2117	2121		2143	2143				2246	2248	
Lancaster (LAN)	6 d	2028	2043	2050	2059	2106				2143				2231	2246		2255
Preston (PRE)	8 a	2045	2100	2109	2116	2128				2205				2253	2310		2335
Preston (PRE)	8 d	2047	2105	2110	2118												
Wigan North Western (WGN)	a			2116	2129												
Wigan North Western (WGN)	d			2118	2131												
St Helens Central (SNH)	a																
Liverpool Lime Street (LIV)	10 a																
Bolton (BON)	a	2106s		2134													
Manchester Victoria (MCV)	a																
Manchester Oxford Road (MCO)	a	2122		2154													
Manchester Piccadilly (MAN)	10 a	2126		2158													
East Didsbury (EDY)	a																
Heald Green (HDG)	a																
Manchester Airport (MIA)	a	2146		2215													
Warrington Bank Quay (WBQ)	a			2127	2141												
Crewe (CRE)	10 a			2148	2200												
Stafford (STA)	a			2208	2222												
Wolverhampton (WVH)	7 a			2223	2240												
Sandwell & Dudley (SAD)	a			2237	2255												
Birmingham New Street (BHM)	12 a			2248	2305												
Birmingham International (BHI)	a																
Coventry (COV)	a																
Rugby (RUG)	a																
Milton Keynes Central (MKC)	a																
Watford Junction (WFJ)	a																
London Euston (EUS)	15 a																











NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- e Arrives 8 minutes earlier
- E Runs until 17 June. From Morecambe, see table 106
- F From Leeds, see table 035
- G Runs until 17 June
- H Runs from 24 June
- J Runs from 24 June. From Morecambe, see table 106



## Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

### Saturdays

Operator	NT	NT
Train ID	1N25	
Days of operation/Notes	H	G
1st Class/Reservations/Bus/Ferry		
Glasgow Central (GLC)	<b>15</b> d	
Motherwell (MTH)	d	
Edinburgh (EDB)	 <b>10</b> d	
Haymarket (HYM)	 d	
Lockerbie (LOC)	d	
Carlisle (CAR)	<b>8</b> a	
Carlisle (CAR)	<b>8</b> d	
Penrith North Lakes (PNR)	d	
Windermere (WDM)	d	<b>2229 2225</b>
Staveley (SVL)	d	<b>2234 2235</b>
Burneside (BUD)	d	<b>2239 2245</b>
Kendal (KEN)	d	<b>2243 2255</b>
Oxenholme Lake District (OXN)	a	<b>2248 2310</b>
Oxenholme Lake District (OXN)	d	<b>2250 2310</b>
Workington (WKG)	d	
Whitehaven (WTH)	d	
Millom (MLM)	d	
Barrow-in-Furness (BIF)	d	
Roose (ROO)	d	
Dalton (DLT)	d	
Ulverston (ULV)	d	
Cark & Cartmel (CAK)	d	
Kents Bank (KBK)	d	
Grange-over-Sands (GOS)	d	
Arnside (ARN)	d	
Silverdale (SVR)	d	
Carnforth (CNF)	d	
Lancaster (LAN)	<b>6</b> a	<b>2305 2355</b>
Lancaster (LAN)	<b>6</b> d	<b>2305 2355</b>
Preston (PRE)	<b>8</b> a	<b>2324 0035</b>
Preston (PRE)	<b>8</b> d	
Wigan North Western (WGN)	a	
Wigan North Western (WGN)	d	
St Helens Central (SNH)	a	
Liverpool Lime Street (LIV)	<b>10</b> a	
Bolton (BON)	a	
Manchester Victoria (MCV)	 a	
Manchester Oxford Road (MCO)	a	
Manchester Piccadilly (MAN)	 <b>10</b> a	
East Didsbury (EDY)	a	
Heald Green (HDG)	a	
Manchester Airport (MIA)	  a	
Warrington Bank Quay (WBQ)	a	
Crewe (CRE)	<b>10</b> a	
Stafford (STA)	a	
Wolverhampton (WVH)	 <b>7</b> a	
Sandwell & Dudley (SAD)	a	
Birmingham New Street (BHM)	 <b>12</b> a	
Birmingham International (BHI)	a	
Coventry (COV)	a	
Rugby (RUG)	a	
Milton Keynes Central (MKC)	a	
Watford Junction (WFJ)	a	
London Euston (EUS)	 <b>15</b> a	

**NOTES** (see introductory pages for explanation of train operator codes and standard symbols)

- a** Arrival time
- d** Departure time
- G** Runs until 17 June
- H** Runs from 24 June

Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

Sundays

Operator	NT	VT	VT	NT	VT	NT	NT	NT	VT	NT	VT	NT	NT	TP	VT	NT	VT
Train ID	2C58	1A13	1A17	1Y33	9G51	2C30	2C30	2H54	1A21	1Y94	9A52	2C07	B	1M64	1M10	1Y95	9M53
Days of operation/Notes				A		A	B	F				A					
1st Class/Reservations/Bus/Ferry																	
Catering facilities																	
Glasgow Central (GLC)	15 d													0916	0934		0946
Motherwell (MTH)	d													0932	0952u		1003u
Edinburgh (EDB)	d																
Haymarket (HYM)	d																
Lockerbie (LOC)	d													1022			
Carlisle (CAR)	8 a													1043	1048		1101
Carlisle (CAR)	8 d													1044	1050		1102
Penrith North Lakes (PNR)	d													1059	1105		1118
Windermere (WDM)	d												1053	1030			
Staveley (SVL)	d												1058	1040			
Burneside (BUD)	d												1103	1050			
Kendal (KEN)	d												1107	1100			
Oxenholme Lake District (OXN)	a												1112	1115			1140
Oxenholme Lake District (OXN)	d													1122	1127		1140
Workington (WKG)	d													1123	1129		1142
Whitehaven (WTH)	d																
Millom (MLM)	d																
Barrow-in-Furness (BIF)	d	0753		0841		0905	0905			0952							1052
Roose (ROO)	d	0757		0845		0909	0909			0956							1056
Dalton (DLT)	d	0803		0851		0915	0915			1002							1102
Ulverston (ULV)	d	0812		0859		0922	0924			1010							1111
Cark & Cartmel (CAK)	d	0819		0906		0931	0931			1017							1118
Kents Bank (KBK)	d	0823		0910		0935	0935			1021							1122
Grange-over-Sands (GOS)	d	0827		0914		0934	0939			1025							1126
Arnside (ARN)	d	0833		0920		0940	0945			1031							1131
Silverdale (SVR)	d	0838		0924		0950	0950			1035							1135
Carnforth (CNF)	d	0845a		0931		0951	0957a	1016		1043							1143
Lancaster (LAN)	6 a			0938		1001		1025		1050							1155
Lancaster (LAN)	6 d			0945						1051				1137	1142	1150	1155
Preston (PRE)	8 a			1004						1110				1138	1144	1151	1157
Preston (PRE)	8 d		0859	1001	1009	1017			1057	1112	1118			1156	1201	1209	1215
Wigan North Western (WGN)	a		0910	1012		1028			1109		1129			1157	1203	1211	1218
Wigan North Western (WGN)	d		0912	1014		1030			1110		1131			1156	1201	1209	1215
St Helens Central (SNH)	a														1216		1231
Liverpool Lime Street (LIV)	10 a																
Bolton (BON)	a			1032						1135							1234
Manchester Victoria (MCV)	a																
Manchester Oxford Road (MCO)	a			1047						1150				1238		1250	
Manchester Piccadilly (MAN)	10 a									1156				1242		1256	
East Didsbury (EDY)	a															1307	
Heald Green (HDG)	a									1215						1311	
Manchester Airport (MIA)	a									1220				1258		1316	
Warrington Bank Quay (WBQ)	a		0921	1023		1039			1120		1141				1225		1240
Crewe (CRE)	10 a		0941	1043		1100			1140		1200						1300
Stafford (STA)	a										1222						1322
Wolverhampton (WVH)	a					1134					1241						1338
Sandwell & Dudley (SAD)	a										1255						1355
Birmingham New Street (BHM)	a					1203					1306						1406
Birmingham International (BHI)	a										1331						1431
Coventry (COV)	a										1344						1444
Rugby (RUG)	a		1030	1134							1355						1455
Milton Keynes Central (MKC)	a		1105	1209							1415						1515
Watford Junction (WFJ)	a		1143s								1439s						1539s
London Euston (EUS)	a		1209	1246					1319		1455				1418		1555

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- A Runs from 25 June
- B Runs until 18 June
- F From Leeds to Morecambe, see table 035

Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

Sundays

Operator	NT	NT	TP	TP	VT	NT	VT	VT	NT	NT	TP	NT	VT	NT	TP	NT	VT
Train ID	2H56	2C09	1M85	1M74	1M11	1Y96	9M54	1M12	2C11	1Y81		2C40	9M55	2C40	1M87	2C13	1M13
Days of operation/Notes	G											D		E			
1st Class/Reservations/Bus/Ferry			1R	1R	1R		1R	1R					1R		1R		1R
Catering facilities			☞	☞	☒		☒	☒					☒		☞		☒
Glasgow Central (GLC)	15 d			1013	1034			1135					1155				1235
Motherwell (MTH)	d			1031	1050u			1152u									1252u
Edinburgh (EDB)	10 d		1013				1051									1212	
Haymarket (HYM)	d		1017u				1056									1216u	
Lockerbie (LOC)	d		1111	1117							1215					1310	
Carlisle (CAR)	8 a		1132	1138	1146		1205	1247			1255		1304		1331		1347
Carlisle (CAR)	8 d		1134	1139	1147		1207	1250					1306		1333		1350
Penrith North Lakes (PNR)	d		1149	1154	1203			1305							1348		
Windermere (WDM)	d	1139							1224	1308							1359
Staveley (SVL)	d	1144								1313							1404
Burneside (BUD)	d	1149								1318							1409
Kendal (KEN)	d	1153							1236	1322							1413
Oxenholme Lake District (OXN)	a	1158	1212	1217	1225		1241		1241	1327			1340		1411	1418	1424
Oxenholme Lake District (OXN)	d		1213	1218	1227		1243			1329			1342		1412		1426
Workington (WKG)	d											1113		1130			
Whitehaven (WTH)	d											1133		1150			
Millom (MLM)	d											1219		1236			
Barrow-in-Furness (BIF)	d					1147						1253		1317			
Roose (ROO)	d					1151						1257		1321			
Dalton (DLT)	d					1158						1303		1327			
Ulverston (ULV)	d					1206						1311		1335			
Cark & Cartmel (CAK)	d					1213											
Kents Bank (KBK)	d					1217											
Grange-over-Sands (GOS)	d					1221						1324		1348			
Arnside (ARN)	d					1227						1330		1354			
Silverdale (SVR)	d					1231						1335		1359			
Carnforth (CNF)	d	1210				1239						1342		1406			
Lancaster (LAN)	6 a	1220	1227	1232	1240	1246	1256	1339		1345		1352	1356	1420	1426		1439
Lancaster (LAN)	6 d		1228	1235	1242	1247	1258	1341		1349			1358		1427		1441
Preston (PRE)	8 a		1245	1253	1259	1306	1315	1359		1407			1415		1445		1458
Preston (PRE)	8 d		1247		1301	1312	1318	1401		1411			1418		1446		1501
Wigan North Western (WGN)	a				1313		1329	1413					1429				1513
Wigan North Western (WGN)	d				1314		1331	1414					1431				1514
St Helens Central (SNH)	a																
Liverpool Lime Street (LIV)	10 a																
Bolton (BON)	a		1305s			1335				1436					1504s		
Manchester Victoria (MCV)	a																
Manchester Oxford Road (MCO)	a		1321			1350				1452					1520		
Manchester Piccadilly (MAN)	10 a		1326			1354				1456					1524		
East Didsbury (EDY)	a					1407				1505							
Herald Green (HDG)	a					1411				1509							
Manchester Airport (MIA)	10 a		1344			1416				1514					1542		
Warrington Bank Quay (WBQ)	a				1324		1341	1424					1441				1524
Crewe (CRE)	10 a						1400						1500				
Stafford (STA)	a						1422						1522				
Wolverhampton (WVH)	7 a						1438						1538				
Sandwell & Dudley (SAD)	a						1455						1555				
Birmingham New Street (BHM)	12 a						1506						1606				
Birmingham International (BHI)	a						1531						1626				
Coventry (COV)	a						1544						1638				
Rugby (RUG)	a						1555										
Milton Keynes Central (MKC)	a						1615										
Watford Junction (WFJ)	a						1639s										
London Euston (EUS)	15 a				1518		1655	1618					1739				1718

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- D Runs from 25 June. From Carlisle, see table 107
- E Runs until 18 June. From Carlisle, see table 107
- G From Leeds, see table 035

## Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

## Sundays

Operator	NT	VT	NT	NT	TP	VT	NT	VT	TP	TP	NT	VT	NT	VT	NT	TP	
Train ID	1Y97	9M56	2H58	2C15	1M88	1M14	1Y98	9M57	1M79	1M89	1Y82	1M15	1Y82	2C46	9M47	2H60	1M90
Days of operation/Notes			F											C		F	
1st Class/Reservations/Bus/Ferry		1R			1R	1R		1R	1R	1R		1R			1R		1R
Catering facilities		☒			☒	☒		☒	☒	☒		☒			☒		☒
Glasgow Central (GLC)	15 d				1312	1335		1355	1401			1434					1505
Motherwell (MTH)	d				1329	1352u			1418			1451u					1524
Edinburgh (EDB)	10 d	1251								1412					1451		
Haymarket (HYM)	d	1256								1416u					1456		
Lockerbie (LOC)	d				1414				1502	1510							1613
Carlisle (CAR)	8 a	1403			1434	1447		1506	1523	1531		1546			1602		1634
Carlisle (CAR)	8 d	1406			1436	1449		1507	1524	1533		1548			1603		1635
Penrith North Lakes (PNR)	d	1421			1451			1523	1539	1548		1603			1619		1650
Windermere (WDM)	d			1446								1555					
Staveley (SVL)	d			1451								1600					
Burneside (BUD)	d			1456								1605					
Kendal (KEN)	d			1500								1609					
Oxenholme Lake District (OXN)	a			1505	1514	1523			1602	1611	1614	1625			1641		1713
Oxenholme Lake District (OXN)	d				1515	1525			1603	1612	1616	1627			1643		1714
Workington (WKG)	d													1414			
Whitehaven (WTH)	d													1433			
Millom (MLM)	d													1517			
Barrow-in-Furness (BIF)	d	1349					1447										1550
Roose (ROO)	d	1353					1451										1554
Dalton (DLT)	d	1359					1457										1600
Ulverston (ULV)	d	1407					1505										1608
Cark & Cartmel (CAK)	d	1414					1512										1616
Kents Bank (KBK)	d	1418					1516										1620
Grange-over-Sands (GOS)	d	1422					1520										1624
Arnsdale (ARN)	d	1428					1526										1630
Silverdale (SVR)	d	1432					1530										1635
Carnforth (CNF)	d	1439		1507			1537								1642	1710	
Lancaster (LAN)	6 a	1446	1456	1518	1529	1538	1544	1557	1617	1626	1633	1640	←	1652	1656	1721	1728
Lancaster (LAN)	6 d	1449	1458		1530	1540	1546	1558	1618	1627	1648	1642	1648		1658		1729
Preston (PRE)	8 a	1507	1515		1547	1558	1605	1615	1637	1645	→	1659	1706		1714		1748
Preston (PRE)	8 d	1511	1518		1549	1601	1612	1618	1638	1647		1701	1710		1718		
Wigan North Western (WGN)	a		1529			1613		1629	1650			1713			1729		
Wigan North Western (WGN)	d		1531			1614		1631	1651			1714			1731		
St Helens Central (SNH)	a								1705								
Liverpool Lime Street (LIV)	10 a								1728								
Bolton (BON)	a	1534			1606s		1635			1704s			1734				
Manchester Victoria (MCV)	a																
Manchester Oxford Road (MCO)	a	1550			1620		1650			1720			1752				
Manchester Piccadilly (MAN)	10 a	1555			1624		1655			1724			1756				
East Didsbury (EDY)	a	1605					1705						1810				
Heald Green (HDG)	a	1609					1709						1814				
Manchester Airport (MIA)	10 a	1613			1642		1713			1742			1818				
Warrington Bank Quay (WBQ)	a		1541			1624		1641				1724			1741		
Crewe (CRE)	10 a		1600					1700							1800		
Stafford (STA)	a		1622					1722							1823		
Wolverhampton (WVH)	7 a		1638					1738							1838		
Sandwell & Dudley (SAD)	a		1655					1755							1855		
Birmingham New Street (BHM)	12 a		1706					1806							1906		
Birmingham International (BHI)	a		1726					1831							1931		
Coventry (COV)	a		1738					1844							1944		
Rugby (RUG)	a							1855							1955		
Milton Keynes Central (MKC)	a							1915				1842			2015		
Watford Junction (WFJ)	a							1939s							2039s		
London Euston (EUS)	15 a		1839			1818		1955				1918			2056		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- C From Carlisle, see table 107
- F From Leeds to Morecambe, see table 035

## Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

## Sundays

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus/Ferry Catering facilities	NT 2C17	VT 1M16	NT 1Y99	VT 9M59	TP 1M91	NT 2C19	VT 1M17	NT 2C52 C	VT 9M60	NT 2H62 F	TP 1M92	NT 1Y83	VT 1M18	NT 1Y83	NT 1P90	TP 1M93	NT 2C21
Glasgow Central (GLC)	15 d	1535		1555			1638				1703		1734				
Motherwell (MTH)	d	1551u		1612u			1654u				1719		1750u				
Edinburgh (EDB)	10 d				1614				1651							1813	
Haymarket (HYM)	d				1618u				1656							1818u	
Lockerbie (LOC)	d				1712						1804		1831			1912	
Carlisle (CAR)	8 a	1647		1708	1733		1749		1805		1824		1849			1933	
Carlisle (CAR)	8 d		1649	1710	1735		1751		1807		1828		1851			1935	
Penrith North Lakes (PNR)	d			1726	1750		1806				1843		1906			1950	
Windermere (WDM)	d	1659				1800						1901					1957
Staveley (SVL)	d	1704				1805						1907					2002
Burneside (BUD)	d	1709				1810						1912					2007
Kendal (KEN)	d	1713				1814						1916					2011
Oxenholme Lake District (OXN)	a	1718	1723		1813	1819	1828		1842		1906	1921	1928			2013	2016
Oxenholme Lake District (OXN)	d		1725		1814		1830		1843		1907	1923	1930			2014	
Workington (WKG)	d							1600									
Whitehaven (WTH)	d							1619									
Millom (MLM)	d							1711									
Barrow-in-Furness (BIF)	d		1646					1746							1851		
Roose (ROO)	d		1650					1750							1855		
Dalton (DLT)	d		1656					1756							1901		
Ulverston (ULV)	d		1705					1805							1909		
Cark & Cartmel (CAK)	d		1712					1812							1917		
Kents Bank (KBK)	d		1716					1816							1921		
Grange-over-Sands (GOS)	d		1720					1820							1925		
Arnsdale (ARN)	d		1725					1827							1931		
Silverdale (SVR)	d		1729					1832							1935		
Carnforth (CNF)	d		1736					1842		1909					1943		
Lancaster (LAN)	6 a	1738	1744		1828		1843	1851	1857	1919	1922	1937	1943		1951	2028	
Lancaster (LAN)	6 d	1740	1749		1829		1845		1858		1923	1939	1945		1951	2029	
Preston (PRE)	8 a	1757	1807	1814	1847		1902		1915		1940	1958	2002	←	2014	2046	
Preston (PRE)	8 d	1801	1810	1817	1849		1904		1918			2013	2004	2013		2048	
Wigan North Western (WGN)	a	1813		1829			1916		1929			→	2016				
Wigan North Western (WGN)	d	1814		1831			1917		1931				2017				
St Helens Central (SNH)	a																
Liverpool Lime Street (LIV)	10 a																
Bolton (BON)	a		1833		1906s									2036		2106s	
Manchester Victoria (MCV)	a																
Manchester Oxford Road (MCO)	a		1850		1921									2051		2120	
Manchester Piccadilly (MAN)	10 a		1855		1925									2056		2124	
East Didsbury (EDY)	a		1905											2104			
Heald Green (HDG)	a		1909											2109			
Manchester Airport (MIA)	10 a		1914		1942									2114		2142	
Warrington Bank Quay (WBQ)	a	1824		1841			1927		1941				2027				
Crewe (CRE)	10 a			1900					2000				2047				
Stafford (STA)	a			1922					2022								
Wolverhampton (WVH)	7 a			1938					2038								
Sandwell & Dudley (SAD)	a			1955					2055								
Birmingham New Street (BHM)	12 a			2006					2105								
Birmingham International (BHI)	a			2030					2130								
Coventry (COV)	a			2043					2143								
Rugby (RUG)	a			2054					2154								
Milton Keynes Central (MKC)	a			2117		2043			2229				2152				
Watford Junction (WFJ)	a			2148s					2301s				2229s				
London Euston (EUS)	15 a	2018		2211			2131		2322				2252				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- C From Carlisle, see table 107
- F From Leeds to Morecambe, see table 035

## Glasgow, Edinburgh, Carlisle, Windermere, Barrow-in-Furness, Carnforth and Lancaster to Preston, Birmingham, London, Liverpool and Manchester

### Sundays

Operator	VT	NT	VT	NT	TP	NT	VT	TP	NT
Train ID	9M63	1Y91	9M62	2C23	1M94	2C38	1M20		1N25
Days of operation/Notes	H								
1st Class/Reservations/Bus/Ferry	1R		1R		1R		1R	1R	
Catering facilities	☒		☒		☒		☒	☒	
Glasgow Central (GLC)	15 d	1834					2008		
Motherwell (MTH)	d	1850u					2023u		
Edinburgh (EDB)	10 d		1851					2015	
Haymarket (HYM)	d		1857						
Lockerbie (LOC)	d						2104	2225	
Carlisle (CAR)	8 a	1946	2003				2123	2305	
Carlisle (CAR)	8 d	1948	2007		2038		2125		
Penrith North Lakes (PNR)	d		2022		2053		2141		
Windermere (WDM)	d			2047					2147
Staveley (SVL)	d			2052					2152
Burneside (BUD)	d			2057					2157
Kendal (KEN)	d			2101					2201
Oxenholme Lake District (OXN)	a	2023		2106	2116		2203		2206
Oxenholme Lake District (OXN)	d	2024			2117		2205		2217
Workington (WKG)	d								
Whitehaven (WTH)	d								
Millom (MLM)	d								
Barrow-in-Furness (BIF)	d		1952			2046			
Roose (ROO)	d		1956			2050			
Dalton (DLT)	d		2002			2056			
Ulverston (ULV)	d		2011			2105			
Cark & Cartmel (CAK)	d		2018			2112			
Kents Bank (KBK)	d		2022			2116			
Grange-over-Sands (GOS)	d		2026			2120			
Arnside (ARN)	d		2031			2126			
Silverdale (SVR)	d		2035			2131			
Carnforth (CNF)	d		2043			2138			
Lancaster (LAN)	6 a	2038	2050	2056	2131	2148	2218		2233
Lancaster (LAN)	6 d	2039	2050	2058	2132		2220		2233
Preston (PRE)	8 a	2056	2108	2115	2150		2238		2252
Preston (PRE)	8 d	2059	2112	2118	2151		2241		
Wigan North Western (WGN)	a	2112		2129			2252		
Wigan North Western (WGN)	d	2113		2131			2254		
St Helens Central (SNH)	a								
Liverpool Lime Street (LIV)	10 a								
Bolton (BON)	a		2136						
Manchester Victoria (MCV)	a								
Manchester Oxford Road (MCO)	a		2151		2221				
Manchester Piccadilly (MAN)	10 a		2155		2225				
East Didsbury (EDY)	a		2204						
Heald Green (HDG)	a		2208						
Manchester Airport (MIA)	10 a		2213		2246				
Warrington Bank Quay (WBQ)	a	2123		2140			2304		
Crewe (CRE)	10 a	2147		2200			2325		
Stafford (STA)	a	2212							
Wolverhampton (WVH)	7 a	2228		2236					
Sandwell & Dudley (SAD)	a	2241							
Birmingham New Street (BHM)	12 a	2251		2257					
Birmingham International (BHI)	a	2310							
Coventry (COV)	a	2322							
Rugby (RUG)	a	2334							
Milton Keynes Central (MKC)	a	0014s							
Watford Junction (WFJ)	a	0044s							
London Euston (EUS)	15 a	0103							

**NOTES** (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- u Stops to pick up only
- H Also calls at Northampton 2355