

Table T128-F

Mondays to Fridays

17 May to 10 December

Cardiff - Maesteg, Swansea and West Wales

| Miles | Miles | | AW MO | GW MO | AW MX | GW MX | GW MX | AW | AW | AW | AW | AW | AW | AW | AW | AW | AW | AW | AW |
|--------|-------|--------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|----|----|----|----|----|----|----|----|
| - | - | London Paddington 15 | d | | | | | | | | | | | | | | | | |
| - | - | Reading 14 | d | | | | | | | | | | | | | | | | |
| - | - | Manchester Piccadilly 10 | d | | | | | | | | | | | | | | | | |
| - | - | Gloucester 7 | d | | | | | | | | | | | | | | | | |
| - | - | Bristol Parkway 7 | d | | | | | | | | | | | | | | | | |
| - | - | Newport (South Wales) | d | | | | | 00 15 | | | | | | | | | | | |
| 0 | 0 | Cardiff Central 11 | d | | | | | 01 03 | | | | | | | | | | | |
| 11 | 11 | Pontyclun | d | | | | | | | | | | | | | | | | |
| 14 | 14 | Llanharan | d | | | | | | | | | | | | | | | | |
| 16 1/4 | 16 | Pencoed | d | | | | | | | | | | | | | | | | |
| 20% | 20 | Bridgend | d | | | | | | | | | | | | | | | | |
| - | 1 | Wildmill | d | | | | | | | | | | | | | | | | |
| - | 2 1/4 | Sarn | d | | | | | | | | | | | | | | | | |
| - | 3 | Tondu | d | | | | | | | | | | | | | | | | |
| - | 7 | Garth (Mid Glamorgan) | d | | | | | | | | | | | | | | | | |
| - | 7 1/4 | Maesteg (Ewenny Road) | d | | | | | | | | | | | | | | | | |
| - | 8 1/4 | Maesteg | a | | | | | | | | | | | | | | | | |
| 26 1/4 | 26 | Pyle | d | | | | | | | | | | | | | | | | |
| 32% | 32 | Port Talbot Parkway | d | 00 11 | 00 03 | 00 26 | 01 45 | | | | | | | | | | | | |
| 34% | 34 | Baglan | d | | | | | | | | | | | | | | | | |
| 36% | 36 | Briton Ferry | d | | | | | | | | | | | | | | | | |
| 38 | 38 | Neath | d | 00 20 | 00 16 | 00 33 | 01 53 | | | | | | | | | | | | |
| 41% | 41 | Skewen | d | | | | | | | | | | | | | | | | |
| 43% | 43 | Llansamlet | d | | | | | | | | | | | | | | | | |
| 47% | 47 | Swansea | a | 00 32 | 00 34 | 00 46 | 02 05 | | | | | | | | | | | | |
| - | - | Gowerton | d | | | | | | | | | | | | | | | | |
| 58% | 58 | Llanelli | a | | | | | | | | | | | | | | | | |
| 62% | 62 | Pembrey & Burry Port | d | 00 03 | 01s16 | | | | | | | | | | | | | | |
| 68 | 68 | Kidwelly | d | 00x10 | 01s23 | | | | | | | | | | | | | | |
| 72% | 72 | Ferryside | d | 00x17 | 01s29 | | | | | | | | | | | | | | |
| 79% | 79 | Carmarthen | a | 00 32 | 01 42 | | | | | | | | | | | | | | |
| - | - | Whitland | d | | | | | 04 50 | 05 30 | 06 00 | 06 41 | | | | | | | | |
| 93% | 93 | Narberth | d | | | | | 05 06 | 05 47 | 06 15 | 06 59 | | | | | | | | |
| - | - | Kilgetty | d | | | | | 05 06 | 05 47 | 06 15 | 06 59 | | | | | | | | |
| - | - | Saundersfoot | d | | | | | 06x05 | 07x17 | | | | | | | | | | |
| - | - | Tenby | a | | | | | 06x07 | 07x19 | | | | | | | | | | |
| - | - | Penally | d | | | | | 06 15 | 07 27 | | | | | | | | | | |
| - | - | Manorbier | d | | | | | 06 24 | 07 32 | | | | | | | | | | |
| - | - | Lamphey | d | | | | | 06x27 | 07x35 | | | | | | | | | | |
| - | - | Pembroke | d | | | | | 06 33 | 07 42 | | | | | | | | | | |
| - | - | Pembroke Dock | a | | | | | 06x41 | 07x49 | | | | | | | | | | |
| 98% | 98 | Clunderwen | d | | | | | 06 44 | 07 52 | | | | | | | | | | |
| 105% | 105 | Clarbeston Road | d | | | | | 06 56 | 08 07 | | | | | | | | | | |
| - | - | Haverfordwest | d | | | | | 07 44 | 08 07 | | | | | | | | | | |
| - | - | Johnston | d | | | | | 08x10 | | | | | | | | | | | |
| - | - | Milford Haven | a | | | | | 08x18 | | | | | | | | | | | |
| 120% | 120 | Fishguard & Goodwick | a | | | | | 08x26 | | | | | | | | | | | |
| 121 | 121 | Fishguard Harbour 10 | a | | | | | 08x34 | | | | | | | | | | | |
| - | - | Rosslare Harbour | a | | | | | 10 03 | | | | | | | | | | | |
| - | - | Rosslare Harbour | a | | | | | 10 13 | | | | | | | | | | | |

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Saturdays

22 May to 11 December

Cardiff - Maesteg, Swansea and West Wales

| | AW | GW | GW | AW | AW | AW | AW | AW | AW | AW | AW | AW | AW | GW | GW | AW | GW | AW | AW | AW | GW |
|---------------------------------|-------|--------------|--------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------------|--------------|----|--------------|-------|-------|----|--------------|
| London Paddington 15 | ◇ | 1 | 1 | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | 1 | 1 | ◇ | 1 | ◇ | ◇ | ◇ | 1 |
| Reading 7 | | | | | | | | | | | | | | | | | | | | | |
| Manchester Piccadilly 10 | | | | | | | | | | | | | | | | | | | | | |
| Gloucester 7 | | | | | | | | | | | | | | | | | | | | | |
| Bristol Parkway 7 | | | 00 15 | | | | | | | | | | | 07 24 | | | 08 04 | | | | 07 57 |
| Newport (South Wales) | | | 00 36 | | | | | | | | | | | 07 39 | 07 46 | | 08 26 | 08 40 | | | 08 52 |
| Cardiff Central 7 | | | 00 50 | | | | | 05 35 | 05 49 | | 06 43 | 07 04 | | 07 56 | 08 03 | | 08 18 | 08 42 | 08 58 | | 09 22 |
| Pontyclun | | | | | | | | 05 51 | 06 01 | | 07 16 | | | | | | 08 31 | | | | 09 35 |
| Llanharan | | | | | | | | 05 56 | 06 06 | | 07 21 | | | | | | 08 35 | | | | 09 40 |
| Pencoed | | | | | | | | 06 00 | 06 10 | | 07 25 | | | | | | 08 40 | | | | 09 44 |
| Bridgend | | 00 14 | 01 09 | | | | | 06 08 | 06 16 | | 07 32 | | | 08 16 | 08 22 | | 08 47 | 09 01 | 09 19 | | 09 50 |
| Wildmill | | | | | | | | 06 19 | | | 07 35 | | | | | | 08 49 | | | | 09 52 |
| Sarn | | | | | | | | 06 22 | | | 07 38 | | | | | | 08 52 | | | | 09 55 |
| Tondu | | | | | | | | 06 25 | | | 07 41 | | | | | | 08 56 | | | | 09 59 |
| Garth (Mid Glamorgan) | | | | | | | | 06 33 | | | 07 49 | | | | | | 09 05 | | | | 10 08 |
| Maesteg (Ewenny Road) | | | | | | | | 06 36 | | | 07 52 | | | | | | 09 08 | | | | 10 11 |
| Maesteg | | | | | | | | 06 39 | | | 07 55 | | | | | | 09 12 | | | | 10 15 |
| Pyle | | | | | | | | 06 15 | | 07 11 | | | 08 23 | | | | | | 09 26 | | |
| Port Talbot Parkway | 00 03 | 00 26 | 01 32 | | | | | 06 23 | | 07 18 | | | 08 30 | 08 36 | | | 09 15 | 09 33 | | | 10 15 |
| Baglan | 00 07 | | | | | | | 06 27 | | 07 22 | | | | | | | | 09 37 | | | |
| Briton Ferry | 00 11 | | | | | | | 06 30 | | 07 25 | | | | | | | | 09 40 | | | |
| Neath | 00 16 | 00 33 | 01 40 | | | | | 06 34 | | 07 29 | | | 08 38 | 08 43 | | | 09 23 | 09 45 | | | 10 22 |
| Skewen | 00 20 | | | | | | | 06 38 | | 07 33 | | | | | | | | 09 48 | | | |
| Llansamlet | 00 24 | | | | | | | 06 42 | | 07 38 | | | | | | | | 09 52 | | | |
| Swansea | 00 34 | 00 46 | 01 52 | | | | | 06 52 | | 07 47 | | | 08 51 | 08 55 | | | 09 35 | 10 02 | | | 10 34 |
| Gowerton | 01 02 | | | | | | | 06 55 | | 07 52 | | | 09 02 | 09 29 | | | | 10 05 | | | |
| Llanelli | 01 09 | | | | | | | 07 06 | | 08 04 | | | 09 13 | | | | | 10 16 | | | |
| Pembrey & Burry Port | 01 16 | | | | | | | 07 14 | | 08 11 | | | 09 21 | 09 43 | | | | 10 23 | | | |
| Kidwelly | 01 23 | | | | | | | 07 20 | | 08 18 | | | 09 27 | 09 44 | | | | 10 29 | | | |
| Ferryside | 01 29 | | | | | | | 07 27 | | 08 25 | | | 09 34 | 09 51 | | | | 10 35 | | | |
| Carmarthen | 01 42 | | | | | | | 07 33 | | 08 31 | | | 09 40 | | | | | 10 41 | | | |
| Whittland | | | | 04 49 | 05 30 | 06 00 | 06 40 | 07 49 | | 08 44 | 09 22 | 09 52 | | 10 12 | | | 10 52 | | | | |
| Narberth | | | | 05 05 | 05 47 | 06 15 | 06 57 | 08 03 | | 09 04 | | | 10 14 | | | | | 10 55 | | | |
| Kilgetty | | | | 05 05 | 05 47 | 06 15 | 06 59 | 08 04 | | 09 07 | | | 10 14 | | | | | 11 11 | | | |
| Saundersfoot | | | | 05 56 | 07 08 | | 09 16 | | | 09 16 | | | | | | | | 11 20 | | | |
| Tenby | | | | 06 06 | 07 17 | | 09 25 | | | 09 25 | | | | | | | | 11 30 | | | |
| Penally | | | | 06 08 | 07 19 | | 09 27 | | | 09 27 | | | | | | | | 11 32 | | | |
| Manorbier | | | | 06 16 | 07 27 | | 09 36 | | | 09 36 | | | | | | | | 11 40 | | | |
| Lamphey | | | | 06 24 | 07 32 | | 09 42 | | | 09 42 | | | | | | | | 11 45 | | | |
| Pembroke | | | | 06 27 | 07 35 | | 09 45 | | | 09 45 | | | | | | | | 11 48 | | | |
| Pembroke Dock | | | | 06 33 | 07 41 | | 09 51 | | | 09 51 | | | | | | | | 11 54 | | | |
| Clunderwen | | | | 06 41 | 07 49 | | 09 58 | | | 09 58 | | | | | | | | 12 02 | | | |
| Ciarbeston Road | | | | 06 44 | 07 52 | | 10 01 | | | 10 01 | | | | | | | | 12 05 | | | |
| Haverfordwest | | | | 06 56 | 08 04 | | 10 13 | | | 10 13 | | | | | | | | 12 19 | | | |
| Johnston | | | | 05x12 | 06x22 | 08x11 | | | | 10x21 | | | | | | | | | | | |
| Milford Haven | | | | 05x19 | 06x30 | 08x19 | | | | 10x29 | | | | | | | | | | | |
| Fishguard & Goodwick | | | | 05 31 | 06 38 | 08 27 | | | | 10 37 | | | | | | | | | | | |
| Fishguard Harbour 80 | | | | 05x40 | 06x46 | 08x35 | | | | 10x45 | | | | | | | | | | | |
| Rosslare Harbour | | | | 05 52 | 06 58 | 08 46 | | | | 10 59 | | | | | | | | | | | |

A until 11 September

B from 18 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Saturdays

22 May to 11 December

Cardiff - Maesteg, Swansea and West Wales

Table with 23 columns (AW, GW, AW, AW, GW, GW, AW, AW, AW, AW, GW, AW, AW, AW, AW, GW, AW, AW, AW, AW, AW, GW, AW) and rows for destinations including London Paddington, Reading, Manchester, Gloucester, Bristol Parkway, Newport, Cardiff Central, Pontyclun, Llanharan, Pencoed, Bridgend, Wildmill, Sarn, Tondur, Garth, Maesteg, Swansea, Carmarthen, Whitland, Narberth, Kilgetty, Saundersfoot, Tenby, Pembroke, Haverfordwest, Johnston, Milford Haven, Fishguard, and Rosslare Harbour.

A from 18 September B until 11 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Sundays

16 May to 5 December

Cardiff - Maesteg, Swansea and West Wales

| | GW A | GW B | | | | | | | | | | | | | | | | | | |
|------------------------------|---------|---------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| London Paddington 1.5 | d 21 33 | d 21 43 | | | | | | | | | | | | | | | | | | |
| Reading 1 | d 22 09 | d 22 09 | | | | | | | | | | | | | | | | | | |
| Manchester Piccadilly 1.0 | d | | | | | | | | | | | | | | | | | | | |
| Gloucester 1 | d | | | | | | | | | | | | | | | | | | | |
| Bristol Parkway 1 | d 23 02 | d 23 04 | | | | | | | | | | | | | | | | | | |
| Newport (South Wales) | d 23 21 | d 23 21 | | | | | | | | | | | | | | | | | | |
| Cardiff Central 1 | d 23 38 | d 23 38 | | | | | | | | | | | | | | | | | | |
| Pontyclun | d | | | | | | | | | | | | | | | | | | | |
| Llanharan | d | | | | | | | | | | | | | | | | | | | |
| Pencoed | d | | | | | | | | | | | | | | | | | | | |
| Bridgend | d 23 57 | d 23 57 | | | | | | | | | | | | | | | | | | |
| Wildmill | d | | | | | | | | | | | | | | | | | | | |
| Sarn | d | | | | | | | | | | | | | | | | | | | |
| Tondu | d | | | | | | | | | | | | | | | | | | | |
| Garth (Mid Glamorgan) | d | | | | | | | | | | | | | | | | | | | |
| Maesteg (Ewenny Road) | d | | | | | | | | | | | | | | | | | | | |
| Maesteg | a | | | | | | | | | | | | | | | | | | | |
| Pyle | d | | | | | | | | | | | | | | | | | | | |
| Port Talbot Parkway | d 00 11 | d 00 11 | | | | | | | | | | | | | | | | | | |
| Baglan | d | | | | | | | | | | | | | | | | | | | |
| Briton Ferry | d | | | | | | | | | | | | | | | | | | | |
| Neath | d 00 20 | d 00 20 | | | | | | | | | | | | | | | | | | |
| Skewen | d | | | | | | | | | | | | | | | | | | | |
| Lansamlet | d | | | | | | | | | | | | | | | | | | | |
| Swansea | a 00 32 | a 00 32 | | | | | | | | | | | | | | | | | | |
| Gowerton | d | | | | | | | | | | | | | | | | | | | |
| Llanelli | a | | | | | | | | | | | | | | | | | | | |
| Pembrey & Burry Port | d | | | | | | | | | | | | | | | | | | | |
| Kidwelly | d | | | | | | | | | | | | | | | | | | | |
| Ferryside | d | | | | | | | | | | | | | | | | | | | |
| Carmarthen | a | | | | | | | | | | | | | | | | | | | |
| Whitland | a | | | | | | | | | | | | | | | | | | | |
| Narberth | d | | | | | | | | | | | | | | | | | | | |
| Kilgetty | d | | | | | | | | | | | | | | | | | | | |
| Saundersfoot | d | | | | | | | | | | | | | | | | | | | |
| Tenby | a | | | | | | | | | | | | | | | | | | | |
| Penally | d | | | | | | | | | | | | | | | | | | | |
| Manorbier | d | | | | | | | | | | | | | | | | | | | |
| Lamphey | d | | | | | | | | | | | | | | | | | | | |
| Pembroke | d | | | | | | | | | | | | | | | | | | | |
| Pembroke Dock | a | | | | | | | | | | | | | | | | | | | |
| Clunderwen | d | | | | | | | | | | | | | | | | | | | |
| Clarbeston Road | d | | | | | | | | | | | | | | | | | | | |
| Haverfordwest | d | | | | | | | | | | | | | | | | | | | |
| Johnston | d | | | | | | | | | | | | | | | | | | | |
| Milford Haven | a | | | | | | | | | | | | | | | | | | | |
| Fishguard & Goodwick | a | | | | | | | | | | | | | | | | | | | |
| Fishguard Harbour 3.0 | a | | | | | | | | | | | | | | | | | | | |
| Rosslare Harbour | a | | | | | | | | | | | | | | | | | | | |

A from 31 October

B until 24 October

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table TI28-R

Mondays to Fridays

17 May to 10 December

West Wales, Swansea and Maesteg - Cardiff

Table with columns for Miles, Males, and various service codes (AW, GW, AW, etc.) and times. Includes routes like Rosslare Harbour, Fishguard Harbour, Milford Haven, Johnston, Haverfordwest, Clunderwen, Swansea, and Cardiff Central.

A from 13 September C The Capitals United E The Red Dragon
B until 10 September D Y Cymro/The Welshman

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Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Mondays to Fridays

17 May to 10 December

West Wales, Swansea and Maesteg - Cardiff

| | GW | AW | AW | | AW | AW | GW | AW | AW | GW | AW | AW | AW | | AW | AW | GW | AW | AW | AW | AW | GW | AW |
|-----------------------|----|-------|-------|-------|-------|-------|----|----|----|----|----|----|----|--|----|----|----|----|----|----|----|----|----|
| | Ⓜ | Ⓜ | Ⓜ | | ◇ | ◇ | Ⓜ | Ⓜ | ◇ | Ⓜ | Ⓜ | ◇ | ◇ | | ◇ | ◇ | Ⓜ | Ⓜ | ◇ | ◇ | Ⓜ | ◇ | |
| | Ⓜ | Ⓜ | Ⓜ | | Ⓜ | Ⓜ | Ⓜ | Ⓜ | Ⓜ | Ⓜ | Ⓜ | Ⓜ | Ⓜ | | Ⓜ | Ⓜ | Ⓜ | Ⓜ | Ⓜ | Ⓜ | Ⓜ | Ⓜ | |
| Rosslare Harbour | d | | | | | | | | | | | | | | | | | | | | | | |
| Fishguard Harbour | a | | | | | | | | | | | | | | | | | | | | | | |
| Fishguard & Goodwick | d | 12 50 | | | | | | | | | | | | | | | | | | | | | |
| Milford Haven | d | 12 53 | | | | | | | | | | | | | | | | | | | | | |
| Johnston | d | | 13 00 | | | | | | | | | | | | | | | | | | | | |
| Haverfordwest | d | | 13x08 | | | | | | | | | | | | | | | | | | | | |
| Clarbeston Road | d | | 13 15 | | | | | | | | | | | | | | | | | | | | |
| Clunderwen | d | 13x12 | 13x23 | | | | | | | | | | | | | | | | | | | | |
| Pembroke Dock | d | | 13x31 | | | | | | | | | | | | | | | | | | | | |
| Pembroke | d | | | | 13 09 | | | | | | | | | | | | | | | | | | |
| Lamphey | d | | | | 13 17 | | | | | | | | | | | | | | | | | | |
| Manorbier | d | | | | 13x20 | | | | | | | | | | | | | | | | | | |
| Penally | d | | | | 13 29 | | | | | | | | | | | | | | | | | | |
| Tenby | d | | | | 13x34 | | | | | | | | | | | | | | | | | | |
| Saundersfoot | d | | | | 13 38 | | | | | | | | | | | | | | | | | | |
| Kilgetty | d | | | | 13 42 | | | | | | | | | | | | | | | | | | |
| Narberth | d | | | | 13x50 | | | | | | | | | | | | | | | | | | |
| Whitland | a | | | | 13x52 | | | | | | | | | | | | | | | | | | |
| Carmarthen | a | | | | 14x02 | | | | | | | | | | | | | | | | | | |
| Ferryside | d | 13 25 | 13 37 | | 14 11 | | | | | | | | | | | | | | | | | | |
| Kidwelly | d | 13 26 | 13 37 | | 14 11 | | | | | | | | | | | | | | | | | | |
| Pembrey & Burry Port | d | 13 42 | 13 53 | | 14 29 | | | | | | | | | | | | | | | | | | |
| Llanelli | a | 13 47 | 13 57 | | | | | | | | | | | | | | | | | | | | |
| Gowerton | d | | | | | | | | | | | | | | | | | | | | | | |
| Swansea | a | | | | | | | | | | | | | | | | | | | | | | |
| Llansamlet | d | | | | | | | | | | | | | | | | | | | | | | |
| Skewen | d | | | | | | | | | | | | | | | | | | | | | | |
| Neath | d | | | | | | | | | | | | | | | | | | | | | | |
| Briton Ferry | d | | | | | | | | | | | | | | | | | | | | | | |
| Baglan | d | | | | | | | | | | | | | | | | | | | | | | |
| Port Talbot Parkway | d | | | | | | | | | | | | | | | | | | | | | | |
| Pyle | d | | | | | | | | | | | | | | | | | | | | | | |
| Maesteg | d | 14 22 | 14 46 | | 15 23 | 15 54 | | | | | | | | | | | | | | | | | |
| Maesteg (Ewenny Road) | d | | | | | | | | | | | | | | | | | | | | | | |
| Garth (Mid Glamorgan) | d | | | | | | | | | | | | | | | | | | | | | | |
| Tondu | d | | | | | | | | | | | | | | | | | | | | | | |
| Sarn | d | | | | | | | | | | | | | | | | | | | | | | |
| Wildmill | d | | | | | | | | | | | | | | | | | | | | | | |
| Bridgend | d | 14 53 | 15 01 | 15 25 | | | | | | | | | | | | | | | | | | | |
| Pencoed | d | | | | | | | | | | | | | | | | | | | | | | |
| Llanharan | d | | | | | | | | | | | | | | | | | | | | | | |
| Pontyclun | d | | | | | | | | | | | | | | | | | | | | | | |
| Cardiff Central | a | 15 14 | 15 27 | 15 47 | | | | | | | | | | | | | | | | | | | |
| Newport (South Wales) | a | 15 28 | | 16 03 | | | | | | | | | | | | | | | | | | | |
| Bristol Parkway | a | 15 54 | | | | | | | | | | | | | | | | | | | | | |
| Gloucester | a | | | | | | | | | | | | | | | | | | | | | | |
| Manchester Piccadilly | a | | | 19 14 | | | | | | | | | | | | | | | | | | | |
| Reading | a | | | | | | | | | | | | | | | | | | | | | | |
| London Paddington | a | 16 45 | | | | | | | | | | | | | | | | | | | | | |
| | a | 17 14 | | | | | | | | | | | | | | | | | | | | | |

A The Saint David

B until 10 September

C from 13 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Saturdays

22 May to 11 December

West Wales, Swansea and Maesteg - Cardiff

| | AW | AW | AW | GW | AW | AW | GW | | AW | AW | AW | AW | AW | AW | AW | | | | | | | | | |
|-----------------------|----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--|--|--|--|--|--|-------|-------|--|
| | ◇ | ◇ | ◇ | ⚔ | ◇ | ◇ | ⚔ | | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | | | | | | | | | |
| Rosslare Harbour | d | | | | | | | | | | | | | | | | | | | | | | | |
| Fishguard Harbour | a | | | | | | | | | | | | | | | | | | | | | | | |
| Fishguard & Goodwick | d | | | | | | | | | | | | 22 12 | | | | | | | | | | | |
| Milford Haven | d | | | | | | | 19 12 | | | | 21 16 | | | | | | | | | | 23 08 | | |
| Johnston | d | | | | | | | 19x20 | | | | 21x24 | | | | | | | | | | 23x16 | | |
| Haverfordwest | d | | | | | | | 19 27 | | | | 21 31 | | | | | | | | | | 23 23 | | |
| Clarbeston Road | d | | | | | | | 19x35 | | | | 21x39 | 22x34 | | | | | | | | | 23x31 | | |
| Clunderwen | d | | | | | | | 19x43 | | | | 21x47 | 22x42 | | | | | | | | | 23x39 | | |
| Pembroke Dock | d | 17 12 | | | | | | | | 19 04 | | | | | | | | | | | | | | |
| Pembroke | d | 17 20 | | | | | | | | 19 12 | | | | | | | | | | | | | | |
| Lamphey | d | 17x23 | | | | | | | | 19x15 | | | | | | | | | | | | | | |
| Manorbier | d | 17 32 | | | | | | | | 19 24 | | | | | | | | | | | | | | |
| Penally | d | 17x37 | | | | | | | | 19x29 | | | | | | | | | | | | | | |
| Tenby | a | 17 41 | | | | | | | | 19 33 | | | | | | | | | | | | | | |
| | d | 17 46 | | | | | | | | 19 39 | | | | | | | | | | | | | | |
| Saundersfoot | d | 17x54 | | | | | | | | 19x47 | | | | | | | | | | | | | | |
| Kilgetty | d | 17x56 | | | | | | | | 19x49 | | | | | | | | | | | | | | |
| Narberth | d | 18x06 | | | | | | | | 19x59 | | | | | | | | | | | | | | |
| Whitland | a | 18 14 | | | | | | | | 19 49 | 20 07 | | | 21 54 | 22 49 | | | | | | | 23 45 | | |
| | d | 18 14 | | | | | | | | 19 49 | 20 07 | | | 21 54 | 22 49 | | | | | | | 23 46 | | |
| Carmarthen | a | 18 32 | | | | | | | | 20 05 | 20 25 | | | 22 11 | 23 05 | | | | | | | 00 04 | | |
| | d | | | | 18 53 | | | | | 20 09 | | | 21 00 | | | | | | | | | | | |
| Ferryside | d | | | | 19x04 | | | | | | | | 21x10 | | | | | | | | | 23x19 | | |
| Kidwelly | d | | | | 19x10 | | | | | | | | 21x16 | | | | | | | | | 23x25 | | |
| Pembrey & Burry Port | d | | | | 19 18 | | | | | 20 27 | | | 21 23 | | | | | | | | | 23 32 | | |
| Llanelli | a | | | | 19 25 | | | | | 20 33 | | | 21 29 | | | | | | | | | 23 39 | | |
| | d | | | | 19 25 | | | | | 20 34 | | | 21 30 | | | | | | | | | 23 39 | | |
| Gowerton | d | | | | 19 33 | | | | | 20 41 | | | 21 37 | | | | | | | | | 23 47 | | |
| Swansea | a | | | | 19 47 | | | | | 20 53 | | | 21 50 | | | | | | | | | 23 59 | | |
| | d | | 19 10 | 19 26 | 19 52 | | 20 22 | | | 20 57 | | | 21 53 | | | | | | | | | | | |
| Llansamlet | d | | 19 17 | | | | | | | | | | 21 59 | | | | | | | | | | | |
| Skewen | d | | 19 21 | | | | | | | | | | 22 03 | | | | | | | | | | | |
| Neath | d | | 19 25 | 19 38 | 20 03 | | 20 34 | | | 21 08 | | | 22 08 | | | | | | | | | | | |
| Briton Ferry | d | | 19 29 | | | | | | | | | | 22 11 | | | | | | | | | | | |
| Baglan | d | | 19 32 | | | | | | | | | | 22 15 | | | | | | | | | | | |
| Port Talbot Parkway | d | | 19 37 | 19 45 | 20 11 | | 20 41 | | | 21 15 | | | 22 19 | | | | | | | | | | | |
| Pyle | d | | 19 44 | | | | | | | | | | 22 26 | | | | | | | | | | | |
| Maesteg | d | 19 16 | | | | | 20 16 | | | | | 21 15 | | | | | | | | | | 22 18 | | |
| Maesteg (Ewenny Road) | d | 19 18 | | | | | 20 18 | | | | | 21 17 | | | | | | | | | | 22 20 | | |
| Garth (Mid Glamorgan) | d | 19 21 | | | | | 20 21 | | | | | 21 20 | | | | | | | | | | 22 23 | | |
| Tondu | d | 19 30 | | | | | 20 29 | | | | | 21 28 | | | | | | | | | | 22 32 | | |
| Sarn | d | 19 33 | | | | | 20 32 | | | | | 21 31 | | | | | | | | | | 22 35 | | |
| Wildmill | d | 19 35 | | | | | 20 35 | | | | | 21 34 | | | | | | | | | | 22 37 | | |
| Bridgend | d | 19 39 | 19 53 | 19 59 | 20 25 | 20 39 | 20 55 | | 21 27 | | | 21 38 | 22 34 | | | | | | | | | 22 41 | | |
| Pencoed | d | 19 45 | | | | 20 44 | | | | | | 21 44 | | | | | | | | | | 22 47 | | |
| Llanharan | d | 19 48 | | | | 20 48 | | | | | | 21 48 | | | | | | | | | | 22 51 | | |
| Pontyclun | d | 19 53 | | | | 20 53 | | | | | | 21 52 | | | | | | | | | | 22 55 | | |
| Cardiff Central | a | 20 07 | 20 17 | 20 20 | 20 48 | 21 07 | 21 16 | | 21 49 | | | 22 13 | 22 57 | | | | | | | | | 23 12 | | |
| Newport (South Wales) | a | | | | 20 33 | | 21 25 | 21 29 | | | | | | | | | | | | | | | 23 31 | |
| Bristol Parkway | a | | | | 20 55 | | | 21 50 | | | | | | | | | | | | | | | | |
| Gloucester | a | | | | | 22 16 | | | | | | | | | | | | | | | | | | |
| Manchester Piccadilly | a | | | | | | | | | | | | | | | | | | | | | | | |
| Reading | a | | | | 21 50 | | | | | | | | | | | | | | | | | | | |
| London Paddington | a | | | | 22 15 | | | | | | | | | | | | | | | | | | | |

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Sundays

16 May to 5 December

West Wales, Swansea and Maesteg - Cardiff

| | GW | GW | AW | AW | GW | GW | AW | AW | AW | | GW | GW | AW | AW | AW | AW | GW | GW | AW | | AW | AW | AW | GW |
|------------------------|----|-------|-------|-------|-------|-------|-------|----|----|--|-------|----|----|----|----|----|-------|-------|-------|-------|-------|-------|----|----|
| | 1 | 1 | | | 1 | 1 | | | | | 1 | 1 | | | | | 1 | 1 | | | | | | 1 |
| | A | B | | | B | A | | | | | B | A | B | A | | | B | A | C | | D | | | B |
| Rosslare Harbour | d | | 08 00 | | | | | | | | | | | | | | | | | | | | | |
| Fishguard Harbour | a | | 11 15 | | | | | | | | | | | | | | | | | | | | | |
| Fishguard & Goodwick | d | | | | | | | | | | | | | | | | | | | | | | | |
| Milford Haven | d | | | | | | | | | | | | | | | | | | | | | | | |
| Johnston | d | | | | | | | | | | | | | | | | | | | | | | | |
| Haverfordwest | d | | | | | | | | | | | | | | | | | | | | | | | |
| Clarbeston Road | d | | | | | | | | | | | | | | | | | | | | | | | |
| Clunderwen | d | | | | | | | | | | | | | | | | | | | | | | | |
| Pembroke Dock | d | | | | | | | | | | | | | | | | | | | | | | | |
| Pembroke | d | | | | | | | | | | | | | | | | | | | | | | | |
| Lamphey | d | | | | | | | | | | | | | | | | | | | | | | | |
| Manorbier | d | | | | | | | | | | | | | | | | | | | | | | | |
| Penally | d | | | | | | | | | | | | | | | | | | | | | | | |
| Tenby | a | | | | | | | | | | | | | | | | | | | | | | | |
| Saundersfoot | d | | | | | | | | | | | | | | | | | | | | | | | |
| Kilgetty | d | | | | | | | | | | | | | | | | | | | | | | | |
| Narberth | d | | | | | | | | | | | | | | | | | | | | | | | |
| Whitland | a | | | | | | | | | | | | | | | | | | | | | | | |
| Carmarthen | a | | | | | | | | | | | | | | | | | | | | | | | |
| Ferryside | d | | | | | | | | | | | | | | | | | | | | | | | |
| Kidwelly | d | | | | | | | | | | | | | | | | | | | | | | | |
| Pembrey & Burry Port | d | | | | | | | | | | | | | | | | | | | | | | | |
| Llanelli | a | | | | | | | | | | | | | | | | | | | | | | | |
| Gowerton | d | | | | | | | | | | | | | | | | | | | | | | | |
| Swansea | a | 07 53 | 07 53 | 08 26 | 09 20 | 09 20 | 09 35 | | | | 10 16 | | | | | | 10 22 | 10 22 | 10 32 | 10 32 | | | | |
| Llansamlet | d | | | | | | | | | | | | | | | | | | | | | | | |
| Skewen | d | | | | | | | | | | | | | | | | | | | | | | | |
| Neath | d | 08 05 | 08 05 | 08 37 | 09 34 | 09 34 | 09 46 | | | | | | | | | | 10 34 | 10 34 | 10 43 | 10 43 | | | | |
| Briton Ferry | d | | | | | | | | | | | | | | | | | | | | | | | |
| Baglan | d | | | | | | | | | | | | | | | | | | | | | | | |
| Port Talbot Parkway | d | 08 11 | 08 11 | 08 46 | 09 40 | 09 40 | 09 54 | | | | | | | | | | 10 40 | 10 40 | 10 51 | 10 51 | | | | |
| Pyle | d | | | 08 53 | | | 10 01 | | | | | | | | | | | | | | | | | |
| Maesteg | d | | | | | | | | | | | | | | | | | | | | | | | |
| Maesteg (Ewenny Road) | d | | | | | | | | | | | | | | | | | | | | | | | |
| Garth (Mid Glamorgan) | d | | | | | | | | | | | | | | | | | | | | | | | |
| Tondu | d | | | | | | | | | | | | | | | | | | | | | | | |
| Sarn | d | | | | | | | | | | | | | | | | | | | | | | | |
| Wildmill | d | | | | | | | | | | | | | | | | | | | | | | | |
| Bridgend | d | 08 26 | 08 26 | 09 03 | 09 55 | 09 55 | 10 09 | | | | | | | | | | 10 14 | 10 14 | 10 20 | 10 20 | | | | |
| Pencoed | d | | | | | | | | | | | | | | | | | | | | | | | |
| Llanharan | d | | | | | | | | | | | | | | | | | | | | | | | |
| Pontyclun | d | | | | | | | | | | | | | | | | | | | | | | | |
| Cardiff Central | a | 08 47 | 08 47 | 09 25 | 10 16 | 10 16 | 10 31 | | | | | | | | | | 10 24 | 10 24 | 10 29 | 10 29 | | | | |
| Newport (South Wales) | a | 09 04 | 09 04 | 09 47 | 10 29 | 10 29 | 10 49 | | | | | | | | | | 10 06 | 10 06 | 10 09 | 10 09 | | | | |
| Bristol Parkway | a | 09 32 | 09 32 | 10 51 | 10 53 | | | | | | | | | | | | 10 45 | 10 45 | 11 16 | 11 16 | 11 30 | 11 30 | | |
| Gloucester | a | | | | | | | | | | | | | | | | | | | | | | | |
| Manchester Piccadilly | a | | | 13 15 | | | 14 17 | | | | | | | | | | | | | | | | | |
| Reading | a | 10 26 | 10 26 | | 11 43 | 11 44 | | | | | | | | | | | 11 15 | 11 15 | 11 23 | 11 23 | | | | |
| London Paddington | a | 10 52 | 10 55 | | 12 14 | 12 14 | | | | | | | | | | | 11 03 | 11 03 | 11 06 | 11 06 | | | | |

A until 24 October
 B from 31 October
 C from 19 September
 D until 12 September

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Table T128-R

Sundays

16 May to 5 December

West Wales, Swansea and Maesteg - Cardiff

| | AW | AW | AW | | | | | | | | | | | | | | | | | |
|------------------------|----|-------|-------|-------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| | ◇ | ◇ | ◇ | | | | | | | | | | | | | | | | | |
| Rosslare Harbour | d | | | | | | | | | | | | | | | | | | | |
| Fishguard Harbour | a | | | | | | | | | | | | | | | | | | | |
| | d | 23 03 | | | | | | | | | | | | | | | | | | |
| Fishguard & Goodwick | d | 23 06 | | | | | | | | | | | | | | | | | | |
| Milford Haven | d | | 23 23 | | | | | | | | | | | | | | | | | |
| Johnston | d | | 23x31 | | | | | | | | | | | | | | | | | |
| Haverfordwest | d | | 23 38 | | | | | | | | | | | | | | | | | |
| Clarbeston Road | d | 23x25 | 23x47 | | | | | | | | | | | | | | | | | |
| Clunderwen | d | | 23x55 | | | | | | | | | | | | | | | | | |
| Pembroke Dock | d | 22 01 | | | | | | | | | | | | | | | | | | |
| Pembroke | d | 22 09 | | | | | | | | | | | | | | | | | | |
| Lamphey | d | 22x12 | | | | | | | | | | | | | | | | | | |
| Manorbier | d | 22 21 | | | | | | | | | | | | | | | | | | |
| Penally | d | 22x26 | | | | | | | | | | | | | | | | | | |
| Tenby | a | 22 30 | | | | | | | | | | | | | | | | | | |
| | d | 22 31 | | | | | | | | | | | | | | | | | | |
| Saundersfoot | d | 22x39 | | | | | | | | | | | | | | | | | | |
| Kilgetty | d | 22x41 | | | | | | | | | | | | | | | | | | |
| Narberth | d | 22x51 | | | | | | | | | | | | | | | | | | |
| Whitland | a | 23 00 | 23 38 | 00 03 | | | | | | | | | | | | | | | | |
| | d | 23 00 | 23 38 | 00 03 | | | | | | | | | | | | | | | | |
| Carmarthen | a | 23 20 | 23 55 | 00 23 | | | | | | | | | | | | | | | | |
| | d | | | | | | | | | | | | | | | | | | | |
| Ferryside | d | | | | | | | | | | | | | | | | | | | |
| Kidwelly | d | | | | | | | | | | | | | | | | | | | |
| Pembrey & Burry Port | d | | | | | | | | | | | | | | | | | | | |
| Llanelli | a | | | | | | | | | | | | | | | | | | | |
| | d | | | | | | | | | | | | | | | | | | | |
| Gowerton | d | | | | | | | | | | | | | | | | | | | |
| Swansea | a | | | | | | | | | | | | | | | | | | | |
| | d | | | | | | | | | | | | | | | | | | | |
| Llansamlet | d | | | | | | | | | | | | | | | | | | | |
| Skewen | d | | | | | | | | | | | | | | | | | | | |
| Neath | d | | | | | | | | | | | | | | | | | | | |
| Briton Ferry | d | | | | | | | | | | | | | | | | | | | |
| Baglan | d | | | | | | | | | | | | | | | | | | | |
| Port Talbot Parkway | d | | | | | | | | | | | | | | | | | | | |
| Pyle | d | | | | | | | | | | | | | | | | | | | |
| Maesteg | d | | | | | | | | | | | | | | | | | | | |
| Maesteg (Ewenny Road) | d | | | | | | | | | | | | | | | | | | | |
| Garth (Mid Glamorgan) | d | | | | | | | | | | | | | | | | | | | |
| Tondu | d | | | | | | | | | | | | | | | | | | | |
| Sarn | d | | | | | | | | | | | | | | | | | | | |
| Wildmill | d | | | | | | | | | | | | | | | | | | | |
| Bridgend | d | | | | | | | | | | | | | | | | | | | |
| Pencoed | d | | | | | | | | | | | | | | | | | | | |
| Llanharan | d | | | | | | | | | | | | | | | | | | | |
| Pontyclun | d | | | | | | | | | | | | | | | | | | | |
| Cardiff Central | a | | | | | | | | | | | | | | | | | | | |
| Newport (South Wales) | a | | | | | | | | | | | | | | | | | | | |
| Bristol Parkway | a | | | | | | | | | | | | | | | | | | | |
| Gloucester | a | | | | | | | | | | | | | | | | | | | |
| Manchester Piccadilly | a | | | | | | | | | | | | | | | | | | | |
| Reading | a | | | | | | | | | | | | | | | | | | | |
| London Paddington | a | | | | | | | | | | | | | | | | | | | |

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