

**Table T142-F**

**Mondays to Fridays**

17 May to 10 December

**Par - Newquay**

Miles		GW	GW	GW	GW	GW	GW	GW	GW	GW	GW										
				Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ										
				A	B			A	B												
0	Par	d 06 00	08 18	10 10	10 10	12 13	14 16	14 16	16 15	18 23	20 29										
4%	Luxulyan	d 06x10	08x28		10x20	12x23		14x26	16x25	18x33	20x39										
6%	Bugle	d 06x16	08x34		10x26	12x29		14x32	16x31	18x39	20x45										
8%	Roche	d 06x21	08x39		10x31	12x34		14x37	16x36	18x44	20x50										
14%	St Columb Road	d 06x32	08x50		10x42	12x45		14x48	16x47	18x55	21x01										
18%	Quintrell Downs	d 06 40	08 58		10 50	12 53		14 56	16 55	19 03	21 09										
20%	Newquay	a 06 52	09 10	10 56	11 02	13 05	15 02	15 08	17 07	19 15	21 21										

**Saturdays**

22 May to 11 December

		GW	GW	GW	GW	GW	GW	GW	GW	GW	GW										
			C	D	E	C		E	C												
	Par	d 06 52	09 25	09 34	11 28	12 12	14 12	16 10	16 12	18 13	20 25										
	Luxulyan	d 07x02	09x35		11x38	12x22	14x22		16x22	18x23	20x35										
	Bugle	d 07x08	09x41		11x44	12x28	14x28		16x28	18x29	20x41										
	Roche	d 07x13	09x46		11x48	12x33	14x33		16x33	18x34	20x46										
	St Columb Road	d 07x24	09x57		11x59	12x44	14x44		16x44	18x45	20x57										
	Quintrell Downs	d 07 32	10 05		12 07	12 52	14 52		16 52	18 53	21 05										
	Newquay	a 07 45	10 18	10 20	12 19	13 05	15 05	16 55	17 05	19 06	21 18										

**Sundays**

16 May to 5 December

		GW	GW	GW	GW	GW	GW	GW	GW	GW	GW										
		F	G	F	G	F	Ⓜ	Ⓜ	G	F	Ⓜ										
	Par	d 09 00	10 05	10 55	13 15	13 31	15 28	16 15	17 40	19 28											
	Luxulyan	d 09x11	10x16		13x26	13x42		16x26	17x51	19x39											
	Bugle	d 09x17	10x22		13x32	13x49		16x32	17x59	19x47											
	Roche	d 09x22	10x27		13x37	13x53		16x37	18x03	19x51											
	St Columb Road	d 09x33	10x38		13x48	14x05		16x48	18x15	20x03											
	Quintrell Downs	d 09 41	10 46		13 56	14 13		16 56	18 23	20 11											
	Newquay	a 09 52	10 57	11 41	14 07	14 23	16 14	17 07	18 33	20 21											

A until 10 September  
 B from 13 September  
 C from 18 September  
 D until 11 September. From Exeter St Davids  
 E until 11 September  
 F until 12 September  
 G from 19 September

For connections at Par refer to Table T135

**Table T142-R**

**Mondays to Fridays**

17 May to 10 December

**Newquay - Par**

Miles		GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	
		Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	
		A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B
0	Newquay	d 07 12	09 17	11 12	11 12	13 10	15 10	15 10	17 19	19 22	21 26								
2½	Quintrell Downs	d 07 18	09 23	11 18	13 16	15 16	17 25	19 28	21 32										
6½	St Columb Road	d 07x25	09x30	11x25	13x23	15x23	17x32	19x35	21x39										
12	Roche	d 07x36	09x41	11x36	13x34	15x34	17x43	19x46	21x50										
14½	Bugle	d 07x41	09x46	11x41	13x39	15x39	17x48	19x51	21x55										
16½	Luxulyan	d 07x48	09x53	11x48	13x46	15x46	17x55	19x58	22x02										
20½	Par	a 08 01	10 06	11 57	12 01	13 58	15 55	15 59	18 07	20 11	22 15								

**Saturdays**

22 May to 11 December

		GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW
		Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ
		C	D	D	C	Ⓜ	C	D										
Newquay	d 07 48	10 20	10 30	12 55	13 10	15 10	17 10	17 15	19 08	21 20								
Quintrell Downs	d 07 54	10 26	13 01	13 16	15 16	17 16	19 14	21 26										
St Columb Road	d 08x01	10x33	13x08	13x23	15x23	17x23	19x21	21x33										
Roche	d 08x12	10x44	13x19	13x34	15x34	17x34	19x32	21x44										
Bugle	d 08x17	10x49	13x24	13x39	15x39	17x39	19x37	21x49										
Luxulyan	d 08x22	10x54	13x30	13x44	15x44	17x44	19x42	21x54										
Par	a 08 38	11 10	11 15	13 45	14 00	16 00	18 00	18 00	19 59	22 09								

**Sundays**

16 May to 5 December

		GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW
		Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ
		F	G	F	G	F	F	G	F	F								
Newquay	d 09 55	10 59	11 56	14 15	14 25	16 16	17 55	18 36	20 23									
Quintrell Downs	d 10 01	11 05	14 21	14 31	18 01	18 42	20 29											
St Columb Road	d 10x09	11x13	14x29	14x39	18x09	18x50												
Roche	d 10x20	11x24	14x40	14x50	18x20	19x01												
Bugle	d 10x25	11x29	14x45	14x55	18x25	19x06												
Luxulyan	d 10x30	11x34	14x50	15x00	18x30	19x11												
Par	a 10 44	11 48	12 41	15 04	15 14	17 01	18 44	19 25	21 08									

A until 10 September  
B from 13 September  
C from 18 September

D until 11 September  
E To Plymouth  
F until 12 September  
G from 19 September

For connections at Par refer to Table T135